

Kilmore Primary School

Principal: Mr Neil O'Sullivan

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NEWSLETTER

Friday, 16 December 2022



CLASS OF 2022







Good luck
for your
future
education

Grade 6 Graduation







End of Year Thank You

At the end of an exhausting year for everyone, I would like to thank all members of the KPS community for how well we have worked together to overcome the challenging circumstances that we have faced. Like every school across the state, in Term 3 we faced significant staffing shortages brought about by widespread illness. As the year progressed, we all became aware of the learning fitness and general stamina that had been lost during the years of remote learning. For every school, these circumstances combined to make it the hardest year of the last three. With the end of the school year in sight, however, we can be proud of how we have made it through together. I would like to thank our office staff for the unceasing support they have provided for our students, teachers and families over the last 12 months. Our Education Support staff have been a priceless asset throughout the year, providing individualised support for students when it was needed most. Over the last 12 months our teachers have continued to demonstrate a "can do" attitude despite the challenges they have faced. Our school's Leadership Team has had to wear many hats and take on many roles at short notice over the last 12 months - I would like to acknowledge their work and thank them for their commitment to our school. I would also like to acknowledge the behind the scenes work of our School Council and Family and Friends group who make such significant contributions to our school. Finally, I would like to thank all our parents and families for adopting a positive attitude throughout the challenges of the last 12 months. As we close in on the end of the school year, we can proudly say "we made it through together again!"

Grade 6 Graduation

This time of year in schools is very much a case of "beginnings and endings." On Wednesday night, our Grade 6 students celebrated the end of their primary school years. It was wonderful to see so many of our families attend this special event and the atmosphere in our stadium was truly celebratory. I would like to congratulate all of our Grade 6 students on how well they have finished off the school year and wish them the very best with the next steps in their schooling journey. My thanks and gratitude to our Grade 6 teachers for working so hard to make the event come together so well.

Transition Day

Tuesday's Transition Day was a huge success at KPS, with my highlight being the amazing way in which our new Foundation students settled into their new school. Our extended transition program throughout terms three and four has meant that next year's Foundation students will have had 12 transition experiences at KPS before commencing in 2023. The last of our transition experiences for 2023 is today' Foundation Teddy Bears' Picnic during which our new Foundation will get to meet their Grade 6 buddies. We are delighted that our new students are so well prepared for 2023.

Student Reports and 2023 Grades

Today students will bring home an envelope containing their student reflection on Semester 2 and a letter identifying their 2023 class teacher and classroom. Reports will be released on the Compass portal from 4pm onwards.

Christmas Concert

We are looking forward to seeing a large turnout for our Christmas Concert on Monday, December 19th from 6pm to 7.30pm. This event will be our first large scale coming together as a school community since 2019, so we are very excited about seeing a large gathering to help us celebrate the end of the school year and the start of the festive season.

2023 Student Leaders

At a special assembly last Friday, we announced our student leaders for 2023. As part of the handover ritual, our 2023 school leaders were congratulated by the outgoing School Captains and leaders. Our leaders for 2023 are as follows:

School Captains: Parker Schultz and Jocelyn Huffer

Vice Captains: Emma Thompson-Boyd and Abigail Mecklem

Hume Captain: Hamish Xing
Hume Vice Captain: Lily Connolly

Piper Captain: Imogen Canning **Piper Vice Captain:** Charlotte Ivory

Mitchell Captain: Samuel Anderson Mitchell Vice Captain: Chelsea Rhodes

Hudson Captain: Millicent Praag **Hudson Vice Captain:** Isla Dove

SWPBS Ambassadors: Ashleigh Davon, Matilda Bosworth, Afizah Jameel and Molly Lazarus

Student Voice Ambassadors: Keeley Parkinson and Emma Knippel

Gardening Ambassadors: Jasmine Sherwood, Madalyn Lockwood, Nevaeh Lonergan and Gio Delos Santos

I would like to congratulate all of our student leaders and wish them the very best in their roles.

Finally, as this is our last newsletter for 2022 I would like to wish everyone a peaceful Christmas with their families and I look forward to seeing everyone again in 2023.

