From The Principal………. 

Grade 1 Recycling Display
What a great afternoon our Grade 1’s had yesterday presenting their recycled creations to their special person. Thank you to all of the school community who were able to attend and share in this time. The children had spent time learning about the importance of reusing, recycling and reducing as part of their integrated studies unit about sustainability and the environment.

Book Week
Next week is Book Week and on Friday 23rd August students will have the opportunity to come to school dressed as their favourite book character. Our School assembly time will be moved to 9am so that we can hold a Character Parade to show off the variety of costumes that will be on display.

Use of Toilets
There have been some queries recently about the use of toilets at the school. Late last term, the toilet block attached to the old school hall was opened for students in Prep-2 to use during the day. The toilets are opened in the morning before school and locked at 1.30pm to allow for cleaning before the After School Care Program uses the facilities. These toilets have been opened to solve the problem of crowding in the new toilet block. Both toilet blocks are cleaned daily and at recess and lunchtime a teacher is stationed on duty near the toilet block located by the basketball court.

Inappropriate Language
We have noticed lately an increase in the use of inappropriate language by some students in the school yard. Such language is not acceptable at our school and is disturbing to other students and families before and after school. We want to be proud of the way we speak to each other at Kilmore Primary School and we seek your cooperation in speaking to your child about using appropriate language at school. We will follow this through with classroom discussions about how appropriate language fits in with our school values of being: Kind, Proud and Safe.
School Council News

Last night we had the August meeting of School Council and we would like to share some of the good work that our School Council is doing on behalf of the school community:

- The Education Committee presented a Draft ‘After School Detention Policy’ which you will find on our website. We are seeking feedback from the community over the next 2 weeks and will then hold a parent forum soon after that. They also presented a revised Anaphylaxis Policy and ICT Student Code of Conduct document.
- The Building and Grounds Committee has dug 200 holes in preparation for tree planting. National Tree Planting Day is next Tuesday. The area around the parent club portable has been cleared and new fencing can now be built. Succulents have been planted in the Oasis garden. There is another working bee planned for 14th September, please save the date in your diaries.
- The Major Fundraising Committee are currently raising funds for shade sails and seating around the school grounds. Walkathon on Friday 6th September – Organisation is going well. Information will come home soon seeking sponsors for the students. The recent Bunnings BBQ fundraising activity raised over $1000 and there are plans for a school fete in October – more information to follow.

Have a great week.

Jennene Cooney
Assistant Principal

Information from the Office

Conveyance Allowance

To be eligible to receive a conveyance allowance, a student must:
- be school age
- reside more than 4.8 kms by the shortest practicable route from the nearest school.

Applications must be submitted to the school by 21 August 2013 for Term 3. If your child is still currently enrolled at Kilmore Primary School and you were paid the Term 2 Conveyance Allowance instalment then the Term 3 instalment will be processed by the school on your behalf.

How to calculate the distance

The distance calculated should be based on the shortest practical route from the front gate of the student’s address to the front gate of the school campus. Bing Maps is the DEECD’s choice of online applications to calculate the distance http://www.bing.com/maps

Parents/guardians must notify the school in writing within seven days of any changed circumstances.

All queries relating to eligibility and payments of the Conveyance Allowance should be directed to the school office.

LATE APPLICATIONS CANNOT BE PROCESSED

Due By Dates

Parents please note the importance of adhering to the due by dates for permission notes and payments. While we do not wish your child to miss an incursion/ excursion, late payments make the task of organising events very difficult. I.e. finalizing numbers and money.

We ask for parents to respect due by dates to help make this a more streamlined process for the admin and teaching staff.

KIND, PROUD, SAFE
Week 6 is Book Week!

All grades have been exploring well known author’s of children’s stories. A display of their re-search will be set up in the school library for viewing throughout the week.

Enjoy what we have discovered!

Literacy Team

3/4 Unit Tree Planting with Tina

- Next Tuesday 20th August 2013 after lunch.
- BYO Gumboots, Change of socks and pants,
- garden gloves
- Parents Welcome

Happy Birthday

AUGUST
14 Charlotte Milne, Ravnoor Singh
16 Jarrod Sumpter, Jack Shearer, Rylee Haigh
17 Kayla Rabbito
20 Will Robinson, Tanisha Bratusa

What’s Growing in the Garden?

Over the last few weeks we have had lots of rain and the ground is soggy and difficult to weed however the lunchtime gardening group have been learning how to prune and care for the roses.

