

# Kilmore Primary School

Principal: Mr Neil O'Sullivan

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253 P 03 5782 1268 F 03 5782 1553 E kilmore.ps@education.vic.gov.au W www.kilmoreps.vic.edu.au

**NEWSLETTER** 

Friday, 8th December 2023

# Swimming 2F, H and P





We hereby express our respect for the Taungurung people, who are the Traditional Owners of the land on which we are based.

# LIBRARY NEWS!





# ALL LIBRARY BOOKS Please

It's that time of year when we request that all school resources are returned to the school. If your child/ren have books at home that belong to the library can you please ensure they are returned as soon as possible, please. Books can be placed in the returns chute any time before, during or after the school day. Overdue notices will be issued the week after so to avoid receiving a notice, please have books returned by 7<sup>th</sup> December. Thank you!

If you have any questions that you think I may be of help,

please email me at: elizabeth.simner@education.vic.g ov.au

Happy reading! Liz 😊







### Thanks and Gratitude - Ms. Dixon

At the end of the school year, our Art teacher Ms. Dixon, will be retiring from teaching. I would like to thank Ms. Dixon for bringing the magic of art to so many students at KPS and we will certainly miss her colourful and creative corridor displays which have been a feature of KPS. I would also like to acknowledge how passionate Ms. Dixon has been about giving our students the opportunity to display their work in the community and participate in community competitions and exhibitions. Ms. Dixon's artistic scarecrows were truly exceptional and she won many prizes at local shows. After 14 years of service at KPS, I would like to wish Ms. Dixon the very best with her next steps and thank her for her incredible contribution to the KPS art program and broader school life.

### **End of Term Events**

The end of Term 4 is always an exceptionally busy time in schools and over the next two weeks our staff and students will be involved in many end of year activities and transitioning into their new roles for 2024. To help everyone track of what is going on at KPS, we have emailed an end of year communication to families which provides details on the major events which will take place over the next two weeks.

### **Staffing Update: 2024 Teaching Teams**

I am excited to announce our teaching teams for 2024. As you will see from the list below, we have an exceptional team of highly skilled and motivated teachers working at KPS in 2024.

Foundation: Erin McCredden (PLC Leader), Jessie Brizzio and Chas Staub

Grade 1: Adriana MacCaskell (PLC Leader), Fiona Jacobs and Erin Spencer

Grade 2 Chelsea McGrath (PLC Leader), Shannon Harris and Linda Pellis

Grade 3 Lisa Veitch (PLC Leader), Sarah Keunen and Tegan McKee

Grade 4 Anna Sloane (PLC Leader), Liz Magdato and Genta Marshall

Grade 5 James Farrell (PLC Leader), Tracy Hecker, Caitlin Fandrich/Tenille Rowe & Fiona Johnson

Grade 6 Kayla Melling (PLC Leader), Jess Bellingham & Jacque Ockenden / Michelle Vilinskis

**Specialist Team** Jacque Nelson (PLC Leader) -PE; Cat Brennan (Performing Arts); Andrea Lewis – Art; Inquiry – Lauren Meath

Classroom Support Teacher: Frith Hunt

**Nurture Room** Sam Scalpello

Literacy Tutors: Kerry Trawn and Jess Booth

I would also like to acknowledge two of our valued teachers who will be working at other schools in 2024. Ms. Gemma Grimmond will be working at Wangaratta West Primary School in 2024 and Mr. Mitchell Hore will be working at Whitehills Primary School in Bendigo. I would like to thank them both for their valued contribution to KPS and acknowledge what wonderful presences they have been in our Junior School in their time at KPS.

All the best,

Neil O'Sullivan Principal





### December

Tuesday 12th

Grade 6 Graduation Bear order and payment due

The Last Breakfast Club for 2023 - 8.15am to 8.40am

STATEWIDE TRANSITION DAY

Wednesday 13th

Grade 6 Graduation and Celebratory Dinner

Thursday 14th

Swimming Carnival—Bindjulung V Balam Balam

Friday 15th

Grade 6 End of Year Funfields Excursion

Monday 18th

Swimming Carnival—Guwiyap V Ngarrart

KPS Christmas Raffle, last day for donations —refer page 6

Tuesday 19th

**Christmas Concert** 

Wednesday 20th

Last day of School Year—1.30 PM finish

### January 2024

Wednesday 31st

First day of Term 1

### **February**

Thursday 15th - 2nd Round Orders Due for 2024 Grade 6 Jacket & Polo orders (refer page 8)

# **Facebook**



As Facebook is not always monitored by staff, please direct anyquestions/queries/concerns to the school directly via

kilmore.ps@education.vic.gov.au or by calling the office on 5782 1268.

