



Kilmore Primary School

Principal: Mr Neil O'Sullivan

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253
P 03 5782 1268 F 03 5782 1553 E kilmore.ps@education.vic.gov.au W www.kilmoreps.vic.edu.au

NEWSLETTER

Friday, 20th October 2023



READ
GROW
Inspire



KPS ES Staff Ready for the Book Week Parade

We hereby express our respect for the Taungurung people, who are the Traditional Owners of the land on which we are based.



Breakfast





Thanks and Gratitude: Book Week Breakfast

Our school was a hive of activity and colour this morning for our Book Week Breakfast and our Book Week Parade. We had a fabulous turnout of parents and carers attend the breakfast event and then stay for the Book Week Parade that followed. It was a great highlight to see so many smiles amongst our parents, carers, staff and students with everyone joining in the fun of celebrating the magic of books and literature. I would like to thank the Book Week team for organizing such a great array of learning and community engagement events across the week. I would also like to thank our team of “master chefs” who woke up very early this morning to prepare the Book Week Breakfast. As you will see from the photos elsewhere in the newsletter, we had a very special morning at our school this morning.

Book Week – What A Great Week Of Learning and Celebration

While there is no doubt that this morning's events were the highlight of our week, our students and teachers have been involved in some great learning activities over the last week. On Tuesday, our teachers and students created a display on their classroom doors to reflect the themes and ideas from one of their favorite books. On Wednesday, our students shared their writing with their parents as part of our “KPS Writer's Festival.” It has been a great week of celebration, learning and creativity and we look forward to building on these events in 2024.

Professional Learning Communities – School Visit

On Monday, over 40 teachers and senior leaders will be visiting Kilmore Primary School to take part in a day of Professional Learning. On the day, Ms. Pappin will be leading teachers from across Victoria in visits to our classrooms to see the learning and wellbeing practices which we have developed at Kilmore Primary School. This day is part of our role as Professional Learning Link School, through which we are responsible for leading the learning of teachers from other schools. This role is a result of the dedicated work of our teaching staff and how well they collaborate to deliver great learning programs for our students. I would also like to acknowledge the work that Ms. Pappin has put into setting up the day. She has worked incredibly hard over the last week to ensure that all of the logistics are in place for a successful day for our visitors.

Neil O'Sullivan
Principal



CHILDREN'S BOOK WEEK®



getting ready for the parade.....



Foundation



CHILDREN'S
BOOK WEEK®



Grade 1



Grade 2



CHILDREN'S
BOOK WEEK®



Grade 3



Grade 4



CHILDREN'S
BOOK WEEK®



Grade 5

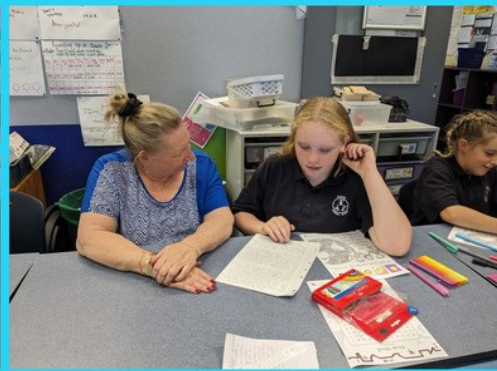


Grade 6





WRITERS FESTIVAL



CHILDREN'S BOOK WEEK®

WRITERS FESTIVAL



October

Tuesday 24th

Foundation 2024 Information Evening commencing 6.30 pm

Friday 27th

Grade 2 Sleepover

Bandanna Day

1st Round Orders Due for 2024 Grade 6 Jacket & Polo orders
(refer page 9)

November

Friday 3rd

Colour Explosion Fun Run Fundraiser

Monday 6th

Curriculum Day—Pupil Free Day

Tuesday 7th

Melbourne Cup Public Holiday

Friday 24th

Conveyance Allowance Applications Due

December

Friday 1st

Payment due for Grade 6 Celebratory Dinner

Tuesday 5th

Grade 6—Broadford Sec College Parent Information Evening

Tuesday 12th

Grade 6 Graduation Bear order and payment due
STATEWIDE TRANSITION DAY

Wednesday 13th

Grade 6 Celebratory Dinner

Friday 15th

Grade 6 End of Year Funfields Excursion

Wednesday 20th

Last day of School Year

HAPPY BIRTHDAY

Birthday wishes to the following
students who celebrate next week:

Audrey Pankhurst,
Oliver Simner, and Aroush
Ahmad.



