



Kilmore Primary School fosters a community of learners who are confident, creative and challenged to achieve their full potential within a safe, happy and supportive environment.

Kilmore Primary School Newsletter No 5 6th March 2013

Be Sunsmart

A reminder to students to bring their hat every day during Term 1



From The Principal.....

Hi Everyone, Welcome to Week 6.

INVITATION TO BECOME ACTIVE MEMBERS OF THE SCHOOL COMMUNITY

I am overwhelmed by the response from parents to my Invitation to become an Active Member of our School Community. The large number of responses indicate that parents really want to become involved if they can, and that the school now offers lots of great opportunities for this to happen. I have begun the process of sorting through the responses and you will be contacted shortly if you returned a response sheet. Once again, thank you. Your generosity is much appreciated by the whole school community. PS – It's never too late if you are still thinking about it.

END OF TERM FINISHING TIME IS NOW 2.30PM

DEECD have advised that all schools in the North Eastern Region must not finish earlier than 2.30 pm on end of term days for Terms 1, 2, and 3, and earlier on the last day of Term 4 only with the Regional Director's permission, as per Departmental Policies and Guidelines. This falls into line with requests from VicRoads and Mitchell Shire to keep school finishing times within the times of 2.30 – 4.00pm, as per the road signage around schools in our Shire which help to ensure the safety of our students and school crossing supervisors.

TIQBIZ

We are introducing another 'tool' to help with school communication – tiqbiz. This application will send instant messages directly to your phone or other mobile devices, alerting you to school notices, arrival times for buses returning from camps/excursions etc., and copies of school newsletters.



A flyer was sent home on Monday outlining instructions for downloading tiqbiz to either your PC, Ipad/Iphone, Android phone or tablet. When installing and selecting your child/rens year level, please remember to select '**WHOLE SCHOOL**' as well as the appropriate year level/s so that you can receive school newsletters etc. Tiqbiz also offers tech support for all parent/guardians.

Spare flyers are available at the office.



Working with
Children Check

To be able to work with children in classrooms, assist in Sport sessions or to accompany a class on excursions, parents need to have a Working with Children's Check card.

You can apply for this at any Post Office. If you already have a WWC card please check that it is still valid and that you have shown your card at the school office so that we can update our records.

From The Principal...continued

SCHOOL COUNCIL ELECTIONS HAVE NOW BEEN FINALISED.

I would sincerely like to thank and congratulate all of the Nominees who put themselves forward to be members of our School Council during this year's Election Process. As we had exactly the right number of nominees to fill the vacancies, so there will be no need for a ballot process.

The following table provides a guide of our School Council Members and their Terms of Office. Please feel free to contact any member of School Council if

DEECD CATE- GORY – 4 Mem- bers	PARENT CATE- GORY – 8 Mem- bers
Executive Officer Denise Barker	One Year Term Re- maining Kim McKenzie David MacBean Kylie Rogers
One Year Term Re- maining Jennene Cooney Mathew Thomson	One Year Term Begin- ning 2013 Belinda Callick (Co- opted into casual vacancy created by Cath Ferraro leav- ing the school.)
Two Year Term Begin- ning 2013 Julie McCarthy	Two Year Term Be- ginning 2013 Belinda Scott Walker Liza Whitfield Sam Ireland Philip Zandt

you have concerns that you would like raised at our meetings. We are here to represent and support you.

Have a great week,

Upcoming Events

PLEASE NOTE - FORMS/PAYMENTS FOR ANY ITEMS IN THE CALENDAR WHICH ARE NOT RETURNED BY THE DUE DATE CANNOT BE ACCEPTED.

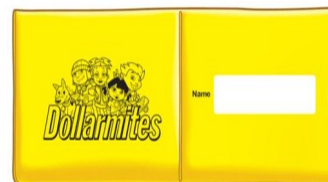
MARCH

- 8 Whole School Assembly
- 12 Prep Sports and Stripes Day
- 15 Community Association AGM
9.00am**
- 19 School Photos— Full school Uniform
must be worn**
- 22 Whole School Assembly
- 26 Prep Rainbow Day
- 27 Easter Raffle Drawn
- 28 Last Day Term 1—**2.30pm finish**

APRIL

- 15 First Day Term 2

Student Banking



School Banking Day is Tuesday, bring your deposit books to the office.

