



Kilmore Primary School

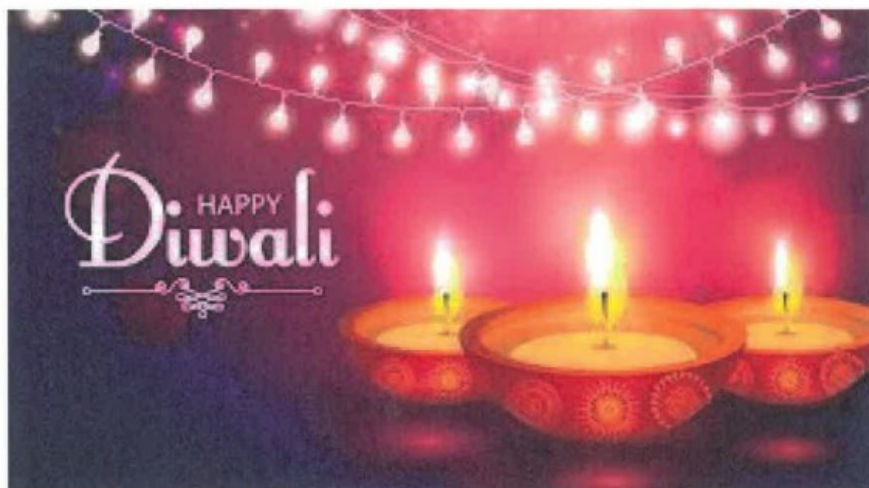
Principal: Mr Neil O'Sullivan

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NEWSLETTER

Friday, 17th November 2023

KPS Celebrates Diwali



Diwali: Festival of Lights

Learn about India's biggest holiday of the year.

Diwali, or Dipawali, is [India's](#) biggest and most important holiday of the year. The festival gets its name from the row (*avali*) of clay lamps (*deepa*) that Indians light outside their homes to symbolize the inner light that protects from spiritual darkness. This festival is as important to Hindus as the Christmas holiday is to Christians.

Over the centuries, Diwali has become a national festival that's also enjoyed by non-Hindu communities. For instance, in Jainism, Diwali marks the nirvana, or spiritual awakening, of Lord Mahavira on October 15, 527 B.C.; in Sikhism, it honors the day that Guru Hargobind Ji, the Sixth Sikh Guru, was freed from imprisonment. Buddhists in India celebrate Diwali as well.





THE BRIGHTEST DAY AT SCHOOL!

Dear Parents and Guardians,

You and your family are truly amazing! It is wonderful to share that our Colour Explosion School Fun Run was a huge success.

It is fantastic to see the spirit and enthusiasm that was displayed in supporting our school. Of course, the true highlight is the smiles on the student's faces as they ran their Colour Explosion School Fun Run.

We raised \$30,424 which will go toward new Literacy Resources.

More smiles to come! Your incentive prizes are in the process of being ordered and will soon be on their way! When they arrive, they will be distributed to students accordingly.

Again, our most sincere thanks for your support and fundraising efforts. We couldn't have done it without you! 😊

Thanks to everyone that supported us at our Colour Explosion School Run 4 Fun! Fundraising has now closed and it is time to order your prizes 🎁

Every student who has raised \$10 or more can choose a prize 🎁! Pick a prize from your highest category, or mix and match smaller prizes. Prizes can be ordered online: <https://myprofilepage.com.au>.

If you get stuck, please ask for support. ✅

Check out the accumulative prize poster here 📄 :
<https://australianfundraising.com.au/wp-content/uploads/textbook.jpg>

Congratulations to all our fundraisers! 🎉
[#schoolrun4fun](#) [#funrun](#) [#australianfundraising](#) [#fundraising](#) [#colourexpllosion](#)
Mrs Nelson

North Central Review

Tuesday, November 7, 2023

YOUR COMMUNITY VOICE

FREE Every Tuesday

TRADES & CLASSIFIEDS 5734 3344

www.ncreview.com.au

www.facebook.com/northcentralreview/



There was plenty of fun at Kilmore Primary School on Friday for the school's colour run. Pictured are principal Neil O'Sullivan, left, teacher Jacqui Nelson, students Zoe and Parker, and DJ Fazz.

