

Kilmore Primary School

Principal: Mr Neil O'Sullivan

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NEWSLETTER

Friday, 25 November 2022

Grade 5 Leadership Speeches

For the last few weeks, the Grade 5 students have been writing their speeches on why they would make a good school leader for next year.

Last week, they had the exciting opportunity to present their speeches to all the Grade 5 and the Grade 4 students. They were all very brave and did a fantastic job! Well done to all.

A huge thank you to everyone involved and a special thank you to the Grade 4 students and teachers that took time to come down and watch!





Buzz from the Bee Hive!!!!



Next week we are opening the beehive for the last time this year.

The is definitely a Buzz in the air...

Being term 4, we are having a whole school raffle. The prizes include:

A signed Sherrin Football signed by Melbourne Player
Nathan Brown

A Harry Potter Paint Set See you at the beehive!!

The Wellbeing Team.



STUDENT BEFORE SCHOOL DROP OFF AND AFTER SCHOOL PICK UP

Reminder for parents and guardians to enter and leave through their designated gate when dropping off or collecting your child/children before or after school.

Please do not use the office as a throughfare, only enter for business purposes only.







Thanks and Gratitude - Library Helpers

Yesterday afternoon we had a fabulous turn out of staff and parents to take the next steps with our library revitalisation project. Our band of helpers organised a huge spring clean of our library area in preparation for the major refurbishment that is coming in December and January. As you will see from photos elsewhere in the newsletter, our library has been well and truly decluttered and prepared for the remodelling that is to come. At the start of the 2023 school year, our library will open once again having been repurposed as a modern library and a collaborative working space for students, staff and community members. This is an exciting project for our school and our new library space will become the heartbeat of our school in the years ahead.

Learning Highlight: Stop Motion

Across our school, students having been highly engaged in creating Stop Motion animations as part of our writing program. Stop Motion is an animation app which allows students to create animated short movies using characters made from clay or playdough, similar to the animation style of Wallace and Grommit. Students have loved this learning opportunity and our teachers have remarked on the engagement and enjoyment that our students have demonstrated in developing their animated stories.

F to 2 Fun Night

This afternoon our Foundation to Grade 2 students are taking part in their "Fri-Yay Fun Night" at KPS. Students will get the opportunity to stay a little longer than usual and to take part in some enjoyable teambuilding and problem-solving activities. Our F to 2 teachers have put a lot of thought and energy into the evening and I am looking forward to being involved in the activities myself. I would like to thank our F to 2 teachers for the work they have put into preparing for this event. At a time of year when our teachers are busily completing reports on their weekends, our F to 2 teachers have worked very hard to ensure that our F to 2 students get this enjoyable experience.

School Review - Community Survey

In Term 1 of 2023, KPS will be undertaking its four yearly School Review. The School Review process, which is facilitated by an external school reviewer and a Senior Education Improvement Leader from the Department of Education, provides schools with the opportunity to reflect on their achievements and set goals for the next four years. As part of the review process, we would value feedback from our community on what we are doing well at KPS and areas where we can improve our services. In the coming days I will be sending a feedback survey to allow us to gain your valuable feedback. If you are interested in participating in a community focus group, there will also be the opportunity to identify this within the survey.

OSHC

On Wednesday, families who use the Sutherland Street OSHC service were notified by the current provider that they will be ceasing their OSHC service at the end of the 2022 school year. I would like to reassure our families who use the OSHC service that our School Council is currently working through the process of selecting a new OSHC provider for the 2023 school year. An OSHC service will be in place at Kilmore Primary School for the start of the new school year and we are looking forward to having an exciting and engaging OSHC program for our students and families. Families will be notified of our new OSHC provider in mid-December and the new provider will then begin the process of transitioning current and future students into the 2023 service.

All the best,

Neil O'Sullivan Principal



Teaser for F to 2 Fun Night, please see next weeks newsletter for full article and pictures





November

Friday 25th

Conveyance Allowance applications due

Tuesday 29th

Broadford SC Year 7 Information Evening (refer P8)

Wednesday 30th

"Give the Mo a Go" Day 4 (refer P7)

December

Tuesday 6th

Wallan SC Year 7 Information Evening (refer P8)

Wednesday 7th

Payment Due for the following Grade 6 Events:

- Funfields
- Graduation Bears
- * Graduation Dinner

Wednesday 14th

Grade 6 Graduation Ceremony and Dinner

Monday 19th

Christmas Concert and Amazing Christmas Raffle draw

Tuesday 20th

Last day of term for students—1.30pm dismissal

HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthdays over the coming week:

Saarj Kumar, Nixxon Daniels,

Penelope Bennett, Veronica Milne, Liam Warner, Kyle Kenny, Huma Noor, Yitali Munokoa, Ben Mecklam, Noah Guzman, Madeline Willis, Lucas Brand, Brayden Dunlop, Zac Laffan, Neeve Hoey and Max Spruyt.



If any of your personal details change such as address, email, phone numbers, emergency contacts etc. it is important to contact the office as soon

CHANGE OF CLOTHES



With the wet weather continuing, could you please make sure **all** students have a change of clothes in their bags.

Grade 6 Jacket and Polo Orders



2nd Round Orders Are Due 10th February for 2023. Please place your order and payment directly with All Things Uniform in Broadford



Facebook

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via kimore.ps@education.vic.gov.au or by calling the office on 5782 1268.



2023 Book List/Stationery Packs—Please check your emails

Families have been emailed a link via Compass for ordering 2023 Book Lists. Please remember to order for your child's 2023 class. The email incudes our future Foundation students for 2023.

