Kilmore PS
CAN DRIVE

On Friday 25\textsuperscript{th} November we will be holding a can drive to support the Salvos Christmas Appeal.

Students will earn a bee ticket for every can donated
Happy Birthday

Happy Birthday to the following students who are celebrating their birthday in the coming week and over the term break. We hope you have a lovely day.

November

23rd
Arjeetha  FJ
Harleigh      1V
Cameron  45B

25th
Cody         2J
Kara          3T
Lucy          6B
Cole          6B

26th
Jake         2C

28th
Charli        1G

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SICK BAY LINEN - ROSTER
TERM 4

25th November  Kristy Brooks
2nd December   Jessica Martin
9th December   Natalie Campbell
16th December  Liza Whitfield

Thank you for your support

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Icy Pole Fridays Are Back

Every Friday in Term 4
$1.00 each - Limit of one per student

Please put your child’s name and grade on an envelope with the money. Orders are collected from each classroom and icy poles are distributed at lunch time.

Koolstix Naturally Coloured and Flavoured Water Ice Confection Split supplied by Home Ice Cream.

Ingredients:
Water, Cane Sugar, Maize Glucose, Citric Acid, Natural Vegetable Gums (412, 410), Natural Flavours, Natural Colours [Pineapple (101, 120), Apple (120), Orange (Mixed Carotenes, 120)], Natural Plant Extract.

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Manners Matter
This week’s focus

I learn from mistakes

Kind, Proud and Safe at all times

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Calendar

November

Thursday, 24th November
Bravehearts Incursion
Foundation - Grade 3

Friday, 25th November
Book Club Issue 8 Closes
Money and orders are due

Tuesday, 29th November
Foundation Transition Morning 1
9.15am - 10.45am

December

Thursday, 1st December
Foundation excursion to Como House

Friday, 2nd December
Stickybeaks orders due today

Tuesday, 6th December
Foundation Transition Morning 2
9.15am - 11.30am

Thursday, 8th December
Foundation Transition Morning 3
9.15am - 11.30am

Graduation Meal and Graduation Bear orders need to be finalised today

Friday, 9th December
Online book orders must be completed

Tuesday, 13th December
End of Year School Picnic 5.30pm

Thursday, 15th December
Year 6 Graduation

Friday, 16th December
Presentation of 2017 student leaders at Assembly

Tuesday, 20th December
End of Term 4

2017

February

Wednesday, 1st February
First day term 1, 8.50am-3.10pm
school begins for grades 1-6

Thursday, 2nd February
First day term 1 for Foundation Students
Welcome to Week 8 – Term 4

Last Friday was our grade six High School Days transition program. I was very fortunate to be a part of this new initiative for our students. I took two English classes while our visiting Secondary School teachers took classes including Art, Science and PE. The grade six children had timetables, room changes and home group settings all as part of preparing them for a typical day in secondary school. It was a wonderful experience.

Next week we get to welcome our new Foundation students for 2017. This is always a great day and one of the highlights of the year for me. Watching young children have their first experience in a school setting is a very privileged opportunity. I wish them all the best for the transition program.

Last week I received advice from the department that we are receiving some funds for maintenance for the school. The money is tagged to painting to administration block and the two toilet blocks. I will begin the process of getting quotes and submitting approval for the work. I would love to have this done over the Christmas vacation but this might be too tight a timeframe.

Either way it will be a wonderful facelift for the school.

Have a great week everyone and let’s hope for some more sunshine before too long!

Kim Laffan
Principal
Kilmore Primary School

BOOK COVERING WORKING BEE

When: Friday 25th November at 2pm
Where: KPS Library

We have received some wonderful new home reading books thanks to the fundraising efforts of KPS families and friends this year. Now we need to cover them in readiness for the children to take them home and read.

This Friday 25th November, we are going to have a book covering working bee to get the job done. If you can help for an hour your help would be much appreciated – no experience necessary. There will be a cuppa and a biscuit on offer too!!!
This term our Inquiry units are all about Australian history. Our Grade 3/4s have been learning about The First Fleet and life as a convict settler. Students wrote letters pretending to be convicts. Not only did it help students learn about living conditions in the late 1700s, it also linked to one of our Term 4 writing focuses; transactional texts.
Dear Mother and Father,

I miss you so much.

Bethany and I are so sorry that we stole some silk and cloth but we couldn’t resist because we were so cold and you needed clothes too.

The conditions on the boat were very hot and disgusting. It was also very uncomfortable because I broke my ankle. I wished there was a doctor. I kept on yelling at the guards and I nearly got thrown off the boat. I hardly got any sleep because I could hear people crying as they were homesick and vomiting.