All the best,

Neil O'Sullivan Principal

Transition Teddy Bears Picnic







December

Monday 19th

Christmas Concert and Amazing Christmas Raffle draw

Tuesday 20th

Last day of term for students—1.30pm dismissal

Sunday 25th Christmas Day

January

Tuesday 31st First day of Term 1 2023

March

Monday 13th Labour Day Public Holiday



HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthdays over the coming weeks:



Lina Gorsuch, Isla Sazegar, Ava Williams, Amaya Yates, Sophie Pike, Caleb Buggy, Aashna Rai, Kody Dodds, Emma Thompson-Boyd, William Naylor, Keeley Allingham, Jhett Orani, Holley O'Brien, Tyler Atkins, Afizah Jameel, Peter Gold, Daelyn Crute, Will Heppell, Oscar Minnitt, Zachary Ryan, Rory Wicks, Alyssa Peter, Chelsea Rhodes, Naati Iftikhar, Jaric Fitch, Wyatt Wigg, Alex Downie, Seth Kranenberg, Nathaniel Fletcher-Seales, Elliot Tillotson, Alexis Connolly, Stevie Hogarth, Parker Schultz, Mackenzie Praag, Noah Davey, Harper French, Lissy McNab, Logan Saunders, Jasper Varcoe, Hunter Johnson, Madalyn Lockwood, Zenith Toseland, Payton Schultz, Caleb Rowlands, Jade Shearer, Nancy Ware, Lachlan Johnston, Seth Walker, Jade Russell-Oakley, Vanessa Willis, Nate McMaster, Oli Fandrich, Oliver Russell, Logan Rainey, Lara Rainey, Elora Munnings, Shylah Parker and Peyton Dunlop.



If any of your personal details change such as address, email, phone numbers, emergency contacts etc. it is important to contact the office as soon as possible to update our



2023 Book List/Stationery Packs—Please check your emails

Families have been emailed a link via Compass for ordering 2023 Book Lists. Please remember to order for your child's 2023 class. The email incudes our future Foundation students for 2023.

You can also view the booklist/stationery packs on our Kilmore Primary School website: https://www.kilmoreps.vic.gov.au

Go to Parents tab—2023 Stationery Packs and select the year level for 2023.

Hi, I'm Tilly from 5S!

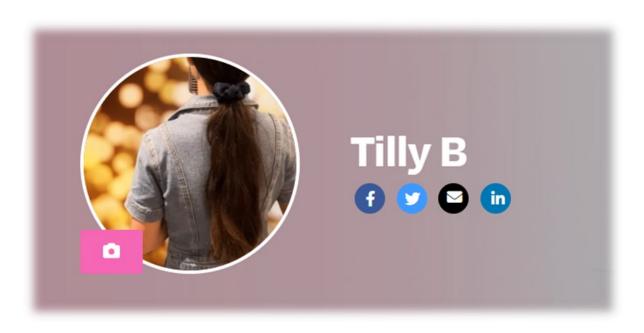
I have been growing my hair for the last 18 months to donate and raise funds to help kids with cancer in Australia. A wig helps kids to feel like themselves again and improve their confidence and self-esteem as they undergo treatment.

Please donate to my Wigs 4 Kids fundraiser, and share with your family and friends. Your KIND donation, no matter how big or small, will allow Kids with Cancer Foundation to continue their support and help relieve the financial burden to families with children undergoing cancer treatment.

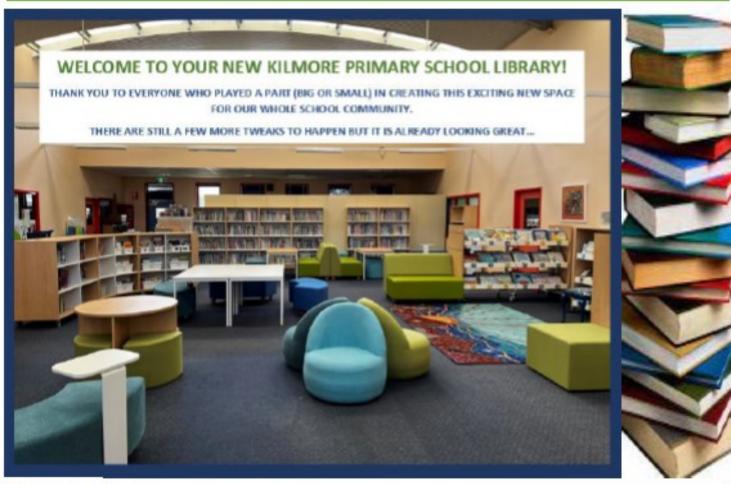
TOGETHER we can make a difference to other kids!

https://fundraise.kidswithcancer.org.au/fundraisers/tillyb/wigs-4-kids





LIBRARY NEWS!





LIBRARY NEWS!

Book Donations:

We have kindly been donated a range of books for our newly refurbished library from 123Read2Me. 123Read2Me is a charity organisation that focuses on distributing books to increase the literacy outcomes of students. In early 2023, we will also have a book-drive where students can select a couple of books to take home, to help encourage reading at home. We look forward to continuing our relationship with 123Read2Me and we are grateful for their generous donation!

