

## Kilmore Primary School

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253

P 03 5782 1268 E kilmore.ps@education.vic.gov.au W www.kilmoreps.vic.edu.au

**NEWSLETTER** 

Friday, 30th May 2025



## **DISTRICT CROSS COUNTRY**



On Wednesday 28<sup>th</sup> of May forty six students attended Trackside to represent our school in District Cross Country. All students tried very hard and showed determination in the windy conditions.

Well done to all of our runners! You can be proud of yourselves for reaching the District level and competing against other schools.

A massive thank you to all of the team of helpers – we couldn't do it without you. Special mention to Rachel Keep-Riley who took home the dirty and smelly tops to wash and dry them before Interschool Sports today.



Congratulations to the top runners from each age group who will progress to the Division Event next week.

**Age Group: 11 G** - Isla L −12th

Age Group: 11 B - Nate G —12th

**Age Group: 12/13 G** - Bonnie B — 12th

Age Group: 12/13 B - Thomas L —9th



## **DISTRICT CROSS COUNTRY**



9/10 YR GIRLS	9/10 YR BOYS	11 YR GIRLS	11 YR BOYS	12/13 YR GIRLS	12/13 YR BOYS
Maddison L	Mason C	Isla L	Jack D	Indianna P	Thomas L
Seerat K	Zac R	Kaitlyn E	Connor S	Bonnie B	Kaleb B
Alaysha L	Cash G	Isabel S	Nate G	Grace	Isaac N
Evie L	Max A	Alana J	Ben M	Olivia R	Oliver G
Pippa D	Wyatt W	Kylah R	Lennox D	Ruby E	Taylah A
Ameena M	Harvey P	Lemmy G	Mason M	Matilda M	Jase K
Zoe G	Tyler M	Imogen C	Oliver R	Payton S	Lincoln P
		Рорру М	Parker B		Beau P
		Quinn T			





#### June

#### Wednesday 4th

Mitchell/Bridge Inn Division Cross Country

#### Thursday 5th

Dance Curriculum Performances Foundation, Years 1, 3 and 5 at 8.55am to 9.45 am Years 2, 4 and 6 at 9.50am to 10.40

#### Friday 6th

PPD Reporting—Student Free Day

#### Monday 9th

Kings Birthday Public Holiday

#### Friday 13th

Conveyance Allowance applications due

Thursday 19th—School Tour at 12.00 pm

Monday 23rd—School Tour at 9.30 am

#### July

#### Friday 4th

CSEF—Applications close
End of Term 2 students—2.30 pm finish

#### Monday 21st

First day of Term 3

## 2025 School Term Dates

Term 2: 22nd April to 4th July

Term 3: 21st July to 19th September

Term 4: 6th October to 19th December

### **Drink Bottles**

Reminder all students need to bring a

drink bottle to school.



### HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthday over the coming week: Zahli M, Rydah B, Lincoln H and Tess W.



#### **Facebook**

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via

<u>kilmore.ps@education.vic.gov.au</u> or by calling the office on 5782 1268.



#### **Late Arrivals**

If your child arrives after 8.50am please ensure they go to the office to **be signed in.** 

If they are not signed in you will receive an SMS stating that your child is away.



## **CHANGE OF CLOTHES**



As term 2 is here and in anticipation for the upcoming wet weather and winter, could you please make sure **all** students have a change of clothes in their bags.



#### SICK BAY LINEN ROSTER

#### June

July

4th

6th Elissah Dwyer-Stone 13th Lucy Wheeler 20th Vicki Buggy 27th Ashleigh Desmond

Jackie Knight





## **2026 Foundation Enrolments NOW OPEN**

Please visit the school website for further information and to complete an Enrolment Enquiry

#### https://www.kilmoreps.vic.edu.au

Children must be turning five before 30th April 2026. If you have any questions regarding enrolment, please do not hesitate to contact the school on 57821 268.







Principal's Report – Week 6, Term 2

Dear Kilmore Primary School Community,

As we move through the second half of Term Two, I continue to be inspired by the strong sense of community and pride that defines Kilmore Primary School. Whether it's on the sporting field, in the classroom, or at the school gates, our students and staff consistently show what it means to be *Kind, Proud and Safe*. I'd like to take a moment to reflect on some of the recent highlights from around the school and share a few important reminders for the weeks ahead.

#### Interschool Sports – Celebrating Sportsmanship and School Values

Our students have once again shown us the true meaning of team spirit and character through their participation in today's interschool sports competition down at Assumption College. Whether playing football, netball or soccer, our teams displayed *exceptional sportsmanship*, cheered one another on, and offered respectful congratulations to their opponents.

