



Kilmore Primary School

Principal: Mr Neil O'Sullivan

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NEWSLETTER

Friday, 6th May 2022



KPS wishes all Mothers and Special People in our school community a wonderful day for Sunday



A big thank you for the donations towards our raffle and to our helpers at the Mother's Day Stall

May

Tuesday 10th May

Mother's Day—Special Persons Breakfast
School Tour (refer page 11 for details)

Friday 27th May

Curriculum Day — Pupil Free Day

June

Friday 3rd

Conveyance Allowance Applications Due

Monday 13th

Queen's Birthday Public Holiday

Friday 24th

CSEF Applications Due

HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthdays over the coming week:
Tanesha Kayser, Lily Taylor, Cooper Parkinson,
Charlene Diata Cruz, Khilah O'Brien,
Kevin Boots, Troy Hobbs,
Noah Mellado, Willow Penrose
and Emmett Whyte



Facebook



As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via kimore.ps@education.vic.gov.au or by calling the office on 03 5782 1268.



THIS TERM

Second Hand Uniform Sale

Gold coin donation, with all proceeds to go to State School's Relief Fund.

Sale will take place after school at the picnic tables (weather permitting).

More details to follow with date to be confirmed soon.



Bus Zone

Please leave the bus parking zone on Lancefield Road clear at all times for buses to park. We have at least two buses daily that use the Lancefield Road bus zone. There is no car parking from the school crossing through until the disabled parking bays.



School Crossings

For the safety of all students, parents and our lovely Crossing Supervisors, we ask all drivers to please stop at the school crossings when you see the Crossing Supervisor with their sign pointing out towards the road and remain stationary until the Crossing Supervisor is back on the footpath.

Thanks and Gratitude—Mrs Rebbechi

Today is Mrs Rebbechi's last day at KPS before beginning a period of family leave. I would like to wish Mrs Rebbechi the very best with this exciting phase of her family life. I would also like to thank Mrs Rebbechi for the outstanding contribution that she has made to our school during her time at KPS. She will be dearly missed by the wide range of students, staff and parents with whom she has forged such strong relationships with. As I mentioned in last week's newsletter, Mrs Rebbechi will be replaced by Mr David Kiddle. He and Mrs Rebbechi have been working very closely on the handover process over the last two weeks.

I would also like to thank Ellen Lowerson for her work at KPS over the last two years. Ellen has been a key player within our tutoring program and has also worked extensively supporting the language development of our junior students. I would like to congratulate Ellen on her appointment to a senior speech therapy role with the Department of Education and wish her the very best in her new career.

NAPLAN

Next week, our Grade 3 and 5 students will sit the first of their literacy and numeracy assessments. In 2022, our school has transitioned to the computer-based delivery of NAPLAN and assessments will be conducted over a two-week period rather than the previous one week testing period. NAPLAN provides a great point in time snapshot of student learning and complements the extensive data sets which we already hold on students. NAPLAN reports will be provided to parents later in the year.

Classroom Helpers Program

After two years, we are delighted to be able to welcome Classroom Helpers back into KPS. If you are interested in participating in our Classroom Helpers program, please complete the survey which can be accessed at the bottom of this section. Once we have collected sufficient responses, we will make contact with you to arrange an induction session. Please note that volunteers will need to hold a valid Working With Children's Check and fulfill vaccination requirements.

<https://forms.gle/MvRPNKrL7QR9NH1k6>

Grade 6 Interschool Sports

Today our Grade 6 students are representing KPS in a district interschool sports day. After two years of disruption, it was truly wonderful to see the excitement of our students as they headed off for the day.

Resilience Project Professional Learning

This week, our school staff had a further professional learning session as part of our involvement in the Resilience Project. The Resilience Project is one of Australia's leading organisations in promoting wellbeing and has worked extensively with schools to promote staff and student wellbeing. In 2022, our school has been implementing the Resilience Project curriculum and strategies as part of our response to the challenges that our community has faced over the last two years. We have been delighted with how well the program has been embraced by our students and staff.

