



Kilmore Primary School

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253
P 03 5782 1268 E kilmore.ps@education.vic.gov.au W www.kilmoreps.vic.edu.au

NEWSLETTER

Friday, 29th August 2025



BOOK AN
Adventure



2025 Children's Book Week®
16–23 August

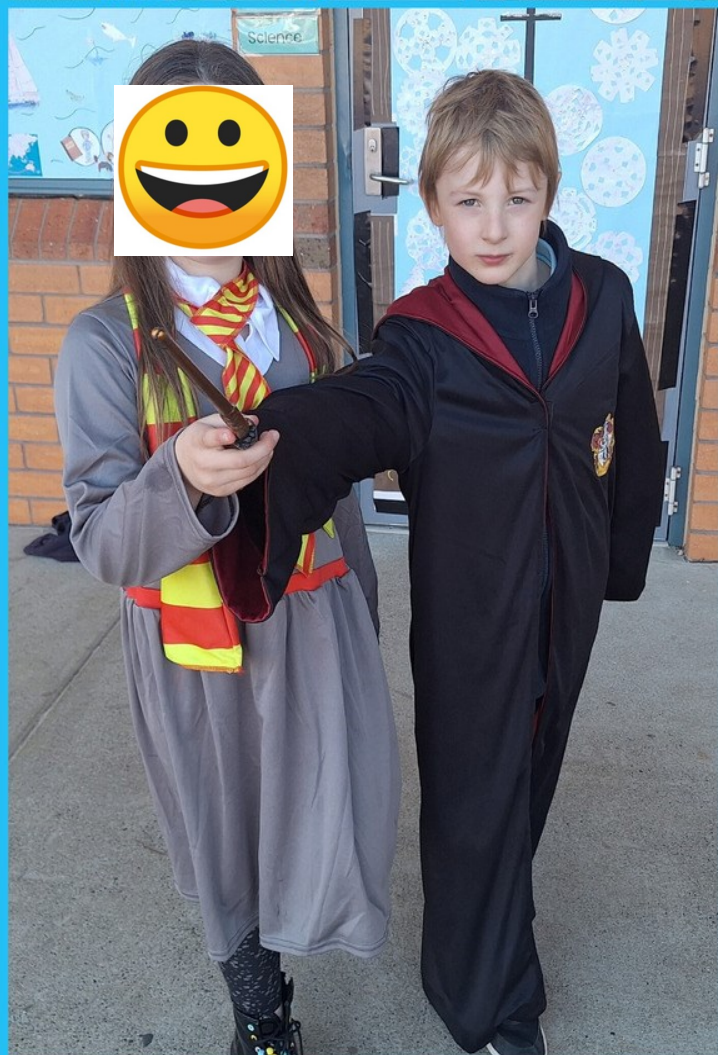


We hereby express our respect for the Taungurung people, who are the Traditional Owners of the land on which we are based.



FP





LIBRARY NEWS

CONGRATULATIONS!

Thank you to everyone who entered our library competitions, celebrating the best things in the world...books! We hope you have had a fun Book Week and enjoyed participating in the many events that happened throughout our school.

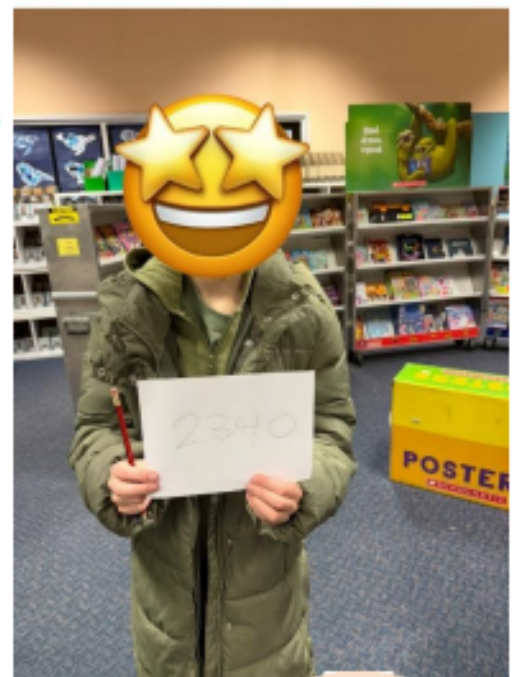
The first competition was held during our book fair where the challenge was to guess the total number of pages in the big stack of books on display. We had guesses from 21 pages all the way through to three billion and two hundred and sixty one million pages! No one guessed the exact amount but it was close! The number of pages in total in the stack was...2340!