Tree planting day has been delayed for a number of reasons and will take place next Tuesday afternoon. The 3/4 Unit are keen to get their hands dirty. Parents are invited to help also. A big thank you to Philip Zandt and his son Noah for digging so many holes for the trees.

The fencing project with the Men’s Shed is moving along steadily. The students have been working hard each week and are learning skills and patience as they persevere with some activities that take a long time. In the next few weeks they will have completed one fence.

2013 Homework Club

For students in grade 3-6, the Homework Club runs on a Thursday afternoon in the Library from 3.10 pm—4.15 pm. This is a great opportunity to complete homework tasks, to access resources from the library or to get a bit of help from a teacher. Permission forms can be collected from the office.
KIND, PROUD, SAFE

Notices handed out this week...

STUDENT ABSENCES
Parents are reminded that if students are away from school they can either send a note or phone the office.

Lost Property
Parents please note there is a significant amount of lost property both named and unnamed in the lost property box. Please feel free to come in and check for your lost items.

HEAD LICE
We have had several cases of head lice reported to the office this week. Please ensure your children are checked regularly and full treatments are completed.

SPARE CLOTHING
As a result of the recent rain our school grounds are wet and muddy. Parents are encouraged to supply their child with spare clothing in case they get wet or muddy while at school.

SICK BAY LINEN ROSTER
TERM 3
AUGUST
16th Natalie Campbell
23rd Jane Trippier
30th Carolyn Hanel
SEPTEMBER
6th Suzanne Hurley

Thank You

UNIFORM SHOP
Every Friday
2:15 pm - 3:15 pm
in the Conference Room adjacent to the Art Room. Northern Regional Uniforms also have a shop at Unit 21, 8 Oleander Drive South Morang 9436 4005
info@northernregionaluniforms.com.au

The Department of Education & Early Childhood Development and Kilmore Primary School do not endorse the products or services of any private advertiser.

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Helping kids deal with rejection

One of the keys to functioning socially and emotionally is the ability to deal with disappointment and rejection.

Most children experience some type of rejection from their peers throughout childhood. One study found that even popular children were rejected about one quarter of the time when they approached children in school.

Paradoxically, children’s experience of rejection and disappointment at school is good for them, as long as it’s balanced with successful experiences too. They learn that they can cope and solve problems in their own way and that bad experiences don’t last forever.

And they learn that sadness and disappointment can be managed too, which is an important lesson to learn to take into adolescence and beyond, when life is full of ups and downs.

Helping them move on

Most children recover from such rejection. They move on and form constructive, worthwhile relationships but some children need help. They often take rejection personally, blaming themselves. As a parent it is useful to challenge children’s unhelpful thinking and encourage them to look for new friendship opportunities. Parents can help children understand that rejection may happen for any number of reasons that are unrelated to them.

In the course of a school day children will meet with a number of challenges and even setbacks. They may struggle with some schoolwork. They may not do well in a test and they may not be picked for a game that they wanted to play. Children grow stronger when they overcome their difficulties. The challenge for parents is to build and maintain children’s confidence levels to help them get through the rough times.

One way to help children deal with rejection and disappointment is to talk through problems or difficulties, recognising and accepting their feelings. Talk about various scenarios, discussing possible outcomes. The age of your child will determine the amount of detail. Keep things simple and avoid burdening a younger child with concepts he or she doesn’t understand.

Your attitude as a parent can make a huge difference to how a child reacts. If you see rejection or disappointments as problems then your child will be hamstrung by this view. See them as challenges that your child, in all likelihood, will pick up your upbeat view and deal with disappointments easily. After all, confidence is catching!

To help children handle rejection and disappointment try the following four strategies:

1. **Model** optimism. Watch how you present the world to children, as they will pick up your view.
2. **Tell** children how you handle disappointment and rejection. Not only is it reassuring for children to know that their parents understand how they feel but they can learn a great deal by how their parents handle situations.
3. **Help** children recognise times in the past when they bounced back from disappointment. Help them recognise those same strategies can be used again.
4. **Laugh** together. Humour is a great coping mechanism. It helps put disappointment in perspective. It helps them understand that things will get better. They always do.

The stronger the wind the stronger the trees is the notion here. Supporting kids to handle life’s hurdles helps them to develop a lasting sense of resilience, which is essential for good mental and emotional health.

Published by Michael Grose Presentations. All rights reserved. For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au
Bullystoppers website
For helpful information and advice on what bullying can look like go to:

August is Dental Health month. All our patients in our Dental Health Week August 26th – 30th will receive a thank you gift.