All the best,

Neil O'Sullivan
Principal



Welcome Mr Kiddle

A big hello to the Kilmore Primary School Community!

I am very excited to be stepping into the Assistant Principal role at Kilmore Primary School and can't wait to get to know all of the incredible people that make the school such a special place. I have spent my first couple of weeks being shown around by Mrs Rebbechi and know that the school will miss her dearly. I have big shoes to fill!

A little bit about me...

I have been working in education for the past 15 years and have worked in all facets of school life. After a couple of long stints in Primary settings in Melbourne I joined the Goulburn school improvement workforce and that lead me to Kilmore Primary School. Throughout my teaching life I have taught and lead across all the areas of a school and most importantly I have been challenged by all types of learners. I enjoy the challenge and I am passionate about quality practice and supporting students.

What an exciting place Kilmore Primary School is! I feel this setting is a particularly special one and I can't wait to see what the year brings!

I look forward to getting the chance to meet you all so feel free to pop by and introduce yourself!

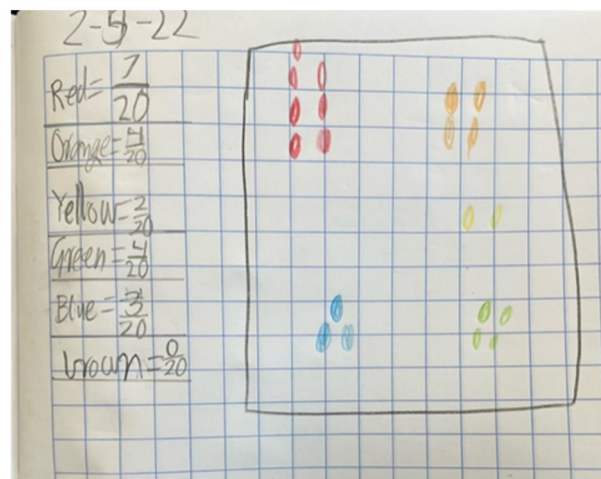
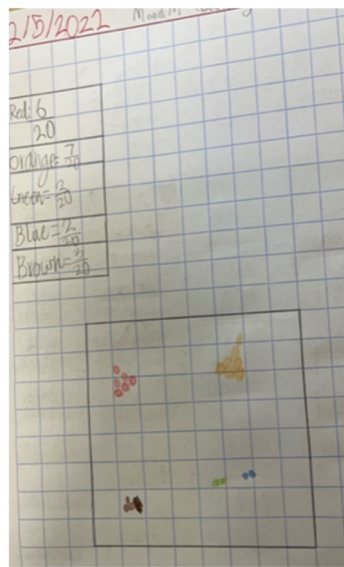
Regards,

Dave Kiddle

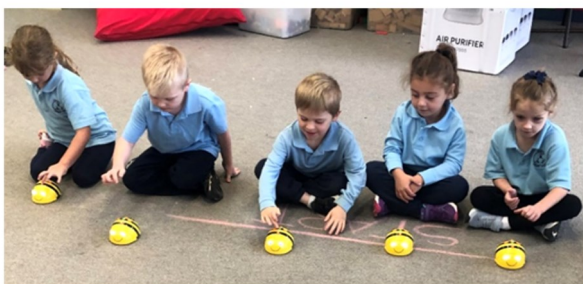


Mathematics News with Captain Marvel

The "Maths is Edible" theme continued at Kilmore Primary School this week. Our Grade 4 students were learning about fractions of collections. They had to problem solve using coloured M&Ms. Jay, Logan, Indie & Del are showing their delicious learning here. They have recorded each colour as a fraction of the entire



Foundation students were buzzing as they raced Bee Bots during maths this week. As each bee crossed the finish line students practised using ordinal language to judge which Bee Bot came first, second, third, fourth and fifth.





