

# Kilmore Primary School

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253

P 03 5782 1268 E kilmore.ps@education.vic.gov.au W www.kilmoreps.vic.edu.au

NEWSLETTER Friday, 2nd May 2025













On Friday Morning, I marched down the main street of Kilmore with veterans, servicemen and women and 25 of our students as four jets flew overhead. I felt a great sense of pride and privilege to have been invited to be a part of this important event. Our students represented our school with pride and our school values.

Caitlin Pappin







### May

### **Running Club**

Monday, Wednesday and Friday

### Wednesday 7th

Pink Day (BCNA) Fundraiser (refer flyer page 7)

Thursday 8th—School Tour at 9.30 am

### Friday 9th

Mother's Day Breakfast and Stall (refer flyer page 6 and 7) Grade 6 to Year 7 Placement Applications Due

### Friday 15th

**Cross Country** 

Tuesday 27th—School Tour at 4.30 pm

June

### Monday 9th

Kings Birthday Public Holiday

Thursday 19th—School Tour at 12 pm

Monday 23rd—School Tour at 9.30 am



If your child arrives after 8.50am please ensure they go to the office to **be signed in.** If they are not signed in you will receive an SMS stating that your child is away.



### 2025 School Term Dates

Term 2: 22nd April to 4th July

Term 3: 21st July to 19th September

Term 4: 6th October to 19th December

### **Drink Bottles**

Reminder all students need to bring a drink bottle to school.



### **HAPPY BIRTHDAY**

Birthday wishes to the following students who are celebrating their birthday over the coming week:



Brooke F, Daphne C, Willow B, Mason S, Yuvyansh K, Lily T, Cooper P and Reilly L.

### **Facebook**

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via



<u>kilmore.ps@education.vic.gov.au</u> or by calling the office on 5782 1268.

### REMINDER TO WEAR YOUR HAT

All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. Baseball or peak caps are not considered a suitable alternative.

Please note the school does not sell hats. You can purchase your hat from All Things Uniform, Broadford.







### **SICK BAY LINEN ROSTER**

### May

30th

2nd Elissah Dwyer-Stone 9th Lucy Wheeler 16th Vicki Buggy 23rd Ashleigh Desmond

Jackie Knight





# 2026 Foundation Enrolments NOW OPEN

Please visit the school website for further information and to complete an Enrolment Enquiry

https://www.kilmoreps.vic.edu.au

Children must be turning five before 30th April 2026. If you have any questions regarding enrolment, please do not hesitate to contact the school on 57821 268.







### Principal's Welcome - Term Two

Dear Kilmore Primary School Community,

It is with great pride and excitement that I write to you as the new Acting Principal of Kilmore Primary School. I feel incredibly honoured to be joining such a vibrant and welcoming community, and I look forward to getting to know each of you over the coming weeks.

### Welcome Back to Term Two

A warm welcome back to all our families for the start of Term Two. It has been a delight to see students return with such enthusiasm and positivity. Classrooms are buzzing with learning, and our staff have commented on how well students have settled back into routines. Thank you to our families for your continued support in ensuring a smooth transition back to school. At KPS, we are proud to uphold our school values of being **Kind, Proud, and Safe**. These values are more than words – they guide the way we learn, relate to others, and grow together as a school community. I encourage everyone to keep these values at the heart of all we do.

### **Keeping Our School Yard Clean**

As part of being Proud and Safe members of the KPS community, we remind everyone of the importance of keeping our school yard clean. A tidy and orderly environment contributes to a positive atmosphere for learning and play. We encourage all students to take pride in their surroundings by using bins, picking up litter, and leaving areas better than they found them. This is a shared responsibility, and together we can ensure that Kilmore Primary remains a welcoming and respectful place for all.

### **Opportunities for Volunteers**

We highly value the involvement of parents and carers in our school. If you're interested in volunteering—whether it's supporting learning in classrooms, helping with events, or assisting around the school—we would love to hear from you. All volunteers are required to complete a short induction before commencing. If you are interested in getting involved, please contact Michael Nicolaides at Michael.Nicolaides@education.vic.gov.au to express your interest and learn more about the process.

### Celebrating the Special Women in Our Lives

We look forward to welcoming our mothers, grandmothers, carers, and special role models to our Mother's Day Picnic Breakfast next Friday 9th May. Please RSVP using the link on the Mother's Day flyer in this newsletter or on the Compass or Facebook post.

We are looking forward to a fantastic term ahead filled with rich learning experiences, connections, and community spirit. I am grateful for the opportunity to lead this wonderful school and work alongside you to support every child to thrive.

Warm regards,

### Michael Nicolaides

Acting Principal
Kilmore Primary School





THE ANNUAL KPS MOTHERS DAY STALL IS BACK!

