



Kilmore Primary School

Principal: Mr Neil O'Sullivan

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NEWSLETTER

Friday, 20th August 2021

100 Days At School



PhotoGrid

August

Monday 23rd to Friday 27th

Book Week

Thursday 26th

Dress Up Day Book Week

Friday 27th

Conveyance Allowance Applications Due

September

Friday 17th

State School Relief 2021 CSEF Prep 'Winter Warmer' Uniform Pack

End of Term 3—2.30pm finish

October

Monday 4th

Start of Term 4

HAPPY BIRTHDAY

Birthday wishes to Scarlett Tillotson,
Lemmy Grace, Jack Davon,
Navroj Kaur, Chase Dennis,
Isaac Notley, Wyatt Wilson
and Jayden Johnson



CHANGE OF CLOTHES

With the wet weather now upon us,
could you please make sure **all**
students have a change of clothes
in their bags.



Reminder

Reminder due to current COVID restrictions at schools
that parents and carers will not be allowed access to
school grounds or the administration office.

We thank you all for your co-operation.

MITCHELL SHIRE COUNCIL



A Message from Mitchell Shire Council

There have been numerous incidents at the School Crossing around Kilmore Primary School.

The incidents included drive throughs, stopping on the school crossing, not waiting for the supervisor to leave the school crossing and an incident where the supervisor was on the crossing and a parent backing out into the crossing.

- A driver must approach a school crossing at a safe speed, if necessary to stop safely.
- A driver approaching a school crossing must stop at the stop line if:
 - A hand held stop sign is displayed at the crossing
 - A pedestrian is on or entering or exiting the school crossing
- If a driver stops at the school crossing for a hand held stop sign, the driver must not proceed until the holder of the sign:
 - No longer displays the sign towards the driver
 - Otherwise indicates that the driver may proceed
- If a driver stops at the school crossing for a pedestrian the driver must not proceed until there is no pedestrian on or entering the school crossing.

Thanks and Gratitude: Return to Onsite Learning 6.0

I would like to thank all members of our school community for the resilience, patience and support that they have displayed during the last period of remote learning. Although we have become used (to a degree!) to shortened timelines, we have never “snapped in” and “snapped out” of a lockdown in the manner that we did last week. One of the trickiest things for schools to deal with is how late the operations guidelines are in reaching us. While the Premier made the announcement that we would be returning to onsite learning on Monday morning, it was close to midnight before we received the school specific advice.

Dealing with uncertainty, shortened timelines and delays in information have become core features of our new normal and I would like to acknowledge the patience and “can do” attitude displayed by our school community. I would also like to highlight the incredible work undertaken by our staff during the transition in and out of remote learning. While no one wants to be in the remote learning space, I am incredibly proud of the remote learning program put together by our staff under such time pressure. With Google Meets, live Specialist classes and lots of engagement activities (which we did not need to implement) within our program, our teachers have put great effort into staying connected with our students. Finally, it has been wonderful to see our students return to onsite learning so well. Over the last year, we have all had great reminders of the huge role schools play as social institutions and seeing students reunite and reconnect with their friends and teachers is truly wonderful.

Grade 5/6 Camp – Working Together To Make It Happen

I would like to extend my huge thanks and gratitude to all the staff members (teachers, ESS and leadership) who worked so well together to make our Grade 5/6 Camp happen last week. We did not receive confirmation that camps could go ahead until 11.40pm on Monday night so our teachers had less than 24 hours to pull it all together. This is a truly extraordinary effort and a testament to the commitment of our staff to making these experiences happen for our students. Thank you to everyone involved - we have always known that camps are invaluable social experiences for our students, but in the shadow of COVID-19 their importance has been magnified enormously.

Student Lead Conferences

Unfortunately, transitioning in and out of remote learning has prevented us from holding our scheduled student lead conferences. Given that every day of onsite learning is precious in our current circumstances, our leadership team have made the decision not to hold a student free day for conferences and to privilege learning continuity and routine for our students.

