

Kilmore Primary School

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253

P 03 5782 1268 E kilmore.ps@education.vic.gov.au W www.kilmoreps.vic.edu.au

NEWSLETTER Friday, 9th May 2025



KPS wishes all Mothers and Special People in our school community a wonderful day for Sunday













May

Running Club Reminders

Monday, Wednesday and Friday
Grade 6 to Year 7 Placement Applications Due

Friday 16th

Cross Country

Tuesday 20th

2026 Foundation Information Evening 6.30 pm (flyer attached)

Tuesday 27th—School Tour at 4.30 pm

Friday 30th

Winter Interschool Sports Grade 5 and 6

June

Monday 9th

Kings Birthday Public Holiday

Thursday 19th—School Tour at 12 pm

Monday 23rd—School Tour at 9.30 am

July

Friday 4th

CSEF—Applications close

End of Term 2 students-2.30 pm finish

Monday 21st

First day of Term 3

2025 School Term Dates

Term 2: 22nd April to 4th July

Term 3: 21st July to 19th September

Term 4: 6th October to 19th December

Drink Bottles

Reminder all students need to bring a drink bottle to school.



HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthday over the coming week:



Paddy Q, Willow P, Noah M, Hudson C, Levi G, Eden D, Hudson R, Skyla H, Zara S and Serrat H.

Facebook

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via

kilmore.ps@education.vic.gov.au or by calling the office on 5782 1268.



Late Arrivals

If your child arrives after 8.50am please ensure they go to the office to **be signed in.**

If they are not signed in you will receive an SMS stating that your child is away.



CHANGE OF CLOTHES

As term 2 is here and in anticipation for upcoming the wet



weather and winter, could you please make sure **all** students have a change of clothes in their bags.



SICK BAY LINEN ROSTER

May

16th Vicki Buggy23rd Ashleigh Desmond30th Jackie Knight

June

6th Elissah Dwyer-Stone 13th Lucy Wheeler





2026 Foundation Enrolments NOW OPEN

Please visit the school website for further information and to complete an Enrolment Enquiry

https://www.kilmoreps.vic.edu.au

Children must be turning five before 30th April 2026. If you have any questions regarding enrolment, please do not hesitate to contact the school on 57821 268.







Principal's Report – Week 3, Term 2

Dear Kilmore Primary School Community,

Thank you all for another wonderful week at Kilmore Primary School. The warmth and support I've received from families, students, and staff since commencing as Principal has been truly appreciated, and I am grateful to be part of such a vibrant and welcoming community.

Now in my second week at Kilmore Primary School, I have taken the time to observe the culture and routines of our school — particularly in relation to **student behaviour** and how students engage with one another and with staff.

It is clear that, as a school community, we have some important work to do in strengthening our approach to behaviour expectations and consistency. We must continue to prioritise **teaching children about personal responsibility**, the impact of their choices, and the natural **consequences of their actions**. Behaviour education is just as vital as academic instruction, and it is our role—both at school and in partnership with families—to model, teach, and reinforce respectful conduct, empathy, and accountability.

Uniform Expectations

As we continue to foster pride and unity in our school, I would like to take a moment to reiterate our expectations around the Kilmore Primary School Uniform Policy. Wearing the correct school uniform supports a sense of belonging and school pride. In line with our policy, I want to clarify a specific expectation: facial piercings—including those on the nose and lips—<u>are not permitted</u> at school. If your child has a nose piercing, it must either be removed or covered with a discreet band-aid while at school. We appreciate your support in helping maintain a consistent and respectful learning environment for all students.

Happy Mother's Day!

This Sunday, we celebrate a very special group of people in our lives—our wonderful mothers, grandmothers, carers, and all the mother figures who play such an important role in shaping who we are. On behalf of the entire school community, I wish you a very Happy Mother's Day.

I'd also like to acknowledge and thank our KPS staff who volunteered their time to support our Mother's Day celebrations today. Your dedication makes these moments memorable for our students and their families.