PROVIDING AN OPPORTUNITY FOR STUDENTS TO PURCHASE A SPECIAL GIFT FOR MUM, GRANDMA OR A SPECIAL LOVED ONE.

TO DATE: FRIDAY 9TH MAY

LOCATION: KILMORE PRIMARY SCHOOL OSHC
HALL

GIFTS RANGE FROM \$1-\$5

PLEASE SEND YOUR CHILD TO SCHOOL WITH A SMALL AMOUNT OF MONEY TO MAKE THEIR PURCHASES.









### Pink Day @ KPS 2025

We are hosting a Pink Day in support of Breast Cancer Network Australia (BCNA). Thank you for getting involved in our fundraising and helping BCNA to inform, support, connect and represent all Australians affected by breast cancer. Breast cancer is the most commonly diagnosed cancer in Australian women with one in seven diagnosed in their lifetime. Over 20,000 women are expected to be diagnosed with breast cancer this year as well as over 170 men. Your support will help these women, men and families to not go through their journey alone.

Please dress in all things PINK on Wednesday 7th of May and bring a gold coin donation to contribute.

Every dollar we raise together helps BCNA support more women and men diagnosed with breast cancer; and hosting a Pink Day is a great way to show our support!

Mrs Nelson





# Kilmore Primary School

## Be KIND Be PROUD Be SAFE

## **Student Awards**

At Kilmore Primary School, we are always working on modelling our school values of Kind, Proud and Safe. As a whole school, we explicitly teach and then give our students opportunities to display these values within and beyond the classroom doors.

The students listed below will be recognised for showing our school values at our assembly today. We congratulate:

Foundation F — Rylee C	Grade 2/4 B — Aashna R	Grade 6B — Zaub S
Foundation J — Matilda R	Grade 3H — Cienna G	Grade 6H — Cony R
Foundation M — Tom O	Grade 3K — Pailsley J Jessie C	Grade 6M — Evan M Tilly R
Foundation P — Hudson S	Grade 3V — Mitchell F	Grade 60 — Mason S
Grade 1A — Ejay N	Grade 4M — Maddie G Nate R	PE —
Grade 1B — Rosie P	Grade 4S — Nixxon D Caleb B	ART — Zac Williamson 3H
Grade 1S — Riley R	Grade 4W — Alaysha L Samuel S	Performing Arts — 2/4B
Grade 2F — Amelia C	Grade 5F — Jimmy M	Science — Huma Noor 4W
Grade 2H — Oliviano T	Grade 5J — Olivia W	HPE — Patrick Okey Savannah Okey
Grade 2M — Axel S	Grade 5M — Dylan S	



### Breakfast Club Term 2

### **Details:**

Days: Monday, Tuesday, Wednesday, and Thursday

• Time: 8:20am - 8:40am

• Location: Stadium (Kilmore-Lancefield will open at 8:20am).

Managed by KPS staff, Breakfast Club offers a selection of cereals and toast for students to enjoy. This program not only provides a nutritious start to the day but also encourages autonomy and enhances social skills. Breakfast Club is a student-only space designed to foster the development of these important skills.

Please note that students may access the school grounds from 8:30am.

If any parents or carers are interested in helping at Breakfast Club, please send an expression of interest to Richie.Boyer@education.vic.gov.au



Students should not arrive at school until the school gates open at 8.30am unless they are attending Breakfast Club on Monday, Tuesday, Wednesday or Thursday morning. If you are joining Breakfast Club, please enter through the stadium gate on Lancefield Road.

Staff are not on yard duty until 8.30am

### COLLECTING YOUR CHILD FROM SCHOOL EARLY

We would like to make families aware of our pick up procedures for collecting students early.

Staff can only arrange for children to come to the office once a parent/guardian arrives at the office.

Children cannot be waiting for parent/guardians in the office prior to your arrival.

Please allow an extra 5 to 10 minutes prior to needing to depart the school.

Please also be mindful that it is difficult for children to hear announcements whilst out in the playground enjoying themselves, should you need to collect them during break times it may take us quite a bit longer.



# LIBRARY NEWS

'The more that you read, the more things you will know. The more that you learn, the more places you'll go' - Dr. Seuss



## The 2025 **Premiers** Reading Challenge is

It's time to register for the Premiers Reading Challenge 2025! It is not a competition; but a personal challenge for students to read a set number of books by 5 September 2025. You will receive your own login to record the books you have read and have the opportunity to earn badges, rate books and write book reviews, if you choose! All children who meet the Challenge will also receive a certificate signed by the Victorian Premier!



