



# Kilmore Primary School

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NEWSLETTER

Friday, 4th July 2025

## Farewell and Thank You Ms Pappin



We hereby express our respect for the Taungurung people, who are the Traditional Owners of the land on which we are based.



# Good Luck on Your Next Adventure



# You Will Be Missed

Speech from Ms Caitlin Pappin's farewell assembly held yesterday.

After 13 dedicated years of service to Kilmore Primary School, Caitlin will be finishing her time with us tomorrow, as she steps into an exciting new leadership role as the Assistant Principal of Wallan East Primary School. While we are immensely proud of her and know she will thrive in her new community, her departure marks the end of an unforgettable chapter here at Kilmore — one defined by commitment, innovation, and heart.

Caitlin is more than a teacher, a leader, or a colleague — she is the heartbeat of this school. Her journey has spanned every corner of education. She has taught in Foundation, Year 1, Years 3 and 4, and across specialist areas. Her talents have seen her lead our school-wide productions, capturing the creativity and spirit of our students and uniting our entire community through the arts. She's been a PLC Link Leader, a Leading Teacher, an Acting Assistant Principal, and most significantly, the driving force behind our school's wellbeing agenda.

But titles alone do not capture Caitlin's contribution. She is a connector — someone who brings people together. She has built powerful relationships with students, creating classrooms and spaces where they feel safe, valued, and inspired to learn. Her ability to see the potential in every child and advocate for their success is unmatched. Her connections with staff reflect the same warmth — she is known as someone who can be counted on, someone who listens deeply, supports generously, and always brings a positive, proactive lens to any challenge.

Caitlin is, at her core, an innovator. She doesn't settle for the status quo. Her passion for student wellbeing, her relentless pursuit of better outcomes, and her ability to think outside the box is what sets her apart. That spirit of innovation — that courage to think differently, to trial new ideas, to lead with vision and heart — is the legacy she leaves behind at Kilmore. She has shaped the way we think about teaching, leadership, and care.

On a personal note, I want to acknowledge just how profoundly grateful I am for Caitlin's support since the day I stepped into the role of Principal. Walking into a new leadership position can be daunting — but from the very beginning, Caitlin welcomed me with open arms. She has been generous with her knowledge, authentic in her guidance, and quietly powerful in her encouragement. Her belief in this school and her steady presence has helped me find my feet and set my vision with confidence. I will forever be thankful for that.

Caitlin, the impact you've had on this school, its people, and its culture, is immeasurable. You have led with purpose, with strength, and with genuine love for the work. Your presence will be missed in every hallway, every staff meeting, every playground interaction — but your influence will remain in the practices you've embedded, the people you've empowered, and the lives you've touched.

On behalf of all of us — students, families, staff, and myself — thank you. Thank you for your unwavering commitment, your kindness, your integrity, and your passion. Wallan East is incredibly lucky to welcome you, just as we have been lucky to learn from you.

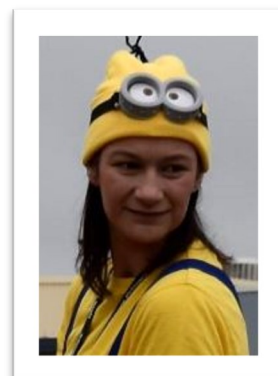
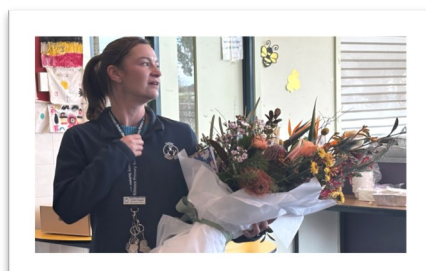
You will always be a part of Kilmore Primary School. We send you forward with our deepest appreciation, warmest wishes, and the confidence that wherever you go — you will continue to make a difference.