Kimberly and Liz





Kilmore Primary School

Be KIND Be PROUD Be SAFE

Student Awards

At Kilmore Primary School, we are always working on modelling our school values of Kind, Proud and Safe. As a whole school, we explicitly teach and then give our students opportunities to display these values within and beyond the classroom doors.

The students listed below will be recognised for showing our school values at our final assembly today. We congratulate for this week:

we congratulate for this week.		
Foundation E — Pippa Dove	Grade 2H — Brooklyn Monaco	Grade 5F — Audrey McClinton
Foundation G — FG	Grade 2M — Ameena Muhammad-Nagoggo	Grade 5M — Caleb Rowlands
Foundation M — Japneer Kaur Sandhu	Grade 2P — Remy Donnelly	Grade 5S —
Foundation S — FS	Grade 3D — Makayla Philippe Landon Stuart	Grade 6B — Holley O'Brien
Grade 1H — Tianna Earp IH	Grade 3K — Frankie Dove Emelie Sazagar Payton Schultz	Grade 6E — Meisha Tate
Grade 1M —Thomas Russell	Grade 3R — Jase Kneebone	Grade 6J — Brianna Recinos
Grade 1N — Shahmeer Khan	Grade 4J — Jordan Singh	Specialist F-2 — Porsha Goodwin FG Alex Downie 1M Tian Harris 2M
Grade 1T — Pheonix Cole Daltyn McKay	Grade 4S — Emma Delaney	Specialist 3-6 — Kaleb Brebner 3D Lucas Brand 4S Matilda Bosworth 5S Gabby Clayton 6E
Grade 2F —	Grade 4V — Indie Dennis	

LIBRARY NEWS!



IMPORTANT!

PLEASE RETURN ALL LIBRARY BOOKS NOW!

Dear Families,

Its that time of year when we ask that ALL library books be returned to the school in preparation for our end of year stocktake! I will be issuing overdue notices next week so please have a good look around your home and in your child's belongings for any books that belong to the library to avoid receiving a notice. Please do not hesitate to contact me if you have any concerns or questions:

elizabeth.simner@education.vic.gov.au. Thank you! Liz – your Library Technician







There's no need to be without books over the holidays!

Your local library will be open throughout the holidays and is even open on weekends! Joining the library is free and will give you access to resources across the entire state of Victoria. You can borrow books, magazines, DVD's plus more! There is also online access to e-books and magazines. The library has computers and printing services as well as running a variety of activities throughout the year. Its definitely worth a look!

TOP TIP: if you feel like going farther afield, the Craigieburn library is a wonderful space to explore with an even wider range of resources and plenty of spaceS to stretch out for the whole family!

Connecting With Kimberly

Christmas Hampers

Thank you to everyone who donated supplies to support our Christmas Hampers initiative, including an anonymous donor who supplied over \$500 worth of toys! We have been able to give out 18 Christmas hampers to school families. We are grateful to be able to continue supporting our families

in a range of different ways.





Veggie Garden

Many of you may have noticed Mez and our gardening ambassadors working tirelessly in our veggie garden. Rejuvenating our veggie garden has been an important project for the wellbeing team this term and we were successful in obtaining a Junior Landcare Grant to support this. We look forward to the veggie garden being a sustainable area of our school and we have more initiatives planned next year to continue to foster a school environment that supports our wellbeing needs.





The following services are available outside of school hours.

In the event of an emergency please call 000

Kids Helpline



Ph: 1800 551 800

https://
kidshelpline.com.au/

Safe Steps



Sexual assault, domestic and family violence

Ph: 1800 015 188 <u>https://</u> www.safesteps.org.au/

Parentline



Ph: 13 22 89

https:// parentline.com.au/

Lifeline



Ph: 13 11 14

https:// www.lifeline.org.au/



Kimberly.batsas-hill@education.vic.gov.au

Or 5782 1268 for any student and family wellbeing needs.

Best,

Kimberly Batsas-Hill

Social Worker - Primary Welfare Officer

Connecting With Kimberly

Headspace Day

On Monday 12th December, Headspace Craigeburn returned to run a range of wellbeing activities with our grade 6 cohort to celebrate 'Headspace Day'. Headspace Day celebrates the importance of young people looking after themselves, taking care of others and advocates early intervention in supporting our mental health needs. The grade 6 students participated in a range of hands on activities, including a meet and greet from Murphy and Bailey, two therapy dogs from Therapy Animals Australia!