If you haven't received a 2013 rewards chart please ask at the office.



SICK BAY LINEN ROSTER - HELP NEEDED

Each year we ask if parents are able to assist in the washing and changing of the linen in our sick bay. In most cases this means 2 or 3 times a year. If you are able to help out please return this form to the office by Friday, March 1st. A roster will be distributed shortly after.

Name _____

Contact Phone Number _____

Child's Name _____ Child's Class _____



SCHOOL PHOTO DAY

Tuesday, 19th March

School uniform must be worn.

Students should have received a photo envelope on Monday.

Sibling Portraits & Discount Voucher Envelopes are available from the office.
(25% Discount applies to families with 3 or more children when the same pack is purchased for each child).

ALL ENVELOPES NEED TO BE BROUGHT IN ON PHOTO DAY, NOT BEFORE.

If you have any questions regarding photos please contact the office.

The Annual Kilmore Community Association Easter Raffle is now seeking donations. Large or small, your donations will help with this annual fundraiser.

If you wish to purchase tickets in the raffle, sales will be each FRIDAY.



To order tickets:

- * Place order and money in an envelope with child's name and grade
- * Send to Parent Club Portable with Icy Pole money

TICKETS \$1.00 each or 6 for \$5.00

Raffle will be drawn Wednesday 27th March.

Donations can left at the office.

BOOK CLUB



All Book Club Order Forms and money are due back Thursday 14th March.

Unfortunately, **late orders and unnamed orders will be not be accepted.** Please ensure that you put your name on the order.

If you pay online you still need to send your order and your credit card receipt number to school so we can include your order with the school order.

Icy pole Day Every Friday of Term 1

50c an icy pole with a limit of one per student.



Please place money in an envelope with the students name and grade on the front.

Notices handed out this week...

- Tiqbiz—Instant Messages
- School Photo Day Envelopes



UNIFORM SHOP

Every Friday

2:15 pm - 3:15 pm

in the Conference Room
adjacent to the Art Room.

Northern Regional Uniforms also have a shop at
Unit 21, 8 Oleander Drive
South Morang 9436 4005

info@northernregionaluniforms.com.au

KPS CLUBS PROGRAM

Term 1



Thursday afternoon, session 6 (2.20 pm) is clubs time at KPS. We are looking for volunteers to assist with clubs activities. Arts, craft, sport, science, dance music, computers and games.

Please contact Julie McCarthy or your child's classroom teacher if you can assist. Volunteers require a Working With Children

Lemons

Lemons are needed for the Clubs Program.

If you can donate some

lemons,

Please leave at the office.



All Students in the Prep—
Grade 2 Units-

Students are requested to bring along a box of tissues each for their class room.



Thank you

HEAD LICE

We have had a case of head lice reported to the office this week.



Happy Birthday

March

- 6 Declan Pearson
- 7 Jordan Moussa
- 8 Kiara Spadafora
- 10 Mitchell Callick
- 12 Sebastian Foster,
Hannah Pannuzzo



Kids Matter
A COMMITMENT TO CHILDREN'S WELLBEING



Prep Parent Forum

On Monday 18th March 2013 at 8:50am, Sharon Blackwell, our School Support Officer, and Julie McCarthy, Student Wellbeing Coordinator are holding a Prep Parents Discussion Morning. Sharon and Julie invite all parents, grandparents and carers along to hear about your child's beginning school story, answer questions and discuss any concerns you may have now that your child has nearly completed a full term of school.

It will be informal gathering in the foyer of the new stadium; a great chance to meet some of our school support staff and to meet with other parents of our school community. Tea, coffee & biscuits provided.

For more information or to confirm attendance phone or email the school, leave a message with your child's teacher or with Julie McCarthy, Student Wellbeing Coordinator, or just turn up on the day.

2013 Homework Club

Homework club for students in grades 3-6 will commence on Thursday March 14th 3.10 - 4.15 in the school library.

Students interested in joining the homework club need to collect a permission form from the office and return it to school by Wednesday 13th March.



Grade 1 Invitation:

The grade 1 students would each like to invite a special visitor to come along to join the Grade 1 assembly in the old hall on Friday 15th March at 2.45pm.