Facebook



As Facebook is not always monitored by staff, please direct any
questions/queries/concerns to the school directly via
kilmore.ps@education.vic.gov.au or by calling the office on 5782 1268.



If any of your personal details change such as
address, email, phone numbers, emergency
contacts etc. it is important to contact the
office as soon as possible to update our
records.

SICK BAY LINEN ROSTER

October

27th Nicole Peter

November

3rd Susan Moore

10th Vicki Buggy

17th Megan Johnson

24th Ashleigh Desmond

December

1st Jemima Allen

8th Jackie Knight

15th Nicole Peter



Important
Information



**Kilmore
Primary School**

Important
Information

Parents and Carers, please refer to the attached links to view
updated School Policies documents:

[School Policies \(kilmoreps.vic.edu.au\)](https://kilmoreps.vic.edu.au)

Or alternatively visit the KPS School website and go to :

‘About’ — ‘School Policies’

SAT News

The SAT are collecting ring pulls to raise funds for Aussie Kids Charity. This week most classrooms received their container for collecting ring pulls. Many classrooms have already begun collecting. We are excited to see how many ring pulls we can collect over the term so please remember to save your ring pulls and bring them along to school to place in your class container.



National Bandanna Day
Friday 27 October 2023



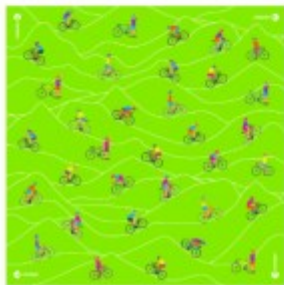
Stylish Dogs - Magenta bandanna



Hop & Swish bandanna



Family Connections bandanna



Bicycles bandanna



Aussie Reptiles bandanna



Waves of Courage bandanna



Under The Sea bandanna



Saltwater Dreaming bandanna



Horses Tinkt bandanna



Bandanna sales are available via Compass

All Bandannas are \$5.00 each

All orders will require 2 design preferences

KPS is participating in Canteen's National Bandanna Day. We are currently selling Bandannas through Compass. Here is the link to order your bandanna:

<https://kilmoreps-vic.compass.education/Organise/Activities/Events/Event.aspx?eventId=15879>

Bandannas are \$5 each and you can put in a preference for your favourite design. We will also have a pop up store to buy bandannas at school soon. Keep an eye out for more information.

Bandanna day is the 27th October. So please buy a bandanna to support kids with cancer and wear your bandanna on Friday 27th October.



Bike Ed this week focussed on signalling and head check practice while maintaining our speed—with a short game of ‘Musical Bikes’ thrown in for fun!



Be KIND

Be PROUD

Be SAFE



**Be proud of our school
Always put your rubbish
in the bin**



Grade 6 Jacket and Polo Ordering



Families of Grade 5 students will have been emailed via Compass an order form for 2024 Grade 6 Jacket and Polo's.

First round orders are due 27 October 2023 for delivery to KPS before school commences in 2024. Second round orders are due 15 February 2024 for delivery to KPS before end of term 1 in 2024.

(All orders and payments must be placed directly with All Things Uniform).

Please contact the office on 5782 1268 if you require any assistance in locating your order form in Compass.

REMINDER TO WEAR YOUR HAT

All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. Basketball or peak caps are not considered a suitable alternative.

Please note the school does not sell hats. You can purchase your hat from All Things Uniform, Broadford.



Drink Bottles

Reminder all students need to bring a drink bottle to school.



Connecting With Kimberly



REDFIN program: This term, we are commencing a new program titled **REDFIN** for our grade 5 students. **REDFIN** stands for: Respect, Encouragement, Dedicated, Friends in Nature. This program focuses on utilising therapeutic approaches through a fishing theme to strengthen our emotional regulation and social skills. The final session of this program is a fishing session at Hanging Rock.

Transition: We have started our internal and external transition programs for 2024. This includes a robust whole-school program and engagement with local kinders and high schools. Grade 6 students will start to participate in sessions with their school for next year and Headspace will also be coming to talk to all grade 6 students about managing stress and getting ready for change. More information about this will come out via compass next week.