As I walked around the grounds, I couldn't help but feel incredibly proud—not just of their athletic efforts, but of the *positive behaviour* and *respectful conduct* they displayed, win or lose. These moments reinforced for me that our students are not only learning our school values but are genuinely *living and breathing* them in every setting. A huge thank you to our staff and volunteers who support and guide our students so consistently. Your contributions behind the scenes ensure these events are safe, inclusive, and enjoyable for all.

#### Safe Use of School Crossings – A Shared Responsibility

Ensuring the safety of our students as they travel to and from school is a shared responsibility—and one that starts with us, the adults, modelling safe behaviour.

We kindly remind all families to use the designated school crossings at all times and to wait for the crossing supervisor's signal before stepping onto the road. Even if it means walking a few extra metres, using the crossing sends a powerful message to our children: that their safety matters.

Please also avoid crossing between parked cars, rushing across the street, or being distracted by mobile phones. Our students are always watching, and our actions speak louder than words. Let's all work together to model what it means to be *safe*, *responsible community members*.

#### **Upcoming Important Dates**

#### Curriculum Day – Friday 6th June

Next Friday, our staff will be participating in a **Professional Practice Day** focused on improving teaching and learning. This is a **pupil-free day**, and **no students will be onsite**.

### King's Birthday Public Holiday – Monday 9th June

Please be reminded that **Monday 9th June** is the **King's Birthday Public Holiday**. The school will be closed, and **no students are to attend on this day**.

We encourage families to enjoy the long weekend together and return refreshed and ready for the final stretch of the term.





### Connecting Schools with Indian Communities Program

We are excited to announce that Kilmore Primary School, along with a cluster of schools in Mitchell Shire, has received a grant for the 'Connecting Schools with Indian Communities' (CSIC) program! The program will introduce students from non-Indian backgrounds to the rich diversity of Indian culture, including its traditions, festivals, music, art and languages, while also enriching the cultural experiences of students of Indian origin in the schools. The key stakeholders from Kilmore Primary School, Seymour College, Willowmavin Primary School, Wandong Primary School, Broadford Primary School, Broadford Secondary College, Upper Plenty Primary School and Puckapunyal Primary School in Mitchell Shire will be involved in this program.

With a rapidly growing migrant population, Mitchell Shire provides a solid foundation for multiculturalism. According to the census figures, there is a growing Indian-born and Indian ancestry population in Mitchell Shire. A considerable number of students in Mitchell Shire schools are of Indian ethnicity which makes it essential for the schools to promote cross-cultural understanding among students to foster global awareness and support inclusive education.

The CSIC program is part of the Victorian Government's strategy for further developing Victoria's relationship with India over the next 5 years: <u>Victoria's India Strategy: Our Shared Future 2025-30.</u> It is a funding program that supports Victorian government schools to develop initiatives that foster collaborative partnerships between school, the Indian diaspora, and the broader community.

https://www.study.vic.gov.au/en/global-learning-and-engagement/school-and-community-programs/connecting-schools-with-indian-communities

Funding has been approved by the International Education Division of the Department of Education, Victoria to:

- focus on improving student learning and intercultural capabilities;
- facilitate strong collaboration between partner schools and organisations from Victoria's Indian community; and
- promote multi-school clusters/collaboration.

Stay tuned for more news about the 'Connecting Schools with Indian Communities' program!

#### Respect for Staff – A Shared Responsibility

At Kilmore Primary School, we are proud of the strong partnerships we share with our families. These relationships are built on mutual respect, trust, and a shared commitment to supporting every child's learning and wellbeing.

It is important to acknowledge that just as schools have a duty of care to students and families, we also have a duty of care to our staff. Our teachers, education support staff, and school leaders work incredibly hard to provide a safe and nurturing environment for every student. In turn, we expect all interactions with staff to be respectful, constructive, and aligned with the school's values.





### Respect for Staff – A Shared Responsibility continued

We understand that concerns may arise from time to time, and we encourage open dialogue. However, we ask that all communication remains calm and solution-focused. Disrespectful behaviour, personal criticism, or inappropriate commentary directed toward staff is never acceptable and undermines the very partnership we strive to uphold.

Together, we can continue to ensure Kilmore Primary remains a safe and supportive environment—for our students *and* for the people who care for them every day.

Additionally, we kindly remind families that our front office is a professional working space. While our administration team is always happy to assist, we ask that the area not be used as a social gathering space before or after school. This ensures our staff can continue to carry out their important work without disruption and that the privacy and confidentiality of all families is maintained.

