



Kilmore Primary School

Principal: Mr Neil O'Sullivan

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NEWSLETTER

Friday, 10th November 2023

Remembrance Day Assembly Held Today for 11th November 2023

They shall grow not old,
as we that are left grow old;
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning
We will remember them.



We hereby express our respect for the Taungurung people, who are the Traditional Owners of the land on which we are based.

Remembrance Day Assembly Held Today for 11th November 2023



In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.





Thanks and Gratitude - Remembrance Day Ceremony

Today at our flagpole, our school commemorated Remembrance Day with a very moving Remembrance Day ceremony. The ceremony was hosted by our School Captains and I would like to compliment them on the organization and preparation for the ceremony. Daniel Burford, who is the secretary of the Kilmore Wallan RSL, also attended the ceremony and he was incredibly impressed by the solemnity and respect of our students. Over the last week, our teachers have developed our student's understanding of the meaning and history of Remembrance Day and it was wonderful to see so many of our KPS students wearing poppies to acknowledge the service of our servicemen and women. Our ceremony concluded with the laying of wreaths by representatives of each class. I would like to thank all our staff and students for acknowledging the importance of this solemn day. Tomorrow, our KPS School Captains will represent our school at the local Kilmore service by laying a wreath on behalf of our school.

Basketball Court Upgrade Project -Major Fundraiser

Our School Council has identified the upgrade of our basketball court area as the next piece of the facilities puzzle for KPS. Our plans for this area involve creating a covered, outdoor learning area by erecting a permanent roof over the area. Undertaking such an ambitious project with locally raised funds is challenging, but the success of our Colour Run has given us a fabulous kickstart. All locally raised funds will be directed towards this project, making a substantial difference for our students once completed.

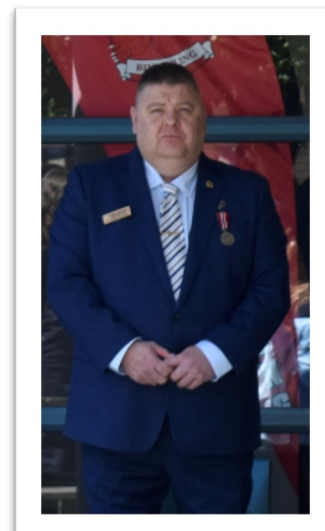
Term 4 Professional Practice Day – Wednesday, December 20th

The final day of the school year will be a Professional Practice Day for all of our KPS teachers. On this day, our teachers will be planning their learning program for 2024 and setting up their new rooms for the year ahead. Students will not work with their current teacher on this day and we will have an alternative learning program for all students.

Christmas Concert 2023

On Tuesday December 19th, we will be holding our Christmas Concert to celebrate the end of the school year and the start of the holiday season. The event will take place at KPS and each year level will perform a concert item on the elevated steps in front of our Foundation classes. Last year's concert was a huge success and we are looking forward to seeing an even bigger crowd at our school to finish of the 2023 school year.

Neil O'Sullivan
Principal



November

Friday 24th

Conveyance Allowance Applications Due

December

Friday 1st

Payment due for Grade 6 Celebratory Dinner

Tuesday 5th

Grade 6—Broadford Sec College Parent Information Evening

Tuesday 12th

Grade 6 Graduation Bear order and payment due

STATEWIDE TRANSITION DAY

Wednesday 13th

Grade 6 Graduation and Celebratory Dinner

Friday 15th

Grade 6 End of Year Funfields Excursion

Tuesday 19th

Christmas Concert

Wednesday 20th

Last day of School Year—**1.30 PM finish**

February 2024

Thursday 15th - 2nd Round Orders Due for 2024 Grade 6 Jacket & Polo orders (refer page 8)

HAPPY BIRTHDAY

Birthday wishes to the following students who celebrate next week:



Landon Stuart,

Lily Blackburn, Amelia Cole, Zoe Smith,

Riley Martin, Hope Ratcliffe and

Kaisa Munoko



If any of your personal details change such as address, email, phone numbers, emergency contacts etc. it is important to contact the office as soon as possible to update our records.

SICK BAY LINEN ROSTER

November

17th Megan Johnson

24th Ashleigh Desmond

December

1st Jemima Allen

8th Jackie Knight

15th Nicole Peter

20th Susan Moore



Facebook



As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via kilmore.ps@education.vic.gov.au or by calling the office on 5782 1268.

Important
Information



**Kilmore
Primary School**

Important
Information

Parents and Carers, please refer to the attached links to view updated School Policies documents:

[School Policies \(kilmoreps.vic.edu.au\)](https://kilmoreps.vic.edu.au)

Or alternatively visit the KPS School website and go to :

‘About’ — ‘School Policies’

Kilmore Primary School

Be **KIND** Be **PROUD** Be **SAFE**

Student Awards

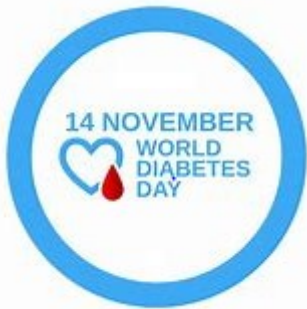
At Kilmore Primary School, we are always working on modelling our school values of Kind, Proud and Safe. As a whole school, we explicitly teach and then give our students opportunities to display these values within and beyond the classroom doors.