Jumping Castle Fun



DO NOT PARK IN OR BLOCK DRIVEWAY AT ANYTIME

NO PARKING

PLEASE DO NOT BLOCK DRIVEWAY

THANK YOU



IDDEN-

Get active in a fun & friendly team environment, develop skills & friendships that last a lifetime and become a strong, confident performer

CONTACT US FOR TWO FREE TRIAL CLASSES HIDDEN VALLEY CALISTHENIC TEAM IN 2023

- www.hvct2023.com.au
- hvct2023@gmail.com 00
- Wallan Multi Purpose Centre





- Nvct2023@gmail.com
- ₩ www.hvct2023.com.au
- Www.facebook.com/hvct2023
- @hiddenvalleycalisthenics 0







Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

Managing Your Mental Health Online





Digital Mental Health Gateway

Head to Health

Head to Health

online and phone mental health services. headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467 National 24/7 professional telephone & online counselling for anyone affected by suicide.

Beyond Blue Support Service 1300 22 4636 Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



Practical tools, support and moderated forums to

help youth get through everything from everyday issues to tough times.



Black Dog

The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults

THIS WAY UP



A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Free online programs for a range of issues, with self-guided or therapist support options.



MvCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.





An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks 4 8 1

Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



A free app and online tool that helps users create a safety plan for when experiencing suicidal

Aboriginal and Torres Strait Islanders



Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



A social and emotional wellbeing self-help app for young Aboriginal and Torres Striat Islander Australians aged 15 years and older.













A website that links Australians to free or low-cost







2023 Registrations Now Open!!

\$195 for first child, \$145 for second & \$0 for all other children after 2.

After 1-1-23

Price increase is \$245 for first child, \$195 for

We have both boy & girl teams Follow us on our socials





Kilmore Junior **Football Club**





Library Service.

Join. Borrow. Read. Win!

If you are aged 0-18, join the BIG Summer Read for your chance to WIN!

All you need to do is read and log ten books using the Beanstack app.

The competition starts on 1 December 2022 and closes on 31 January 2023.

Pop into any Mitchell Shire Library branch from the 1st of December to pick up a FREE Summer Read calico bag with fun activities and goodies inside.

Registrations are open now online at https://plv.beanstack.org/reader365

Scan the QR code to register or you can pick up a reading log from Thursday 1 December at any Mitchell Shire Library branch.

Greater Beveridge Community

Corner Lithgow Street and Mandalay Circuit, Beveridge

Broadford Customer and Library 113 High Street, Broadford

Kilmore Customer and Library

12 Sydney Street, Kilmore Seymour Customer and Library vice Centre 125 Anzac Avenue, Seymour

Wallan Customer and Library Wellington Square Shopping Centre 12/81 High Street, Wallan









Mitchell Youth Services











MITCHELL SHIRE COUNCIL IN PARTNERSHIP WITH BGGROUPAU PRESENTS

FOOD TRUCKS FAMILY FUN

PRE SHOW ENTERTAINMENT: 6:30PM

CAROLS: 7PM



FREE ENTRY

SATURDAY 17 DEC HUDSON PARK KILMORE

FREE SWIM

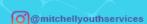
FOR YOU AND YOUR FRIENDS!

Mitchell Youth Services are giving away free passes for 12-24 year olds who live, socialise or study in Mitchell Shire

You and three friends will receive entry into a Mitchell Leisure Services pool as well as snacks and a drink - all for FREE!



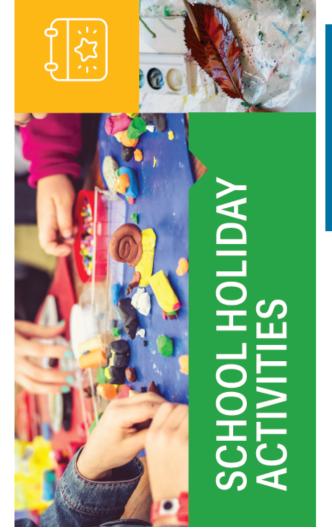
Interested? Pop your name in the draw to win here!



Contact us:

- t: (03) 5734 6451
- e: libraries@mitchellshire.vic.gov.au
- w: libraries.mitchellshire.vic.gov.au





Library programs running on selected dates below require bookings due to limited places.

There will be free to access activities at each Library with no bookings required

throughout the January school holiday period.

