

# Kilmore Primary School

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253

P 03 5782 1268 E kilmore.ps@education.vic.gov.au W www.kilmoreps.vic.edu.au

**NEWSLETTER** 

Friday, 16th May 2025















#### May

#### **Running Club Reminders**

Monday, Wednesday and Friday—Mrs Nelson is encouraging the top 8 winners to attend.

Grade 6 to Year 7 Placement Applications Due

#### **Tuesday 20th**

2026 Foundation Information Evening 6.30 pm (flyer attached)

Tuesday 27th—School Tour at 4.30 pm

Friday 30th

Winter Interschool Sports Grade 5 and 6

Onsite Assembly

June

Monday 9th

Kings Birthday Public Holiday

Thursday 19th—School Tour at 12 pm

Monday 23rd—School Tour at 9.30 am

July

Friday 4th

CSEF—Applications close

End of Term 2 students-2.30 pm finish

Monday 21st

First day of Term 3

### 2025 School Term Dates

Term 2: 22nd April to 4th July

Term 3: 21st July to 19th September

Term 4: 6th October to 19th December

#### **Drink Bottles**

Reminder all students need to bring a

drink bottle to school.



### HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthday over the coming week:



Maddie G, Buckley W, Abdul W, Lucas B, Charlotte T, Harry W, Pippa D, Archie E, Iona F, Coby R, George W, Elijah G and Mackenzie J.

#### **Facebook**

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via

<u>kilmore.ps@education.vic.gov.au</u> or by calling the office on 5782 1268.



#### **Late Arrivals**

If your child arrives after 8.50am please ensure they go to the office to **be signed in.** 

If they are not signed in you will receive an SMS stating that your child is away.



### **CHANGE OF CLOTHES**



As term 2 is here and in anticipation for the upcoming wet weather and winter, could you please make sure **all** students have a change of clothes in their bags.



#### **SICK BAY LINEN ROSTER**

May

23rd Ashleigh Desmond30th Jackie Knight

June

6th Elissah Dwyer-Stone 13th Lucy Wheeler

20th Vicki Buggy





# 2026 Foundation Enrolments NOW OPEN

Please visit the school website for further information and to complete an Enrolment Enquiry

https://www.kilmoreps.vic.edu.au

Children must be turning five before 30th April 2026. If you have any questions regarding enrolment, please do not hesitate to contact the school on 57821 268.







Principal's Report – Week 4, Term 2

Dear Kilmore Primary School Community,

#### Honouring Our Education Support Staff – ES Day 2025

Today marks a very special occasion in our school calendar—**Education Support (ES) Day**. It is a moment where we pause and reflect on the immense contribution made by our Education Support Staff at Kilmore Primary School. These exceptional individuals work daily to provide tailored, compassionate, and responsive support to many of our students—particularly those with complex learning, social, emotional, or behavioural needs. Their work is often discreet, yet it forms the foundation of what makes Kilmore a safe, inclusive, and caring learning environment.

Our ES staff are mentors, calm voices in moments of crisis, literacy and numeracy coaches, emotional anchors, and fierce advocates for our most vulnerable learners. They bring expertise, warmth, and consistency to the learning spaces they support, and the relationships they build with students are often life-changing.

They collaborate closely with our teaching staff, parents, wellbeing teams, and therapists to ensure every child gets what they need—not just academically, but holistically. They notice the small things: a drop in mood, a spark of progress, a moment of bravery. They celebrate growth, no matter how small, and they never stop believing in the potential of our students.

To our incredible ES team: **thank you**. Your work makes a difference, not just in student outcomes, but in student lives. Your care, commitment, and kindness are deeply appreciated by the entire school community. Please take the time to thank a member of our ES team today—they are, truly, the unsung heroes of our school.

#### Cross Country – A Day of Pride, Participation, and Persistence

What an outstanding day we shared with our whole-school **Cross Country event**! The spirit of perseverance, encouragement, and joy was truly on display as students from across all year levels took to the course, supported by cheering staff, families, and peers.

Events like Cross Country showcase so much more than physical fitness. They highlight personal growth, resilience, team spirit, and confidence. Whether students ran to place or walked to finish, their commitment and participation are what made today special.

A very special thank you must go to Ms Jacqui Nelson and Mr Richie Boyer, whose planning and leadership ensured the smooth delivery of the event from start to finish. The logistics behind such an event are immense—from race schedules, marshalling points, signage, and safety protocols to student supervision and engagement. Both Jacqui and Richie demonstrated outstanding organisation, professionalism, and positivity, and we are very grateful for their efforts.

To every student who participated: we are proud of you. To every staff member and parent who supported and encouraged: thank you.

Today reflected the best of who we are as a school community.