Student winner: **Coen from 1B** with a guess of 2378!

Staff winner: **Mr Nicolaides** who guessed 2257!

The second competition was the Judge a Book by its cover competition where you had to guess which books were going to be awarded the prize for books of the year. The winning books and those drawn from the correct guesses are below:

If anyone hasn't received their prize yet, please come and see Liz in the library.



2025 CBCA BOOK OF THE YEAR

YOU BE THE JUDGE

WINNERS!



Tylan 2F

Alaya FJ

Kylan 5M

Chloe 6M

Evie 4W

Staff winner: Mrs Trawn



Coen



Alaya



Tylan



Evie

CONGRATULATIONS!



Kylah



Chloe

AUTHOR VISIT!



This week, we were excited to host the vibrant and captivating author Julianne Negri, who shared her stories, songs, and writing inspiration with students of all year levels in celebration of Book Week! Her infectious energy and fabulous axolotl hat made for a memorable experience that sparked lots of creativity and excitement in our students. Thank you, Julianne!

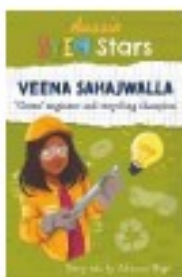


www.juliannenegri.com



Hattie Maxwell's world has been turned upside down since the Big Split. Once a close-knit family, it's now just her against the world. Her only refuge is Hummingbird House, an old mansion with a magical mulberry tree. When she learns the house is set to be demolished, Hattie is determined to save it. A midnight visit uncovers secrets—a hidden library, a new friend, and a treasure that could stop the destruction.

Audrey may look a little different from other creatures in the river, but that doesn't stop this curious and lovable amphibian from embarking on a quest to find out just who she is.



One person's trash is another person's treasure! Veena is literally revolutionising the processes to transform waste into amazing products which she calls 're-forming', and that goes way beyond recycling! She and her team have invented technologies that can do it on a micro level so you could have one in every town in Australia, and the world!





BREAKFAST CLUB —Mon, Tuesday, Wednesday & Thursday

September

Monday 1st to Wednesday 3rd

Grade 5/6 Camp Manyung

Thursday 4th

Year 5 Excursion 'The Wedding Singer' Stage Production

Friday 5th

Fathers Day Stall (refer flyer)

Mitchell District Athletics Carnival

Premiers Reading Challenge closes (see more info in flyer)

Tuesday 9th

2026 Foundation Specialist Transition Sessions (refer flyer)

Thursday 11th

RYOK? Day (A touch of yellow)

Friday 12th

Summer Interschool Sport Carnival

Virtual Assembly (tbc)

Tuesday 16th

Division Athletics

Thursday 18th

Foundation and Grade 1 Disco—5pm to 6.30 pm

Friday 19th

2025 Foundation CSEF Autum/Winter Uniform Applications close—refer to flyer at the end of the newsletter

Footy Colours Day

2025 School Term Dates

Term 3: 21st July to 19th September

Term 4: 6th October to 19th December

Drink Bottles

Reminder all students
need to bring a
drink bottle to school.



HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthday this coming week:

Ethan L, Hunter M, Nikki S, Emily W, Liam G and Billie C



Facebook

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via kilmore.ps@education.vic.gov.au or by calling the office on 5782 1268.



Late Arrivals

If your child arrives after 8.50am please ensure they go to the office to **be signed in**.

If they are not signed in you will receive an SMS stating that your child is away.