## **HAPPY BIRTHDAY**

Birthday wishes to the following students who celebrate next week:



Poppy Williams, Elaina Gerard,

Tianna Earp, Jayden Arico, Harry Williams, Jada Ward, Archie Gould, William Riddle, Chlarlotte Littlewood, Tai Ferguson, Lanah Lang, Ruby Ingram, Shae Zeinert, Sienna Schembri and Madeline Knight.



If any of your personal details change such as address, email, phone numbers, emergency contacts etc. it is important to contact the office as soon as possible to update our records.

### SICK BAY LINEN ROSTER

December

8th Jackie Knight 15th Nicole Peter 20th Susan Moore





### **Late Arrivals**

If your child arrives after 8.50am please ensure they go to the office to **be signed in.** 

If they are not signed in you will receive an SMS stating that your child is away.





### 2024 Book List/Stationery Packs—Please check your emails

Families have been emailed a link via Compass for ordering 2024 Book Lists. Please remember to order for your child's 2024 class. The email incudes our future Foundation students for 2024.

You can also view the booklist/stationery packs on our Kilmore Primary School website: https://www.kilmoreps.vic.gov.au

Go to Parents tab—2024 Stationery Packs and select the year level for 2024.





# KPS CHRISTMAS RAFFLE



Any <u>**DONATIONS**</u> people would like to give to go into the Raffle prizes can be given to the office before the Concert day on Tuesday 19th December (this is when the Raffles Prizes will be drawn)

# Tickets can be purchased on the night of the Concert (We will have a table set up near stadium)

For purchases before the concert you can buy from Liz before or afterschool in the library on the following dates:

Wednesday 29th Nov Monday 4th December Wednesday 6th December Friday 8th December Friday 15th December

KPS has been donated 2 large portable basketball rings! These will be 1<sup>st</sup> and 2<sup>nd</sup> Prize in the Raffle along with some smaller prizes also



# Kilmore Primary School

# Be KIND Be PROUD Be SAFE

# **Student Awards**

At Kilmore Primary School, we are always working on modelling our school values of Kind, Proud and Safe. As a whole school, we explicitly teach and then give our students opportunities to display these values within and beyond the classroom doors.

The students listed below will be recognised for showing our school values at our assembly today.

The stoderns listed below will be recognised for showing our school values at our assembly roday.		
Foundation G — Eric Oates Mackenzie Cremona	Grade 2H — Thomas Russell Billy Maxey Seth	Grade 4S — Rydah Bentley
Foundation H — Parker Marks Willow Burrows	Grade 2P — McKenna Peatling-Meehan	Grade 5B — Marcus Montagnese Grace Glavas-Musgrave
Foundation M — Jaxon Thomas Sierra Suturkovski Adama Muhammad Nagoggo	Grade 3K — Hunter MaCrae Manvi Singh	Grade 5J — Emma Delaney Abby Watts
Grade 1A — Lucy Pace	Grade 3M — Ashlea Lang	Grade 5M — Phoenix Burrowes Xavier Tabone
Grade 1H — Jhett Crani IH	Grade 3V — Olivia Watts	Grade 6J — Ashleigh Davon Tamira Krollig Molly Lazarus
Grade 1M — Levi Potter IM	Grade 3/4S — Dylan Stoneman	Grade 60 — Joss Huffer
Grade 1T — Elly Pankhurst Maddie Knight	Grade 4F —	Grade 6V — Easton Yates Jess Baker
Grade 2B — Caleb Buggy	Grade 4M — Evan McKee Madeline Downie	STEM —
Grade 2F — Calais Klemm Seth Leahy Mason Young	Grade 4R — Lyriq Maa	Performing Arts — Sienna Bernardi IH
	Art —	PE — 4F/4S

# Grade 6 Jacket and **Polo Ordering**

Families of Grade 5 students will have been emailed via Compass an order form for 2024 Grade 6 Jacket and Polo's.