Building Positive Relationships

At Kilmore Primary School, we know that positive relationships form the heart of a thriving school community. In a school setting, this looks like students showing empathy, listening to others, collaborating respectfully, and feeling safe and valued. As educators, we model these behaviours every day—and we ask our families to join us in reinforcing them at home. By working together and building strong, respectful partnerships between home and school, we can ensure that every child feels connected, confident, and ready to learn.

Thank you again for the privilege of leading this incredible school. I look forward to a wonderful Term 2 ahead.

Warm regards,

Michael Nicolaides

Acting Principal
Kilmore Primary School





A huge thank you to our wonderful 'Parents and Friends' and volunteers who have worked tirelessly today and over the past few weeks to provide our students with the opportunity to purchase gifts for the special people in their lives. Special thank you for the generous donations received from our KPS community.



Our Lucky Raffle Winners

Pink Day fundraiser in support of Breast Cancer Network Australia (BCNA).



KPS students and staff looked amazing for our PINK DAY fundraiser which raised an amazing total of \$738.90.

Those who participated will help BCNA to inform, support, connect and represent all Australians affected by breast cancer. Breast cancer is the most commonly diagnosed cancer in Australian women with one in seven diagnosed in their lifetime. Over 20,000 women are expected to be diagnosed with breast cancer this year as well as over 170 men. Your support has helped these women, men and families to not go through their journey alone.

A huge thank you to Alexander, Ashlea, Ashton, Montgomery, Quinn and Tess our Pink Day Ambassadors for all of their help on Wednesday! Our KPS Ambassadors were very thankful for all your support and were incredibly proud when they saw an explosion of PINK everywhere they looked!!

Congratulations to the following judged as 'Best Dressed':

Maddy FP, Hope 1S, Aurora 2H, Max 3V, Mackenzie 4S, Lennox 5F and Ryder 6O.





Breakfast Club Term 2

Details:

Days: Monday, Tuesday, Wednesday, and Thursday

• Time: 8:20am - 8:40am

• Location: Stadium (Kilmore-Lancefield will open at 8:20am).

Managed by KPS staff, Breakfast Club offers a selection of cereals and toast for students to enjoy. This program not only provides a nutritious start to the day but also encourages autonomy and enhances social skills. Breakfast Club is a student-only space designed to foster the development of these important skills.

Please note that students may access the school grounds from 8:30am.

If any parents or carers are interested in helping at Breakfast Club, please send an expression of interest to Richie.Boyer@education.vic.gov.au



Students should not arrive at school until the school gates open at 8.30am unless they are attending Breakfast Club on Monday, Tuesday, Wednesday or Thursday morning. If you are joining Breakfast Club, please enter through the stadium gate on Lancefield Road.

Staff are not on yard duty until 8.30am

COLLECTING YOUR CHILD FROM SCHOOL EARLY

We would like to make families aware of our pick up procedures for collecting students early.

Staff can only arrange for children to come to the office once a parent/guardian arrives at the office.

Children cannot be waiting for parent/guardians in the office prior to your arrival.

Please allow an extra 5 to 10 minutes prior to needing to depart the school.

Please also be mindful that it is difficult for children to hear announcements whilst out in the playground enjoying themselves, should you need to collect them during break times it may take us quite a bit longer.



LIBRARY NEWS

'The more that you read, the more things you will know. The more that you learn, the more places you'll go' - Dr. Seuss



The 2025 **Premiers** Reading Challenge is

It's time to register for the Premiers Reading Challenge 2025! It is not a competition; but a personal challenge for students to read a set number of books by 5 September 2025. You will receive your own login to record the books you have read and have the opportunity to earn badges, rate books and write book reviews, if you choose! All children who meet the Challenge will also receive a certificate signed by the Victorian Premier!



