



Kilmore Primary School

Principal: Mr Neil O'Sullivan

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NEWSLETTER

Friday, 10th December 2021

Christmas Concert 2021





December

Monday 13th

Grade 6 Graduation

Tuesday 14th

Bee Ticket Mystery Bonanza

Friday 17th

End of Term 4 —1.30pm finish

February

Tuesday 1st

All students return to school

Monday 14th to Wednesday 16th

Grade 5/6 Sovereign Hill Camp

HAPPY BIRTHDAY

Birthday wishes to:

Charlotte Littlewood, Lanah Lang,

Sienna Schembri, Shae Zeinert, Hayley Delaney

and Lina Gorsuch



**CHECK-IN
NOW**



Kilmore Primary School
35 Kilmore-Lancefield Rd KILMORE
Kilmore Primary School



Location code AF9 HHR



Use your phone to scan the code

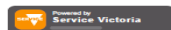


Enter your first name and phone number



Look for the tick. You're now checked-in

Can't scan?
Download the Service Victoria app or visit: go.vic.gov.au/check-in
Open the app and enter: AF9 HHR



Service Victoria is the State Government's dedicated customer service agency.
We will only use or disclose your check-in information for coronavirus (COVID-19) contact tracing.
We'll delete your data within 28 days. Your details won't be used for marketing or other purposes.
Learn more: service.vic.gov.au/check-in



Are you changing schools in 2022?

To assist with our planning, if your child is not returning to Kilmore Primary School in 2022, could you please advise the office as soon as possible.



Bee Ticket Mystery Bonanza

As the school year draws to a close, we will be holding the Bee Ticket Bonanza, to beat all Bonanzas!

On Tuesday, December 14th each grade will have the opportunity to spend an allocated amount of time at an 'inflatable' Bonanza! These will include, F-2 student jumping castle and disco dome and for 3-6 students a giant slide and inflatable obstacle course.

We have put together a safety plan around supervision of students on the equipment and also COVID safe practices including sanitising of hands and the equipment, air purifiers and natural ventilation.

In the last newsletter of the year, we will share some photos of the day!



Transition Day and 2022 Grades

Transition Day is always one of the most exciting days of the school year and last Tuesday was no exception. All of our students had the opportunity to work at next year's level for most of the day and we also welcomed our new Foundation students to school for their most extensive session to date. Across the school, we had a highly successful day and there was a fabulous buzz throughout the day. The final step in the creation of our 2022 grades is to use feedback from Transition Day to make final adjustments to our 2022 grades. Parents will be informed of their children's grades on Wednesday, December 15th – students will bring home a letter identifying their 2022 teachers and a school map for 2022.

Reporting

Student Semester 2 reports will be available on the Compass portal from 4pm on Tuesday afternoon. Similar to Semester 1 reports, the Semester 2 format will be a little different in recognition of the impact of remote learning. Students will receive A to E grades for English and Mathematics and all other curriculum areas will have a teacher comment rather than a grade. This change to the format is consistent across government schools in Victoria.

Congratulations Mrs Rebecchi

I would like to congratulate Mrs Sam Rebecchi and her husband Daniel on the exciting news that Mrs Rebecchi is expecting her first child in June 2022. Mrs Rebecchi announced the news to staff on Monday and there was huge excitement and celebration amongst our staff group.

Christmas Concert

On Wednesday we held our 2021 Christmas Concert. It was a great opportunity to celebrate an important end of year ritual after so much change and disruption over the last two years. All of our students did a fabulous job with their items, however my particular highlight was the Grade 2 item "The 12 Days Of Christmas" in which the Grade 2 team rewrote the lyrics to remind us all of the remote learning / onsite learning experiences we have all had in 2021. I would like to thank and congratulate the dynamic team that put the concert together and highlight the extensive work put in by Ms Brennan, Ms Pappin, Mr Parkinson and Mr Melling over the last number of weeks. The concert will be available to families via video link on Wednesday, December 15th.

Tuesday – "Mystery Bonanza"

Next Tuesday, we are holding a "Mystery Bonanza" event to give students the opportunity to cash in their Bee Tickets and enjoy a positive and fun activity in the last week of school. The nature of the event itself is a closely guarded secret, however I am sure that your children will come running to tell you all about it at the end of the day!