Thank you once again for your continued support, encouragement, and partnership. We are a stronger school because of the shared commitment between our families, staff, and students. I look forward to the many exciting learning opportunities still to come this term.

Warm regards,

Michael Nicolaides

**Acting Principal** 





#### **CONVEYANCE ALLOWANCE**

Applications for Conveyance Allowance for Term 2 2025 are now open. Application forms are available from the school office. Please ensure that the completed form is returned to school by Friday 13th June 2025.

### Eligibility Criteria

The eligibility criteria varies depending on the type of school attended and where it is located.

Students attending a government or non-government school must:

- attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible
- be enrolled at a school/campus outside Melbourne's metropolitan conveyance boundary
- reside 4.8km or more by the shortest practicable route from that school/campus attended
- be of school age (5 to 18 years old at time of application) and reside in Victoria.

Note: Eligibility is assessed when the school completes your child's application on the Student Conveyance Allowance System (SCAS). If approved, the allowance payable is based on the one way distance to make the journey to and from school. For further information regarding the Conveyance Allowance Program see: www.vic.gov.au/travelling-school

# GAMES CLUB



Parents and Carers, please label all of your child's clothing.

This will greatly assist to return items when and if they are misplaced.







## Breakfast Club Term 2

### **Details:**

• Days: Monday, Tuesday, Wednesday, and Thursday

• Time: 8:20am - 8:40am

• Location: Stadium (Kilmore-Lancefield will open at 8:20am).

Managed by KPS staff, Breakfast Club offers a selection of cereals and toast for students to enjoy. This program not only provides a nutritious start to the day but also encourages autonomy and enhances social skills. Breakfast Club is a student-only space designed to foster the development of these important skills.

We kindly remind all families that students should not enter the school grounds before the Breakfast Club gate opens at 8:20am. We are not in a position to supervise or support students before this time, and your support is greatly appreciated.

Students attending Breakfast Club must enter via the Lancefield Road gate at 8:20am. Once inside, they are expected to remain in Breakfast Club until 8:30am, when yard supervision begins. This is to ensure the safety and wellbeing of all students.

If your child is not attending Breakfast Club, they must wait outside the gate until a school staff member welcomes them in at 8:30am.

During Breakfast Club, we are unable to provide one-on-one support. It is the responsibility of Parents and Carers to ensure their child enters and settles into Breakfast Club safely.

Thank you for your understanding and ongoing support in helping us maintain a safe and supportive environment for all students.

If any parents or carers are interested in helping at Breakfast Club, please send an expression of interest to Richie.Boyer@education.vic.gov.au



Students should not arrive at school until the school gates open at 8.30am unless they are attending Breakfast Club on Monday, Tuesday, Wednesday or Thursday morning. If you are joining Breakfast Club, please enter through the stadium gate on Lancefield Road.

Staff are not on yard duty until 8.30am

## **Handy Tips from**



### **Attendance**

## **Entering an Attendance Note**

- From the Compass home screen (or from your (1) student's profile), click the Add Attendance Note item.
- From the pop-up window

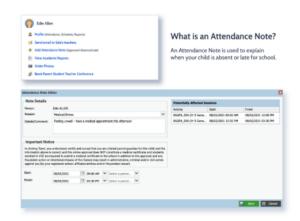
Select the reason

Enter a brief description of the absence

Select the start and finish time

Click the 'Save' button

Where possible, attendance notes should be entered prior to the absence/lateness



### **Parent-Teacher Conferences**

Using Compass you can book your parent-teacher conferences online.

On the home screen, beside the student 1 you wish to make bookings for, click 'Book Parent Student Teacher Conference.



4

A list of parent-teacher conference cycles (2) will be displayed along with their booking status. Click on the relevant cycle.

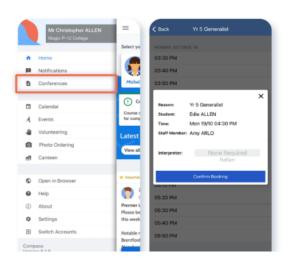


Your booking sheet will be displayed and 3 will show your available booking times. Click on a time in the grid to display teachers available for booking at that time.