We hardly got any food and the food we did get was usually something gross called gruel and had lots of bugs in it.

All of the convicts have to have a job. Bethany and I are servants. We usually grow vegetables but sometimes we help the chef with the cooking.

I wish I was home with you.

Love from Brianna

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Dear Mother and Father,

I am on a boat called the Alexander for stealing some thrown away cloth to make clothes to keep warm.

The Alexander is extremely cold and some convicts have frozen and died. The rooms smell terrible and the only food I get is gruel and hard, plain biscuits which broke my teeth!

I would like nothing more than to go home and sleep in my cosy bed. I have been employed by the government and I have an old hammock because I work for them.

I have a friend called Jordan who was caught by Bow Street runners because he stole a loaf of bread. We only get one minute of fresh air every two weeks and if we stay up too long, we get thrown off the boat, which happened to a boy called Jake.

I got small pox but the surgeon had medicine to help me, unlike other convicts. I want nothing more than to go home.

Miss and love you,

Harry
High School Day

As part of our Transition Program, we held our very first ‘High School Day’ last Friday. Teachers from Broadford and Wallan Secondary Colleges spent time at Kilmore PS working with our Grade 6 students. Students worked in Home Groups rather than class groups, used a timetable to work out where they were meant to be, moved around the school to different classrooms and participated in science, art, PE and English lessons. We were very lucky to have Mrs Coppinger, Mr Rose and Ms Wate from Broadford SC, Mrs Gurney from Wallan SC and our very own Mrs Laffan teach students in a Year 7 format.
Reflecting on High School Day...

I was a bit scared of High School before, but now I’m not.

I liked the subjects and doing something new.

It taught us how to move from class to class.

The whole day was cool!

I liked how the high school teachers came to KPS and we got to know some of the teachers for next year.

It was good to see so many kids enjoy the day.

We had a good experience

We liked how we could make things to keep and do experiments.

The teachers acted like we were in Year 7. I liked it.

It was awesome!

PE was my favourite subject because I learnt a new game.

I liked PE because it was fun and I was sweaty the whole time.

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Hello everyone!

Wow, what a week. The weeks go so fast - blink and you’ll miss these last few weeks of term. I can’t believe I’ve nearly been at school for half a year!

I discovered 18 bags full of icy poles in the stadium on Friday. 18! I watched as monitors from each grade came to collect them and take them back to their classrooms. Unfortunately for me, there wasn’t an icy pole with my name on it. For everyone else, it was a very cool way to end the week! If you want one, bring $1 to school on Friday.

Did you hear Sienna and Cadence talk at assembly about The Can Drive? They asked everyone to bring a can of food to school as part of the Salvation Army Christmas Appeal. The food will go to people (and pets – more below) who need it.

I had a look through my cupboards at home and found some tinned dog food. I also found some cat food. Shhhh, don’t tell the cat but I’ve donated her food as well! I was sad to see my food go but also happy that I’m helping a local dog (and cat). For each can that is donated, you receive one bee ticket. It couldn’t bee a better deal!

Each classroom has a box waiting to be filled with delicious canned food. I visited 1G and discovered they’ve already collected some cans. If everyone brings just one tin, we will have over 400 tins of food at school which would be an amazing achievement. I’m sure we CAN do it! Sorry, couldn’t resist! Hehehehe.
I decided keeping busy was the best thing to do to take my mind off missing out on an icy pole. I played with Ms Dixon’s umbrella (it was resting in its case in the staffroom), raced around with my friends, met some high school teachers from Broadford and Wallan Secondary Colleges and snoozed at the office. I also heard some exciting news – Miss Bourke announced the finalists for Kilmore’s Got Talent after assembly. Lots of us made it through. I can’t wait to see everyone pawform! I’ll have to start practising my next trick…

I spent some time with 4/5B on Tuesday’s wet day timetable.

I’m a good listener and I heard some more comments this week which made me smile. Here’s some that I’ve remembered:

“Have a great weekend, Asha!” (Student)  “Asha, you’re good smelly!” (Student)
“Asha, you look so white today!” (Student)  “Do you like Batman, Asha?” (Student)
At KPS we are always working on modelling our school values and giving our students opportunities to learn and put them into practice. The following students are recognised as modelling the following values:

**Week 5—I care about others**

**Week 6—I can find a solution**

<table>
<thead>
<tr>
<th>Foundation S</th>
<th>Grade 3M</th>
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<td>Week 1 - Charlotte</td>
<td>Week 1 – Tayah</td>
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<td>Week 2 – Eden</td>
<td>Week 2 – Jordan</td>
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<td>Foundation E</td>
<td>Grade 3T</td>
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<td>Week 1 – Gabrielle</td>
<td>Week 1 – Aidan</td>
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<td>Week 2 – Shylah</td>
<td>Week 2 - Chelsea</td>
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<td>Foundation J</td>
<td>Grade 4W</td>
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<td>Week 1 – Tenisha</td>
<td>Week 1 – Phoebe</td>
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<td>Week 2 – Noah</td>
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<td>Grade 1T</td>
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<td>Week 1 – Holly</td>
<td>Week 1 – Chloë</td>
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<td>Week 2 - Ryan</td>
<td>Week 2 – Caitlin</td>
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<td>Grade 1G</td>
<td>Grade 4/5B</td>
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<td>Week 1 – Savannah</td>
<td>Week 1 – Maddison</td>
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<td>Week 2 - beau</td>
<td>Week 2 – Ethan</td>
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<td>Grade 1V</td>
<td>Grade 5G</td>
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<td>Week 1 – Sabrina</td>
<td>Week 1 – Sabrina</td>
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<td>Week 2—Tahlia</td>
<td>Week 2 – Brielle</td>
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<td>Grade 2J</td>
<td>Grade 5D</td>
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<td>Week 1 – Ashley</td>
<td>Week 1 – Will</td>
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<td>Week 2 - Cameron</td>
<td>Week 2 – Joey</td>
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<td>Grade 2C</td>
<td>Grade 6B</td>
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<td>Week 1 – Nathan</td>
<td>Week 1 – Tallara</td>
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<td>Week 2 – Mia</td>
<td>Week 2 – Damian</td>
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<td>Grade 2/3H</td>
<td>Grade 6W</td>
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<td>Week 1 – Jada</td>
<td>Week 1 – Joshua</td>
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<td>Week 2– Kate</td>
<td>Week 2 – Hayley</td>
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Kilmore Primary School will be changing to an online ordering system for Book Packs and payment of Essential Educational Items with our stationery supplier Paperchase.

There will be **NO** collection day at the school. Book pack will be delivered free of charge to your child’s classroom on the first day of school in 2017.

Ordering can **ONLY** be made through the Paperchase website, see below for details. Book Pack, Essential Educational Item charges, Voluntary Contributions and Environment Maintenance Program charges are all included on the online form.

**Online ordering must be done by 9th DECEMBER to guarantee free delivery to the school.**

Parents can contact the school office for assistance to place the book list order if they do not have any access to the internet at home.

**Online Ordering Procedure**


Select the correct year level for the student from the menu on left hand side and submit order. Please check your E-mail for order receipt.

**PLEASE NOTE: All packs will be delivered to the school for distribution to students and therefore must be pre-paid.** Payment must be made during the online ordering process, by **Visa or Mastercard only** (credit card or debit card accepted).

If you elect not to purchase the booklist through Paperchase please ensure children come to school on the first day with the required materials. You will be invoiced by the school for the Essential Educational Items which are compulsory at the start of the year.

If you have any queries, please contact the school office. If you are experiencing significant financial hardship please contact the school for an appointment with me to discuss payment options no later than 5th DECEMBER.

Thank you

Kim Laffan
Principal
Salvation Army Christmas Appeal

This year as a school community, we will once again be supporting the Salvation Army Christmas appeal. We are collecting donations of non-perishable foods, gifts, toys or clothes (in new condition please) to give to the Salvation Army who will distribute to families in need.

If you would like to make a donation during the month of November, please place your gifts in the boxes under & around the Christmas tree in the foyer. This will be our third year supporting them.

Thank you for your kind support.
Two days of amazing activities.

EXTINCT LANCEFIELD MEGAFAUNA FESTIVAL

Friday 25th & Saturday 26th November 2016

- Children’s Activities & Entertainment
- Public Talk by Tim Flannery*
- Giant Fossil Puzzle
- Tours of Mt William Stone Axe Quarry*
- Talks on Paleo-diet and Bushfire History
- Museum Victoria Stall
- Welcome to Country
- Food & Music

Truly explore the pre-history, history and unique environment of Lancefield, and surrounds.

Tickets available at www.mrsc.vic.gov.au/environment-events. All other events and activities free or by gold coin donation.

www.lancefield.org.au/megafauna-festival
facebook.com/lancefield.megafauna
The Foundation Transition program aims to provide our future students with an opportunity to participate in a program that will facilitate a smooth, happy and exciting start to their school life. During transition sessions students participate in a number of exciting familiarisation activities. They will spend time getting to know current Foundation teachers, their future classmates and become more familiar with our school surroundings.