SAT News

Reminder of our upcoming SAT Bread Bag Recycling Program

This year the SAT will be collecting Bread Bags! We have registered for the Wonder Recycling Rewards Program. This program has great environmental and school benefits. We can help the environment by reducing waste and help our school by collecting points that can be used to purchase new sports equipment. We are also in the running to win some play ground equipment.

The program kicks off on the 30th of May but we can start collecting at home before then to boost our collections. All you need to do is keep any bread bags at home and bring them into school when our recycling boxes arrive in Term 2. Last year with your help we collected around 15kg of bread tags. Hopefully this year we can reach **25kg of bread bags!** Some key information is below and we will post more information when it is available. For further information ask your S.A.T representative or Mrs Rowe.



	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
REGISTRATION		14/3 -8/4							SCHOOL HOLIDAYS		
STARTER PACK DELIVERY				25/4 -27/5							
COLLECTIONS				30/5-9/9							
FINAL TALLY IS COUNTED			SCHOOL HOLIDAYS			SCHOOL HOLIDAYS			3/10 -7/10		
REDEEM SPORTS EQUIPMENT									10/10 -21/10		
SPORTS EQUIPMENT DELIVERED TO SCHOOLS										24/10-23/12	

TWO RECYCLING REMINDERS

It's important that items being recycled are not contaminated with other products and are as clean as possible. Here's a quick checklist for you:

What is a bread bag for recycling purposes?

The rule of thumb is that if it has contained bread of some sort and is a soft plastic, then it's a bread bag. If it hasn't contained bread, then it's not a bread bag.

How clean do the bags have to be?

Bread bags should be free from crumbs to ensure no contamination during the recycling process but they do not need to be washed.



Connecting With Kimberly



eSafety's Guide to Parental Controls

The eSafety Commissioner is offering a free webinar for parents and carers on how to set up devices and apps to keep young people safe online.

The one-hour event will be held on three occasions throughout the month of May. The webinar will cover: the benefits and limitations of parental controls, how to safely set up popular games, apps and devices and other parenting strategies to manage online risks.

Session dates and times are:

Tuesday 10th May, 7:30-8:30pm

Tuesday 19th May 12:20-1:30pm

Tuesday 31st May 12:30pm-1:30pm

Registration to the above sessions can occur by inserting the below link details into your browser:

<https://register.gotowebinar.com/rt/8442552073867182349>



The following services are available outside of school hours.

In the event of an emergency please call 000

I can be contacted via email:

Kimberly.batsas-hill@education.vic.gov.au or
5782 1268 for any student and family wellbeing
needs at any time.

Best,
Kimberly Batsas-Hill
Social Worker -Primary Welfare Officer

Kids Helpline



Ph: 1800 551 800

[https://
kidshelpline.com.au/](https://kidshelpline.com.au/)

Parentline



Ph: 13 22 89

[https://
parentline.com.au/](https://parentline.com.au/)

Safe Steps



Sexual assault, domestic
and family violence

Ph: 1800 015 188

[https://
www.safesteps.org.au/](https://www.safesteps.org.au/)

Lifeline



Ph: 13 11 14

[https://
www.lifeline.org.au/](https://www.lifeline.org.au/)

LEGO CLUB

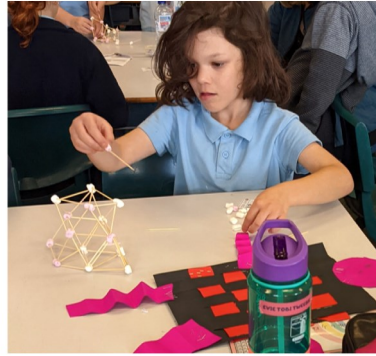


This week in

STEM

Students in Grade 3 and 4 are learning about technology and engineering this term. This week, students were challenged to make the tallest tower using only toothpicks and mini marshmallows!

