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Kilmore Primary School fosters a community of learners who are confident, creative and challenged to achieve their full potential within a safe, happy and supportive environment.

Coming Up In Term 3

Thursday 31st July

Prep - 2 Swimming Deposit Due

Friday 1st August

Education Maintenance
Allowance Semester 2
Applications Close

Parent Opinion Survey due back

Thursday 7th August

Gr 5/6 Camp Final Payment Due

Wednesday 20th August

Incursion - Myths and Monsters

Wednesday 20th—Friday 22nd August

Gr 5/6 Ballarat Camp

Friday 5th September

Father's Day Stall

Friday 19th September

Last Day of Term 3
2.30 Finish

Coming Up In Term 4

Thursday 9th October

Grade 3/4 Camp Final Payment due

Newsletter No. 21

29th July 2014

Hola! Welcome to Week 3, Term 3.

Cyber Safety Warning

I have been advised that many of the older kids at KPS use the Kik instant messenger system as their main social media platform. Please note the following:

The Kik app has recently been updated and now has some undesirable features, in particular a much more limited ability to block unknown people, and new features that allow kids to easily search for images and videos without using a Web browser.

Because of the update, Kik is increasingly being used by potential predators to contact children, with many sending inappropriate images. Also, there are now links within Kik, which are going to be actively promoted to other Apps that are targeted towards adult use, (e.g. an adult "Chat with a stranger" App). Because of the changes, the App, which used to be rated 13+, is now rated 17+.

For more information, please see the following article:

<http://thecybersafetylady.com.au/2013/07/why-kik-messenger-is-unsafe-for-kids/>

Kilmore Primary school teaches cyber safety as part of our ICT program. We are also members of the Alannah and Madeline Foundation – eSmart, however, we encourage parents to be vigilant and keep a close watch on how their children are using social media and the internet at home.

Head Lice

From time to time, all schools have outbreaks of head lice in their student population. The good old 'nit nurses' no longer come to the schools for inspections, so we have to rely on visual inspections. You can assist by regularly checking your children's hair for signs of nits (lice eggs).

We have included an information sheet in the newsletter that gives you the process that must be followed if your child has nits. To ensure complete eradication of the lice and eggs, proper treatments from the chemist or council must be used on your children's hair, and all bedding and clothing must be washed carefully. If you have any concerns or questions, please contact the school or the local council for more information.

Principal's Passion Project – Commonwealth Games

At our whole school assembly this week, I invited students to take part in a special project. The Principal's Project is quite separate from classroom activities and is designed to get students interested and passionate about something that is happening in the world. Students can draw, write, make, build, model, or think of another interesting way to display their interest in an area of the Commonwealth Games. There will be prizes for the best entries for each grade level in the school. Winners announced at the next whole school assembly on 11th August.

School Council Meeting

Last night we had our July School Council meeting. I would like to inform you of some of the great activities that are being planned for our school by our Sub Committees and fantastic parent helpers.

Building and Grounds:

Redevelopment of our front garden into an indigenous Bushtucker Garden
Garden Working Bee 13th August, Whole School Working Bee 16th August
Tree Inspections of the trees in the school have been completed by an arborist
Quote for the fence at the rear of the oval received
Oval Whipper Snipping has been completed
Football post protectors – being donated by Auskick/KJFC

Fundraising:

Tea towel fundraiser this term
Office selling boxes of cards for \$10 – RRP \$29.95 – Check them out!
Icy pole Days being reintroduced next term with an incentive for students to return rubbish
Hot Dog Day/Footy Colours day – a combined effort with SRC last day of Term 3
Walkathon – early in Term 4

Education:

Literacy and Numeracy Week (25th-29th August) Open Morning, school based activities
New Student Data Management System now in the school – Sentral Data Management
Children's Week (October – Week 3, Term 4) Walk to School, School Fair, Maths Evening
DRM Music School- Successfully started in Term 3
Spanish National Day –12th October – A special activity planned for this day.
2015 Prep Discover Days – Wed 3rd and Wed 10th September
Look out for the 'KPS Education News' which is in the pipeline

You will receive more detailed information as these events get closer. If you would like to assist with any of these activities, please contact us. We are always grateful for any help that you can offer.

Have a great week everyone,

Hasta Luego,
Mrs Denise Barker
Principal



Information from the Office.....



SICK BAY LINEN ROSTER

Term 3

August

1	Jo Clark
8	Shanelle Scarlett
15	Carol Warriner
22	Anna McGivney



SPARE CLOTHING

As a result of the recent rain our school grounds are wet and muddy. Parents are encouraged to supply their child with spare clothing in case they get wet or muddy while at school.