With gratitude and admiration,

**Michael Nicolaides**

Principal

Kilmore Primary School





### July

#### **Monday 21st**

First day of Term 3

### August

#### **Wednesday 6 to Friday 8th**

Grade 3/4 Camp to Campaspe Downs

#### **Friday 8th**

Foundation Excursion Bundoora Park Farm

#### **Tuesday 12th**

2026 Foundation Specialist Transition Sessions (see flyer)

#### **Tuesday 26th**

2026 Foundation Specialist Transition Sessions (see Flyer)

### September

#### **Monday 1st to Wednesday 3rd**

Grade 5/6 Camp Manyung

#### **Tuesday 9th**

2026 Foundation Specialist Transition Sessions (see flyer)

#### **Friday 19th**

2025 Foundation CSEF Autumn/Winter Uniform Applications close—refer to flyer at the end of the newsletter

## HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthday over the coming weeks:



Braxton M, Lilly C, River M, Zack S., Thea C, Charlie D, Ashlea L, Jordyn J, Bentley B, Balir S, Nate R, Jase K, Remy D, Cody F, Hudson P, Skyla R, Alaya R, Parker M, Zaine T, Logan G, Zoe G, Patrick O, Ava S, Nait H, Alexia P, Eligh P and Kaiden L

### Late Arrivals

If your child arrives after 8.50am please ensure they go to the office to **be signed in**.

If they are not signed in you will receive an SMS stating that your child is away.



## CHANGE OF CLOTHES

As term 3 is here and in anticipation for the upcoming wet weather and winter, could you please make sure **all** students have a change of clothes in their bags.



## 2025 School Term Dates

Term 3: 21st July to 19th September

Term 4: 6th October to 19th December

### Drink Bottles

Reminder all students need to bring a drink bottle to school.



### SICK BAY LINEN ROSTER

#### **July**

25th

Elissah Dwyer-Stone

#### **August**

1st

Lucy Wheeler

8th

Vicki Buggy

15th

Ashleigh Desmond

22nd

Jackie Knight



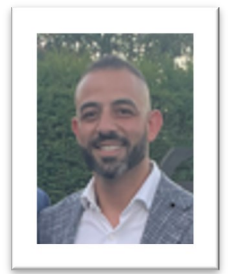
## 2026 Foundation Enrolments NOW OPEN

Please visit the school website for further information and to complete an Enrolment Enquiry

<https://www.kilmoreps.vic.edu.au>

Children must be turning five before 30th April 2026. If you have any questions regarding enrolment, please do not hesitate to contact the school on 57821 268.

Enrol  
Now!



## Principal's Message—Celebrating New Beginnings and Growing Together

Dear Kilmore Primary School Community,

As we officially wrap up Term 2, I would like to extend my warmest thanks to all of our students, staff, and families for your hard work, support, and resilience throughout the semester. It has been a busy and rewarding term filled with rich learning, strengthened relationships, and many moments of pride across our classrooms and playgrounds.

As we head into the well-deserved two-week break, I encourage all families to take this opportunity to rest, reconnect, and recharge. Holidays are a wonderful time to spend quality moments together and explore all that our local and broader communities have to offer. Here are a few activity ideas that may inspire your time together:

- Explore nature: Take a family walk through the Kilmore Creek trail or visit one of the many beautiful local parks and reserves.
- Visit a museum or gallery: The Melbourne Museum, Scienceworks, and the NGV all have child-friendly exhibitions running these holidays.
- Engage in creative projects: Build a LEGO masterpiece, do some holiday baking, or start a craft project together at home.
- Support local events: Check out the Mitchell Shire and City of Whittlesea websites for school holiday events and programs.
- Cozy up with a good book: Encourage reading for pleasure by visiting your local library or setting up a mini book club at home.

While holidays are for rest and enjoyment, they also provide rich opportunities for learning through play, conversation, and new experiences.