This is a special assembly where the Grade 1 students will be demonstrating their commitment to the National Day against Bullying. Slogans, banners & a song will be presented by the students & we encourage members of our Grade 1 community to join us in celebrating our collective commitment to this cause.

Look out for a personal invitation which will be coming home soon!

Warm regards,

The Grade 1 Team ☺

INSIGHTS

by Michael Grose - leading parenting educator



Helping kids deal with rejection

A bit of rejection and disappointment is good for kids, as long as they learn how to cope with it.....

One of the keys to functioning socially and emotionally is the ability to deal with disappointment and rejection.

Most children experience some type of rejection from their peers throughout childhood. One study found that even popular children were rejected about one quarter of the time when they approached children in school.

Paradoxically, children's experience of rejection and disappointment at school is good for them, as long as it's balanced with successful experiences too. They learn that they can cope and solve problems in their own way and that bad experiences don't last forever.

And they learn that sadness and disappointment can be managed too, which is an important lesson to learn to take into adolescence and beyond, when life is full of ups and downs.

Helping them move on

Most children recover from such rejection. They move on and form constructive, worthwhile relationships but some children need help. They often take rejection personally, blaming themselves. As a parent it is useful to challenge children's unhelpful thinking and encourage them to look for new friendship opportunities. Parents can help children understand that rejection may happen for any number of reasons that are unrelated to them.

In the course of a school day children will meet with a number of challenges and even setbacks. They may struggle with some schoolwork. They may not do well in a test and they may not be picked for a game that they wanted to play. Children grow stronger when they overcome their difficulties. The challenge for parents is to build and maintain children's confidence levels to help them get through the rough times.

One way to help children deal with rejection and disappointment is to talk through problems or difficulties, recognising and accepting their feelings. Talk about various scenarios, discussing possible outcomes. The age of your child will determine the amount of detail. Keep things simple and avoid burdening a younger child with concepts he or she doesn't understand.

Your attitude as a parent can make a huge difference to how a child reacts. If you see rejection or disappointments as problems then your child will be hamstrung by this view. See them as challenges then your child, in all likelihood, will pick up your upbeat view and deal with disappointments easily. After all, confidence is catching!

To help children handle rejection and disappointment try the following four strategies:

1. **Model** optimism. Watch how you present the world to children, as they will pick up your view.
2. **Tell** children how you handle disappointment and rejection. Not only is it reassuring for children to know that their parents understand how they feel but they can learn a great deal by how their parents handle situations.
3. **Help** children recognise times in the past when they bounced back from disappointment. Help them recognise those same strategies can be used again.
4. **Laugh** together. Humour is a great coping mechanism. It helps put disappointment in perspective. It helps them understand that things will get better. They always do.

The stronger the wind the stronger the trees is the notion here. Supporting kids to handle life's hurdles helps them to develop a lasting sense of resilience, which is essential for good mental and emotional health.

Published by Michael Grose Presentations.
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www.parentingideas.com.au




Parenting ideas
MICHAEL GROSE

Friday Friends got together in the stadium March 1st for afternoon tea and to discuss health & wellness topics relating to living well in our community.

Rowena Excel, (see picture) from Nexis introduced Friday Friends to the Award Achievement Program (AAP) via a power point presentation. Thank you Julie James for lending us your laptop.

The AAP is an initiative of the Victorian State Government to help schools work through 8 wellness topics. They are healthy eating, mental health and sun protection to name a few.

The AAP requires parent and community involvement to assist in the delivery of the AAP. Teachers may like to address the wellness topics through the curriculum, colouring competitions and guest speakers is another way the topics can be introduced to our students.

A recent survey asking for support from parents to tick which area they would like to become involved in the school community showed that Friday Friends is going to become a popular and productive past time that can do more than network parents.

Pictured with Rowena is Maggie from Lower Plenty Primary School who came along to learn more about the AAP. The lovely 5 participants from KPS who attended, embraced the AAP and were keen to be involved. Solutions to problems were flowing which shows we have an objective group of people not only attending, but supporting the group.

Friday Friends will be held on Friday 15th March at 1.30 pm, finishing at 2.30 pm so that parents may go to unit assemblies if they wish. Everyone is welcome and we have had a special benefactor donate some brilliant toys for parents with kiddies.