CHANGE OF CLOTHES



As term 3 is here and in with the wet weather and winter, could you please make sure **all** students have a change of clothes in their bags.



SICK BAY LINEN ROSTER

September

5th Lucy Wheeler
12th Vicki Buggy
19th Ashleigh Desmond

October

22nd Jackie Knight
29th Elissah Dwyer-Stone



2026 Foundation Enrolments NOW OPEN

Please visit the school website for further information and to complete an Enrolment Enquiry

<https://www.kilmoreps.vic.edu.au>

Children must be turning five before 30th April 2026. If you have any questions regarding enrolment, please do not hesitate to contact the school on 57821 268.





Principal's Message — Book Week Parade Celebration

Dear Kilmore Primary School Community,

This week, I had the privilege of visiting **1B with Jessica Bellingham** during their writing session, and I walked away absolutely delighted. The classroom was buzzing with energy as students engaged deeply in their writing task. What impressed me most was not only the quality of the writing, but also the **genuine joy and pride students were showing in their work**. They were eager to share their stories, refine their sentences, and celebrate each other's successes.

For example, I listened to one student who had been working hard on using descriptive language; they proudly read out their sentence to me. Another student told me how they had been "stretching out their ideas" to make their writing more detailed, showing that the strategies being taught were put into practice. It is moments like these that remind me of the incredible talent and commitment of our students and staff. I want to congratulate 1B for their outstanding work and thank Ms Bellingham for fostering such an engaging and supportive learning environment.

A Wonderful Week of Respect and Kindness at Kilmore

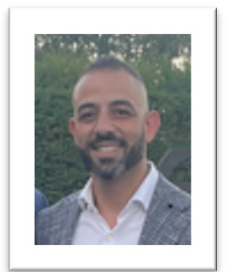
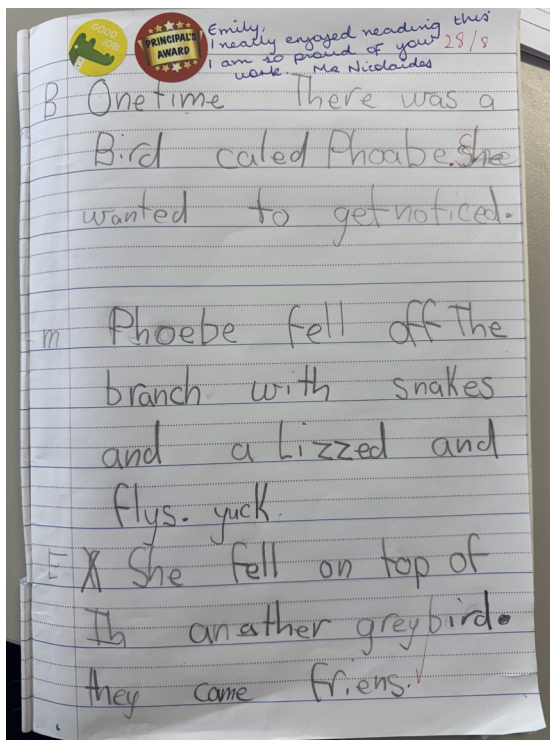
This past week has been filled with countless examples of our students living out our school values of being **Kind, Proud, and Safe**. What stands out is the way students have been going above and beyond to show respect and kindness towards one another.

- During lunch, I noticed two Year 5 students helping a classmate who had dropped their lunchbox. Without hesitation, they not only helped pick everything up but also checked in to make sure their friend was okay.
- In classrooms, teachers have been sharing how students are acknowledging one another's efforts with kind words such as, *"Great thinking!"* and *"I like how you explained that."* These small but powerful moments highlight the culture of encouragement we are building together.