First round orders have closed. Second round orders are now due 15 February 2024 for delivery to KPS before end of term 1 in 2024.

(All orders and payments must be placed directly with All Things Uniform).

Please contact the office on 5782 1268 if you require any assistance in locating your order form in Compass.

### REMINDER TO WEAR YOUR HAT

All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. Basketball or peak caps are not considered a suitable alternative.

Please note the school does not sell hats. You can purchase your hat from All Things Uniform, Broadford.





### **Drink Bottles**

Reminder all students need to bring a drink bottle to school.



# **OUR CANTEEN IS ONLINE WITH**

**Sflexischools** 

With Flexischools, you can quickly place school orders online through the Flexischools app, which has a 4.8-star **App Store rating!** 





See up-to-date menus and items

Download the app, create your account and

Download the app &



# **KPS Canteen News**



Please see next page on how to set up and register with Flexischools and place your canteen orders.

# HOW TO REGISTER WITH Sflexischools

- Download the Flexischools app and select "Register".
- Type in your email and submit to create an account.
- Go to your inbox and click the link to verify your email (remember to check your junk).
- Follow the registration process, creating a password and adding your personal details.
- 5 Add your student under "<u>Profile</u>" and start ordering online!



**Download Flexischools app** 



### CERTIFICATE OF APPRECIATION

Presented to

### **Kilmore Primary School**

In recognition of your support for the Poppy Appeal





# **HOW TO PLACE A CANTEEN ORDER**



- Click "Order food" at the top of the home page on your app.
- Select the child you want to order for, then the date you wish to receive your order on.
- Choose the food items you wish to purchase, then select "Confirm Order".
- 4 Choose your desired payment option.
- Press "Place Order" to confirm your purchase.

ENJOY!



**Download Flexischools app** 

# **Connecting With Kimberly**



### **Redfin**

On Wednesday, Richie and Ms. Pappin ventured to Hanging Rock with our grade 5 REDFIN participants for our final REDFIN session. REDFIN is a fishing themed small group program that focuses on self-esteem, communication and strengthening our relationships with others. The students reflected on the day being the best day that they have had and an opportunity to reflect on what we have been working on as a group. Within 20 minutes, Seth W was even able to catch a REDFIN! (which was put back into the water). We have had another wonderful year of group programs and wellbeing interventions, and we look forward to adding additional program opportunities in 2024!



# **Connecting With Kimberly**







Best, Kimberly Batsas-Hill Social Worker -Primary Welfare Officer The following services are available outside of school hours. \*In the event of an emergency please call 000\*

### Kids Helpline



Ph: 1800 551 800

https:// kidshelpline.com.au/

### Safe Steps



Sexual assault, domestic and family violence

Ph: 1800 015 188 https:// www.safesteps.org.au/

### **Parentline**



Ph: 13 22 89

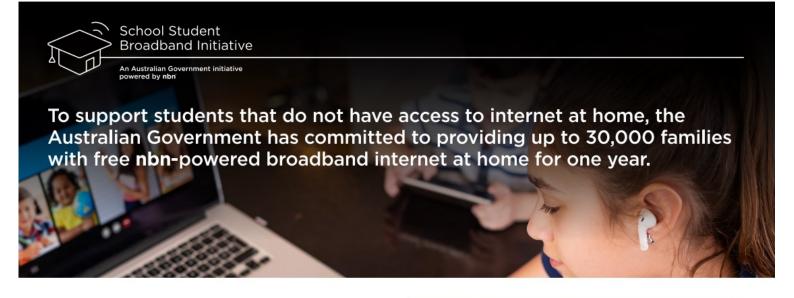
https:// parentline.com.au/

### Lifeline



Ph: 13 11 14

https:// www.lifeline.org.au/



### You may be eligible for the School Student Broadband initiative (SSBI) if you:

Have a school-aged child

Have no active **nbn** connection or have not disconnected in the last 14 days

Live in a premise that is serviced by the **nbn** 



Scan the QR for more information.

