

#### **Kilmore Primary School**

Principal: Mr Neil O'Sullivan

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**NEWSLETTER** 

Friday, 9 December 2022

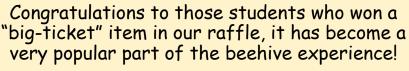
## **Grade 6 Swimming Program**



#### Buzz from the Bee Hive!!!!

What an incredible end of the year Bee Hive!!

Our biggest yet!!



Thank you to all the parents who have kindly donated to the hive over the year.

Lastly, a very big thank you goes out to all the staff who put their time and effort to making this such an exciting, fun and rewarding program for our students.



The Wellbeing Team.







#### Thanks and Gratitude - A Team Effort

I would like to extend my thanks and gratitude to all of our staff and parent helpers who are engaging in such valuable work for our students at such a busy time of year. Our swimming program has continued to be a huge success this week and we have had outstanding feedback from the Kilmore Leisure Centre on the behaviour of our students and the supportive approach of our staff. Our library refurbishment work was completed this week and the space has been transformed thanks to the efforts of staff and parents. As I mention later, our vegie garden has also been transformed over the last few weeks. I would like to thank everyone involved for their effort and enthusiasm in making great things happen for our students.

#### **OSHC at KPS**

Today I notified the community that our School Council had selected the TeamKids company to run the KPS OSHC program. TeamKids are considered an industry leader in the sector and they are excited to start working in partnership with us in 2023. Over the next week, TeamKids will be hosting onsite and virtual events to get to know our community and connect with our parents. Further information about these events will be forwarded at the start of next week.

#### **Staffing Model 2023**

Our teaching teams for 2023 are listed below and as you will see from the list, we have a fabulous staff team at KPS. As most people would be aware, there is an acute teacher shortage across our nation at the moment however KPS will start 2023 with a great blend of youth and experience.

Foundation: Gemma Grimmond, Mitchell Hore and Erin McCredden

Grade 1: Adriana MacCaskell, Chelsea McGrath, Kerry Trawn and Shannan Harris

Grade 2: Tracy Hecker, Frith Hunt, Nicole Bassett / Shelley Bertolini

Grade 3: Lisa Veitch, Sarah Keunen and Tegan McKee

Grade 3 / 4: Samantha Scalpello

**Grade 4:** James Farrell, Tenille Rowe, Genta Marshall and Anna Sloane

**Grade 5:** Kayla Melling, Luke Baniowski and Jessica Bellingham

**Grade 6:** Andrea Evans, Fiona Johnson ad Jacque Ockenden.

Mental Health and Wellbeing Leader / PLC Link Leader: Caitlin Pappin

Learning Specialist Literacy: Emma White

Learning Specialist Numeracy: Michelle Vilinskis

Specialist Team: PE = Jacqui Nelson; Visual Arts = Caitlin Fandrich (Term 1), Fiona Dixon and Andrea Lewis; STEM = Liz

Magdato; Performing Arts = Catherine Brennan

Unlike most schools, we have had extremely strong staff retention and we have also been able to attract high quality staff from other settings. We have a fabulous team in place to begin 2023.

#### Grade 5/6 Camp 2023: Great News!

KPS has been successful in having all of the costs of our 2023 Grade 5/6 Camp covered by the Victorian Government's Positive Start Program. As a result, the three-day camp at Camp Rumbug (from February 27th to March 1st) will be entirely cost free for families.

This is an amazing opportunity for our students and families given the cost-of-living pressures that all families are experiencing.

#### **Library Refurbishment**

The library refurbishment is complete and looks amazing. It gives us a great sense of school pride and provides a fabulous gathering hub for our school community. We are looking forward to seeing this space used for a broad range of student and community uses over the years ahead.

#### **Vegie Garden Overhaul**

Our Wellbeing Worker, Merryn, has been working with an extensive band of helpers every recess and lunch on the overhaul of our vegie garden. The results are amazing and it is truly a fabulous space for our children. In 2023, we will be expanding our gardening program significantly as part of our student wellbeing program.

#### **End of Year Events**

As the end of the year draws near, our school calendar becomes extremely full. Next week is yet another busy and exciting week for our school with the following events take place: Transition Day, Grade 6 Graduation, KPS Bee Ticket Bonanza and our Grade 6 excursion. On Monday, December 19<sup>th</sup> we will be holding our school concert onsite from 6pm-7.30pm. All in all, it is a "fast and furious" way to finish off a great year.