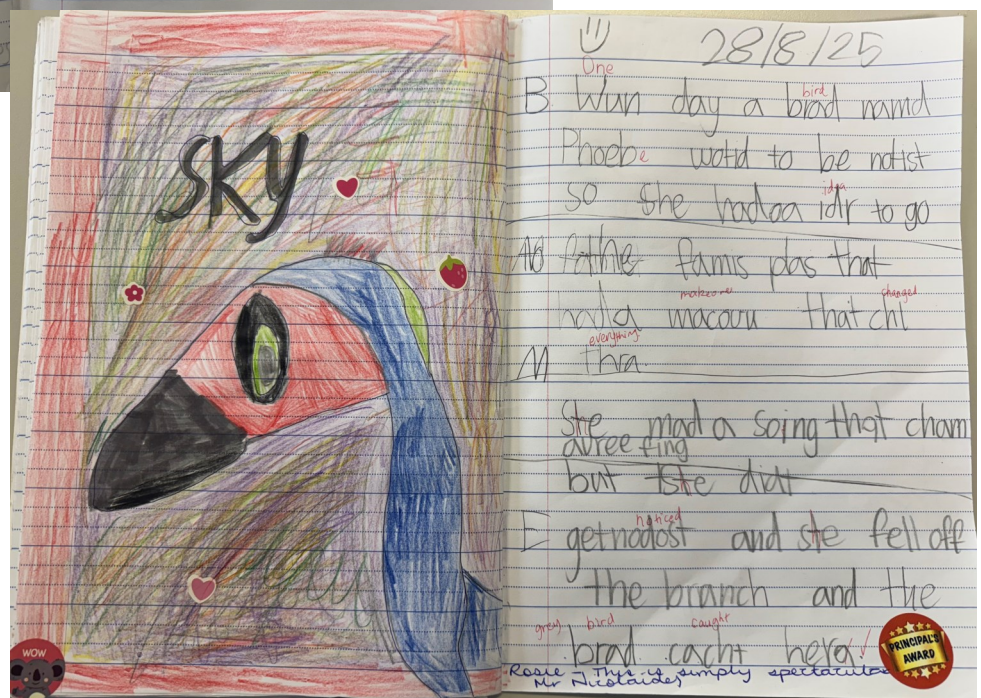
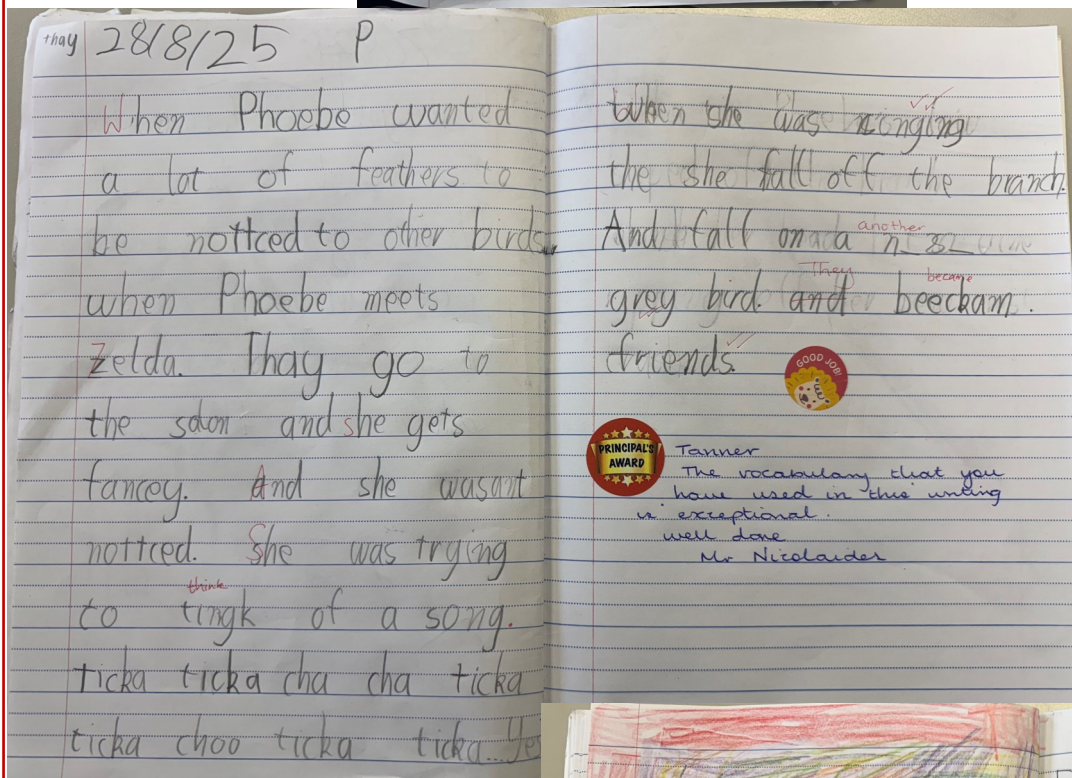
It fills me with pride to see our students not only engaging academically, but also **growing as respectful, kind, and empathetic young people**. These are the qualities that make Kilmore Primary such a special place. Please see the following page for examples of students work from 1B.