We discovered that “triangles are more sturdy than rectangles” (Rory W, 3D).



Donations please:





























Over the next 2 weeks, I am requesting families to please collect and send in empty egg cartons for a project starting in Week 5.

Mrs Liz Magdato - STEM Teacher : elizabeth.magdato@education.vic.gov.au



GRADE 2 ENJOYING PLAYDOUGH

Kilmore Primary School Activities Term 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club 8:15-8:40am	Where: Stadium Foyer			Where: Stadium Foyer	Where: Stadium Foyer
RECESS					
PLAY	Where: Oval PLAY		Where: Oval PLAY		Where: Oval PLAY
Lego Masters	Where: Wellbeing Room 	Where: Wellbeing Room 	Where: Wellbeing Room 	Where: Wellbeing Room 	Where: Wellbeing Room 
Connect (Eating Area)	Where: Eating Area 	Where: Eating Area 	Where: Eating Area 	Where: Eating Area 	Where: Eating Area 
LUNCH TIME					
Friendship Stop (1st Half Lunch)	Where: Library 	Where: Library 	Where: Library 	Where: Library 	Where: Library 
Minecraft Club (1st Half Lunch)	Where: ICT 		Where: ICT 		Where: ICT 
Coding Club (1st Half Lunch)		Where: ICT 		Where: ICT 	
Art		Where: Art room 		Where: Art room 	
PLAY Lunch	Where: Oval PLAY		Where: Oval PLAY		Where: Oval PLAY
Song and Dance				Where: Performing Arts Room 	
Pokemon Club (2nd Half)	Where: Spare classroom 				Where: Spare classroom 
Stadium Sports 1st Half Lunch			Where: Stadium Grade: 4 	Where: Stadium Grade: 5 	Where: Stadium Grade: 6 

School Tours

Term 2, 2022

Tuesday 10th May 9:30am
Wednesday 25th May 9:30am
Thursday 9th June 9:30am



Please scan the QR code above to select your preferred date



Kilmore Primary School

35 Lancefield Road, Kilmore (office entry is via Sutherland Street)

Ph 03 5782 1268

Email Kilmore.ps@education.vic.gov.au

STANDING WITH UKRAINE

I have been saddened to see all the innocent children of Ukraine leaving their homes. Please help me raise funds for them.

By buying one of my scrunchies you can wear it and help show your support.

All sales will go to:

SAVE THE CHILDREN

*I hope to raise \$140 which will:
"provide a family who has fled
their home with food for a month"*

Thank you

Tilly B

55

Scrunchies

to help the

Children

of

Ukraine

\$3 Small

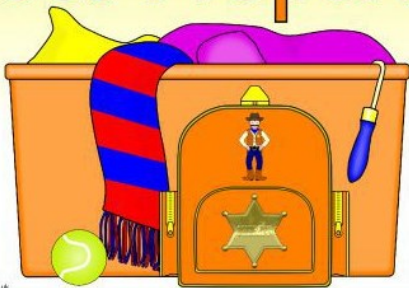
\$5 Large

Students interested in ordering a scrunchie, please put your name, class and money into an envelope and hand deliver to the office.

Scrunchies are made to order and turn around times may vary.



Lost Property



We have had some precious lost property items handed into the office. These items include such things as a watch, wallet and purse etc..

If your child has lost any of these items please see the office about getting them returned.

Canteen

The online ordering system for the canteen is still being finalised.

To place an order for recess or lunch, write on an envelope your child's name and class, recess or lunch and what they wish to order, enclose money and children place their order in their classroom lunch order tub. Orders are delivered to classrooms for recess snack and lunch eating times.

Students are also able to purchase some items over the counter at recess and lunchtime such as icy-poles etc



2022 Prep CSEF Uniform Package



Applications for the 2022 Prep CSEF Uniform Package are **now open** and can be placed via our [online application portal](#).