■ Full story and more photos, see next week's Review.



Thanks and Gratitude - Grade 5 Leadership Speeches

My learning highlight from this week is the great work that our Grade 5 students have been putting into their leadership speeches. Next week, they will be delivering their speeches in front of their peers and while it will be a nerve-wracking process for many, it is also a great personal development opportunity for our students. Their teachers have been incredibly proud of the committed way that they have worked on their speeches and I have also spoken to many proud parents. After a voting process, some students will proceed to an interview process where they will have a further opportunity to demonstrate their leadership skills. I would like to thank all of our Grade 5 teachers for the extensive preparation work they have been undertaking in preparing our Grade 5 students. I am looking forward to hearing the speeches next week and learning more about the leadership qualities of our Grade 5 students.

Swimming Program

In Week 9, our KPS whole school swimming program will be commencing at Kilmore Leisure Centre. Our Foundation, Grade 1 and Grade 5 and 6 students will be the first year levels to commence the program. The program is being fully funded by KPS so there is no cost to families. While schools are provided with funding, our School Council is dedicating a significant amount of funds towards the program to ensure that no child misses out. To conclude our swimming program, Mrs. Nelson is organizing a House Colours swimming carnival which is sure to generate lots of excitement.

Student Led Initiatives

We currently have some great student led initiative running at KPS. Our SAT continues to collect ring pulls to raise valuable funds for charitable organizations. Our icy pole stall was a great success this week and I would like to congratulate the Grade 6 students involved for their initiative and drive in setting up this fundraiser. Each lunchtime and recess, we also have students from various year levels running structured activities. As principal, it is wonderful to see our students generating and delivering such great ideas.

Semester 2 Reports

Our teachers are currently working through the Semester 2 assessment and reporting cycle. At this point in the school year, students are busy undertaking a range of assessments to track their learning growth and future learning goals in literacy, numeracy and other areas of the curriculum. Semester 2 reports will be available from the Compass portal from Friday, December 15th onwards.

KPS Literacy Program

If you have been keeping an eye on the newsletter over the last few years, you may be aware that KPS has been placing heavy emphasis on developing the oral language and literacy skills of students in the first three years of school. Language capability is the most critical element in literacy and social success and we have worked closely with University of Melbourne and the Murdoch Institute on creating a highly effective literacy program for our students in the first years of school. Our end of year assessments are demonstrating that our student learning growth is significantly above the expected level of growth for students. This is a credit to the dedicated work of our teachers and how well they have adapted their teaching practices to implement the techniques they have learned. Our teachers are genuinely thrilled at some of the results that our students have been producing and this is wonderful to see.

Neil O'Sullivan
Principal

November

Monday 20th to Thursday 23rd

Beehive is Open

Friday 24th

Conveyance Allowance Applications Due

December

Friday 1st

Payment due for Grade 6 Celebratory Dinner

Tuesday 5th

Grade 6—Broadford Sec College Parent Information Evening

Tuesday 12th

Grade 6 Graduation Bear order and payment due

STATEWIDE TRANSITION DAY

Wednesday 13th

Grade 6 Graduation and Celebratory Dinner

Friday 15th

Grade 6 End of Year Funfields Excursion

Tuesday 19th

Christmas Concert

Wednesday 20th

Last day of School Year—**1.30 PM finish**

February 2024

Thursday 15th - 2nd Round Orders Due for 2024 Grade 6

Jacket & Polo orders (refer page 8)

HAPPY BIRTHDAY

Birthday wishes to the following students who celebrate next week:

Nate Hughes, Eric Oates,
Maverick Oates, Spencer Suturkovski, Evie Brizzio,
Indiannah McNab, Kate Oates, Sully Fandrich,
Levi Potter, Ryan Wills, Sophia Parangat and
Shahmeer Khan.



If any of your personal details change such as address, email, phone numbers, emergency contacts etc. it is important to contact the office as soon as possible to update our records.