Don't forget to email Liz to request your username and password:)



Foundation to Grade 2 are encouraged to read or 'experience' 30 books with their families and teachers

Year 3 to 6 are challenged to read 15 books

REGISTER HERE:

elizabeth.simner@education.vic.gov.au.

For more information visit: www.education.vic.gov.au/PRC.

Happy Reading!



READING REDUCES STRESS

Reading reduces stress and anxiety levels. It is proven to make you happier!

READING MAKES YOU SMARTER

Reading is the best exercise for your brain.



READING IS FREE

You can borrow books from school for free. Reading doesn't have to cost a thing!



Need more books? Please let Liz know.

Handy Tips from



Attendance

Entering an Attendance Note

- From the Compass home screen (or from your (1) student's profile), click the Add Attendance Note item.
- From the pop-up window

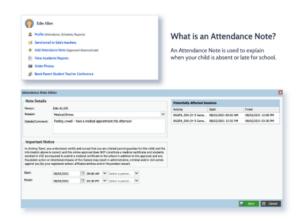
Select the reason

Enter a brief description of the absence

Select the start and finish time

Click the 'Save' button

Where possible, attendance notes should be entered prior to the absence/lateness



Parent-Teacher Conferences

Using Compass you can book your parent-teacher conferences online.

On the home screen, beside the student 1 you wish to make bookings for, click 'Book Parent Student Teacher Conference.



4

A list of parent-teacher conference cycles (2) will be displayed along with their booking status. Click on the relevant cycle.

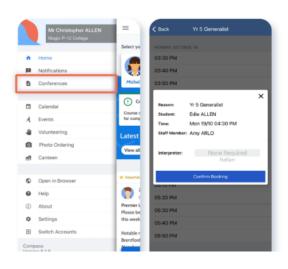


Your booking sheet will be displayed and 3 will show your available booking times. Click on a time in the grid to display teachers available for booking at that time.



Parent-Teacher Conferences - app

- From the Compass home screen on your app, select (1)the menu (top left) and click Conferences.
- From the list of parent-teacher conference cycles
 - Select the relevant cycle you wish to book for
 - 4 Select the student you wish to place a booking for
 - 4 Select the class or interview group
 - 4 Click on a time slot to make a booking and confirm



DO NOT PARK IN OR BLOCK DRIVEWAY AT ANYTIME

NO PARKING

PLEASE DO NOT BLOCK DRIVEWAY

THANK YOU

Every Day Counts













Session 1:	8:50am — 9:50am	
Session 2:	9:50am — 10:50am	
Recess	10:50am — 11:20am	
Session 3:	11:20am — 12:20pm	
Session 4:	12:20pm — 1:20pm	
Lunch Eating	1:20pm — 1:30pm	
Lunch Play:	1:30pm — 2:10pm	
Session 5:	2:10pm — 3:05pm	
First Dismissal (Surnames A — L) 3:05pm		

3:10pm

Second Dismissal (Surnames M - Z)



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

MORE INFORMATION

For more information about CSEF visit: https://www.education.vic.gov.au/about/programs/Pages/csef.aspx

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools this year.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



Mobile Phones & Smart Watches

It is a Department of Education requirement that students hand mobile phones and smart watched in to the office each morning and collect at the end of each day.

The office has a locked mobile phone cabinet for this purpose.







Managing Your Mental Health Online





Digital Mental Health Gateway



Head to Health

A website that links Australians to free or low-cost online and phone mental health services. headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467 National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636 Telephone (24/7), online and email counselling,

1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



OLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs

MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.

mentalhealthonline

Free online programs for a range of issues, with self-guided or therapist support options.

myCompass

MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.

ecouc

e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



A social and emotional wellbeing self-help app for young Aboriginal and Torres Striat Islander Australians aged 15 years and older.

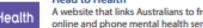












Mental Health Online



Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank



Safety around schools

Everyone has a responsibility

Make school time safe for everyone

Please take extra precautions when dropping children off and picking them up from school. Children are still learning the road rules and can be unpredictable and difficult to see.