### To check your eligibility:

- Contact the National Referral Centre on 1800 954 610 (Mon-Fri, 10am-6pm AEDT)
- www.anglicarevic.org.au/student-internet

Callback and webchat functions are also available via the website.



Translating and Interpreting Services are available.



An Australian Government initiative powered by nbn'

To support students that do not have access to internet at home, the Australian Government has committed to providing up to 30,000 families with free nbn-powered broadband internet at home for one year.

### You may be eligible for the School Student Broadband initiative (SSBI) if you:

Have a school-aged child

Have no active **nbn** connection or have not disconnected in the last 14 days

Live in a premise that is serviced by the **nbn** network.



Scan the QR for more information.

### To check your eligibility:

- Contact the National Referral Centre on 1800 954 610 (Mon-Fri, 10am-6pm AEDT)
- www.anglicarevic.org.au/student-internet

Callback and webchat functions are also available via the website.



Translating and Interpreting Services are available.

Elf has been busy this week playing Twister with his friends.

They look like they were having a lot of fun.











# **Golf Scholarships for Junior Girls - Now Recruiting**

Kilmore Golf Club (KGC) has obtained funding from The Australian Golf Foundation (AGF) to support **six girls** to pursue their golf. **Scholarships are open to girls aged 9 to 16** and the program aims to retain their participation in golf by giving them a shared golf experience. Girls new to golf can also apply for the program if they demonstrate a commitment to learning the sport.

This is a terrific opportunity, the girls receive 24 coaching sessions in total, 8 sessions per term during 2024. Coaching sessions will be run by our nominated coach on Saturdays at Kilmore Golf Club in Anderson Street Kilmore.

Participants also receive a one-year junior club membership that carries playing rights, to encourage the girls to participate in club competitions and obtain a handicap. They will also be given a cap and golf shirt to wear, showing that they are part of this program.

The Scholarship program is part of a national campaign to get more girls playing golf. Along with over 160 other golf facilities across Australia, Kilmore Golf Club will be working closely with golf's national body Golf Australia throughout 2024. A total of six scholarships will be available at Kilmore Golf Club for the 2024 year.

All we ask is that applicants display a desire and willingness to improve their golf skills, obtain a handicap, play in club competitions (or at least social play) and engage in any extra-curricular activity that fosters friendships between scholarship holders.

For further information and to register your interest, please contact Bea Lay 0437 712 973 or Helen Dennett 0407 542 949. Alternatively please apply by leaving your name, email and phone number on email <a href="mailto:info@kilmoregolfclub.com.au">info@kilmoregolfclub.com.au</a> or call (03) 57821123.



# School orders - DUE NOW



# **ONLINE ORDERING AVAILABLE**



# afterpay&

Place orders prior to Christmas to avoid any supply disappointment in January

http://kps.allthingsuniform.getworkgear.com/





# Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

# **Managing Your Mental Health Online**





### Digital Mental Health Gateway

Head to Health

### Head to Health

online and phone mental health services. headtohealth.gov.au

### Phone and Online Counselling





National 24/7 professional telephone & online counselling for anyone affected by suicide.

Beyond Blue Support Service 1300 22 4636 Telephone (24/7), online and email counselling,



seeking help for domestic violence situations.



Advice, therapy and support for men with families and relationship concerns.



bisexual, transgender and intersex (LGBTI) people.



Telephone, online counselling, referral and online support groups for eating disorders.



### Open Arms 1800 011 046

Phone and online counselling for veterans and



### SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



### FriendLine 1800 424 287

conversation" with trained volunteers.

### Young People



24/7 phone and online counselling for youth (5-25yrs).



toolkit for all things related to mental, social and emotional wellbeing



### eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



help youth get through everything from everyday issues to tough times.



Black Dog

### The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



positive psychology aiming to promote wellbeing and resilience in young people.

### **Programs**



### MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults

### THIS WAY UP



A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Free online programs for a range of issues, with self-guided or therapist support options.



### MvCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



### e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.





An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



### ParentWorks 4 8 1

Online program for parents and caregivers providing evidence-based parenting strategies.



### Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

### Apps



A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



### Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



### Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



A free app and online tool that helps users create a safety plan for when experiencing suicidal

### Aboriginal and Torres Strait Islanders



Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



A social and emotional wellbeing self-help app for young Aboriginal and Torres Striat Islander Australians aged 15 years and older.











A website that links Australians to free or low-cost

Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.

Suicide Call Back Service 1300 659 467

and moderated forums.

### 1800RESPECT 1800 737 732

24/7 phone & online counselling for people

MensLine Australia 1300 78 99 78

QLife 1800 184 527 Online chat or phone counselling for lesbian, gay,

Butterfly Foundation 1800 33 4673

A national support line "ready for a cuppa and a

Kids Helpline 1800 55 1800

A free app for youth designed as a self-help

Practical tools, support and moderated forums to

Free online activities, psychoeducation and













Info / Rob - 0419 142 297

BYO CHILD, MOTORBIKE, HELMET, BOOTS & SAFETY GEAR

Proudly brought to you by the Goulburn Valley Motor Cycle Club Inc

**UNDERA-KHANA** COME & TRY DAY

ENTRY LEVEL MOTORCYCLE EVENTS THAT ARE SUNDAY 17TH DECEMBER

FUN, SAFE & EDUCATIONAL

Ages 4 - 16years

NO LICENCE NEEDED

9am - 1pm

(BBQ lunch & drinks available)

UNDERA PARK SPEEDWAY COMPLEX 1915 ECHUCA ROAD UNDERA



# Christmus Bank Christmus Christmus Carols

FOOD TRUCKS AND ACTIVITIES: 6PM
PRE SHOW ENTERTAINMENT: 7PM
CAROLS: 7:30PM



SATURDAY 16 DEC HUDSON PARK KILMORE









Kilmore Scout Market Hudson Park

Saturday November 25

Kilmore Scout Market Every 4th Saturday

### Charity Twilight Market Hudson Park

Friday December 8 4 pm - 9 pm

**Gold Coin Entry** - All Scouts profits from this event will go to Broadford Love in Action and Berry Street Charities

### 60+ Stalls

Entertainment, Seasonal Gifts, Fresh Food, Coffee produce and more.

Buskers and Carolers Wanted SMS: 0487 894 511

# ICY POLE DAYS

EVERY MONDAY &
THURSDAY
LUNCHTIME

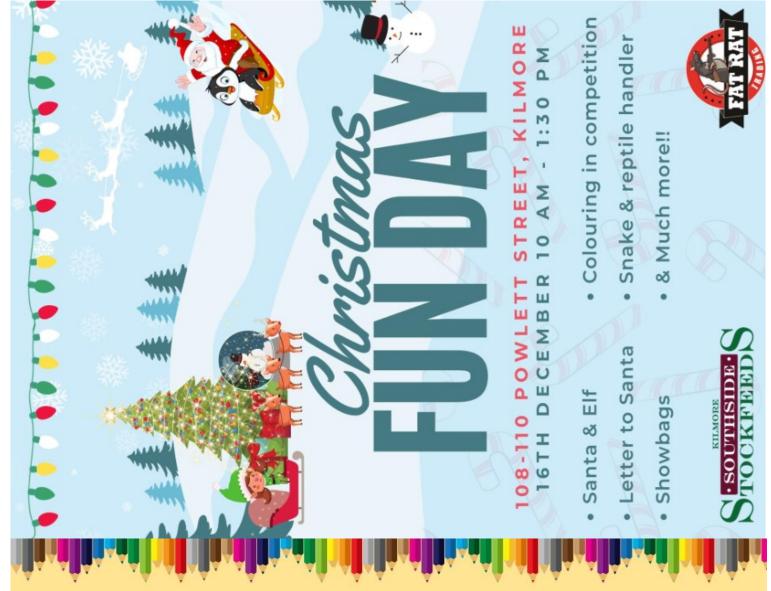


November 25 - December 16
Pickup or Delivery









# COLOURING COMPETITION

I Entry per child.

Entries close on December 16th at our Christmas Fun Day.

Winner will be drawn and contacted on December 19th.

Please leave a name and contact number on the back.

Head in to Fat Rat Trading or Southside Stockfeeds to

choose your colouring!