Arts and craft tables

Board games

Mitchell Shire School Holiday Programs

Clay creations 2pm - 3.30pm

Young Yogis

Make your own foosball game

Nature painting 2pm - 3.30pm

Make your own

suncatcher

ibraries

2pm - 3.30pm

and craft

Kilmore

Beveridge

2pm - 3.30pm

2pm - 3.30pm

Broadford

Friday 13 January

Thursday 12

Vednesday 11

Tuesday 10

Monday 9 January

10am - 2pm

10am - 2pm

5am - 9pm

6am – 9pm

6am – 9pm

Centres

Friday 20

Thursday 19

Vednesday 18

Tuesday 17

Monday 16 January Kilmore

January

the kids entertained these There's plenty of options in Mitchell Shire to keep school holidays.

Join us for some fun summer school holiday access activities at each Library between 2pm activities in Beveridge, Broadford, Kilmore, Seymour and Wallan. There will be free to and 3.30pm but booking is essential.

- Thursday 12 and Wednesday 18 January Ages 9-12 session: 2.45pm - 3.30pm Young Yogis sessions - Beveridge Ages 6-8 session: 2pm - 2.30pm
 - Clay Creations Broadford
- Nature Painting and Craft Seymour Friday 13 and Tuesday 17 January
- Make Your own Suncatchers Wallan Tuesday 10 and Friday 20 January
- Make your own foosball game Kilmore Monday 9 and Thursay 19 January
- Wednesday 11 and Monday 16 January

Service

Greater Beveridge Community Centre Corner Lithgow Street and Mandalay

Broadford Customer and Library 113 High Street, Broadford Service Centre

Kilmore Customer and Library 12 Sydney Street, Kilmore Service Centre

125 Anzac Avenue, Seymour Service Centre

Mitchell Shire Library

Circuit, Beveridge

Nature painting

Make your own

foung Yogis

session

Clay creations 2pm - 3.30pm

Make your own foosball game

ibraries

2pm - 3.30pm

Broadford

Beveridge

suncatcher

and craft Seymour January

2pm - 3.30pm

2pm - 3.30pm

2pm – 3.30pm

6am - 7.30pm

6am – 9pm

5am - 9pm

6am – 9pm

6am - 9pm

Centres

Open

Open

Open

Games day at

Games day at Youth Room 12pm - 2pm

Services

Youth

Seymour

Wallan

Youth Room

12pm - 2pm

Open

Seymour Customer and Library

Wellington Square Shopping Centre, Wallan Customer and Library 2/81 High Street, Wallan





For more details and event bookings visit www.mitchellshire.vic.gov.au

5734 6451 Libraries

Leisure Centres







t. (03) 5734 6451 e. libraries@mitchellshire.vic.gov.au www.libraries.mitchellshire.vic.gov.au









Youth Services

5734 6200

GAMES DAY AT YOUTH ROOMS!



Looking for something to do over the Summer School Holidays?

If you're a young person aged 12-18 bring your friends and challenge our staff to a board game of your choice. Snacks provided. Cost: FREE

When and Where:

Tuesday 17 January, 12-2 pm - Seymour Youth Room Front Room of Seymour Sports and Aquatic Centre, Chittick Park, Pollard Street, Seymour

Wednesday 18 January, 12-2pm - Wallan Youth Room 42 Bentinck Street, Wallan

Tuesday 24 January, 12-2pm - Broadford Youth Room 152 High Street, Broadford

Wednesday 25 January, 12-2pm - Greater Beverige Community Centre

Cnr Lithgow St and, Mandalay Cct, Beverige



DEC







Check out tiny.cc/gamesdayatyouthrooms For more info!





Popping up in Wallan

HADFIELD PARK 5 JAN - 7 JAN

Featuring

bean beds, popcorn, snacks and a bar GATES OPEN AT 7:30PM



Tickets are limited and bookings essential **Cinemapopup.com.au**

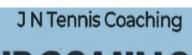












EVENTS

Check Out Our Upcoming Events for the end of year! Limited spots available so book your spot now!

FUN TIME PROGRAM 9am-3pm daily

Sporting activities

All types of sports activities Board Games

Arts and Crafts

All equipment provided

B.Y.O Lunch/Water bottle

food allergies/Intolorances when you book)

Cost \$100 for the 2 days

or S50 per day

Where Hidden Valley Resort (undercover if raining)

For more information or to book

January Dates for JN Tennis Coaching

Tuesday — 10 January

Wednesday — 11 January

Thursday —12 January

Monday — 16 January

Tuesday — 17 January

Wednesday — 18 January



Christmas Carols Service



Sunday 18th December

5.00pm Carols and Nine Lessons Service with children's Nativity at Christ Church, Anglican Church, Kilmore.

Children are invited to bring their own nativity costume if they wish and take part in the Christmas story.

If you belong to a singing group (children or adults), let us know if you want to sing an item during the service. Contact: publicity@anglicankilmore.org.au for more information.

All very welcome!