### Farewell to Valued Staff

At the close of this term, we also say goodbye to a number of valued team members who are moving on to new opportunities. We extend our deepest gratitude and best wishes to:

- Caitlin Pappin, for her dedication and positive energy that has had a lasting impact on our students and community.
- Shannan Harris, whose warmth and passion for student learning will be greatly missed.
- Brooke Mann, who has made a meaningful contribution during her time at Kilmore PS.
- Erin Spencer, whose commitment and care have supported many students to grow and thrive.
- Chelsea McGrath, who has been a strong presence and role model for many in our school.

We thank each of them for the energy, expertise, and compassion they have brought to Kilmore Primary School, and we wish them all the very best in their next chapter.

On behalf of our entire leadership team, I wish you a safe, restful, and enjoyable holiday. We look forward to welcoming everyone back for Term 3 on Monday, July 22nd.

Warm regards,

Michael Nicolaides  
Principal  
Kilmore Primary School



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# Pyjama Day



Thank you!



# Top 5 online safety tips



- 1** **Think of others' feelings** before you post, like or share content.
- 2** **Ask for permission** before you share a photo or video with someone else in it. Respectful online relationships start with consent.
- 3** **Be an upstander** Speak up if you see someone cyberbullying or sharing nudes in a group chat – let them know that's not okay. Report and delete it.
- 4** **Use privacy and screen time** settings to take control of your digital life and its impact on your mental health.
- 5** **Ask for help** Cyberbullying and sharing intimate images without consent can be distressing, but eSafety can help remove them.



## bell schedule

Session 1:	8:50am — 9:50am
Session 2:	9:50am — 10:50am
Recess	10:50am — 11:20am
Session 3:	11:20am — 12:20pm
Session 4:	12:20pm — 1:20pm
Lunch Eating	1:20pm — 1:30pm
Lunch Play:	1:30pm — 2:10pm
Session 5:	2:10pm — 3:05pm
First Dismissal (Surnames A — L)	3:05pm
Second Dismissal (Surnames M — Z)	3:10pm



## STUDENT BEFORE SCHOOL DROP OFF AND AFTER SCHOOL PICK UP

Reminder for parents and guardians to enter and leave through their designated gate when dropping off or collecting your child/children before or after school.

Please do not use the office as a throughfare, only enter for business purposes only.



**DO NOT  
PARK IN  
OR BLOCK  
DRIVEWAY  
AT  
ANYTIME**



**NO PARKING**  
**PLEASE**  
**DO NOT BLOCK**  
**DRIVEWAY**  
**THANK YOU**

Parents and Carers,  
please label all of your  
child's clothing.

This will greatly assist to  
return items when and if  
they are misplaced.



Sienna  
Moretti



Sofia Rose



Wyatt Clarke



Noah Roberts



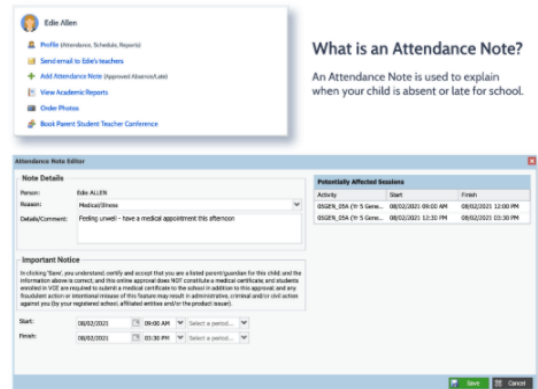


## Attendance

### Entering an Attendance Note

- 1 From the Compass home screen (or from your student's profile), click the **Add Attendance Note** item.
- 2 From the pop-up window
  - ➔ Select the reason
  - ➔ Enter a brief description of the absence
  - ➔ Select the start and finish time
  - ➔ Click the 'Save' button

Where possible, attendance notes should be entered prior to the absence/lateness occurring.