All the best,

Neil O'Sullivan Principal



#### **Mobile Phones**



At the beginning of 2020 the Victorian State Government brought in a new mobile phone policy for students at all government schools.

This policy requires all students to turn off their mobile phones and have them stored in a secure place provided by the school.

We have, in the office for this purpose, a secure locked mobile phone cabinet (as pictured).

Please remind your child (if they do carry a mobile phone with them to school) that they must hand it in to the office each morning and that they are not to have it in the classroom.





#### **December**

Wednesday 14th Grade 6 Graduation Ceremony and Dinner

Thursday 15th Grade 6 Funfields Excursion F-5 Bonanza Day

—Jumping Castle in the Stadium (no cost)

Monday 19th

Christmas Concert and Amazing Christmas Raffle draw

Tuesday 20th

Last day of term for students—1.30pm dismissal

#### **HAPPY BIRTHDAY**

Birthday wishes to the following students who are celebrating their birthdays over the coming week:

Archite Gould, Charlotte Littlewood,

Lanah Lang, Sienna Schembri, Shae Zeinert, Ruby Ingram, Madeleine Knight and Hayley Delaney.



If any of your personal details change such as address, email, phone numbers, emergency contacts etc. it is important to contact the office as soon

#### **Drink Bottles**

Reminder all students need to bring a drink bottle to school.



#### Grade 6 Jacket and Polo Orders



2nd Round Orders Are Due 10th February for 2023. Please place your order and payment directly with All Things Uniform in



#### **Facebook**





#### 2023 Book List/Stationery Packs—Please check your emails

Families have been emailed a link via Compass for ordering 2023 Book Lists. Please remember to order for your child's 2023 class. The email incudes our future Foundation students for 2023.

You can also view the booklist/stationery packs on our Kilmore Primary School website: <a href="https://www.kilmoreps.vic.gov.au">https://www.kilmoreps.vic.gov.au</a>

Go to Parents tab—2023 Stationery Packs and select the year level for 2023.

#### Hi, I'm Tilly from 5S!

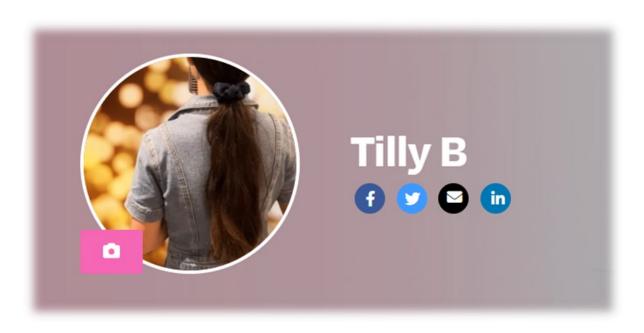
I have been growing my hair for the last 18 months to donate and raise funds to help kids with cancer in Australia. A wig helps kids to feel like themselves again and improve their confidence and self-esteem as they undergo treatment.

Please donate to my Wigs 4 Kids fundraiser, and share with your family and friends. Your KIND donation, no matter how big or small, will allow Kids with Cancer Foundation to continue their support and help relieve the financial burden to families with children undergoing cancer treatment.

**TOGETHER** we can make a difference to other kids!

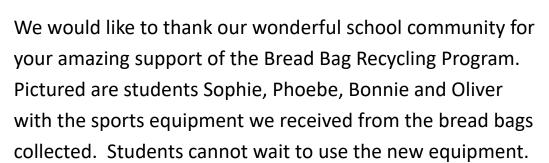
https://fundraise.kidswithcancer.org.au/fundraisers/tillyb/wigs-4-kids





#### **SAT News**









## STUDENT BEFORE SCHOOL DROP OFF AND AFTER SCHOOL PICK UP

Reminder for parents and guardians to enter and leave through their designated gate when dropping off or collecting your child/children before or after school.

Please do not use the office as a throughfare, only enter for business purposes only.



# LIBRARY NEWS!



## **IMPORTANT!**

# PLEASE RETURN ALL LIBRARY BOOKS NOW!

Dear Families,

Its that time of year when we ask that ALL library books be returned to the school in preparation for our end of year stocktake! I will be issuing overdue notices next week so please have a good look around your home and in your child's belongings for any books that belong to the library to avoid receiving a notice. Please do not hesitate to contact me if you have any concerns or questions:

elizabeth.simner@education.vic.gov.au. Thank you! Liz – your Library Technician







# There's no need to be without books over the holidays!

Your local library will be open throughout the holidays and is even open on weekends! Joining the library is free and will give you access to resources across the entire state of Victoria. You can borrow books, magazines, DVD's plus more! There is also online access to e-books and magazines. The library has computers and printing services as well as running a variety of activities throughout the year. Its definitely worth a look!