Kilmore Girl Guides are holding an open night on Thursday 14th March. Our guide unit has guides ages 5-12 years of age.

We invite new girls to come along and experience guides. Time—4-5.30pm at Kilmore Guide Hall, Cnr Ryans Rd and Foote Street.

Carolyn Atkinson Ph 57 810 728 / 0400 578 103

PREP COLOUR DAYS

Dear Parents,
During February and March, each available **Tuesday** has been designated as a particular **colour day**. This focus provides a wealth of discussion, which can then be linked to our literacy and numeracy programs.

Children are able to wear clothing of the particular colour if they wish – **this dressing-up is entirely optional** – we know that some children enjoy the opportunity, others are more reserved, and sometimes we simply forget.

- February 5th - RED DAY
- February 12th - BLUE DAY
- February 19th - YELLOW DAY & ORANGE
- February 26th - PINK & PURPLE DAY
- March 5th - BLACK & WHITE DAY
- March 12th - SPOTS & STRIPES DAY
- March 19th - GREEN & BROWN DAY
- March 26th - RAINBOW DAY



Regards, The Prep Team




Petition

A petition has been started to request a footpath on Left/Eastbound side of Lancefield Rd from the new housing sub-divisions—Kingsgate Village, Kilmore Gardens Estate, Willowmavin Estate .

Currently the children are crossing the very busy Conway St without any assistance—a footpath will enable pedestrians safe access to the town and school, in particular children walking to Kilmore Primary School.

Please consider signing, Petition is located in the office.



VICTORIA
SUNDAY 19 MAY 2013
Let's walk together to raise funds for animals in need!

RSPCA Million Paws Walk Registration
Sunday, 19 May 2013
Event Details
Phone: 03 224 2222 Email Us

Million Paws Walk VIC 2013 for RSPCA Victoria

For more than 141 years, the RSPCA has been working tirelessly to care for and protect animals.

Across Victoria, the RSPCA improves the lives of thousands of animals through the hard work of our dedicated teams.

Our Shelters provide refuge and care and where possible, gives more than 35,000 animals each year a second chance.

Our team of RSPCA Inspectors works to protect animals from cruelty, investigates 14,337 estimated reports, prosecutes offenders and rescues animals from dangerous situations.

Our Education team contributes to prevention strategies by influencing over 12,000 young people about the value and importance of animals in our lives.

As a not-for-profit organisation, the RSPCA relies on community support to care for 'all creatures great and small' as only 3% of our operating expenses are supported by a grant from the Victorian State Government. We achieve so much in animal welfare but only because of the generous support of the community.

How Can You Help?

Donations

Donations made to the RSPCA are urgently needed funds which assist in the care, educating and rehoming of numerous animals in need.

Follow the website link for full details about how you can contribute.

www.millionpawswalkfundraising.com.au/kilmore_primary_school_9

If you copy and paste the link in to a search engine, you will be guided to Kilmore Primary School's own fundraising page. Every little bit helps!

Join us on the walk!

Come alone or bring your furry friend. Held in Whittlesea, it's a fantastic opportunity for yourself and your best friend to mingle with like-minded animal lovers.

Date: Sunday 19th May, 2013 Time: 10:00am +

Cost (early bird): \$10 per adult, \$6 per child and \$20 per family

Venue: Whittlesea (exact venue to be confirmed)

How to register: On the day or for early bird discount:

<http://www.millionpawswalk.com.au/Victoria.htm>

The SRC will be planning a fundraising event for later in the term. All funds raised will go towards Kilmore Primary School's donation total.



Does Your Child Love Horses?



Horse theory sessions, riding lessons and school holiday programs all starting soon!