Important things to remember:

- Travel at a maximum of 40 km/h
- Never use a mobile phone while driving
- Always follow the crossing supervisor's instructions
- Allow extra time so you don't need to rush
- Consider parking a few streets away and enjoy a walk

Together, let's reduce speeds and improve safety for all children.



t. (03) 5734 6200 e. mitchell@mitchellshire.vic.gov.au www.mitchellshire.vic.gov.au



WALLAN (0)
28th May, 2025

Community Programs

Women in the Driver's Seat

Gain the skills and confidence to pass your driver licence test.

prace

www.prace.vic.edu.au



Community Programs

Women in the Driver's Seat

Gain the skills and confidence to pass your driver licence test.

From learning the rules, to driving for the first time, we will support you every step of the way. This free program offers education, driving lessons and funding for your driver licence test.

During the program you will:

- · Build skills and knowledge around road rules
- Gain practical driving experience under guidance from professional driving instructors
- Learn about the probationary testing process and requirements

This program is designed for women aged 21 and older. We especially encourage women, who face challenges in obtaining a driver licence, to enrol.

Places are limited.

Register your expression of interest <u>here!</u>





This project is funded through an ACFE Family Learning Partnerships grant.

Location

Wallara Waters Sales Centre 170 Wallan-Whittlesea Rd

Dates and duration

28th May to 2nd July 2025 6 Sessions and 5 x 60 minute driving lessons (timing is subject to your and the instructor's availability).

Days and hours

Wednesdays 10.00am to 12.30pm

Entry requirements

This program is designed for women aged 21+. Women facing barriers to obtaining a licence and those with young children are encouraged to enrol. You will need to have a learner permit (Ls) and the English language skills to undertake driving instruction and the test. You must live, study or work in Mitchell Shire.

Free



Prace encourages individuals with disabilities to participate in our programs and activities

prace

Prace - Main Office
Merrilands Community Centre - 35 Sturdee Street, Reservoir
Phone 9462 6077 | office@prace.vic.edu.au | www.prace.vic.edu.au

Get up to \$500 for education costs

Achieve a savings goal for 10 months, and **ANZ** will match it up to \$500.

To be eligible, you need to meet these requirements:







A regular income (you or your partner)



Attend free online financial education workshops



Are studying yourself or have a child at school, or starting next year



Current
Health Care
or Pensioner
Concession
Card

Saverplus.org.au

1300 610 355





Upgrade your wardrobe sustainably with budget-friendly, stylish finds at HER Second-hand Clothing Market while reducing waste, saving money, supporting eco-friendly fashion and giving to a good cause









Thursday 8th May 9.30am

Tuesday 27th May 4:30pm

Thursday 19th June 12:00pm

Monday 23rd June 9:30am

To RSVP, please click on your preferred date or alternatively scan the QR code

IMPORTANT DATES

- Foundation 2026 Enrolment applications accepted from Tuesday 22nd April 2025
- Foundation 2026 applications due no later than Friday 25th July 2025
- Foundation 2026 enrolment acceptance confirmation by Friday 8th August 2025





35 Lancefield Road, Kilmore

E: Kilmore.ps@education.vic.gov.au

Ph: 03 5782 1268



KILMORE PRIMARY
SCHOOL

2026 FOUNDATION INFORMATION EVENING



CLICK <u>HERE</u> TO REGISTER



TUESDAY 20TH MAY 2025



6:30PM

ABOUT OUR SCHOOL

Our Leadership Team will speak about the learning and wellbeing programs at Kilmore Primary School.

FOUNDATION

Learn about our Transition to School Program and speak with staff, who will be happy to answer all of your questions.

ENROLMENT PACK

Enrolment packs will be available for collection at the conclusion of the information evening.







03 5782 1268



kilmore.ps@education.vic.gov.au