TOP TIP: if you feel like going farther afield, the Craigieburn library is a wonderful space to explore with an even wider range of resources and plenty of spaceS to stretch out for the whole family!



#### Create your own Dream Car and you could win!

#### The 16th Toyota Dream Car Art Contest is now open. Enter your class for a chance to win great prizes!

- Official entry form and terms and conditions are available at toyota.com.au/dreamcar. Make sure to check the appropriate age category for your pupils.
- For free teaching resources including lesson plans and tips on how to enter your class into the Toyota Dream Car Art Contest, visit coolaustralia.org.
- Entries must be hand drawn or painted on a sheet of paper no larger than A3. Digitally created entries are not eligible. You can download a personalised drawing template for your class from toyota.com.au/dreamcar.
- 4. This year the Dream Car Competition is accepting entries online, so there is no need to package and post your class entries. Head to dreamcarentry.com.au and follow the bulk upload process.
- 5. Make sure that each entry to the competition has been approved by a parent or guardian.

#### Plus, your school could win a \$2,500 VISA Gift Card!

The child who wins first prize in the competition will win a \$2,500 VISA Gift Card for their school and another \$2,500 VISA Gift Card for themselves. There are also eight \$275 VISA Gift Cards to be won spread across three age groups - Under 8, 8-11 and 12 -15.

Entries submitted before 12th December 2022 will automatically be entered into the early bird prizing competition with a chance to win one of  $5 \times 100$  VISA Gift Cards.



#### OH WHAT A FEELING

Entry Terms and Conditions can be found at toyota.com.au/dnamcar-tarms-conditions. Privacy collection statement is available in the Entry Terms and Conditions.

DO NOT
PARK IN
OR BLOCK
DRIVEWAY
AT
ANYTIME

# PLEASE DO NOT BLOCK DRIVEWAY THANK YOU



# We need your HELP!

KPS Family and Friends are reaching out for your assistance with donations for our AMAZING CHRISTMAS RAFFLE!

Suggested items - Chocolates, Christmas decorations, wrapping paper, baking goods, candles, toys, mugs, chips etc.

Donations can be dropped at the school office or the Canteen drop boxes.

Raffle tickets sales will be announced shortly!

Raffle drawn at our end of year celebration evening

Monday 19<sup>th</sup> December.

Any questions please contact Jodie 0433271301





We have 2 Disability reserved spaces at the front of the office on Sutherland Street and two reserved spaces on Lancefield Road.

If you do not hold a valid permit please DO NOT PARK in these spaces.

#### COLLECTING YOUR CHILD FROM SCHOOL EARLY

We would like to make families aware of our pick up procedures for collecting students early.

Staff can only arrange for children to come to the office once a parent/guardian arrives at the office.

Children cannot be waiting for parent/guardians in the office prior to your arrival.

Please allow an extra 5 to 10 minutes prior to needing to depart the school.

Please also be mindful that it is difficult for children to hear announcements whilst out in the playground enjoying themselves, should you need to collect them during break times it may take us quite a bit longer.



Get active in a fun & friendly team environment, develop skills & friendships that last a lifetime and become a strong, confident performer

CONTACT US FOR TWO FREE TRIAL CLASSES HIDDEN VALLEY CALISTHENIC TEAM IN 2023

- www.hvct2023.com.au
- hvct2023@gmail.com 00
- Wallan Multi Purpose Centre





- Nvct2023@gmail.com
- ₩ www.hvct2023.com.au
- Www.facebook.com/hvct2023
- @hiddenvalleycalisthenics 0







#### Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

#### **Managing Your Mental Health Online**





#### Digital Mental Health Gateway

Head to Health

#### Head to Health

online and phone mental health services. headtohealth.gov.au

#### Phone and Online Counselling



#### Lifeline 13 11 14

chat available each evening.



National 24/7 professional telephone & online counselling for anyone affected by suicide.

Beyond Blue Support Service 1300 22 4636 and moderated forums.



seeking help for domestic violence situations.



families and relationship concerns.



#### QLife 1800 184 527

bisexual, transgender and intersex (LGBTI) people.



support groups for eating disorders.



#### Open Arms 1800 011 046

Phone and online counselling for veterans and



#### SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



#### FriendLine 1800 424 287

conversation" with trained volunteers.