The following services are available outside of school hours. *In the event of an emergency please call 000*



Best,
Kimberly Batsas-Hill
Social Worker -Primary Welfare Officer

Kids Helpline



Ph: 1800 551 800

[https://
kids helpline.com.au/](https://kids helpline.com.au/)

Parentline



Ph: 13 22 89

[https://
parentline.com.au/](https://parentline.com.au/)

Safe Steps



Sexual assault, domestic
and family violence

Ph: 1800 015 188

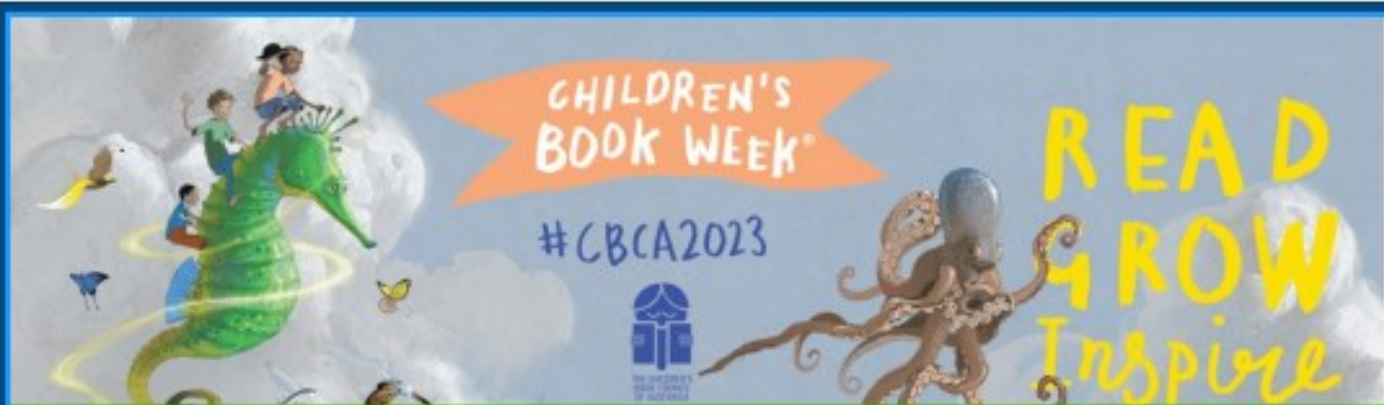
[https://
www.safesteps.org.au/](https://www.safesteps.org.au/)

Lifeline



Ph: 13 11 14

[https://
www.lifeline.org.au/](https://www.lifeline.org.au/)



BOOK WEEK

IN AND AROUND THE LIBRARY!



All year levels started Book Week celebrations by attending a session with our special guest, picture book maker, Zeno Swords!



Our 'door'/window display celebrating Zeno's award winning books: My Strange Shrinking Parents and This Small Blue Dot (signed copies available for order – please see separate flyer!)



Main office 'Treehouse' display

SJ 'DEEP' door display

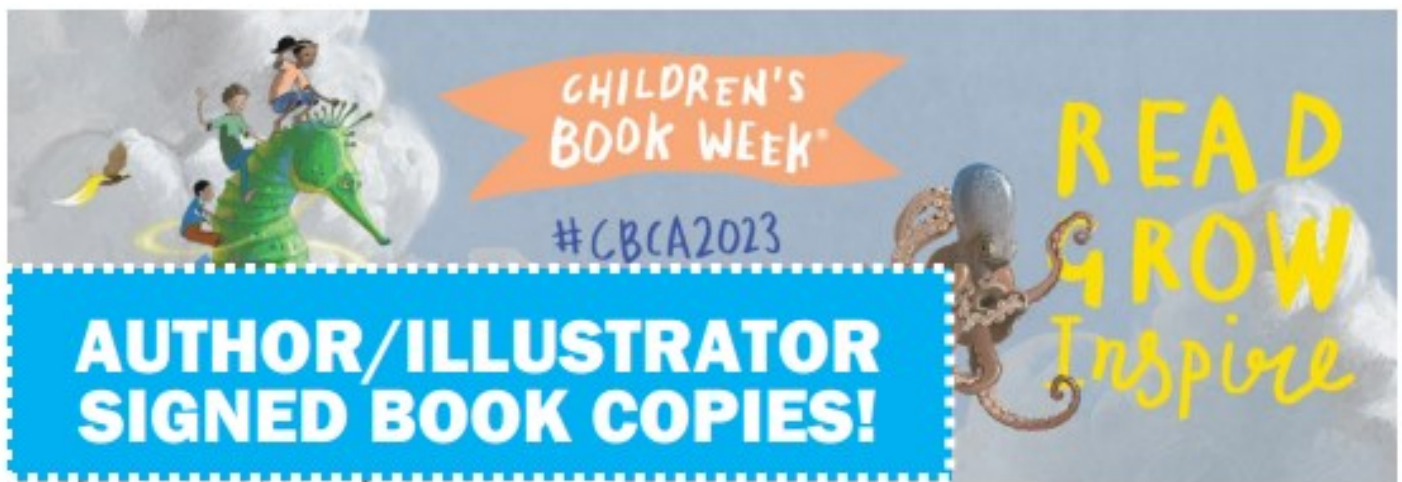


Lunchtime flower craft activities in the library!