SICK BAY LINEN ROSTER

November

24th Ashleigh Desmond

December

1st Jemima Allen

8th Jackie Knight

15th Nicole Peter

20th Susan Moore



Late Arrivals

If your child arrives after 8.50am please ensure they go to the office to **be signed in.**

If they are not signed in you will receive an SMS stating that your child is away.



Facebook

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via kilmore.ps@education.vic.gov.au or by calling the office on 5782 1268.



Book Lists
for
Next Year



2024 Book List/Stationery Packs—Please check your emails

Families have been emailed a link via Compass for ordering 2024 Book Lists. Please remember to order for your child's 2024 class. The email includes our future Foundation students for 2024.

You can also view the booklist/stationery packs on our Kilmore Primary School website: <https://www.kilmoreps.vic.gov.au>

Go to Parents tab—2024 Stationery Packs and select the year level for 2024.

Remembrance Day 11 November 2023

Hudson Park



Buzz from the Bee Hive!!!!

Next week we are opening the beehive for the last time this year.

There is definitely a Buzz in the air...

Monday - Foundation

Tuesday - Grades 1 and 2

Wednesday - Grades 3 and 4

Thursday - Grades 5 and 6

See you at the beehive!!

The Wellbeing Team.

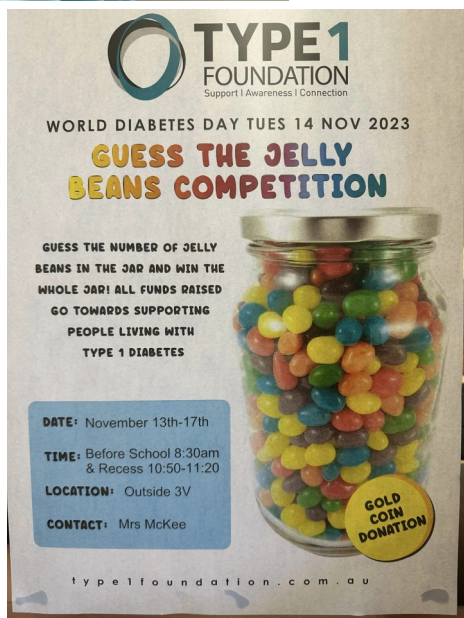


Tuesday the 14th of November was International Diabetes Awareness Day. Ava from 3M who lives with Type 1 diabetes had a great idea to hold a Guess the Jellybean Competition to raise money for the Type 1 Foundation. This foundation works hard to support people who live with Type 1 diabetes and their families.

Due to the popularity, we will be continuing our 'guess the jellybeans' next week at recess.

Please bring your gold coins along, there will be a table set up outside the office each recess.

Winner will be announced at next week's assembly.





School orders - DUE NOW



ONLINE ORDERING AVAILABLE



afterpay 

Place orders prior to Christmas to avoid any supply disappointment in January

<http://kps.allthingsuniform.getworkgear.com/>

Be KIND Be PROUD Be SAFE



**Be proud of our school
Always put your rubbish
in the bin**



Grade 6 Jacket and Polo Ordering



Families of Grade 5 students will have been emailed via Compass an order form for 2024 Grade 6 Jacket and Polo's.

First round orders have closed. Second round orders are now due 15 February 2024 for delivery to KPS before end of term 1 in 2024.

(All orders and payments must be placed directly with All Things Uniform).

Please contact the office on 5782 1268 if you require any assistance in locating your order form in Compass.

REMINDER TO WEAR YOUR HAT

All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. Basketball or peak caps are not considered a suitable alternative.

Please note the school does not sell hats. You can purchase your hat from All Things Uniform, Broadford.



Drink Bottles

Reminder all students need to bring a drink bottle to school.



We have 2 Disability reserved spaces at the front of the office on Sutherland Street and two reserved spaces on Lancefield Road. If you do not hold a valid permit please DO NOT PARK in these spaces.