Don't forget to email Liz to request your username and password:)



Foundation to Grade 2 are encouraged to read or 'experience' 30 books with their families and teachers

Year 3 to 6 are challenged to read 15 books

# **REGISTER HERE:**

elizabeth.simner@education.vic.gov.au.

For more information visit: www.education.vic.gov.au/PRC.

Happy Reading!



## READING REDUCES STRESS

Reading reduces stress and anxiety levels. It is proven to make you happier!

## **READING MAKES YOU** SMARTER

Reading is the best exercise for your brain.



### READING IS FREE

You can borrow books from school for free. Reading doesn't have to cost a thing!



### Need more books? Please let Liz know.

# **Handy Tips from**



### **Attendance**

### **Entering an Attendance Note**

- From the Compass home screen (or from your (1) student's profile), click the Add Attendance Note item.
- From the pop-up window

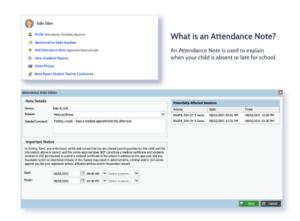
Select the reason

Enter a brief description of the absence

Select the start and finish time

Click the 'Save' button

Where possible, attendance notes should be entered prior to the absence/lateness



### **Parent-Teacher Conferences**

Using Compass you can book your parent-teacher conferences online.

On the home screen, beside the student 1 you wish to make bookings for, click 'Book Parent Student Teacher Conference.



4

A list of parent-teacher conference cycles (2) will be displayed along with their booking status. Click on the relevant cycle.

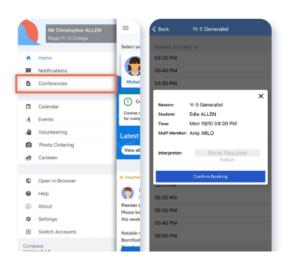


Your booking sheet will be displayed and 3 will show your available booking times. Click on a time in the grid to display teachers available for booking at that time.



### Parent-Teacher Conferences - app

- From the Compass home screen on your app, select (1)the menu (top left) and click Conferences.
- From the list of parent-teacher conference cycles
  - Select the relevant cycle you wish to book for
  - 4 Select the student you wish to place a booking for
  - 4 Select the class or interview group
  - 4 Click on a time slot to make a booking and confirm



DO NOT PARK IN OR BLOCK DRIVEWAY AT ANYTIME

# **NO PARKING**

# PLEASE DO NOT BLOCK DRIVEWAY

**THANK YOU** 

# **Every Day Counts**













Session 1:	8:50am — 9:50am	
Session 2:	9:50am — 10:50am	
Recess	10:50am — 11:20am	
Session 3:	11:20am — 12:20pm	
Session 4:	12:20pm — 1:20pm	
<b>Lunch Eating</b>	1:20pm — 1:30pm	
Lunch Play:	1:30pm — 2:10pm	
Session 5:	2:10pm — 3:05pm	
First Dismissal (Surnames A — L) 3:05pm		

3:10pm

Second Dismissal (Surnames M - Z)



# FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

### MORE INFORMATION

For more information about CSEF visit: https://www.education.vic.gov.au/about/programs/Pages/csef.aspx

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools this year.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



# **Mobile Phones & Smart Watches**

It is a Department of Education requirement that students hand mobile phones and smart watched in to the office each morning and collect at the end of each day.

The office has a locked mobile phone cabinet for this purpose.







## **Managing Your Mental Health Online**





### Digital Mental Health Gateway



### Head to Health

online and phone mental health services. headtohealth.gov.au

### Phone and Online Counselling



### Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467 National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636 Telephone (24/7), online and email counselling,

### 1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



### MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



### OLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



### Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



### Open Arms 1800 011 046

Phone and online counselling for veterans and



### SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



### FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

### Young People



### Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing



### eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



www.emhprac.org.au

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



### The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



### Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

### **Programs**

### MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses clinician. Courses are either free or low cost.

### Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.

myCompass

for people with mild to moderate depression, anxiety and stress. It's also appropriate for people

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage





An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



Online program for parents and caregivers providing evidence-based parenting strategies.



### Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

### Apps

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



A website and app which supports individuals to cut back or take a break from using alcohol.



### Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

### Aboriginal and Torres Strait Islanders



Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



A social and emotional wellbeing self-help app for young Aboriginal and Torres Striat Islander Australians aged 15 years and older.













# A website that links Australians to free or low-cost

# can be done as self-help or guided by your own

# mentalhealthonline

### MyCompass

# A free, online interactive self-help CBT service

# who simply want to build good mental health.

symptoms of depression and anxiety.