Education Support Staff -Professional Learning

From next week, 13 of our Education Support Staff will be completing the “The Science of Language of Reading” delivered by La Trobe University. This course will build the capacity of our ESS to support language and literacy development across the school, particularly when working with our Foundation to Grade 2 students.

Book Week

Book Week is always one of the most exciting weeks in the school year and we are really looking forward to the range of activities we have planned for next week. Students will have the opportunity to dress up for our Book Week parade, take part in our Writer's Festival and participate in activities based on shortlisted texts for the Children's Book Council awards. The theme for this year's Book Week is “Old Worlds, New Worlds, Other Worlds” and I am looking forward to seeing some fabulous costumes at school.

All the best,

Neil O'Sullivan
Principal



100 Days At School



100 Days At School



PARENT OPINION SURVEY

Each year, the school conducts an opinion survey amongst a sample of the school community. This year, a sample of approximately 30 per cent of parents have been randomly selected and invited to participate. Results will be used to inform and direct our future school planning and improvement. I ask you to please take the time to complete the survey as your opinions are important to us and will contribute to the future management and organisation of our school.

The survey is conducted **online** by ORIMA Research and should take around **20 minutes** to complete. The survey will be open from **Monday 19th July** and **Friday 3rd September 2021**.

The survey can be completed using any device connected to the internet (even a mobile phone). Should you require access to a device to complete the survey, please let the school office know. Please be assured that your responses are completely confidential. The survey is conducted anonymously and it is important to us that you complete the survey as honestly as possible. Your comments in the final open-ended question will be provided back to the school.

To complete the survey, simply:

1. Click on the link sent to you via e-mail.
2. Select the School and Campus name below.
School Name: **Kilmore Primary School**
Campus Name: **Kilmore Primary School**
3. Enter your personal unique PIN: **sent to you via e-mail**
4. When complete, please click on the tick button (✓) at the end of the survey to submit your answers. Please note that the survey will time out after **60 minutes of inactivity**.

NOTE: Only **one parent** from your family is invited to complete the survey (the link below should only be used once and should **not be shared** with anyone).

Thank you for taking the time to participate, your assistance is greatly appreciated.

Questions?

Should you have any technical queries regarding the Parent Opinion Survey, please do not hesitate to contact ORIMA Research on 1800 654 585 (toll free), or by email: pos@orima.com. Should you have any participation or survey-related queries, please contact the School, or the Department by email: parentopinion.survey@edumail.vic.gov.au

Yours sincerely,
Neil O'Sullivan
Principal



We value your opinion and ask that you take the time to complete this survey.

LITERACY



BOOK WEEK

Book Week is happening from August 21-27. This year the theme is 'Old Worlds, New Worlds, Other Worlds'. On Thursday August 26 we will be having a dress up day for Book Week – so start planning your costumes!

Book Week

Dress Up Day

Thursday 26th August



Come dressed as your favourite book character and go in the draw to win a prize



WRITING FESTIVAL

This week our Year 3, 4 and 5 students have participated in Little Scribe's Mini Writing Festival. The Year 6 students will participate next week. Students have been learning about: settings, characters, generating ideas, plot and audiences from authors and illustrators. Students have been recording their ideas from these workshops in their Writer's Notebooks. They will then use these ideas as the basis for their narrative writing.

STOP MOTION WEB INCURSION AND APP



Next week our Year 3-6 students will learn how to make a Stop motion clip. In this session students will create plasticine characters. The school has covered the cost of this incursion.

Students will need to install the free stop motion app on their ipads by **August 23**.

App Store Preview

This app is available only on the App Store for iPhone, iPad and Apple Watch.



Stop Motion Studio

Let's Make a Movie.

CATEATER, LLC

#63 in Photo & Video

4.4 - 3.6K Ratings

Free - Offers In-App Purchases

INFORMATION REPORTS

This week, students from F-6 have been writing information reports about our school.