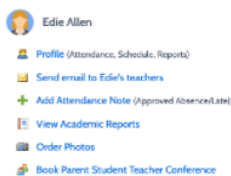


**What is an Attendance Note?**  
An Attendance Note is used to explain when your child is absent or late for school.

### Parent-Teacher Conferences

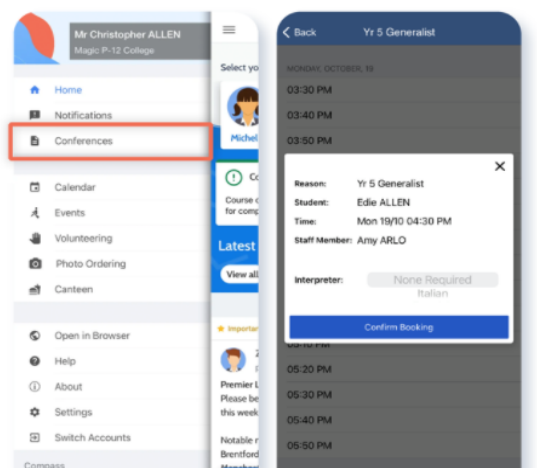
Using Compass you can book your parent-teacher conferences online.

- 1 On the home screen, beside the student you wish to make bookings for, click 'Book Parent Student Teacher Conference'.
- 2 A list of parent-teacher conference cycles will be displayed along with their booking status. Click on the relevant cycle.
- 3 Your booking sheet will be displayed and will show your available booking times. Click on a time in the grid to display teachers available for booking at that time.



### Parent-Teacher Conferences - app

- 1 From the Compass home screen on your app, select the menu (top left) and click **Conferences**.
- 2 From the list of parent-teacher conference cycles
  - ➔ Select the relevant cycle you wish to book for
  - ➔ Select the student you wish to place a booking for
  - ➔ Select the class or interview group
  - ➔ Click on a time slot to make a booking and confirm





## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

### MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



## Mobile Phones & Smart Watches

It is a Department of Education requirement that students hand mobile phones and smart watches in to the office each morning and collect them at the end of each day.

The office has a locked mobile phone cabinet for this purpose.





# Managing Your Mental Health Online

## Digital Mental Health Gateway

### Head to Health

#### Head to Health

A website that links Australians to free or low-cost online and phone mental health services.  
headtohealth.gov.au

## Phone and Online Counselling



#### Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



#### Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



#### Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



#### 1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



#### MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



#### QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



#### Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



#### Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



#### SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



#### FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

## Young People



#### Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



#### Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



#### eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



#### ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



#### The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



#### BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

## Programs



#### MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



#### THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



#### Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



#### MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



#### MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



#### e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



#### Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



#### ParentWorks

Online program for parents and caregivers providing evidence-based parenting strategies.



#### Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

## Apps



#### MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



#### Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



#### Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



#### BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

## Aboriginal and Torres Strait Islanders



#### WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



#### iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.



## Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

## Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	<a href="#">Broadford Living and Learning Centre Facebook</a>	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	<a href="#">Freedom Care Website</a>	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	<a href="#">Love in Action Broadford Facebook</a>  <a href="#">Love in Action Wallan Facebook</a>	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	<a href="#">Rotary Seymour Facebook</a>	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	<a href="#">Salvocare Website</a>	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	<a href="#">Wallan Gateway Website</a>	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank





# Safety around schools

Everyone has a responsibility

## Make school time safe for everyone

Please take extra precautions when dropping children off and picking them up from school. Children are still learning the road rules and can be unpredictable and difficult to see.

Important things to remember:

- Travel at a maximum of 40 km/h
- Never use a mobile phone while driving
- Always follow the crossing supervisor's instructions
- Allow extra time so you don't need to rush
- Consider parking a few streets away and enjoy a walk

Together, let's reduce speeds and improve safety for all children.