All the best,

Neil O'Sullivan
Principal



Brooklynn Hawkless - FR receiving her
student award

Mathematics News with Captain Marvel

And the winner is.... Lachlan Johnston from 4M. He estimated that the bread tags would weigh 1,222 grams (1.22 kilograms).

The SAT weighed our collection on Wednesday and found that there was 15 kilograms worth of bread tags. (Just a little bit more than Lachlan's estimation). Their volume was equal to three boxes of A4 paper! The SAT weighed a collection of 100 bread tags and found their mass to be 50grams. We then divided 15000 grams by 50 and learned that we had 300 lots of 50 grams. We then had to multiply 300 by 100 which gave us an incredible total of approximately 30,000 bread tags.

That's a huge amount of landfill that we saved as a school community!



SAT News

Bread Tag Collection

It has been an honour being a SAT rep for 2021. We ran our bread tag fundraiser for 3 terms and lots of students have contributed to this project.

The bread tags for wheelchairs program have collected 4,929kg to date. They receive approximately 250kg per month and have provided funds for 47 wheelchairs. The average cost of a wheelchair ranges from \$100 to \$30,000! This depends on if it is manual or electric.

So far, we have collected 15kg which is equivalent to approximately 30,000 bread tags. We could not have done this without Kilmore Primary School's amazing community.

Our other project has been the friendship bench. It has been tricky to get together to finish this with remote learning throughout the year, but we are happy to announce that the Friendship Bench will be installed ready for 2022.

Thank you for your support with this from the 2021 SAT team.

Evie Lynn, Zara Schultz, Michael Montagnese, Zoe Walton, Caleb Hallam, Ava Williams, Logan Macintosh, Zahli Mann, Jase Kneebone, Thomas Lynn, Ava Male, Harry Wright, Tyler Atkins, Sienna Ward, Isabelle Turner, Emma Knippel, Abigail Mecklem, Millicent Praag, Ryan Bikerdike, Chayse Gould, Pearl Kaur, Emily Catanzaro, Jhett Bentley, Kabeer Makkar and Maddison Pike.



Sleep...Why is it so important? Are you or your teenagers getting any or enough?

Hello to our local partner primary schools,

We are pleased to invite our Assumption College community and our wider primary school community, to attend an online course presented by our Wellbeing team.

Families who are interested please register to attend.

Sleep...Why is it so important? Are you or your teenagers getting any or enough?
What stops a good night sleep?

So many questions on something so fundamentally important to our wellbeing. The ACK wellbeing team will be presenting an informative online session to answer these questions and provide advice, suggestions, and sleep tips to get you back into a good sleep routine.

Start the 2022 school year on the front foot!

Parents, Carers, Students, Staff all welcome.

Date - Wednesday the 16 February 2022 6pm-7pm.