### e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



## Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank



# Safety around schools

Everyone has a responsibility

# Make school time safe for everyone

Please take extra precautions when dropping children off and picking them up from school. Children are still learning the road rules and can be unpredictable and difficult to see.

Important things to remember:

- Travel at a maximum of 40 km/h
- Never use a mobile phone while driving
- Always follow the crossing supervisor's instructions
- Allow extra time so you don't need to rush
- Consider parking a few streets away and enjoy a walk

Together, let's reduce speeds and improve safety for all children.



t. (03) 5734 6200 e. mitchell@mitchellshire.vic.gov.au www.mitchellshire.vic.gov.au



WALLAN 💿

28th May, 2025

**Community Programs** 

# Women in the Driver's Seat

Gain the skills and confidence to pass your driver licence test.

prace

www.prace.vic.edu.au



### **Community Programs**

### Women in the Driver's Seat

Gain the skills and confidence to pass your driver licence test.

From learning the rules, to driving for the first time, we will support you every step of the way. This free program offers education, driving lessons and funding for your driver licence test.

During the program you will:

- · Build skills and knowledge around road rules
- Gain practical driving experience under guidance from professional driving instructors
- Learn about the probationary testing process and requirements

This program is designed for women aged 21 and older. We especially encourage women, who face challenges in obtaining a driver licence, to enrol.

Places are limited.

Register your expression of interest <u>here!</u>





This project is funded through an ACFE Family Learning Partnerships grant.

### Location

Wallara Waters Sales Centre 170 Wallan-Whittlesea Rd Wallan

### **Dates and duration** 28th May to 2nd July

2025 6 Sessions and 5 x 60 minute driving lessons (timing is subject to your and the instructor's availability).

### Days and hours

Wednesdays 10.00am to 12.30pm

### Entry requirements

This program is designed for women aged 21+. Women facing barriers to obtaining a licence and those with young children are encouraged to enrol. You will need to have a learner permit (Ls) and the English language skills to undertake driving instruction and the test. You must live, study or work in Mitchell Shire.

Free



Prace encourages individuals with disabilities to participate in our programs and activities

prace

Prace - Main Office

Merrilands Community Centre - 35 Sturdee Street, Reservoir
Phone 9462 6077 | office@prace.vic.edu.au | www.prace.vic.edu.au

(Pracelor No. 60032717 TOID 4036, ARN 93 736 262 050)









\*\*\***\*\*** 

SNAGS / COLD DRINKS / EGG & BACON ROLLS

8AM - 2PM ENTER VIA LANCEFIELD ROAD, KILMORE

CASH ONLY



Safe

BBQ & RAFFLE
PROCEEDS GOING TO

Presents

2ND-HAND CLOTHING MARKET

Ladies - Men's - Children

10AM-2PM 31ST MAY

Upgrade your wardrobe sustainably with budget-friendly, stylish finds at HER Second-hand Clothing Market while reducing waste, saving money, supporting eco-friendly fashion and giving to a good cause







Kilmore Toyota



Thursday 8<sup>th</sup> May 9.30am

Tuesday 27th May 4:30pm

Thursday 19th June 12:00pm

Monday 23<sup>rd</sup> June 9:30am

To RSVP, please click on your preferred date or alternatively scan the QR code

## **IMPORTANT DATES**

- Foundation 2026 Enrolment applications accepted from Tuesday 22<sup>nd</sup> April 2025
- Foundation 2026 applications due no later than Friday 25<sup>th</sup> July 2025
- Foundation 2026 enrolment acceptance confirmation by Friday 8<sup>th</sup> August 2025





35 Lancefield Road, Kilmore

E: Kilmore.ps@education.vic.gov.au

Ph: 03 5782 1268

# Kilmore Primary Shood MOTHER'S DAY BREAKFAST

TO CELEBRATE MOTHER'S DAY.

WE ARE HAVING A PICNIC BREAKFAST ON
FRIDAY 9<sup>TH</sup> MAY
8:00AM - 8:40AM

TO ATTEND YOU ARE REQUIRED TO REGISTER VIA THIS GOOGLE FORM HTTPS://FORMS.GLE/6V74FJMJZ827P6OT7
THIS FORM WILL CLOSE THURSDAY 8<sup>TH</sup> MAY AT 5:00PM.

PLEASE ENTER THROUGH THE LANCEFIELD
ROAD GATE FROM 8:00AM
PLEASE FIND A SPACE TO SETUP YOUR
PICNIC RUG ON THE ASTROTURF OR OVAL
AND THEN PICK UP YOUR BREAKFAST FROM
THE BASKETBALL COURT.
THE PICNIC WILL END AT 8:40AM

IF IT IS RAINING. WE WILL MOVE THE PICNIC
TO THE STADIUM