Kind regards

Michael Nicolaides
Principal
Kilmore Primary School



Writing tasks with 1B



Grade 3 and 4

Campaspe Downs Camp

Our Grade 3/4 Camp was such a memorable experience! The students did an incredible job being away from their families - for some, it was their very first time away from home. They jumped into every activity with courage and enthusiasm, from the flying fox and orienteering to the low ropes course, centipede, and possum glider. It was wonderful to see everyone having so much fun and thriving in such a different, outdoor environment – Miss Bennett.



Kilmore Primary School



LIBRARY NEWS



Victorian
**premiers'
reading
challenge**



**THE
COUNTDOWN
IS ON!**

*20 years of
Words and Wonder*

To all our fabulous reading Challengers!

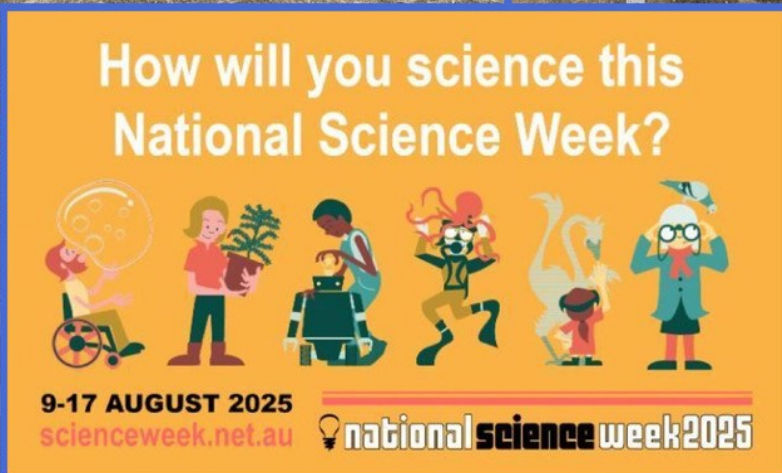
**There's only a couple more weeks left to log the books
you have read! The Premiers' Reading Challenge
closes on Friday 5th September.**

**Please do not hesitate to contact me if you have any
questions: Elizabeth.simner@education.vic.gov.au**

Happy reading! Library Liz ☺

Science Week at Kilmore Primary was a huge success!

The students had an amazing time exploring hands-on activities and experiments, and it was fantastic to see how engaged they were. Their curiosity, excitement, and willingness to get involved made the week really special, it was clear that they were having a lot of fun while learning – Miss Bennett 4W.



**2026 Foundation
Transition Sessions
Performing Arts**



PLEASE JOIN US FOR A


FATHER'S DAY

Stall



FRIDAY 5TH SEPTEMBER
GIFTS RANGE \$1-\$5

**PROVIDING AN OPPORTUNITY FOR
STUDENTS TO PURCHASE A SPECIAL
GIFT FOR DAD, GRANDPA OR A
SPECIAL LOVED ONE.**



**KILMORE PRIMARY SCHOOL OSHC
HALL**





Building Resilience at Home Webinar

Please follow the [link to the recording](#) or [The Resilience Project presents; Building Resilience at Home - Zoom](#)

If you would like to view the session, this link will expire on 31 August 2025.