To book your free place visit <https://www.trybooking.com/BVWYS>

With thanks,



KYLIE LAWTEY | Community Relations and Enrolments Officer

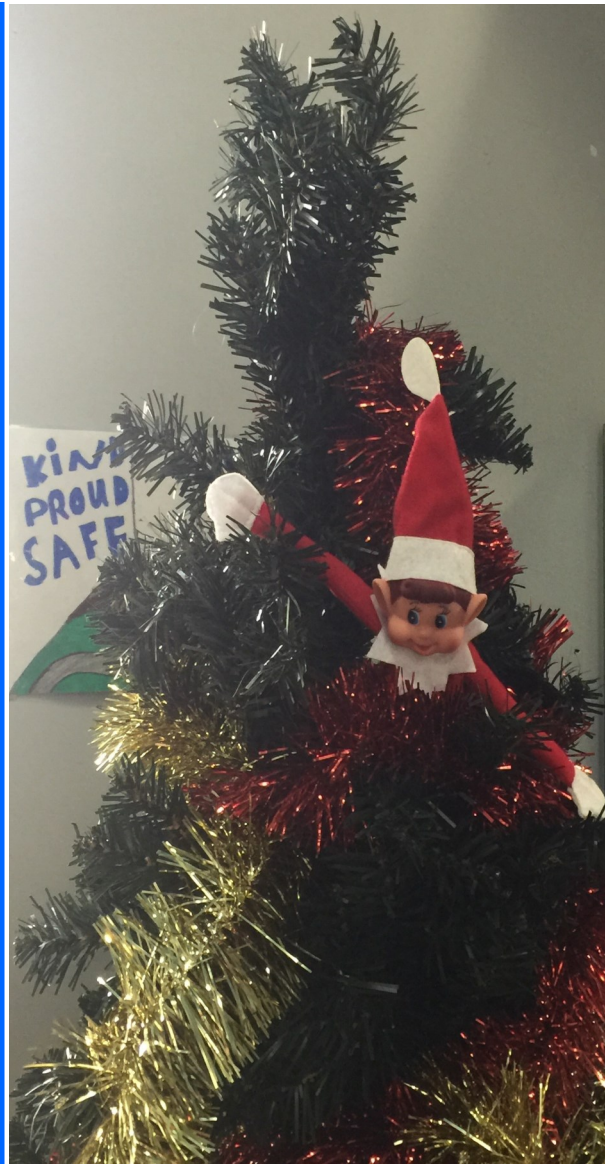
a Sutherland Street, Kilmore VIC 3764

p PO Box 111, Kilmore VIC 3764

t 03 5783 5000 | **d** 03 5783 5361 | **m**

w www.assumption.vic.edu.au

Proudly on Taungurung Country



Stationery Packs orders due today to avoid late fee of \$5

Kilmore Primary School is looking forward to another great year of teaching and learning and would like to advise you of Kilmore Primary School's Voluntary Financial Contributions for 2022.

Please find attached the information relating to our 2022 Voluntary Financial Contributions and our 2022 Booklists.

The school's recommended supplier is JI Office Products, by clicking on the following link, it will take you directly to JI Office Products <https://jiofficeproducts.com.au/KIL935>

Select the correct year level for **2022**, fill in the student's name, select add to order, go to checkout, enter details and submit your order. Payment must be made during the online ordering process, by **Visa or Mastercard only** (credit card or debit card accepted).

Please note:

- Ordering closes **today Friday, 10th December 2021**. Packs will be delivered to the classrooms.
- **Any orders received after Friday, 10th December will incur a \$5.00 late order fee.**
- Late orders may not be ready for the start of the 2022 School year.
- Home deliveries are not available.
- The Resilience Project Student Journal and Grade 5/6 Kilmore Student Diary will not be available after the due date for orders.

If you elect not to purchase the Stationery Pack through JI Office Products, please ensure children come to school on the first day with the required materials.



Literacy

Premiers' Reading Challenge

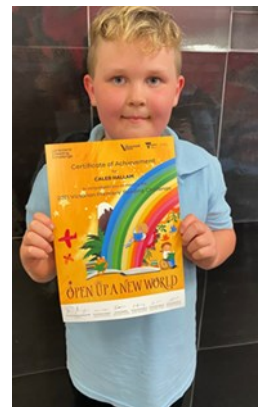
Congratulations to all of our students who took part in the Premiers' Reading Challenge!

Yesterday certificates were presented to everyone who participated.



Congratulations to:

Foundation	Luke O, Seth L, Ben M, Zara S
Grade 1	Kylah R, Zachary R, Caleb H, Montgomery A
Grade 2	Bonnie B, Elizabeth H, Evie T, Payton S
Grade 3	Kate O, Oliver S, Nicholas H,
Grade 4	Kyle G, Abigail M, Isla D, Parker S
Grade 6	Lincoln S



A big thank you to Mrs Rowe and Mrs Jacobs for coordinating the challenge.

Have a great week!

Emma White



Connecting With Kimberly

On Friday, Life Education visited to celebrate the students who have participated in the Healthy Harold's Heroes leadership program (HHH). HHH is a healthy and active schools initiative, whereby students are upskilled to develop, implement and review a health campaign at KPS. Well done to all of our HHH leaders for 2021. 2022 HHH Leaders will be recruited next year.



Connecting With Kimberly

Fear-less Triple P Program



All Victorian families currently have free 12 months access to the Fear-less, Triple P Program. Fear-less is an online and self-directed program that focuses on supporting your child to manage stress and anxiety and develop tools and strategies to cope with different situations. Registration for this online program can be found here:

<https://www.triplep-parenting.net.au/vic-ukn/get-started/fear-less-triple-p-online-vic-recovery-and-resilience/>

The following services are available outside of school hours.