MITCHELL SHIRE COUNCIL



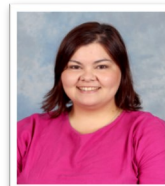
A Message from Mitchell Shire Council

School Crossings at Kilmore Primary School

Please DO NOT park in the No Standing Zone beside any school crossing



Connecting With Kimberly



Christmas Hamper's

With support from Lions International, we are starting to collect donations for our Christmas hampers which will support school families. If you may be able to help, we are seeking donations for our Christmas hampers such as: Christmas puddings, toy's, candy canes and any other Christmas based items. These hampers will be delivered to families in the last week of term. Last year we were able to make 19 twenty-kilogram hampers for our community. If you would like to donate any items, please drop them off at the office for collection. Please call me on 5782 1268 to discuss this further.



Proudly sponsored by
Lions club of Wandong-Wallan
Serving our community

The following services are available outside of school hours. *In the event of an emergency please call 000*



Best,
Kimberly Batsas-Hill
Social Worker -Primary Welfare Officer

Kids Helpline



Ph: 1800 551 800

<https://>

Parentline



Ph: 13 22 89

<https://>

Safe Steps



Sexual assault, domestic
and family violence

Ph: 1800 015 188

[https://
www.safesteps.org.au/](https://www.safesteps.org.au/)

Lifeline



Ph: 13 11 14

[https://
www.lifeline.org.au/](https://www.lifeline.org.au/)



School Student
Broadband Initiative

An Australian Government initiative
powered by nbn

To support students that do not have access to internet at home, the Australian Government has committed to providing up to 30,000 families with free nbn-powered broadband internet at home for one year.

You may be eligible for the School Student Broadband initiative (SSBI) if you:

- Have a school-aged child
- Have no active nbn connection or have not disconnected in the last 14 days
- Live in a premise that is serviced by the nbn network.



Scan the QR for more information.

To check your eligibility:



Contact the National Referral Centre on 1800 954 610
(Mon-Fri, 10am-6pm AEDT)



www.anglicarevic.org.au/student-internet

Callback and webchat functions are also available via the website.



Translating and Interpreting Services are available.



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This term a new program called Respect, Encouragement, Dedicated, Friends In Nature (REDFIN) has started. REDFIN is a therapeutic program developed by the Wellbeing Team that focuses on strengthening connection to peers, social skills, and emotional regulation skills with fishing. Last week, we received a donation of fishing resources from the Victorian Fishing Authority. We would like to say a BIG thank you to the VFA. This generosity and support is greatly appreciated.





Get up to \$500 extra in the bank to lighten the load of education expenses



Count me in.

Commit to saving up to \$50 a month for 10 months and **we'll double it.**

saverplus.org.au
1300 610 355



Save \$500 and ANZ will top up your bank account with another \$500.

Yes, it's true. No catch, no scam.

Just real knowledge and information for real people that's easy to understand... It's just, down-to-earth money talk - and a \$500 incentive to build your savings!

Join Saver Plus and get



Free financial education



Your savings doubled (up to \$500)

What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



Lessons and activities



Books and supplies



Camps and excursions

Can I join Saver Plus?

To be eligible, you need to meet these requirements:



Be 18 years or older



Have a current Health Care or Pensioner Concession Card



Have a child in school, starting school next year, or be studying yourself



Have regular income (you or your partner*)



Agree to join in free online financial education workshops

Ready to start saving? Let's talk.

saverplus.org.au | saverplus@bsl.org.au | 1300 610 355

* Most types of income are valid. Speak to your local Saver Plus Savings Coach if you're not sure.



Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

Managing Your Mental Health Online

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.

KILMORE GOLF CLUB

Anderson Road, Kilmore VIC 3764 (03) 5782 1123

Try Golf and have a Fun Day

Kilmore Golf Club
Sunday, November 19,
10am-1pm

ALL WELCOME
BRING YOUR FAMILY & FRIENDS

Putting Competition, Round of Golf:
9 Holes – Awards and Prizes

Best Scores in both Adults &
Juniors:

Prizes for Nearest the Pin all 9 Holes

We welcome Juniors, Adults,
Men and Women; **BUT** only those
with NO Golf Australia Handicap

Cost: Adults \$20, Juniors \$10
Includes competition fees and a
drink / food voucher

Pre-Register:
info@kilmoregolfclub.com.au
giving your name, phone
& email address