**IMPORTANT DATES**

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<th>Day</th>
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<th>Time</th>
<th>Event</th>
<th>Details</th>
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<tbody>
<tr>
<td>Tuesday</td>
<td>29th</td>
<td>9:15-10:45</td>
<td>Foundation Transition Morning 1 ‘Busy Fingers’</td>
<td>Principal address&lt;br&gt;Principal address&lt;br&gt;School captains address&lt;br&gt;Uniform shop&lt;br&gt;Morning Tea</td>
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<td>Thursday</td>
<td>8th</td>
<td>9:15-11:30</td>
<td>Foundation Transition Morning 3 Buddy up and classroom activities</td>
<td>Digital learning – parent portal&lt;br&gt;Uniform shop</td>
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**Book Club Issue 8**
Book Club brochures for Issue 8 have been distributed to all classes. The quickest and easiest way to order is online at scholastic.com.au/LOOP. Otherwise paper orders must be delivered to the office by 25th November. Late orders can not be accepted.
HOW YOUR KIDS CAN GET A GOOD NIGHTS SLEEP – Michael Grose, Parenting Ideas

Many kids today are sleep deprived. They need between nine and 10 hours sleep each night, yet most get about seven or eight hours sleep. Some get less. Not getting enough sleep leads to sleep deprivation, which is akin to jet lag, where kids don’t function at their optimum. Lack of sleep leads to irritability, decreased creativity and memory lapses. It also has strong links to anxiety and depression.

How sleep helps kids
Sleep maximises the brain growth which occurs with toddlers and teens. Sleep also consolidates learning: sleep research has shown that the brain practices what it has learned during the day when a child or young person is asleep. So sufficient sleep consolidates past learning as well as keeps kids fresh to maximise their future learning.

Develop good sleep habits when kids are young
Sleep experts stress that while adults may not have control over biology we can assist children and teens to establish good sleep patterns. Children usually carry good sleep habits into adolescence. If you struggle to get young children to sleep or constantly battle kids who want to stay up longer, some knowledge of good sleep habits may be useful.

Good sleep habits include:

1. **Regular bedtimes** Kids may fight this, but make sure kids keep regular bedtimes during the week and allow them to stay up a little later on weekends.

2. **A 45-minute wind-down time before bed** This includes: removing TV and other stimuli, calming the child down and limiting food intake (and caffeine for teens). The wind-down time informs the body clock that sleeping time is near.

3. **A bedtime routine** Have a bedtime routine, such as story reading and teeth cleaning, that signals psychologically that it is time for sleep. A set routine means that kids can predict. It also means that some children will fight bedtime so you need some good strategies in place to get kids to bed and make sure they stay there.

4. **Keeping bedrooms for sleep** Bedrooms that resemble caves are recommended. It gets tricky with mobile phones and other information technology, but it’s smart to keep devices and laptops out of bedrooms at sleep-time. This goes for parents too. I’ve noticed most parents sleep in technology-free bedrooms (apart from a clock-radio) yet their kids will have technology-full rooms. Also don’t let kids do schoolwork on their beds. If so, they’ll begin to associate bed with work, rather than sleep.

5. **Maximise the three sleep cues** These include: darkness (maintaining a cave-like bedroom); lowering body temperature (baths can be good for this); and melatonin (work within their cycle). If your kids get less sleep than they should, check out the five habits above and work out which of these you can adjust to move things in favour of them getting more sleep.
Classroom Snapshot – Grade 4
This week our Grade 4 students are learning about mass. They ‘hefted’ objects to predict the heavier item, used pan balances to compare masses, explored the connection between grams and kilograms and chose the best unit of measurement for the object being measured. For example, you don’t measure a mouse in tonnes! Well, only a very large one!

Overheard…
“There are 1000 grams in 1kg.”

“Four cards weigh the same as 10 counters.”

“Hefting is when you use your hands to work out which item is heavier.”

ACER Certificate
Last Friday some students in Grades 3 – 6 completed 50 multiple choice questions online. This task was conducted by the Australian Council for Educational Research. ACER introduced the certificate program to recognise excellence and encourage student progress in mathematics. We’re looking forward to receiving the certificates along with a report for each student who completed the test later this term.

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<th></th>
<th>This Week</th>
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<td>Counting</td>
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<td>Time</td>
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<td>2</td>
<td>Counting</td>
<td>Addition &amp; Subtraction</td>
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<td>3</td>
<td>Counting</td>
<td>Place Value/ Addition &amp; Subtraction</td>
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<tr>
<td>4</td>
<td>Measurement</td>
<td>Operations</td>
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<tr>
<td>5/6</td>
<td>Split Maths</td>
<td>Operations, Fractions &amp; Decimals</td>
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