In the event of an emergency please call 000



Kids Helpline



Ph: 1800 551 800

<https://kidshelpline.com.au/>

Parentline



Ph: 13 22 89

<https://parentline.com.au/>

Safe Steps



Sexual assault, domestic and family violence

Ph: 1800 015 188

<https://www.safesteps.org.au/>

Lifeline



Ph: 13 11 14

<https://www.lifeline.org.au/>

Best,
Kimberly Batsas-Hill
Social Worker -Primary Welfare Officer

Our KPS Elf has been reading lots of books in the Admin area



SCHOOL UNIFORMS

We can't stress enough how important it is to place your school uniform orders NOW for 2022. COVID has placed huge demands on Australian imports & therefore product on hand, take advantage of our deposit free layby..... no payment required at the time

you place an order, ~ but please place an order, & AVOID DISAPPOINTMENT just let us know what you'd like & we will have it ready in January.

Phone & email orders welcome



~ Please don't wait till the last minute ~

REMINDER

All students need to bring a drink bottle to school.



REMINDER TO WEAR YOUR HAT

Just a reminder that all students need to wear hats. All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. Baseball or peak caps are not considered a suitable alternative. The school policy states that sun protection is to be used from September until the end of April or whenever UV levels reach three or more.



If your child arrives after 8.50am Please ensure that your child is signed in at the office. If they are not signed in you will receive an SMS stating that your child is away.



**SCHOOL
BREAKFAST
CLUBS PROGRAM
BREAKFAST CLUB**

Mon to Fri from
8.15 AM





Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

Managing Your Mental Health Online

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.

1st Kilmore Scouts Christmas Tree Sales 2021



Order online

www.trybooking.com/BUVAF

Pick up or delivery

Eftpos available

Pick up and sales; 94 Sydney st, Kilmore
December 4th, 11th, & 18th
10am onwards



The poster has a red background with white stars and snowflakes. At the top center is a green starburst shape with a dashed white border. Inside this shape, at the top, is a red poinsettia flower with a red and white striped candy cane. Below the flower, the text "Community Christmas Carols" is written in a large, white, cursive font. Below this, a red ribbon banner contains the word "Kilmore" in a white, serif font. Below the green starburst, there is a horizontal line of white dots. On the left side, the word "SATURDAY" is written vertically in white, bold, sans-serif font, followed by the number "18" in a large white font. In the center, there is a white circular badge with a scalloped edge containing the text "2pm til 6pm" in red. On the right side, the text "LET'S CELEBRATE" is written in a white, serif font, followed by "Hudson Park Kilmore" in a red, sans-serif font. Below this, there is a green horizontal bar with the text "... Food, music and fun for the whole family ..." in white. At the bottom, there are three sections: on the left, a list of activities in white text; in the center, two white reindeer facing each other with a snowflake between them; and on the right, text about Santa's visit and the website. The bottom of the poster features logos for the presenting and supporting organizations.

Community Christmas Carols

Kilmore

DECEMBER

SATURDAY

18

2pm
til
6pm

LET'S CELEBRATE

Hudson Park
Kilmore

... Food, music and fun for the whole family ...

Christmas carols
Live music
Market stalls
Entertainment

Bring your own picnic or
purchase at local food vendors



Visit from Santa

Kilmore Miniature Railway

www.mitchellshire.vic.gov.au

Presented by



with support from



Special thank you for funding from Victorian Government

CHRISTMAS COLOURING COMPETITION



Dear Kilmore Primary School Community

This year we are decorating the shop for Christmas with colouring pages that our local community have coloured in for us.

The following five pages have some wonderful Christmas images for the children to colour in.

Please drop them in store so we can display them all around the shop.

Each entrant gets a lollipop when they hand in their completed colouring page and there will be **two winners picked on December 20.**

The lucky winners will receive a gift pack to the value of \$150.

All we require is a name and a contact number on the back of the colouring sheets so we can notify a winner.

Also, we are not biased, if any of the teachers or staff wish to enter, we are more than happy to display their work too.