Then Pre-Pay: Kilmore Golf Club Inc.
BSB: 633 000 **A/C:** 147 888 275
Ref: trygolf & your name

Limited amount of golf
equipment available on loan
(with refundable cash deposit)



Save The Dates Hudson Park



Kilmore Scout Market
Hudson Park
Saturday November 25

**Kilmore
Scout
Market**
Every 4th
Saturday

Charity Twilight Market
Hudson Park

Friday December 8
4 pm - 9 pm

Gold Coin Entry - All Scouts profits
from this event will go to Broadford
Love in Action and Berry Street Charities

60+ Stalls

Entertainment, Seasonal
Gifts, Fresh Food, Coffee
produce and more.

Buskers and
Carolers Wanted
SMS: 0487 894 511

Scout Christmas Trees!

November 25 - December 16

Pickup or Delivery

Scan
Here



<https://www.trybooking.com/CLXHN>



TWILIGHT MUSIC FEST

PERFORMANCES BY LOCAL YOUNG
ARTISTS:

ZAK GULLY
MADOJA
BRAD AND NEAVE
OLIVER MORDAUNT

ACTIVITIES, GIVEAWAYS AND MORE - ALL
FOR FREE!

WALLAN TWILIGHT MARKET
HADFIELD PARK WALLAN
5-7PM - NOVEMBER 24, 2023



freeza
www.freeza.vic.gov.au



Mitchell Youth Services



@mitchellyouthservices

 Bendigo Bank

**FREE
EVENT**

Community Bank

Christmas carols



FOOD TRUCKS AND ACTIVITIES: 6PM
PRE SHOW ENTERTAINMENT: 7PM
CAROLS: 7:30PM



NVC
PRECAST



wallan^Y CHAMBER OF
COMMERCE INCORPORATED

SATURDAY 16 DEC
HUDSON PARK KILMORE

WELLBEING

BINDJULUNG GUWIYAP BALAM BALAM NGARRART



LAST ISSUE FOR 2023 SCHOLASTIC ISSUE 8

FIRST ORDER: 22ND NOV

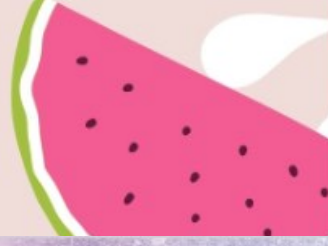