NEW EXCITING FUNDRAISER



FOR SALE - Parents and Friends are selling boxes of 34 beautiful cards, complete in their own box to keep all of your cards together, for **\$10.00!** RRP \$29.95. Please come to the office if you would like to have a look at or purchase a box.



Education Maintenance Allowance (EMA)

EMA provides financial assistance to families on a low income to help with the cost of essential educational items such as stationery, uniforms, camps & excursions.

EMA is a means-tested payment - parents must hold a Centrelink/Veterans Affairs concession card to be eligible.

An EMA application form can be collected from the office and must be completed by eligible parents/guardians and submitted annually to schools.

A separate application is required for each school if you have children attending different schools.

If you received an EMA payment for Semester 1 then your application for Semester 2 will be processed by the school on your behalf.

If you have transferred your child to Kilmore Primary School, you will need to make a new application at our school.

The application form must be lodged at the school by **1st August 2014** for the second instalment.

LATE APPLICATIONS CANNOT BE PROCESSED

STUDENT ABSENCES

Parents are reminded that if students are away from school they can either send a note or phone the office on 5782 1268

Parents and Friends Meeting
There will be a Parents and Friends Meeting on **Wednesday 5th August at 9am** in the stadium foyer.
All welcome.

Treating and controlling headlice

health

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice

Many lice do not cause an itch, so you have to look carefully to find them.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

- Step 1** Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.
- Step 2** Now comb sections of the hair with a fine tooth, head lice comb.
- Step 3** Wipe the conditioner from the comb onto a paper towel or tissue.
- Step 4** Look on the tissue and on the comb for lice and eggs.
- Step 5** Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.

Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (maldison or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.

Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.



Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

Preventing head lice

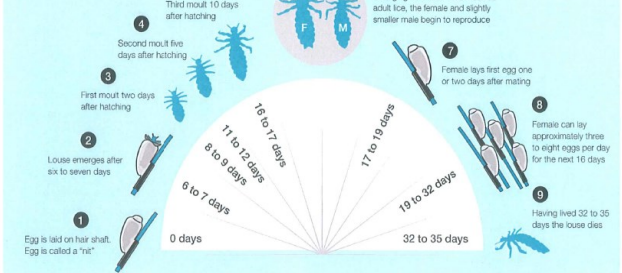
Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

Further information

The following website offers further information:
www.health.vic.gov.au/headlice

The life cycle of head lice

Pediculus humanus capitis



The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Spears and the team of researchers at School of Public Health and Tropical Medicine, James Cook University.

Cover concept by students from St Patrick's Primary School, West Geelong. Life cycle diagram courtesy of NITpickers Qld. © Copyright Department of Health 2010. Authorised by the State Government of Victoria, 50 Lonsdale Street, Melbourne. November 2010, PH468, (1010013)

Treating and controlling head lice

Happy Birthday

July

31 Emily 1N

August

- 1 Rhys 2S, Mark 34C
- 2 Abigail 56B,
- 3 Bailey 34P
- 4 Sam PP, Brock 56C
- 6 Brock PK



Manners Matter

This weeks focus—
I avoid making other kids angry



Explorer Poem
by Macey 34C



Neil Armstrong

Neil was a hero for many.
Fame didn't cost him a penny.
When he stepped onto the moon,
He sparked further journeys that would come soon.
The radio stations whizzed and whirled,
Because Neil, Buzz and Michael had left the world.
He left in Apollo 11.
When he came back he was a legend.
They had won the race to space.
Everyone knew Neil's face.

KGT 2014 (Kilmore's Got Talent 2014)

It is finally that time of year for students
at K.P.S to share their talents!

Auditions days:

- P-2 Wednesday 30th July
- 3-4 Wednesday 6th August
- 5-6 Wednesday 13th August

The competition will be tough with so much
talent at K.P.S, so start preparing now!

Contact: Miss Bourke (Director)

ST JOHN FIRST AID

Last Thursday St John First Aid in Schools Program
came to Kilmore Primary school. They taught us what
to do when someone is unconscious.

1. Check for danger
2. Check they can talk
3. Check airway
4. Check breathing
5. Check for pulse
6. Start CPR if no pulse
7. Call 000



By Jordan 5/6B



Cadence 3/4K, Joey 3/4C and Hayley 3/4C with their
St John First Aid Training in Schools Certificates.



2014 SCHOOL TIMETABLE

8:45 ~ first school bell

**Students make their way to classrooms
to unpack bag / silent read.**

8:50 – 9:40	~	First session
9:40 – 10:30	~	Second session
10:30 – 11:00	~	Recess
11:00 – 11:50	~	Third session
11:50 – 12:40	~	Fourth session
12:40 – 12:50	~	Eating time
12:50 – 1:30	~	Lunch
1:30 – 2:20	~	Fifth session
2:20 – 3:10	~	Sixth session

Teaching and Learning at KPS

Across the school, classes have been integrating the Commonwealth Games into their daily programs.