The students listed below will be recognised for showing our school values at our assembly today.

We congratulate:

Foundation G —	Grade 2H — Evelyn Brizzio Charlotte Taormina	Grade 4S — Scarlett Tillotson
Foundation H — Nate Hughes Lia Matlach	Grade 2P — Alexia Pettit-Evans Ben Mecklem	Grade 5B — Luca Minnit Mackenzie Clarke
Foundation M — Adelyn Beaumont Axel Stewen	Grade 3K — Hunter Smith	Grade 5J — Saxxon Daniels
Grade 1A — Poppy Williams	Grade 3M — Amelia Macewan Jaykob Robinson	Grade 5M — Rhiley Notley
Grade 1H — Pippa Dove	Grade 3V — Tian Harris Maya Booker-Summers	Grade 6J — Chelsea Rhodes
Grade 1M — Ethan Stavrinou Ryan Whyte	Grade 3/4S — Jackson Swift	Grade 6O — Sienna Schembri Noah Stavrinou
Grade 1T — Hugo Jensen Sully Fandrich	Grade 4F — Evie Tweedie	Grade 6V — Arabella Maxwell-Dedini
Grade 2B — Saarj Kumar Emily Williams	Grade 4M — Noah Mellado Sophia Parangat	STEM — Abby Watts 5J
Grade 2F —	Grade 4R — Ayvah Spooner	Performing Arts — Logan McIvor 4S Indiannah McNab 3V
	Art — Zac Ryan 3V	PE — 1A and 3M

FROM THE ART ROOM



On Tuesday the 14th of November it is International Diabetes Awareness Day. Ava from 3M who lives with Type 1 diabetes has had the great idea to hold a Guess the Jellybean Competition to raise money for the Type 1 Foundation. This foundation works hard to support people who live with Type 1 diabetes and their families.

Next week November 13th-17th – please bring a gold coin to donate and have guess. There will be a table set up outside 3V (opposite the F-2 playground). Whoever guesses the closest will take home the entire jar of jellybeans.

If you have any questions, please contact Mrs McKee
tegan.mckee@education.vic.gov.au





School orders - DUE NOW



ONLINE ORDERING AVAILABLE



afterpay 

Place orders prior to Christmas to avoid any supply disappointment in January

<http://kps.allthingsuniform.getworkgear.com/>

Be KIND Be PROUD Be SAFE



**Be proud of our school
Always put your rubbish
in the bin**



Grade 6 Jacket and Polo Ordering



Families of Grade 5 students will have been emailed via Compass an order form for 2024 Grade 6 Jacket and Polo's.

First round orders have closed. Second round orders are now due 15 February 2024 for delivery to KPS before end of term 1 in 2024.

(All orders and payments must be placed directly with All Things Uniform).

Please contact the office on 5782 1268 if you require any assistance in locating your order form in Compass.

REMINDER TO WEAR YOUR HAT

All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. Basketball or peak caps are not considered a suitable alternative.

Please note the school does not sell hats. You can purchase your hat from All Things Uniform, Broadford.



Drink Bottles

Reminder all students need to bring a drink bottle to school.



FROM THE ART ROOM LOOKING FOR



The Art Room is in need of **magazines** for upcoming projects. If you have any unwanted magazines, kindly drop them off at the office.

MITCHELL SHIRE COUNCIL



A Message from Mitchell Shire Council

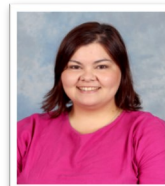
School Crossings at Kilmore Primary School

Please DO NOT park in the No Standing Zone beside any school crossing

NO
STANDING
ANY TIME



Connecting With Kimberly



Christmas Hamper's

With support from Lions International, we are starting to collect donations for our Christmas hampers which will support school families. If you may be able to help, we are seeking donations for our Christmas hampers such as: Christmas puddings, toy's, candy canes and any other Christmas based items. These hampers will be delivered to families in the last week of term. Last year we were able to make 19 twenty-kilogram hampers for our community. If you would like to donate any items, please drop them off at the office for collection. Please call me on 5782 1268 to discuss this further.