Here are some pages from the Year 1 information reports. Students have done this writing independently, without any teacher support.



play ground



The school play ground is super fun it is slected in tow diffrent places the first one is for fardashnes and grade tow the older kids is mor danbes for linal kids.

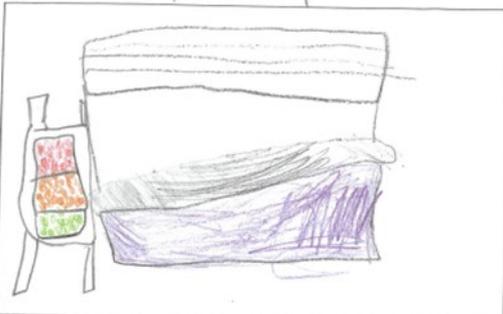


Kilmore Primary School is the best School because even one loves lots of friends. I love the school because there are playgrounds lots of people to make friends with and very nice teach



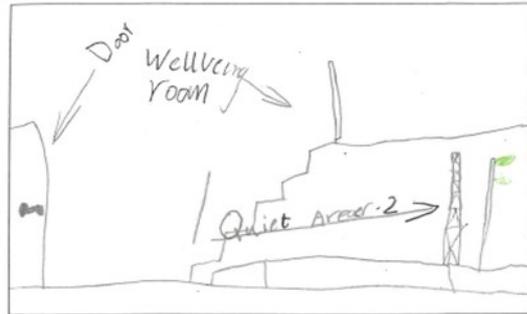
I love schools theres over 100 people to make friends with last year i was in F1 and i think every teacher is great and this year im in IV I loveee school

free food



The canteen has food and some is free but the rest is not.

Quiet Areas 1 and 2!



Kilmore Primary School is a great school to learn and play in! In the Quiet Areaer there is no running or shouting.

Kilmore Primary School is the BEST!



Premiers' Reading Challenge



The challenge is open until mid-September so keep reading! For more information about the Victorian Premiers' Reading Challenge, visit: www.education.vic.gov.au/prc

Have a great week!
Emma White



Kilmore Primary School

Be **KIND** Be **PROUD** Be **SAFE**

Student Awards

At Kilmore Primary School, we are always working on modelling our school values, of Kind, Proud and Safe. As a whole school, we explicitly teach, and then give our students opportunities to display these values within and beyond the classroom doors.

The students listed below have been recognised for showing our school values at assembly today.

We congratulate for this week:



Foundation E — Lexie Ireland	Grade 2K — Saige Zoch-Sutherland	Grade 5F — Jeremy Stute
Foundation J — Penelope Bennett	Grade 2S — Tyler Tate	Grade 5H — Aeliana Chapple
Foundation M — Charlotte Taormina	Grade 2T — Mitchell Dowell	Grade 5M — Koby Browne
Foundation R — Hunter Johnson	Grade 3A — The Whole Grade	Grade 5O — Dylan Galea
Grade 1H — Tess McClinton	Grade 3R — Keanu Stanton	Grade 6B — Hannah Gibson
Grade 1M — Jack Davon	Grade 3S — Xavier Tabone	Grade 6E — Riley Browning
Grade 1N — Mason Connolly	Grade 4F — Keeley Parkinson	Grade 6J — Caden Galea
Grade 1S — Blayze Bryan	Grade 4M — Logan Rainey	
Grade 2D — Ruby Evans	Grade 4V — Jocelyn Huffer	



**STATE
SCHOOLS'
RELIEF**

Reminder..

2021 CSEF Prep 'Winter Warmer' Uniform Pack



Applications for the Prep package close at the end of Term 3 2021.

In order for a student to be eligible to receive the 2021 Prep Package the student must be a Camps, Sports and Excursion Fund (CSEF) recipient.