### Contact us

t. (03) 5734 6200 e. [mitchell@mitchellshire.vic.gov.au](mailto:mitchell@mitchellshire.vic.gov.au)  
[www.mitchellshire.vic.gov.au](http://www.mitchellshire.vic.gov.au)







Team  
Kids

# WINTER Holidays

**BEST  
HOLIDAY  
PROGRAMS  
IN AUSTRALIA**

**BOOK TODAY**  
[teamkids.com.au](http://teamkids.com.au)  
**1 300 035 000**

## SPEECH GROWTH STARTS HERE

Well Versed  
Speech  
Pathology

- Speech and language therapy
- Social skill development
- Pre-literacy and literacy skill development
- From 12 months to 18 years
- School, home and in-clinic options
- Located in Kilmore

Inquire now

Phone: 0493 989 316

Email: [admin@well-versed.com.au](mailto:admin@well-versed.com.au)



## Every day counts

Missing **one day per fortnight**  
adds up to missing  
**four weeks** of school a year.



**SCHOOL HOLIDAYS SORTED**

**WHITTLESEA**

**THURSDAY 10 JULY, 9AM-3PM**

**AF WALKER RESERVE, WHITTLESEA**

**\$55 for full day program + football giveaway included!**

**nab AFL Auskick** **AFL Superkick**

4-7 Year Olds Register: 

8-12 Year Olds Register: 

Contact: [billy.lovett@afl.com.au](mailto:billy.lovett@afl.com.au)

**PLAY.AFL/HOLIDAYPROGRAMS**

SCOUTS & GUIDES OF MELBOURNE  
PRESENT TEN SPELL-BINDING  
PERFORMANCES!

**73<sup>RD</sup> MELBOURNE GANGSHOW 2025**

THE STAR IS BROKEN... KINGDOMS ARE FALLING  
ONE UNLIKELY HERO — ONE CHANCE TO SAVE IT ALL!

**FRI 27 JUNE - SAT 5 JULY**  
**BESEN CENTRE, BURWOOD**

[WWW.GANGSHOW.ORG](http://WWW.GANGSHOW.ORG) FOR TICKETS  
OR CALL TICKET HOTLINE: 03 9969 7100

**ALL GIRLS GROUPS**

**SEYMOUR SCHOOL HOLIDAY PROGRAM**

Monday July 14<sup>th</sup>, 2025  
Kings Park, Seymour  
9:00 am - 3:00 pm

Delivered by AFL Victoria  
All Participants receive their own footy!

**nab AFL Auskick** **AFL Superkick**

REGISTER FOR AUSKICK HERE 

REGISTER FOR SUPERKICK HERE 

## Seymour School Holiday Program

When: Monday 14th July 2025.

Times: 9:00 am - 3:00 pm

Venue: Kings Park, Seymour

Auskick (4-7yrs)

<https://www.playhq.com/afl/register/ff49ad>

Superkick (8-12yrs)

<https://www.playhq.com/afl/register/caa1b7>



# HEALTHY START BREAD PROGRAM

## FREE BREAD FOR HEALTHY KIDS!

### HOW IT WORKS:

Every few weeks, one lucky class is chosen to receive a **free loaf of fresh bread for each student.**

Each child also takes home a voucher for **two FREE loaves per week for 4 Weeks** to redeem at Bakers Delight Wallan.



**4**  
weeks

**VOUCHER**

**EXCLUSIVELY AT**

*Bakers Delight*  
**WALLAN**







# Foundation 2026 Specialist Days

To help you discover more about Kilmore Primary School we would like to invite you to join us for our 2026 Specialist Classes  
Children will have the opportunity to participate in story time, singing, crafts and games.

[Click here to sign your child up!](#)

Tuesday 12th August 2025

Tuesday 26th August 2025

Tuesday 9th September 2025

Sessions run from 3.30pm to 4.15pm. Please enter through the gate on the corner of Sutherland Street and Lancefield Road.