Proudly sponsored by
Lions club of Wandong-Wallan
Serving our community

The following services are available outside of school hours. *In the event of an emergency please call 000*



Best,
Kimberly Batsas-Hill
Social Worker -Primary Welfare Officer

Kids Helpline



Ph: 1800 551 800

<https://>

Parentline



Ph: 13 22 89

<https://>

Safe Steps



Sexual assault, domestic
and family violence

Ph: 1800 015 188

[https://
www.safesteps.org.au/](https://www.safesteps.org.au/)

Lifeline



Ph: 13 11 14

[https://
www.lifeline.org.au/](https://www.lifeline.org.au/)



Get up to \$500 extra in the bank to lighten the load of education expenses



Count me in.

Commit to saving up to \$50 a month for 10 months and **we'll double it.**

saverplus.org.au
1300 610 355



Save \$500 and ANZ will top up your bank account with another \$500.

Yes, it's true. No catch, no scam.

Just real knowledge and information for real people that's easy to understand... It's just, down-to-earth money talk - and a \$500 incentive to build your savings!

Join Saver Plus and get

Free financial education

Your savings doubled (up to \$500)

What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



Lessons and activities



Books and supplies



Camps and excursions

Can I join Saver Plus?

To be eligible, you need to meet these requirements:



Be 18 years or older



Have a current Health Care or Pensioner Concession Card



Have a child in school, starting school next year, or be studying yourself



Have regular income (you or your partner*)



Agree to join in free online financial education workshops

Ready to start saving? Let's talk.

saverplus.org.au | saverplus@bsl.org.au | 1300 610 355

* Most types of income are valid. Speak to your local Saver Plus Savings Coach if you're not sure.



Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

Managing Your Mental Health Online

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.

KILMORE GOLF CLUB

Anderson Road, Kilmore VIC 3764 (03) 5782 1123

Try Golf and have a Fun Day

Kilmore Golf Club
Sunday, November 19,
10am-1pm

ALL WELCOME
BRING YOUR FAMILY & FRIENDS

Putting Competition, Round of Golf:
9 Holes – Awards and Prizes

Best Scores in both Adults &
Juniors:

Prizes for Nearest the Pin all 9 Holes

We welcome Juniors, Adults,
Men and Women; **BUT** only those
with NO Golf Australia Handicap

Cost: Adults \$20, Juniors \$10
Includes competition fees and a
drink / food voucher

Pre-Register:
info@kilmoregolfclub.com.au
giving your name, phone
& email address

Then Pre-Pay: Kilmore Golf Club Inc.
BSB: 633 000 **A/C:** 147 888 275
Ref: trygolf & your name

Limited amount of golf
equipment available on loan
(with refundable cash deposit)



Save The Dates Hudson Park



Kilmore Scout Market
Hudson Park
Saturday November 25

**Kilmore
Scout
Market**
Every 4th
Saturday

Charity Twilight Market
Hudson Park
Friday December 8
4 pm – 9 pm

Gold Coin Entry - All Scouts profits
from this event will go to Broadford
Love in Action and Berry Street Charities

60+ Stalls

Entertainment, Seasonal
Gifts, Fresh Food, Coffee
produce and more.

**Buskers and
Carolers Wanted**
SMS: 0487 894 511

Scout Christmas Trees!

November 25 - December 16
Pickup or Delivery

Scan
Here



<https://www.trybooking.com/CLXHN>



Drum lessons at Kilmore Primary School



After hours drum lessons are now available at Kilmore Primary School.
We are very excited to help create an exciting and thriving drum
community at KPS.

Drums are a great instrument to help with coordination, concentration and
overall confidence.

We are offering **one free trial** lesson to any students wanting to have a try at
the drums before committing to weekly lessons.

Anyone interested in learning drums can contact:

Nathan Brincau
Drum Teacher
Mob: 0490 337 127
Email: nathanbrincau@gmail.com

 Bendigo Bank

**FREE
EVENT**

Community Bank

Christmas carols



FOOD TRUCKS AND ACTIVITIES: 6PM
PRE SHOW ENTERTAINMENT: 7PM
CAROLS: 7:30PM








wallan
CHAMBER OF
COMMERCE INCORPORATED

SATURDAY 16 DEC
HUDSON PARK KILMORE

W E L L B E I N G

BINDJULUNG GUWIYAP BALAM BALAM NGARRART





YOU ARE INVITED TO

KILMORE LIBRARY

10.30 TO 11.30 AM THURSDAY 23RD NOVEMBER



Cuppa & Conversation

Kilmore Primary School takes pride in announcing its plan to start a Family Learning Multicultural Playgroup here in Kilmore. We invite the multicultural families in Kilmore for a gathering at the Kilmore Customer and Library Service Centre (12 Sydney Street, Kilmore VIC 3764) on Thursday 23rd of November from 10.30 am to 11.30 am.

This is an opportunity for parents to visit the playgroup venue and also meet with educators who will be involved in organising the playgroup.

Please **RSVP** and inform your attendance calling Kilmore Primary School on 03 5782 1268.



RSVP : (03) 5782 1268

ICY POLE DAYS

EVERY MONDAY &
THURSDAY
LUNCHTIME