- Grade 2B and 2T have used the Commonwealth Games as the topic for their poetry writing this week. Below is an acrostic poem they wrote:

Swimming

Swimming is good
We learn to swim
It's interesting
Many hours of practise is needed
Maybe you can try too!
It is fun
No running
Good for fitness



- Grade 2H and 2S have used their computer skills to make powerpoint presentations about the Commonwealth Games.



Well done to our grade 2 students on the work they are doing.

PRINCIPAL'S PASSION PROJECT

COMMONWEALTH GAMES

<http://www.glasgow2014.com/>

Dear Students,

Would you like to take part in my **Principal's Passion Project**?
It's simple, all you have to do is:

1. Choose your favourite Commonwealth Games athlete, event, or country.
2. Write a story, make a poster, construct a model, or think of another interesting way to show your passion.
3. Work on your Passion Project at home.
4. Bring your completed Passion Project to Mrs Barker by Wednesday 6th August.
5. There will be two prizes for the best Passion Projects in all grade levels in the school.
6. All entries will receive a participation certificate
7. Winners announced at Assembly on 11th August.
8. **GO FOR IT – GET PASSIONATE!!**

Mrs Barker.



Bush Tucker Garden and Gathering Area Week 2

Wow, the students have got stuck in and done an amazing job. The granite sand area was filled in and the termite mounds were started, not only that but excavation for the dry creek bed was also started! There is no stopping the enthusiasm for this project. Everyone worked brilliantly and we were very proud.

We would like to express our full gratitude and thanks to Jamie Poorter and family for donating wooden native animals and 100 boomerang cut outs plus paint for the children to design and decorate. I know the kids will love getting creative. These will then be used to decorate the garden.

A Huge thank you to Words on Shirts and the Kubeil Family for donating signs to label our garden areas. It is a great help for people to identify our different areas.

Thank you to the hardworking families that have been cutting logs for our seating, a big thank you to the Palmateer, Javor and Burton-Clay families. We know it can be hard work! We now have enough seating that two classes can be in our gathering area at once, and another 30 seats throughout for quiet reflection and inspiration.

The final thank you for the week goes to Plant Inspirations who kindly donated around \$130 worth of plants for us to use in the garden. With everyone pitching in, we will have an amazing new space to enjoy. Thank you all. We still need more round posts to make totems / didgeridoos and rocks... so if you can assist that would be super. If you can help, please do.

If you can spare an hour on a Wednesday afternoon and would like to help out, we would love to have you.
You can leave your details at the office or text 0412 502 005.

Please check out face book page KPS Bush Tucker Garden also for photos and updates.

Thank you
Bush Tucker Garden and Gathering Area Group.



Parent Information.....

2014 PREP- 2 SWIMMING & WATER FAMILIARISATION LESSONS

Students will be given the opportunity to develop lifelong skills which will not only allow them to be comfortable and confident but most importantly safe around water.

Swimming Lessons will start on Tuesday 26th August. Students will receive two 45 minute lessons each week over a 3 week period. A bus will transport the students to and from the Kilmore Leisure Centre.

If you are available to help at the Swimming & Water Familiarisation Lessons then please fill out the pink form and return to the office. Helpers must have a current Working With Children Check.

The cost will be \$65.00 with a non-refundable deposit of \$30.00 due by Thursday 31st July.

Further information and permissions notices will be sent home on Wednesday 23rd



SECOND HAND UNIFORM SALE!

Jumpers, Polo Shirts, Shorts, Skirts etc...

Sizes 4 -14 \$2.00 per piece

Monday 4th August 2.00 - 3.30

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DRM Music Program

It is with great excitement that DRM Music is able to offer private after school music tuition on Monday, Tuesday, Thursday and Friday afternoons to all KPS students. All teaching staff hold current WWC and various qualifications from tertiary institutions across Australia. On offer in term 3 are Piano/Keyboard, Guitar (Electric, Acoustic and Bass), Vocal and Drum Lessons. Should you wish to enrol or have an enquiry, please fill out the form below and return to the office. Alternatively, come and visit us in the Parent Club Room after school for a chat!

- Miss Emily and the DRM Music Team

Check out our website: doeraymeemusic.com

Direct contact: 0420 823 001



Student Details	
Instrument	
School	
Parent Details	
Contact Phone Number	
Email Address	
Additional Comments	

Notices handed out this week...

Whole School—Principals Passion Project Commonwealth Games Note

Whole School— Myths & Monsters Incursion permission note

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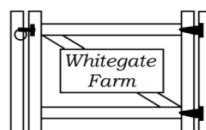
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