This year the focus is on “The Young Person’s Oral Survival Guide”... A little bit of knowledge can save you a whole lot of toothache, heartache and money in later life.

Oral Health checks are an important part of your overall health, so please make your appointment today.
Teen Dental Vouchers welcome.

Phone 5781 1059
36-38 Pawlett Street, Kilmore

KIND, PROUD, SAFE
## Kilmore Primary School

### Term 3: 15 July to 20 September

<table>
<thead>
<tr>
<th>Term 3 2013</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td><strong>A Week 1</strong>&lt;br&gt;15th Jul-21st Jul</td>
<td>Start of term 3</td>
<td>56 camp deposit due</td>
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<td>Unit Assemblies</td>
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<td><strong>B Week 2</strong>&lt;br&gt;22nd Jul-28th Jul</td>
<td></td>
<td>Prep-2 swimming deposit due</td>
<td></td>
<td>Sch Assembly 2.30pm</td>
<td>Grade 56 Inter School sport</td>
<td>Working Bee 9.30 – 12.30 BBQ lunch</td>
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<tr>
<td><strong>A Week 3</strong>&lt;br&gt;29th Jul-4th Aug</td>
<td>Literacy &amp; Numeracy Week</td>
<td>Active After School Communities (AASC) starts for Grade 3/4</td>
<td>Uni NSW English Competition</td>
<td>Active After School Communities (AASC) starts for grade 3/4</td>
<td>Unit Assemblies</td>
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<tr>
<td><strong>B Week 4</strong>&lt;br&gt;5th Aug-11th Aug</td>
<td>Science Week</td>
<td>AASC&lt;br&gt;Rock Band Rehearsal</td>
<td>Sch Council Member Training (evening)</td>
<td>AASC&lt;br&gt;Homework Club&lt;br&gt;Bolte Concert-Choir</td>
<td>Sch Assembly 2.30pm</td>
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<tr>
<td><strong>Week 5</strong>&lt;br&gt;12th Aug-16th Aug</td>
<td>School Council&lt;br&gt;Uni NSW Maths Competition</td>
<td>5/6 Camp final payment due&lt;br&gt;Prep- 2 Swimming final payment due</td>
<td>AASC&lt;br&gt;Homework Club</td>
<td>Unit Assemblies</td>
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<td><strong>Week 6</strong>&lt;br&gt;19th Aug-23rd Aug</td>
<td>Book Week</td>
<td>AASC&lt;br&gt;Rock Band Rehearsal</td>
<td>Homework Club</td>
<td>Sch Assembly – 9.00am Dress up as favourite book character</td>
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<td><strong>Week 7</strong>&lt;br&gt;26th Aug-30th Aug</td>
<td>5/6 Camp&lt;br&gt;AASC&lt;br&gt;Prep &amp; G2 swimming</td>
<td>5/6 Camp&lt;br&gt;G1 Swimming</td>
<td>AASC&lt;br&gt;Homework Club</td>
<td>Unit Assemblies&lt;br&gt;Prep &amp; G2 swimming&lt;br&gt;Prep 2014 Discovery Days</td>
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<td><strong>Week 8</strong>&lt;br&gt;2nd Sep-6th Sep</td>
<td>G1 Swimming&lt;br&gt;AASC&lt;br&gt;Rock Band Rehearsal</td>
<td>Prep &amp; G2 swimming&lt;br&gt;AASC&lt;br&gt;Rock Band Rehearsal</td>
<td>G1 Swimming&lt;br&gt;AASC&lt;br&gt;Homework Club</td>
<td>Killmore PS Walkathon</td>
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<td><strong>Week 9</strong>&lt;br&gt;9th Sep-13th Sep</td>
<td>G1 Swimming&lt;br&gt;School Council&lt;br&gt;Prep &amp; G2 swimming&lt;br&gt;AASC&lt;br&gt;Rock Band Rehearsal</td>
<td></td>
<td>G1 Swimming&lt;br&gt;AASC&lt;br&gt;Homework Club</td>
<td>Unit Assemblies&lt;br&gt;Prep &amp; G2 swimming&lt;br&gt;Prep Discovery Days</td>
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<td><strong>Week 10</strong>&lt;br&gt;16th Sep-20th Sep</td>
<td>Prep &amp; G2 swimming</td>
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<td>Homework Club</td>
<td>End of term 3 2.30pm finish</td>
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*KIND, PROUD, SAFE*