Information sheets for schools & families, plus the order form - can be found on our [website](#) and downloaded as required.

Please note the following;

- Vouchers issued will have an expiry and must be redeemed before the expiration date
- Once vouchers have been issued, we are unable to exchange items for "change of mind"
- Applications for this package will **close at the end of Term 3, 2022**

In order for a student to be eligible to receive the 2022 Prep Uniform Package the student must be a Camps, Sports and Excursion Fund (CSEF) recipient.

To find out more, visit the [Department of Education & Training website](#).

If you could kindly forward this communication to all relevant staff within your school, it would be appreciated.

Should you have any questions about this package, please contact our Applications Support team on 8769 8400 between the hours of 8.30am - 4.30pm, Monday to Friday or email us at :

contact@ssr.net.au

Mobile Phones

It is a Department of Education requirement that students hand their mobile phones in to the office each morning and collect at the end of each day.

The office has a locked mobile phone cabinet for this purpose (pictured).



FINANCIAL ASSISTANCE

INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS

FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

\$125 for primary school students

\$225 for secondary school students

MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **Changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.





Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

Female players born between 2003-2014.

Wallan Basketball needs you!

Our girls program at Wallan is seeking new families to come and join our program. Our junior domestic program is played on Saturdays over term 2 & 3. Players will be placed on a team with a coach and given a short weekly training session before their game. The Domestic league is a great winter sport and the perfect spot for beginners looking to start their basketball journey.

50% discount

off registration fees for the upcoming season to new families to the club.

25% discount

for all current players who refer a new player to the club when they register for next season.

To take advantage of this offer please email
wallanbasketball@gmail.com

GROUP MENTORING FOR CYCLE 2 2022 (AGES 8-22)

INTEREST-BASED GROUPS

- AFL
- Animal Crossing
- Anime
- Dinosaurs
- Disney ~ **NEW**
- Drawing & Art
- Dungeons & Dragons
- Gaming ~ **NEW**
- Harry Potter
- LEGO
- Marvel
- Minecraft
- Pokémon
- Screens, Tunes & Characters
- Sports
- Star Wars
- Transport ~ **NEW**

ADDITIONAL GROUPS

- I CAN Groups Ages 8-12
- I CAN Groups Ages 13-17
- I CAN Groups Ages 17-22
- I CAN Imagination Club® (not Autism-specific; ages 8-12)
- Groups for Autistic-LGBTIQA+ Teens & Young Adults

STARTING WEEK OF 2 MAY

www.icannetwork.com/online



Managing Your Mental Health Online

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

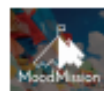
Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.



A FREE seven session program for fathers of 2 -12 year old children

Dads Tuning in to Kids teaches you how to help your child understand and manage feelings ('emotional intelligence')

Children with good emotional intelligence:

- have better concentration at school
- have greater success with making and keeping friends
- are more able to manage conflict with peers
- are more able to calm down when upset or angry

Tuesdays 6pm - 8pm
starting 3 May - 14 June 2022
Online

Call FamilyCare's Central Intake 1800 161 306 to register your
place or [register online here](#)



This workshop is for parents and/or carers in the Goulburn Region
(Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi)

BROADFORD
SECONDARY
COLLEGE
TUESDAY 10TH
MAY

Open Night

Tours start from 4.30pm through to 7.30pm.

Bookings essential <https://www.trybooking.com/BYSWXT>

Our Vision

To give every person, every opportunity, every day

- . An innovative 7/8 programme catering to individual needs
 - . An engaging 9/10 curriculum reflecting best practice
 - . Academic extension opportunities
 - . A broad range of university entrance pathways
 - . A broad range of VCE, VET & VCAL programmes
 - . Exemplary Advocacy Wellbeing programme
- Contact: Cathy Coppinger, Assistant Principal ph: 5784 1200**
YAAWINBU YANANINON "Enjoy Your Journey"

all welcome