All applications must be delivered to the office by 17th September. For any queries, please contact the office on 5782 1268.

2022 Foundation Enrolments are NOW OPEN

You can download the enrolment pack from the school website:

<https://www.kilmoreps.vic.edu.au>

Children must be turning five before 30th April 2022.

If you have any questions regarding enrolment, please do not hesitate to contact the school on 57821 268.

**Enrol
Now!**



KOORIE OUTREACH SUPPORT PROGRAM

The Koorie Outreach Support Program will support Koorie students and their families during terms 3 and 4 of 2021.

All participants will be supported by **Koorie Outreach Facilitators** as well as specialist **Learning Advisors**.

The program will provide:

- Learning supports for students, including engagement strategies and individualised learning plans
- Support communicating with and building relationships with schools
- Access to free one-on-one online tutoring
- Information about and referrals to community services and non-educational supports
- Ongoing social and cultural connection

Intake will be open from

28 June 2021

Places will be limited – call early!

To join the program, or to find out more:

Call: **1800 823 241**

Email: **kosp@vaeai.org.au**

HOUSEHOLDS FROM REGIONAL AREAS ARE STRONGLY ENCOURAGED TO REGISTER

WORDS FROM WELLBEING

The following services are available outside of school hours:

**** In the event of an emergency please call 000 ****

Just a reminder that all students and families can access school based wellbeing supports.

Kimberly can be contacted on 5782 1268 or at kimberly.batsas-hill@education.vic.gov.au

All the best,

Kimberly Batsas-Hill
Primary Welfare Officer



Kids Helpline



Ph: 1800 551 800

<https://kidshelpline.com.au/>

Parentline



Ph: 13 22 89

<https://parentline.com.au/>

Safe Steps



Sexual assault, domestic and family violence

Ph: 1800 015 188

<https://www.safesteps.org.au/>

Lifeline



Ph: 13 11 14

<https://www.lifeline.org.au/>



Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

the importance of **PLAY**



Playing together is one of the most effective tools for building strong relationships with your child.

The two hour workshop by FamilyCare, aims to help parents and carers learn more about:

- The importance of play with your child.
- How play impacts on your relationship and connection with your child.
- How play impacts different stages of your child's development.
- Ideas around various play styles and techniques you can use with your children.



Tuesday 7 September 2021

10am - 12pm

ONLINE

[Register here](#)

for any questions contact

FamilyCare CENTRAL INTAKE on 1800 161 306

There is no cost for this workshop.



This workshop is aimed at parents and/or carers in the Goulburn Region (Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi) with children aged from infancy to 10 years of age.



EMOTION COACHING

CONNECTING WITH OUR KIDS

A FREE workshop for parents & carers of children 2-10 years

Help your child to:

- Understand their emotions and be able to communicate how they feel
- Regulate their emotions and calm themselves
- Develop resilience and positive self-esteem
- Develop problem-solving and social skills
- Develop kindness and empathy towards others

Tuesday 24 August 2021

10am - 12 noon

Online

[Register here](#)

for any questions contact

FamilyCare Central Intake 1800 161 306

This workshop is for parents and/or carers in the Goulburn Region
(Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi)

Managing Your Mental Health Online

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services. headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.

WALLAN BASKETBALL

2021/22 SUMMER JUNIOR DOMESTIC



EARLY BIRD REGISTRATIONS OPEN NOW!

SCAN THE QR CODE OR VISIT

WWW.WALLANBASKETBALL.COM.AU/JUNIOR-DOMESTIC

SINGLET COLLECTION AND TRAINING OCTOBER 9TH

SEASON BEGINS OCTOBER 16TH

EARLY BIRD REGISTRATIONS | SUNDAY AUGUST 8TH - SUNDAY SEPTEMBER 5TH

REGISTRATIONS CLOSE | SATURDAY OCTOBER 2ND

FOR ANY ENQUIRIES CONTACT WALLANBASKETBALL@GMAIL.COM