#### Young People



24/7 phone and online counselling for youth (5-25yrs).



toolkit for all things related to mental, social and emotional wellbeing



#### eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



help youth get through everything from everyday issues to tough times.



Black Dog

#### The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

#### **Programs**



#### MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults

#### THIS WAY UP



A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Free online programs for a range of issues, with self-guided or therapist support options.



#### MvCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



#### e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.





An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



#### ParentWorks 4 8 1

Online program for parents and caregivers providing evidence-based parenting strategies.



#### Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

#### Apps



A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



#### Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



#### Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



A free app and online tool that helps users create a safety plan for when experiencing suicidal

#### Aboriginal and Torres Strait Islanders



Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



A social and emotional wellbeing self-help app for young Aboriginal and Torres Striat Islander Australians aged 15 years and older.













#### A website that links Australians to free or low-cost

24/7 phone counselling, and online crisis support

### Suicide Call Back Service 1300 659 467

Telephone (24/7), online and email counselling,

#### 1800RESPECT 1800 737 732

24/7 phone & online counselling for people

#### MensLine Australia 1300 78 99 78

Advice, therapy and support for men with

Online chat or phone counselling for lesbian, gay,

#### Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online

A national support line "ready for a cuppa and a

#### Kids Helpline 1800 55 1800

A free app for youth designed as a self-help

Practical tools, support and moderated forums to









# SCOUT CHRISTMAS TREES!



Christmas Trees available for pick up or delivered directly to your home!

Kilmore Scouts are having our annual fundraiser.

Order you Christmas Tree online

www.trybooking.com/CDIYO or visit

www.1stkilmorescoutgroup.com.au

Scan here to buy!





FOOD TRUCKS: 5PM

PRE SHOW ENTERTAINMENT: 6:30PM

MITCHELL SHIRE COUNCIL

IN PARTNERSHIP WITH BGGROUPAU PRESENTS

CAROLS: 7PM





#### **FREE ENTRY**

SATURDAY 17 DEC HUDSON PARK KILMORE





#### Mitchell Shire Library Service.

#### Join. Borrow. Read. Win!

If you are aged 0-18, join the BIG Summer Read for your chance to WIN!

All you need to do is read and log ten books using the Beanstack app.

The competition starts on 1 December 2022 and closes on 31 January 2023.

Pop into any Mitchell Shire Library branch from the 1st of December to pick up a FREE Summer Read calico bag with fun activities and goodies inside.

Registrations are open now online at https://plv.beanstack.org/reader365

Scan the QR code to register or you can pick up a reading log from Thursday 1 December at any Mitchell Shire Library branch.

Greater Beveridge Community

Centre Corner Lithgow Street and Mandalay Circuit, Beveridge

Broadford Customer and Library Service Centre, 113 High Street, Broadford

Kilmore Customer and Library Service Centre 12 Sydney Street, Kilmore

Seymour Customer and Library Service Centre 125 Anzac Avenue, Seymour

Wallan Customer and Library Service Centre Wellington Square Shopping Centre 12/81 High Street, Wallan

#### MITCHELL SHIRE COUNCIL

# FREE SWIM PASS AND SNACKS!

**FOR YOU AND YOUR FRIENDS!** 

Mitchell Youth Services are giving away free passes for 12-24 year olds who live, socialise or study in Mitchell Shire

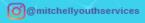
You and three friends will receive entry into a Mitchell Leisure Services pool as well as snacks and a drink - all for FREE!



Interested? Pop your name in the draw to win here!

tiny.cc/freeswimpassandsnacks







- t: (03) 5734 6451
- e: libraries@mitchellshire.vic.gov.au w: libraries.mitchellshire.vic.gov.au







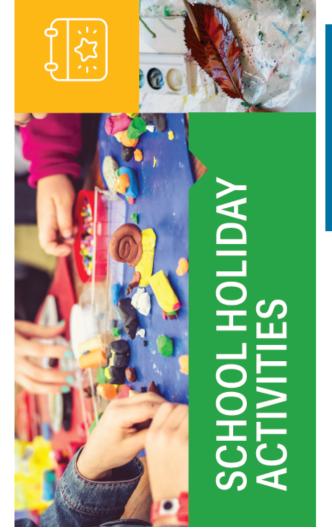












Library programs running on selected dates below require bookings due to limited places.

There will be free to access activities at each Library with no bookings required

throughout the January school holiday period.