Principal's Report – Week 4, Term 2 continued

#### A Community Call to Action – Road Safety Reminder

It is with concern that I share with you some recent feedback from members of our local Kilmore community regarding student behaviour when travelling to and from school—particularly those riding bicycles.

We have received reports of unsafe practices such as:

- Students riding on roads without helmets
- Swerving around pedestrians on footpaths
- Ignoring road rules and traffic signals
- Using offensive language towards members of the public when corrected
- Riding in large groups in an unsafe manner across driveways or intersections

As educators and parents, we share a common responsibility to ensure the safety of our children, and it is essential that we model and reinforce **road safety expectations**.

#### Students who ride to and from school must:

- Always wear a securely fastened helmet
- Walk their bike or scooter across designated crossings
- Ride safely, predictably, and be mindful of pedestrians
- Walk their bikes once inside school grounds
- Refrain from riding on the roads unless appropriately trained and accompanied

The school will be following up with students directly about safe riding behaviours, but we are also asking for your support at home. Please speak with your child about their travel routines. If they are independent travellers, remind them that their actions represent not just themselves, but <u>our school</u>.

Let's work together to make our roads and paths safe for everyone. The safety and reputation of our students and our broader school community—depend on it.

Warm regards,

**Michael Nicolaides**Acting Principal
Kilmore Primary School







All other families who dropped donations to the office

# A BIG THANK YOU FOR YOUR DONATIONS TO THE STALL

Sheree for your MASSIVE stock donation & support setting up the stall













# Kilmore Primary School

# Be KIND Be PROUD Be SAFE

# **Student Awards**

At Kilmore Primary School, we are always working on modelling our school values of Kind, Proud and Safe. As a whole school, we explicitly teach and then give our students opportunities to display these values within and beyond the classroom doors.

The students listed below will be recognised for showing our school values at our assembly today. We congratulate:

Foundation F — Knox R	Grade 2/4 B —	Grade 6B — Alex O
Foundation J — Brayden C	Grade 3H — Zoe S	Grade 6H — Linkin T Axel J
Foundation M — Hailey P	Grade 3K — Tate H Bonnie C	Grade 6M — Cooper P
Foundation P — Jaida L	Grade 3V — Hudson P	Grade 60 — Nate W
Grade 1A — Charlotte D	Grade 4M — Lexi I Jasleen K	PE — Jasleen K
Grade 1B — Coen D	Grade 4S — Lanah L Michael M	ART —
Grade 1S — Manya M	Grade 4W — Seth K Alice T	Performing Arts — 4W
Grade 2F — Rommel M	Grade 5F — Tess M	Science — Alaysha L 4W
Grade 2H — Lily-Raye K	Grade 5J — Audrey P	HPE —
Grade 2M — Mekai R	Grade 5M —	





# Buzz from the Bee Hive!!!

The beehive was open to all classes and was buzzing this week!

Thank you to all our Busy Beehive helpers.

The Wellbeing Team

# Pink Day fundraiser in support of Breast Cancer Network Australia (BCNA).









### Breakfast Club Term 2

#### **Details:**

• Days: Monday, Tuesday, Wednesday, and Thursday

• Time: 8:20am - 8:40am

• Location: Stadium (Kilmore-Lancefield will open at 8:20am).

Managed by KPS staff, Breakfast Club offers a selection of cereals and toast for students to enjoy. This program not only provides a nutritious start to the day but also encourages autonomy and enhances social skills. Breakfast Club is a student-only space designed to foster the development of these important skills.

We kindly remind all families that students should not enter the school grounds before the Breakfast Club gate opens at 8:20am. We are not in a position to supervise or support students before this time, and your support is greatly appreciated.

Students attending Breakfast Club must enter via the Lancefield Road gate at 8:20am. Once inside, they are expected to remain in Breakfast Club until 8:30am, when yard supervision begins. This is to ensure the safety and wellbeing of all students.

If your child is not attending Breakfast Club, they must wait outside the gate until a school staff member welcomes them in at 8:30am.

During Breakfast Club, we are unable to provide one-on-one support. It is the responsibility of Parents and Carers to ensure their child enters and settles into Breakfast Club safely.

Thank you for your understanding and ongoing support in helping us maintain a safe and supportive environment for all students.

If any parents or carers are interested in helping at Breakfast Club, please send an expression of interest to Richie.Boyer@education.vic.gov.au



Students should not arrive at school until the school gates open at 8.30am unless they are attending Breakfast Club on Monday, Tuesday, Wednesday or Thursday morning. If you are joining Breakfast Club, please enter through the stadium gate on Lancefield Road.