SECOND & FINAL ORDER 29TH NOV

Make sure get your orders into LOOP before those dates

ISSUES 8: <https://www.scholastic.com.au/book-club/book-club-parents/book-club/>

ICY POLE DAYS

EVERY MONDAY &
THURSDAY
LUNCHTIME





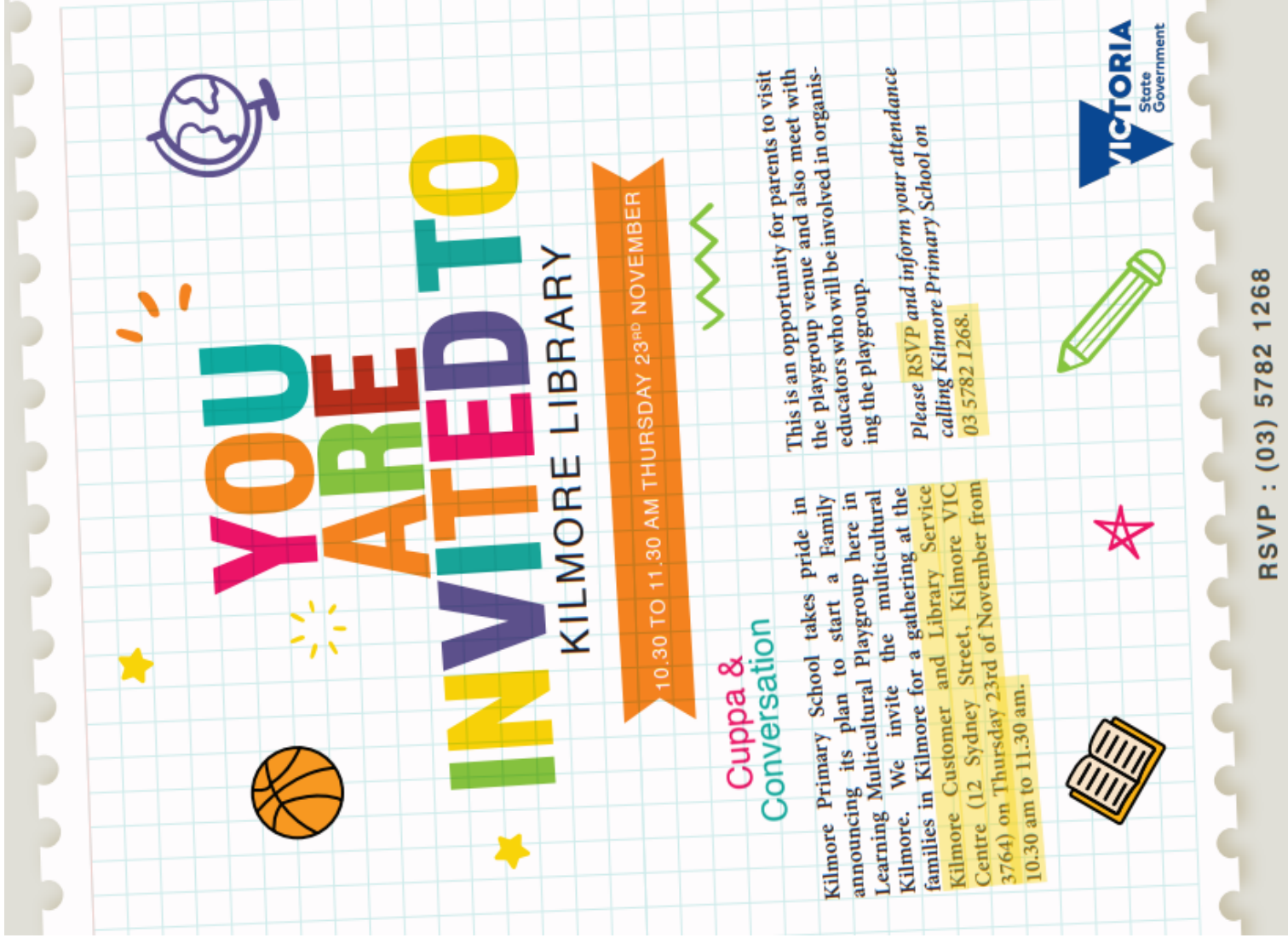
Christmas FUN DAY

108-110 POWLETT STREET, KILMORE
16TH DECEMBER 10 AM - 1:30 PM

- Santa & Elf
- Letter to Santa
- Showbags
- Colouring in competition
- Snake & reptile handler
- & Much more!!

KILMORE
SOUTHSIDE STOCKFEEDS

FAT RAT
 TRADING



YOU ARE INVITED TO

KILMORE LIBRARY

10.30 TO 11.30 AM THURSDAY 23RD NOVEMBER

Cuppa & Conversation

Kilmore Primary School takes pride in announcing its plan to start a Family Learning Multicultural Playgroup here in Kilmore. We invite the multicultural families in Kilmore for a gathering at the Kilmore Customer and Library Service Centre (12 Sydney Street, Kilmore VIC 3764) on Thursday 23rd of November from 10.30 am to 11.30 am.

This is an opportunity for parents to visit the playgroup venue and also meet with educators who will be involved in organising the playgroup.

Please **RSVP** and inform your attendance calling Kilmore Primary School on 03 5782 1268.

VICTORIA
 State Government

RSVP : (03) 5782 1268



COLOURING COMPETITION

1 Entry per child.

Entries close on December 16th at our Christmas Fun Day.

Winner will be drawn and contacted on December 19th.

Please leave a name and contact number on the back.