Breakfast Club Term 3

Details:

- **Days:** Monday, Tuesday, Wednesday, and Thursday
- **Time:** 8:20am - 8:45am
- **Location:** Stadium (Kilmore-Lancefield will open at 8:20am).

Managed by KPS staff, Breakfast Club offers a selection of cereals and toast for students to enjoy. This program not only provides a nutritious start to the day but also encourages autonomy and enhances social skills. Breakfast Club is a student-only space designed to foster the development of these important skills.

We kindly remind all families that students should not enter the school grounds before the Breakfast Club gate opens at 8:20am. We are not in a position to supervise or support students before this time, and your support is greatly appreciated.

Students attending Breakfast Club must enter via the Lancefield Road gate at 8:150am. Once inside, they are expected to remain in Breakfast Club until 8:30am, when yard supervision begins. This is to ensure the safety and wellbeing of all students.

If your child is not attending Breakfast Club, they must wait outside the gate until a school staff member welcomes them in at 8:30am.

During Breakfast Club, we are unable to provide one-on-one support. It is the responsibility of Parents and Carers to ensure their child enters and settles into Breakfast Club safely.

Thank you for your understanding and ongoing support in helping us maintain a safe and supportive environment for all students.

If any parents or carers are interested in helping at Breakfast Club, please send an expression of interest to Richie.Boyer@education.vic.gov.au

FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



Mobile Phones & Smart Watches

It is a Department of Education requirement that students hand mobile phones and smart watches in to the office each morning and collect them at the end of each day.

The office has a locked mobile phone cabinet for this purpose.



Managing Your Mental Health Online

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

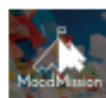
Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



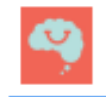
MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.



Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

**Australian Plants Society
Mitchell Group Inc**



**Annual Spring
Plant Expo & Sale**
Saturday 6 September
9.00am—3.00pm

**Wallan Multi-purpose
Community Centre**
42 Bentinck St, Wallan

Native Plant Floral Displays
Australian Native Plant Sales
Gardening & Plant Book Sales
FREE ENTRY

Website:- www.apsmitchell.org.au

Contact:- aps.mitchell@gmail.com

 **Bendigo Bank**

Community Bank
Wallan, Kilmore and Broadford



Every day counts

Missing **one day per fortnight**
adds up to missing
four weeks of school a year.



Department
of Education

vic.gov.au/education

The
Education
State



Safety around schools

Everyone has a responsibility

Make school time safe for everyone

Please take extra precautions when dropping children off and picking them up from school. Children are still learning the road rules and can be unpredictable and difficult to see.

Important things to remember:

- Travel at a maximum of 40 km/h
- Never use a mobile phone while driving
- Always follow the crossing supervisor's instructions
- Allow extra time so you don't need to rush
- Consider parking a few streets away and enjoy a walk

Together, let's reduce speeds and improve safety for all children.

Contact us
t. (03) 5734 6200 e. mitchell@mitchellshire.vic.gov.au
www.mitchellshire.vic.gov.au



SEASON 2025-26



JUNIOR REGO DAY

FREE SAUSAGE SIZZLE

Saturday, 30th August 2025

12 noon @ KCC Clubrooms, Hunts Road, Kilmore

Registrations can be completed on the
day or online at
<https://www.playhq.com/cricket-australia/org/kilmore-cricket-club> or
scan QR code



HEALTHY START BREAD PROGRAM

FREE BREAD FOR HEALTHY KIDS!

HOW IT WORKS:

Every few weeks, one lucky class is chosen to receive a **free loaf of fresh bread for each student.**

Each child also takes home a voucher for **two FREE loaves per week for 4 Weeks** to redeem at Bakers Delight Wallan.