Staff are not on yard duty until 8.30am



# LIBRARY NEWS

'The more that you read, the more things you will know. The more that you learn, the more places you'll go' - Dr. Seuss



# The 2025 **Premiers** Reading Challenge is

It's time to register for the Premiers Reading Challenge 2025! It is not a competition; but a personal challenge for students to read a set number of books by 5 September 2025. You will receive your own login to record the books you have read and have the opportunity to earn badges, rate books and write book reviews, if you choose! All children who meet the Challenge will also receive a certificate signed by the Victorian Premier!



Don't forget to email Liz to request your username and password:)



Foundation to Grade 2 are encouraged to read or 'experience' 30 books with their families and teachers

Year 3 to 6 are challenged to read 15 books

# **REGISTER HERE:**

elizabeth.simner@education.vic.gov.au.

For more information visit: www.education.vic.gov.au/PRC.

Happy Reading!



# READING REDUCES STRESS

Reading reduces stress and anxiety levels. It is proven to make you happier!

# **READING MAKES YOU** SMARTER

Reading is the best exercise for your brain.



### READING IS FREE

You can borrow books from school for free. Reading doesn't have to cost a thing!



#### Need more books? Please let Liz know.

# **Handy Tips from**



#### **Attendance**

### **Entering an Attendance Note**

- From the Compass home screen (or from your (1) student's profile), click the Add Attendance Note item.
- From the pop-up window

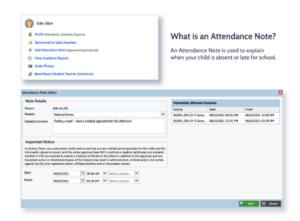
Select the reason

Enter a brief description of the absence

Select the start and finish time

Click the 'Save' button

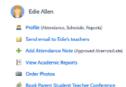
Where possible, attendance notes should be entered prior to the absence/lateness



#### **Parent-Teacher Conferences**

Using Compass you can book your parent-teacher conferences online.

On the home screen, beside the student 1 you wish to make bookings for, click 'Book Parent Student Teacher Conference.



4

A list of parent-teacher conference cycles (2) will be displayed along with their booking status. Click on the relevant cycle.

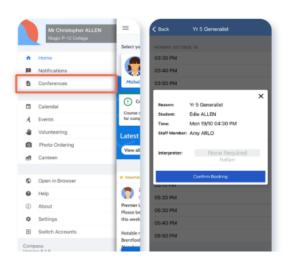


Your booking sheet will be displayed and 3 will show your available booking times. Click on a time in the grid to display teachers available for booking at that time.



#### Parent-Teacher Conferences - app

- From the Compass home screen on your app, select (1)the menu (top left) and click Conferences.
- From the list of parent-teacher conference cycles
  - Select the relevant cycle you wish to book for
  - 4 Select the student you wish to place a booking for
  - 4 Select the class or interview group
  - 4 Click on a time slot to make a booking and confirm



DO NOT PARK IN OR BLOCK DRIVEWAY AT ANYTIME

# **NO PARKING**

# PLEASE DO NOT BLOCK DRIVEWAY

**THANK YOU** 

# **Every Day Counts**













Session 1:	8:50am — 9:50am	
Session 2:	9:50am — 10:50am	
Recess	10:50am — 11:20am	
Session 3:	11:20am — 12:20pm	
Session 4:	12:20pm — 1:20pm	
<b>Lunch Eating</b>	1:20pm — 1:30pm	
Lunch Play:	1:30pm — 2:10pm	
Session 5:	2:10pm — 3:05pm	
First Dismissal (Surnames A — L) 3:05pm		

3:10pm

Second Dismissal (Surnames M - Z)



# FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

# CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

#### MORE INFORMATION

For more information about CSEF visit: https://www.education.vic.gov.au/about/programs/Pages/csef.aspx

#### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools this year.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



# **Mobile Phones & Smart Watches**

It is a Department of Education requirement that students hand mobile phones and smart watched in to the office each morning and collect at the end of each day.

The office has a locked mobile phone cabinet for this purpose.







# **Managing Your Mental Health Online**





#### Digital Mental Health Gateway



#### Head to Health

A website that links Australians to free or low-cost online and phone mental health services. headtohealth.gov.au

#### Phone and Online Counselling



#### Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467 National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636 Telephone (24/7), online and email counselling,

#### 1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



#### MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



#### OLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



#### Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



#### Open Arms 1800 011 046

Phone and online counselling for veterans and



#### SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



#### FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

#### Young People



#### Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing



#### eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



#### The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

#### **Programs**

#### MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.

#### Mental Health Online mentalhealthonline

Free online programs for a range of issues, with self-guided or therapist support options.

## myCompass

#### MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



#### e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



An Easy Read program to help people with



#### intellectual disability to recognise and regulate thoughts and feelings.

Online program for parents and caregivers



providing evidence-based parenting strategies.



#### Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

#### Apps



A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



A website and app which supports individuals to cut back or take a break from using alcohol.



#### Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

#### Aboriginal and Torres Strait Islanders



Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



A social and emotional wellbeing self-help app for young Aboriginal and Torres Striat Islander Australians aged 15 years and older.













# Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank



# Safety around schools

Everyone has a responsibility

# Make school time safe for everyone

Please take extra precautions when dropping children off and picking them up from school. Children are still learning the road rules and can be unpredictable and difficult to see.

Important things to remember:

- Travel at a maximum of 40 km/h
- Never use a mobile phone while driving
- Always follow the crossing supervisor's instructions
- Allow extra time so you don't need to rush
- Consider parking a few streets away and enjoy a walk

Together, let's reduce speeds and improve safety for all children.



t. (03) 5734 6200 e. mitchell@mitchellshire.vic.gov.au www.mitchellshire.vic.gov.au



WALLAN 0

**Community Programs** 

# Women in the Driver's Seat

Gain the skills and confidence to pass your driver licence test.

prace

www.prace.vic.edu.au



Aa Bb Cc Dd

34567

#### **Community Programs**

#### Women in the Driver's Seat

Gain the skills and confidence to pass your driver licence test.

From learning the rules, to driving for the first time, we will support you every step of the way. This free program offers education, driving lessons and funding for your driver licence test.

During the program you will:

- · Build skills and knowledge around road rules
- Gain practical driving experience under guidance from professional driving instructors
- Learn about the probationary testing process and requirements

This program is designed for women aged 21 and older. We especially encourage women, who face challenges in obtaining a driver licence, to enrol.

Places are limited.

Register your expression of interest <u>here!</u>





This project is funded through an ACFE Family Learning Partnerships grant.

#### Location

Wallara Waters Sales Centre 170 Wallan-Whittlesea Rd

#### Dates and duration

28th May to 2nd July 2025 6 Sessions and 5 x 60 minute driving lessons (timing is subject to your and the instructor's availability).

#### Days and hours

Wednesdays 10.00am to 12.30pm

#### Entry requirements

This program is designed for women aged 21+. Women facing barriers to obtaining a licence and those with young children are encouraged to enrol. You will need to have a learner permit (Ls) and the English language skills to undertake driving instruction and the test. You must live, study or work in Mitchell Shire.

Free



Prace encourages individuals with disabilities to participate in our programs and activities.

prace 🖁

Prace - Main Office

Merrilands Community Centre - 35 Sturdee Street, Reservoir Phone 9462 6077 | office@prace.vic.edu.au | www.prace.vic.edu.au | @prace.vic.edu.au | www.prace.vic.edu.au | Pracelne No. A00327132 TOID 4036 ABN 93736262 050



BBQ & RAFFLE
PROCEEDS GOING TO

Safe

Presents

# 2ND-HAND CLOTHING MARKET

Ladies - Men's - Children

10AM-2PM 31ST MAY

Upgrade your wardrobe sustainably with budget-friendly, stylish finds at HER Second-hand Clothing Market while reducing waste, saving money, supporting eco-friendly fashion and giving to a good cause









adds up to missing





**Every day counts** 

four weeks of school a year.

Missing one day per fortnight



Thursday 8<sup>th</sup> May 9.30am

Tuesday 27th May 4:30pm

Thursday 19th June 12:00pm

Monday 23<sup>rd</sup> June 9:30am

To RSVP, please click on your preferred date or alternatively scan the QR code

# **IMPORTANT DATES**

- Foundation 2026 Enrolment applications accepted from Tuesday 22<sup>nd</sup> April 2025
- Foundation 2026 applications due no later than Friday 25<sup>th</sup> July 2025
- Foundation 2026 enrolment acceptance confirmation by Friday 8<sup>th</sup> August 2025





35 Lancefield Road, Kilmore

E: Kilmore.ps@education.vic.gov.au

Ph: 03 5782 1268



KILMORE PRIMARY
SCHOOL

# 2026 FOUNDATION INFORMATION EVENING



CLICK <u>HERE</u> TO REGISTER



**TUESDAY 20TH MAY 2025** 



6:30PM

### **ABOUT OUR SCHOOL**

Our Leadership Team will speak about the learning and wellbeing programs at Kilmore Primary School.

#### **FOUNDATION**

Learn about our Transition to School Program and speak with staff, who will be happy to answer all of your questions.

#### **ENROLMENT PACK**

Enrolment packs will be available for collection at the conclusion of the information evening.

### REGISTER BY SCANNING THE OR CODE BELOW





03 5782 1268



kilmore.ps@education.vic.gov.au