Sharing writing with parents/carers

THANK YOU TO EVERYONE FOR EMBRACING BOOK WEEK AT KPS!




ZENO SWORDER

On 16th October Zeno will be visiting our school to talk to students about reading and writing. This is a fantastic opportunity to learn even more about the practices of professional authors and how they write the interesting and engaging stories we love.

Students have the opportunity to purchase books!
To order go to: www.lamontauthors.com.au and select "Buy our Author's Books".
All orders must be completed by **29th October** to receive signed books by Zeno.

On Monday, KPS hosted the incredibly talented picture book maker, Zeno Sworder who ran several sessions across all year levels sharing his two fantastic books with our students. Zeno has written and illustrated *My Strange Shrinking Parents* that won this year's CBCA Picture Book of the Year award and *This Small Blue Dot* that won the CBCA New Illustrator award in 2021.

Zeno talked about what inspired his books but also sent out the message that we are all capable of creating stories and drawings no matter how artistic some of us may think we are not, it just takes practice!

Zeno was generous enough to also share with us his new idea for a picture book,,and it is so good! This book is yet to be published so keep your eyes out but I think he has another award winner on his hands!

By ordering one of Zeno's books you not only help support our incredible Australian artists but you will also be the owners of a much loved treasure you can share with your family and read over and over again. Zeno's books make great gifts and I especially recommend *This Small Blue Dot* to new parents or younger children which beautifully describes all the wonderful things to be found in ourselves and in this world. *My Strange Shrinking Parents* is perfect for older students (and adults!) which lovingly describes through words and illustration the sacrifices parents make to help their children grow.

Those who order these specially signed books, will receive their order in early November, perfectly in time for Christmas!



**SIGNED COPIES
AVAILABLE FOR ORDER
ONLY UNTIL
29TH OCTOBER!**



THE BRIGHTEST DAY AT SCHOOL!

Get your Colour on, Kilmore Primary School is hosting a Colour Explosion Fun Run! Colour Explosion Fun Run Fun will be on **Friday 3rd November 2023**.

Not only are we hosting an awesome Colour Explosion Fun Run, students can order up to a total of 5 prizes based on their donations received. They can even mix and match!

On Compass, you will find communication with instructions on setting up their cybersafe, online fundraising profile at www.australianfundraising.com.au. This is an entirely online fundraiser; all cash donations must be converted to online donations to redeem your prizes.

Extra Incentives to Fundraise!

- * Online Golden Coins – complete fun online tasks to redeem an extra \$75 towards your prize credit.
- * Monty the Monstar's Bonus Prizes – achieve milestones to unlock Monty's bonus prizes.
- * \$10,000 JB HI FI Spending Spree for one organisation's highest fundraising student – it could be you!
- * Our school will win an extra \$5,000 if we have the highest average fundraised amount per student in 2023.
- * A Play Station 5 Gaming Bundle – see your child's sponsorship booklet for more!

For more information, please contact Jacqui Nelson @ jacqueline.nelson@education.vic.gov.au

Happy fundraising!



THE BRIGHTEST DAY AT SCHOOL!

Incentive Prizes

Fundraising for our Colour Explosion School Fun Run is entirely online. At the end of our fundraiser, Students can order up to a total of 5 prizes based on their donations received. They can even mix and match!

You only need to raise a minimum of \$10 to receive an incentive prize. From there, the more you raise the larger prizes you can choose from!

Monty the Monstar Prizes!

Monty the MonSTAR is giving away lots of extra prizes to help you reach for the fundraising STARS! Will you collect them all? Check out your sponsorship booklet to see what Monty has up for grabs.

\$10,000 JB Hi-Fi Shopping Spree!

What would your family buy with a \$10,000 JB Hi-Fi Shopping Spree?! The highest fundraising student in our school will go into the draw to win!

Win a PlayStation 5 Gaming Bundle!

Do you have a need for speed? The highest fundraising student in Australia will take home an awesome PlayStation 5 gaming bundle, complete with a NEW PlayStation 5 Console, a Steering Wheel, Pedals and two games!

You have to be in it to win it! If you haven't already, make sure you start fundraising online at www.australianfundraising.com.au.

Happy fundraising!



Want \$500 to help you with school costs?



Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment*
- ✓ Be studying yourself **OR** have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



laptops & tablets



uniforms & shoes



books & supplies



sports fees & gear



lessons & activities



camps & excursion

For more information, please contact your local Saver Plus coordinator:



Jade or Sharon



enquiriesp@berrystreet.org.au



1300 610 355

DELIVERED BY

**BERRY
STREET**

Find out more
at saverplus.org.au

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.



Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

Managing Your Mental Health Online

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

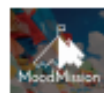
Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.

RESERVOIR

27th October 2023

Industry Short Course

Office Administration Essentials

Build skills and confidence to work in an office environment.

prace

www.prace.vic.edu.au

Industry Short Course Office Administration Essentials

Build your confidence and gain the essential skills you need to work in office administration.

In this course you will build your communication, teamwork and time management skills and learn a range of general administration tasks. The course covers:

- Formatting Letters
- Recording meeting minutes
- Taking phone messages
- Introduction to MS Word and Excel
- Creating, saving and filing documents electronically
- Emails and attachments
- Workplace Health and Safety
- Google Calendars for appointments

Pathways

Builds skills for employment, volunteer opportunities or further study (e.g. Intro to Bookkeeping) or accredited training (e.g. Certificate I / II in IT, Cert II / III in Business).

Workforce Australia

This course counts towards Workforce Australia mutual obligation requirements.

Prace encourages individuals with disabilities to participate in our programs and activities. This training is delivered with Victorian and Commonwealth Government funding. Prace T01D 4036

Location

Prace - Merrilands
Community Centre
35 Sturdee St, Reservoir

Dates and duration

27 Oct - 15 Dec 2023
8 Sessions

Days and hours

Fridays
9.30am - 2.30pm

Entry requirements

None

Fees

Concession \$50
Full \$54
Plus \$10 Service & Amenities Fee

Enrolment

Call 9462 6077 or visit us
at Merrilands Community
Centre



This course is endorsed by
Learn Local.



prace

Prace Main Office
Merrilands Community Centre - 35 Sturdee Street, Reservoir
Phone 9462 6077 | office@prace.vic.edu.au | www.prace.vic.edu.au



KILMORE PRIMARY SCHOOL

Family Learning Multicultural Playgroup at Kilmore

WE ARE DELIGHTED TO ANNOUNCE OUR PLAN TO START A FAMILY LEARNING MULTICULTURAL PLAYGROUP!

THROUGH THE PLAYGROUP KILMORE PRIMARY SCHOOL AIMS TO CONNECT WITH PROSPECTIVE STUDENTS AND THEIR FAMILIES EARLIER DURING THEIR PRESCHOOL YEARS AND PROVIDE A SMOOTH TRANSITION.

THE PLAYGROUP WILL BE STARTED NEXT YEAR AT THE KILMORE LIBRARY. COMMUNITY MEMBERS FROM A LANGUAGE BACKGROUND OTHER THAN ENGLISH WITH A FORMAL TRAINING IN CHILDCARE INTERESTED IN WORKING AS FACILITATORS FOR THE PLAYGROUP ARE REQUESTED TO CONTACT THE SCHOOL.

CALL US: (03) 03 5782 1268

Web: www.kilmoreps.vic.edu.au

Email: kilmore.ps@education.vic.gov.au

Drum lessons at Kilmore Primary School



After hours drum lessons are now available at Kilmore Primary School. We are very excited to help create an exciting and thriving drum community at KPS.

Drums are a great instrument to help with coordination, concentration and overall confidence.

We are offering **one free trial** lesson to any students wanting to have a try at the drums before committing to weekly lessons.

Anyone interested in learning drums can contact:

Nathan Brinciau

Drum Teacher

Mob: 0490 337 127

Email: nathanbrinciau@gmail.com



2023 JUNIOR
CLUB OF THE YEAR

ANNUAL GENERAL MEETING

OCTOBER 23 2023



7PM



JJ CLANCY RESERVE SOCIAL ROOMS

KILMORE JUNIOR FOOTBALL CLUB



Kilmore SES Open Day

Saturday October 28th, 2023
10am to 12:30pm
and
2pm to 4pm

We're excited to invite you to the KILMORE SES Open Day, a thrilling event that offers a captivating insight into the world of emergency response. 🚒 Get ready to witness the dedicated volunteers of the Kilmore SES as they showcase their incredible skills and life-saving techniques.

📞 0408 937 257

🌐 www.ses.vic.gov.au

✉ kilmore@ses.vic.gov.au