Head in to Fat Rat Trading or Southside Stockfeeds to

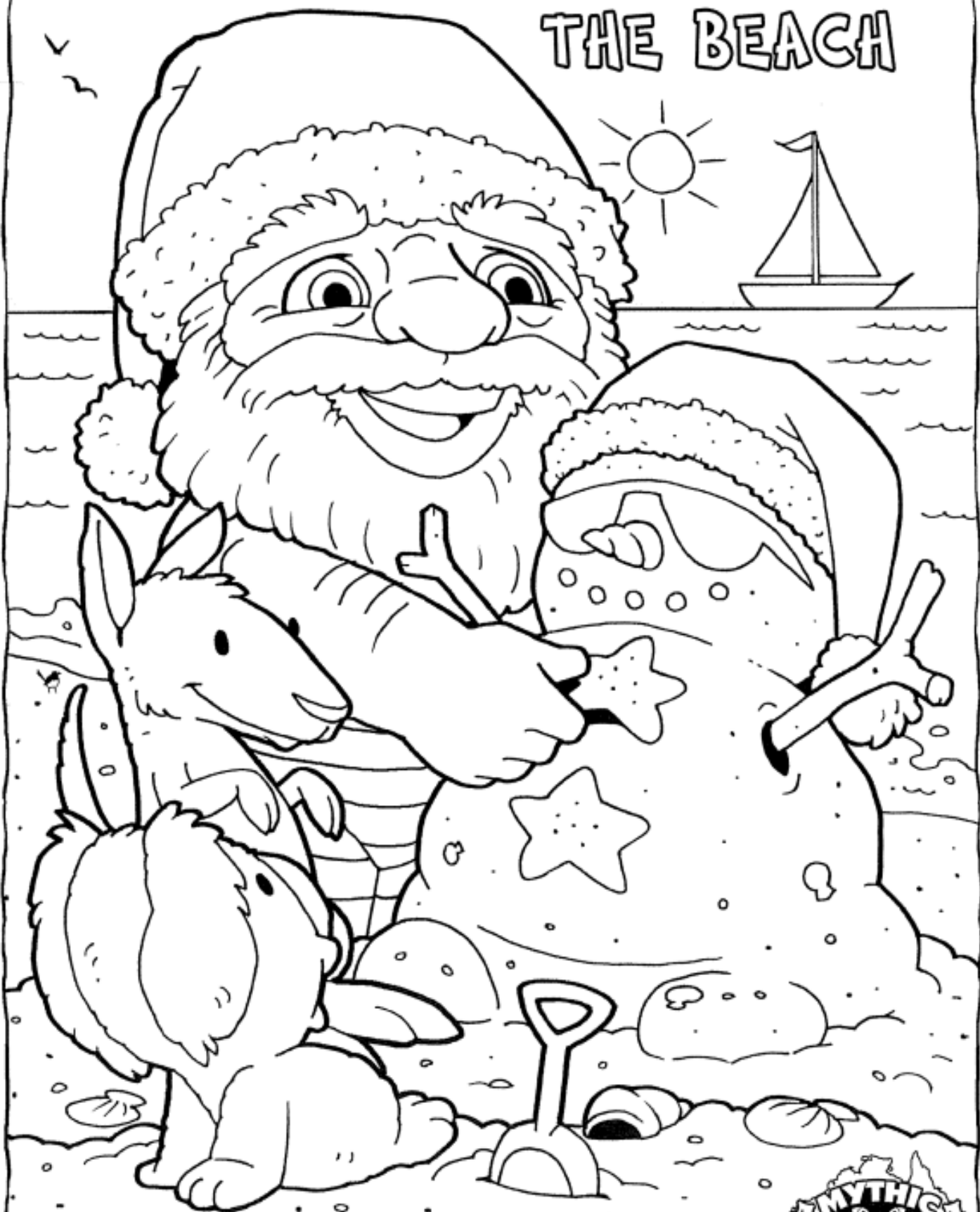
choose your colouring!



KILMORE
• SOUTHSIDE •
STOCKFEEDS



AN AUSSIE CHRISTMAS AT THE BEACH



HAVE A MERRY CHRISTMAS AUSTRALIA



SANTA IN AUSTRALIA



HAVE A
MERRY
CHRISTMAS
FROM



HAVE A MERRY CHRISTMAS, AUSTRALIA



SANTA RESTS HIS FEET AS A JILLAROO
POURS HIM A CUP OF BILLY-TEA.