EXCLUSIVELY AT

Bakers Delight
WALLAN



**Team
Kids**

S.T.E.M CLUB ADVENTURE SERIES

MISSION POSSIBLE

UNCOVER THE MYSTERIES
OF THE UNIVERSE

TERM 3

MISSION OBJECTIVES:

- 1 DISCOVER THE PATTERNS, SYSTEMS, AND SECRETS HIDDEN IN THE NATURAL WORLD.
- 2 EXPLORE HOW TECHNOLOGY DECODES INFORMATION AND CONNECTS US ACROSS TIME AND SPACE.
- 3 SOLVE PROBLEMS AND BUILD CLEVER CREATIONS USING NATURAL RESOURCES.
- 4 USE NUMBERS, SHAPES, AND LOGIC TO SPOT PATTERNS AND REVEAL NATURE'S CODES.

BOOK NOW



STATE SCHOOLS' RELIEF

Prep CSEF Autumn/Winter Uniform Package 2025



UPDATE FOR PARENTS & GUARDIANS

Applications for the Prep CSEF Autumn/Winter Uniform Package are now open

What you need to know.

Who is State Schools' Relief?

State Schools' Relief (SSR) is a not-for-profit organisation that works closely with all government schools across Victoria. Each year SSR provides assistance to thousands of families experiencing financial disadvantage by supplying new school uniform items and footwear.

Introduction to the Camps, Sports and Excursions Fund

The Camps, Sports and Excursions Fund (CSEF) was established to provide payments for eligible students to attend camps, sports days and excursions. To find out more, or to apply for assistance, please refer to the [Department of Education](#).

SSR offers two* uniform packages each year to ALL Prep families/guardians that are eligible for CSEF funding.

Prep Autumn/Winter Uniform Package for CSEF recipients

Prep students for 2025 that are recipients of the Camps, Sports and Excursion Fund (CSEF) automatically qualify for the uniform package and/or voucher.

**If students received the Prep Summer Uniform Package, they are still eligible to receive the Autumn/Winter Package.*

What's in the package?

The Autumn/Winter package contains the following items:

Outerwear x 1 pce (i.e., jacket / parka / puffer)
Tops x 2 pcs (i.e., windcheater / polo shirt / rugby top)
Pants x 2 pcs (i.e., trackpants / leggings)
Socks x 2 packs
Pair of Shoes x 1

Important:

- a) PE items are not included as part of this package
- b) Shoes must be requested in UK sizes (please refer to our [shoe size conversion chart](#))

Cost to parents & guardians

Where State Schools' Relief is unable to provide a uniform item directly that contains a logo (due to contractual agreements with uniform retailers) a **voucher for \$85** will be provided that subsidises the cost of the uniform item/s. The voucher can be redeemed at your child's school uniform shop or independent uniform retailer.

Please note: vouchers do have an expiry date and must be redeemed before they expire.

How do I apply for the Prep CSEF Autumn/Winter Uniform Package?

Applications are made through your child's school. Please refrain from contacting State Schools' Relief directly as we are unable to accept applications directly from parents/families. Should you have any questions, or wish to apply for assistance, please speak directly with your child's school.

How do I receive the uniform package?

All items and/or vouchers provided by SSR will be delivered directly to your child's school. The school will contact you to arrange handover of these items and/or vouchers.

Important:

Vouchers are not transferable and cannot be exchanged for cash. State Schools' Relief does not make cash payments to schools parents or guardians.

What you need to do.

Your child's school will be in contact with you regarding the 2025 Autumn/Winter Uniform Package. Please fill out the 'Prep CSEF Autumn/Winter Uniform Package Order Form' and return it to the school for submission.



Foundation 2026 Specialist Days

To help you discover more about Kilmore Primary School we would like to invite you to join us for our 2026 Specialist Classes
Children will have the opportunity to participate in story time, singing, crafts and games.

[Click here to sign your child up!](#)

Tuesday 12th August 2025

Tuesday 26th August 2025

Tuesday 9th September 2025

Sessions run from 3.30pm to 4.15pm. Please enter through the gate on the corner of Sutherland Street and Lancefield Road.