Arts and craft tables

Board games

**Mitchell Shire School Holiday Programs** 

Clay creations 2pm - 3.30pm

Young Yogis

Make your own foosball game

Nature painting 2pm - 3.30pm

Make your own

suncatcher

ibraries

2pm - 3.30pm

and craft

Kilmore

Beveridge

2pm - 3.30pm

2pm - 3.30pm

Broadford

Friday 13 January

Thursday 12

Vednesday 11

Tuesday 10

Monday 9 January

10am - 2pm

10am - 2pm

5am - 9pm

6am – 9pm

6am – 9pm

Centres

Friday 20

Thursday 19

Vednesday 18

Tuesday 17

Monday 16 January Kilmore

January

# the kids entertained these There's plenty of options in Mitchell Shire to keep school holidays.

Join us for some fun summer school holiday access activities at each Library between 2pm activities in Beveridge, Broadford, Kilmore, Seymour and Wallan. There will be free to and 3.30pm but booking is essential.

- Thursday 12 and Wednesday 18 January Ages 9-12 session: 2.45pm - 3.30pm Young Yogis sessions - Beveridge Ages 6-8 session: 2pm - 2.30pm
  - Clay Creations Broadford
- Nature Painting and Craft Seymour Friday 13 and Tuesday 17 January
- Make Your own Suncatchers Wallan Tuesday 10 and Friday 20 January
- Make your own foosball game Kilmore Monday 9 and Thursay 19 January
- Wednesday 11 and Monday 16 January

# Service

**Greater Beveridge Community Centre** Corner Lithgow Street and Mandalay

**Broadford Customer and Library** 113 High Street, Broadford Service Centre

Kilmore Customer and Library 12 Sydney Street, Kilmore Service Centre

125 Anzac Avenue, Seymour Service Centre

# Mitchell Shire Library

Circuit, Beveridge

Nature painting

Make your own

foung Yogis

session

Clay creations 2pm - 3.30pm

Make your own foosball game

ibraries

2pm - 3.30pm

Broadford

Beveridge

suncatcher

and craft Seymour January

2pm - 3.30pm

2pm - 3.30pm

2pm – 3.30pm

6am - 7.30pm

6am – 9pm

5am - 9pm

6am – 9pm

6am - 9pm

Centres

Open

Open

Open

Games day at

Games day at Youth Room 12pm - 2pm

Services

Youth

Seymour

Wallan

Youth Room

12pm - 2pm

Open

Seymour Customer and Library

Wellington Square Shopping Centre, Wallan Customer and Library 2/81 High Street, Wallan





For more details and event bookings visit www.mitchellshire.vic.gov.au

5734 6451 Libraries

Leisure Centres







t. (03) 5734 6451 e. libraries@mitchellshire.vic.gov.au www.libraries.mitchellshire.vic.gov.au









Youth Services

5734 6200

# GAMES DAY AT YOUTH ROOMS!



Looking for something to do over the Summer School Holidays?

If you're a young person aged 12-18 bring your friends and challenge our staff to a board game of your choice. Snacks provided. Cost: FREE

#### When and Where:

Tuesday 17 January, 12-2 pm - Seymour Youth Room Front Room of Seymour Sports and Aquatic Centre, Chittick Park, Pollard Street, Seymour

Wednesday 18 January, 12-2pm - Wallan Youth Room 42 Bentinck Street, Wallan

Tuesday 24 January, 12-2pm - Broadford Youth Room 152 High Street, Broadford

Wednesday 25 January, 12-2pm - Greater Beverige Community Centre

Cnr Lithgow St and, Mandalay Cct, Beverige



DEC







Check out tiny.cc/gamesdayatyouthrooms For more info!





Popping up in Wallan

HADFIELD PARK 5 JAN - 7 JAN

#### **Featuring**

bean beds, popcorn, snacks and a bar GATES OPEN AT 7:30PM



Tickets are limited and bookings essential **Cinemapopup.com.au** 

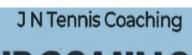












### EVENTS

Check Out Our Upcoming Events for the end of year! Limited spots available so book your spot now!

#### FUN TIME PROGRAM 9am-3pm daily

Sporting activities

All types of sports activities Board Games

Arts and Crafts

All equipment provided

B.Y.O Lunch/Water bottle

food allergies/Intolorances when you book)

Cost \$100 for the 2 days

or S50 per day

Where Hidden Valley Resort (undercover if raining)

For more information or to book

#### January Dates for JN Tennis Coaching

Tuesday — 10 January

Wednesday — 11 January

Thursday —12 January

Monday — 16 January

Tuesday — 17 January

Wednesday — 18 January