Learn more:

www.kidsinthecountry.com.au

DB DANCE DYNAMICS

Wallan Public Hall
Classes Wednesday & Friday
Jazz Ballet-Tap -Hip Hop
&/or
~ Classical Ballet ~

From 3-5yrs Fairies Class
to Advanced



NO SEWING!
Costumes average \$40ea



Annual Concert
At Plenty Ranges, South Morang

Examinations Offered
CHECK OUT OUR WEBSITE


dbdancedynamics.com
dance@blue1000.com.au
Contact Debbie 9716 3112

1st Wallan Wallan Cub Scouts


**Come dance and join the fun with the
1st Wallan Wallan Cub Scout Disco**

There will be heaps of fun with
Dancing
Music
Hot Food & snacks
Drinks
Lucky Door Prizes
Glow Sticks



Where: Wallan Scout Hall, Cnr Windman & Watson St, Wallan
When: Friday 15th March
Time: 6 - 7.30pm for our smaller ones from prep to grade 3
8 - 10pm for our bigger ones from grade 4 to grade 6
Cost: \$3.00

Your children will be in a fully supervised environment where they will meet some friends and have a fun evening. All parents will be required to sign their child in and out of the disco.




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St. Patrick's Primary School

1 Conway Street, KILMORE, 3764
Phone: (03) 5782 1579
Fax: (03) 5781 0096
A.B.N. 56 801 901 524

26th February, 2013

Dear Parents,

Faith Education Evening

A Faith Formation Evening focusing on the Sacrament of Penance (Reconciliation) will be held on **Tuesday 12th March**, commencing at 7.00 pm in St. Patrick's School Stadium. This will be a faith formation evening for those parents wishing their child to receive this Sacrament for the first time. Students will begin their formal lessons in preparing to receive the Sacrament of Penance.

Parent(s) and children are expected to attend the evening which should take no longer than an hour. The structure of the gathering will include a prayer and blessing followed by children moving to a Learning Centre with a teacher. During this time the parents will acquire an insight into the Sacrament through a presentation lead by Father Grant.

Please note that students from the Parish of St. Patrick's attending surrounding schools will celebrate the sacrament on **Tuesday 23rd April at 6.30pm**. A parent or family member is invited to present the child for reconciliation on the evening.

Parents and students are also invited on **Tuesday 16th April** to a Reconciliation Workshop morning starting at 9.00am - 10.50am. Parents are invited to engage with students and teachers in preparing items for the celebration evening.

The cost of \$35.00 for all the requirements of the Sacrament will be debited to your term account.

It is important and it is expected that every family be represented at the Formation Evening on the 12th March.

We look forward to seeing you all for this wonderful celebration!

Yours sincerely,



Mrs. Tracey Brinca
(Education in Faith Leader)



Mums' Program
Only \$35 for five weeks of group tennis coaching*
Tennis Victoria's Mums' Program is run by a Tennis Australia qualified coach which means that you will be in good hands to develop your tennis skills. In addition, save time and money on childcare by enrolling your children in the Tiny Tots program** for just \$15 for the same five weeks. Open to beginners and those who would like to resume playing tennis, the Mums' Program allows you to take some time out for yourself and get fit and active whilst socialising with other mums in your area.

Benefits of the Mums' Program:

- Improve your health, have fun and get fit
- No need to find or pay for childcare to participate
- Receive expert tennis coaching
- Save money as you don't have to purchase any equipment to participate
- Get a great taste of Cardio Tennis and get involved with your local tennis club for a minimal cost

Tiny Tots Program
Enrol your child in our Tiny Tots Program**
The Tiny Tots Program is targeted at children aged 3-5 and helps them develop fundamental motor skills whilst allowing you to participate in tennis, without the burden of having to find childcare.

Program Registration
To register for the Mums' Program (and the Tiny Tots Program**), please contact your nearest venue. Places are limited so please register early.

For further information please contact Tennis Victoria on (03) 8420 8420 or visit: tennis.com.au/Vic/Play-Tennis/getting-started.

*This program is open to new participants only.
**Subject to coach availability and mums must be participating in the Mums' Program for their child to participate in the Tiny Tots program.

"The program was fun and social, helped us all increase our skills and meet members of the community which was a bonus." Susan Burley, Selby.

tennis.com.au/vic





BOOTEK SHOES

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- * **NETBALL RUNNERS**
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PROUDLY INTRODUCES

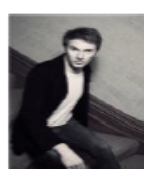
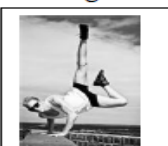
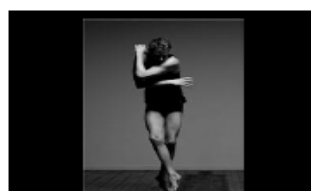
Tony Keeble

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