### Parent-Teacher Conferences - app

- From the Compass home screen on your app, select (1)the menu (top left) and click Conferences.
- From the list of parent-teacher conference cycles
  - Select the relevant cycle you wish to book for
  - 4 Select the student you wish to place a booking for
  - 4 Select the class or interview group
  - 4 Click on a time slot to make a booking and confirm



DO NOT PARK IN OR BLOCK DRIVEWAY AT ANYTIME

# **NO PARKING**

# PLEASE DO NOT BLOCK DRIVEWAY

**THANK YOU** 

## **Every Day Counts**













Session 1:	8:50am — 9:50am
Session 2:	9:50am — 10:50am
Recess	10:50am — 11:20am
Session 3:	11:20am — 12:20pm
Session 4:	12:20pm — 1:20pm
<b>Lunch Eating</b>	1:20pm — 1:30pm
Lunch Play:	1:30pm — 2:10pm
Session 5:	2:10pm — 3:05pm
First Dismissal (Surna	mes A — L) 3:05pm

3:10pm

Second Dismissal (Surnames M - Z)



# FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

## CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

### MORE INFORMATION

For more information about CSEF visit: https://www.education.vic.gov.au/about/programs/Pages/csef.aspx

#### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools this year.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



## **Mobile Phones & Smart Watches**

It is a Department of Education requirement that students hand mobile phones and smart watches in to the office each morning and collect them at the end of each day.

The office has a locked mobile phone cabinet for this purpose.







## **Managing Your Mental Health Online**







online and phone mental health services. headtohealth.gov.au

### Phone and Online Counselling



#### Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467 National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636 Telephone (24/7), online and email counselling,

#### 1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



#### MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



#### OLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



#### Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



#### Open Arms 1800 011 046

Phone and online counselling for veterans and



#### SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



#### FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

#### Young People



### Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing



### eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



#### The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

### **Programs**



#### MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



stress, insomnia, anxiety and depression. Courses clinician. Courses are either free or low cost.

### Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.

#### MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



#### e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



Online program for parents and caregivers providing evidence-based parenting strategies.



### Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

## Apps



A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



A website and app which supports individuals to cut back or take a break from using alcohol.



## Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

#### Aboriginal and Torres Strait Islanders



Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



A social and emotional wellbeing self-help app for young Aboriginal and Torres Striat Islander Australians aged 15 years and older.













### Head to Health

# A website that links Australians to free or low-cost

## A range of self-paced online CBT courses for can be done as self-help or guided by your own

## mentalhealthonline

# myCompass

www.emhprac.org.au



## Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank



# Safety around schools

Everyone has a responsibility

# Make school time safe for everyone

Please take extra precautions when dropping children off and picking them up from school. Children are still learning the road rules and can be unpredictable and difficult to see.

Important things to remember:

- Travel at a maximum of 40 km/h
- Never use a mobile phone while driving
- Always follow the crossing supervisor's instructions
- Allow extra time so you don't need to rush
- Consider parking a few streets away and enjoy a walk

Together, let's reduce speeds and improve safety for all children.



t. (03) 5734 6200 e. mitchell@mitchellshire.vic.gov.au www.mitchellshire.vic.gov.au





# Get up to **\$500** for education costs

Achieve a savings goal for 10 months, and ANZ will match it up to \$500.

To be eligible, you need to meet these requirements:



18 years

or older



income

partner)

(you or your



Attend free online financial education workshops



Are studying yourself or have a child at school, or starting next



Current **Health Care** or Pensioner Concession Card

Saverplus.org.au

1300 610 355



Aa Bb Cc Dd 3456 **Every day counts** 

PROUDLY PRESENTED BY
LANCEFIELD JUNIOR FOOTBALL NETBALL CLUB

Missing one day per fortnight adds up to missing four weeks of school a year.





BBQ & RAFFLE PROCEEDS GOING TO Safe Steps

2ND-HAND CLOTHING

Ladies - Men's - Children

10AM-2PM

Upgrade your wardrobe sustainably with budget-friendly, stylish finds at HER Second-hand Clothing Market while saving reducina waste. money. supporting eco-friendly fashion and giving to a good cause









Thursday 8<sup>th</sup> May 9.30am

Tuesday 27th May 4:30pm

Thursday 19th June 12:00pm

Monday 23<sup>rd</sup> June 9:30am

To RSVP, please click on your preferred date or alternatively scan the QR code

## **IMPORTANT DATES**

- Foundation 2026 Enrolment applications accepted from Tuesday 22<sup>nd</sup> April 2025
- Foundation 2026 applications due no later than Friday 25<sup>th</sup> July 2025
- Foundation 2026 enrolment acceptance confirmation by Friday 8<sup>th</sup> August 2025





35 Lancefield Road, Kilmore

E: Kilmore.ps@education.vic.gov.au

Ph: 03 5782 1268