Although I will hold the art teachers to a higher standard. 😊



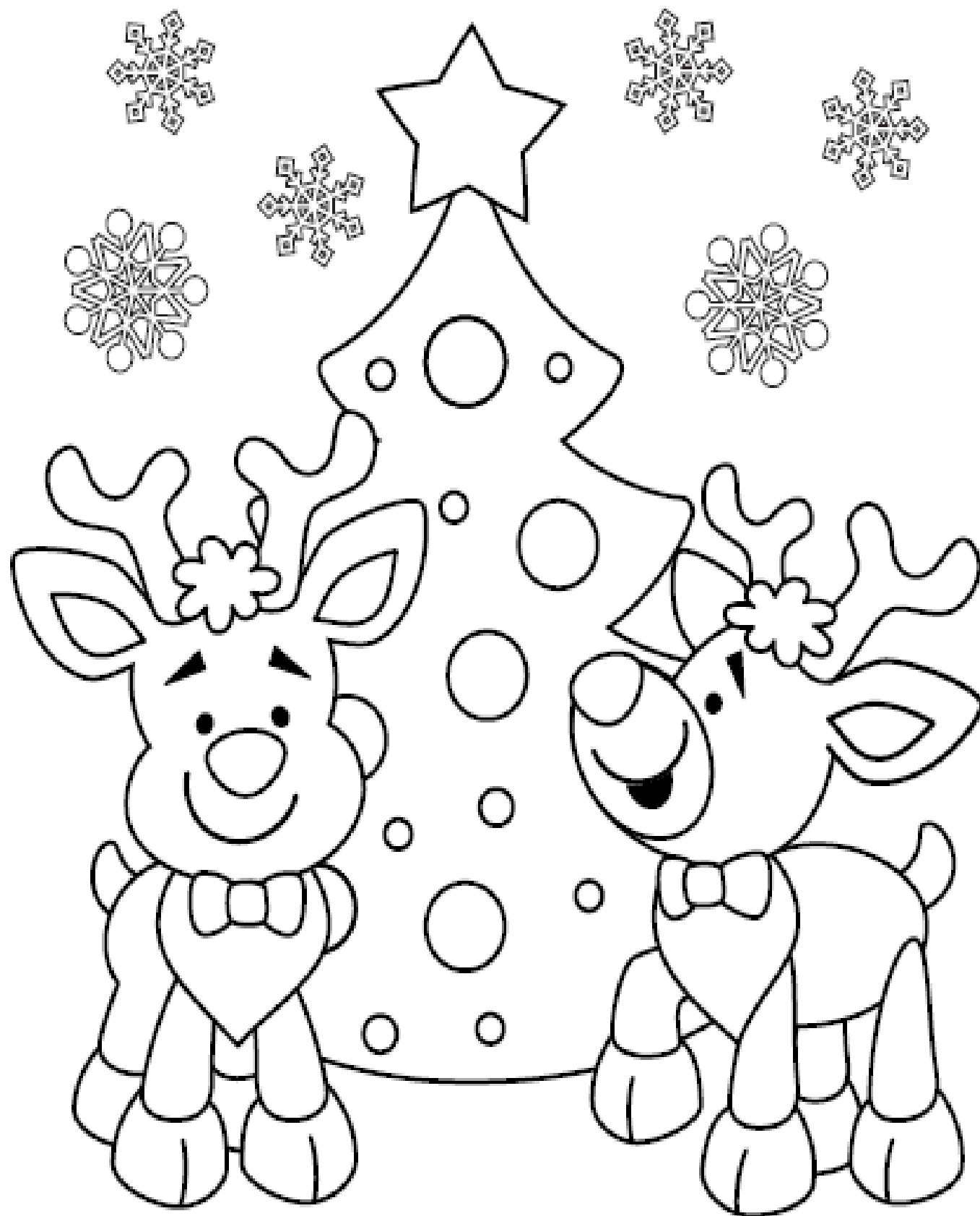
108 POWLETT STREET KILMORE VIC 3764
P: (03) 4701 0815
M: 0409 221 130
E: info@fatratrading.com.au





Merry Christmas

Name _____

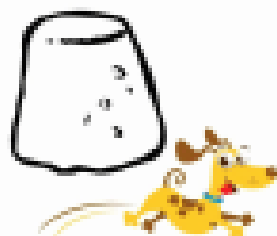


Merry Christmas





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More kid stuff at FunPop.com



Kilmore Community Garden Inc invites you to our

‘Tree Planting’

December 11th, 2pm on site at the garden

(Union St Kilmore, near the Anglican church)

Help us thank our sponsors and celebrate achievements to date!

Raffle and Plant sale on the day!

Come along and meet some of our members, bring a picnic and have lunch in the garden! Or join us from 12.30pm for our Working Bee. Plant sales/raffle from 12.30pm

Bringing Our Community Together



*****Please note: Proof of full vaccination will be required on the day.***