You can also view the booklist/stationery packs on our Kilmore Primary School website: https://www.kilmoreps.vic.gov.au

Go to Parents tab—2023 Stationery Packs and select the year level for 2023.

Hi, I'm Tilly from 5S!

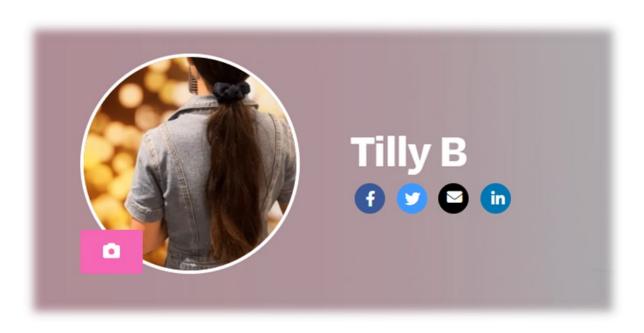
I have been growing my hair for the last 18 months to donate and raise funds to help kids with cancer in Australia. A wig helps kids to feel like themselves again and improve their confidence and self-esteem as they undergo treatment.

Please donate to my Wigs 4 Kids fundraiser, and share with your family and friends. Your KIND donation, no matter how big or small, will allow Kids with Cancer Foundation to continue their support and help relieve the financial burden to families with children undergoing cancer treatment.

TOGETHER we can make a difference to other kids!

https://fundraise.kidswithcancer.org.au/fundraisers/tillyb/wigs-4-kids









Family and Friends Pop Up Book Stall

Wow... our little pop shop was awesome.... Thank you Thank you to all those that popped past and supported our

amazing school and our family and friends group.. the books in the pictures are books we will be adding to the libary/and or classroom libraries...







We need your HELP!

KPS Family and Friends are reaching out for your assistance with donations for our AMAZING CHRISTMAS RAFFLE!

Suggested items - Chocolates, Christmas decorations, wrapping paper, baking goods, candles, toys, mugs, chips etc.

Donations can be dropped at the school office or the Canteen drop boxes.

Raffle tickets sales will be announced shortly!

Raffle drawn at our end of year celebration evening Monday 19th December.

Any questions please contact Jodie 0433271301

"Give the Mo a Go' Day.



On Wednesday 30th November, KPS will be holding the 4th Annual 'Give the Mo a Go' Day.

Students will be able to bring in their own unique and creative Moustache and wear it throughout the day.

This will be a fundraising opportunity where students can bring in a gold or silver coin donation, with the proceeds going straight to my Movember Page.

This month does mean a lot to me, so to have the school community support will be amazing.

If you would like to donate, please click the link below:

https://movember.com/m/nathanbabic?mc=1

My goal is to reach \$1,000 for the 4th year in a row.

If you have any questions please contact - Mr Babic



Child and Family Services Timetable Term 4 2022

Tuning in to Kids

A six session program for parents of 2 -10 year old's. Learn how to help your child develop emotional intelligence

ONLINE Thursday 13 October - 17 November 10am - 11:30am REGISTER HERE

Emotion Coaching - for teens

Our workshops are for parents and carers of teens who would like to learn more about emotion coaching, understanding their children's emotional development and how they can connect with their children.

ONLINE Thursday 20 October 5:15pm - 6:45pm REGISTER HERE

Tuning in to Teens

A six session program for parents of 10 -16 year olds. Learn how to help your teenager develop emotional intelligence

Drumbeat is for children and women who have experienced unhealthy relationships or experienced or been exposed to family violence.

Drumbeat for Kids Aged 9 - 13

12 October till 7 December 4pm - 5pm in Wallan (venue to be confirmed)

Drumbeat for Kids Ages 10 - 13

6 October till 1 December 4pm - 5pm at FamilyCare Shepparton

Women's Drumbeat

5 October till 2 December 10am - 11:30am at FamilyCare Shepparton

Call Central Intake 1800 161 306

The importance of play

Playing together is one of the most effective tools for building strong relationships with your child.

FamilyCare Shepparton Wednesday 9 November 10am - 12noon REGISTER HERE

Connections

A relationship building group for mothers and young children (0-4 years) who have experienced family violence

FamilyCare, Shepparton 10 October to 5 December 10am - 12 noon

Call Central Intake 1800 161 306



Connecting With Kimberly



Christmas Hampers

We are starting to collect donations for our Christmas hampers which will support school families. If you may be able to help, we are seeking donations for our Christmas hampers such as: Christmas puddings, toy's, candy canes and any 👞 other Christmas based items. These hampers will be delivered to families in the last week of term. If you would like to donate any items, please drop them off at the office for collection.

I can be contacted via email:

Kimberly.batsas-hill@education.vic.gov.au

Or 5782 1268 for any student and family wellbeing needs.

Best, Kimberly Batsas-Hill Social Worker - Primary Welfare Officer The following services are available outside of school hours.

In the event of an emergency please call 000

Kids Helpline



kids<mark>help</mark>line Ph: 1800 551 800

https:// kidshelpline.com.au/

Safe Steps



Sexual assault, domestic and family violence

Ph: 1800 015 188 https:// www.safesteps.org.au/

Parentline



Ph: 13 22 89

https:// parentline.com.au/

Lifeline



Ph: 13 11 14 https:// www.lifeline.org.au/



Create your own Dream Car and you could win!

The 16th Toyota Dream Car Art Contest is now open. Enter your class for a chance to win great prizes!

- Official entry form and terms and conditions are available at toyota.com.au/dreamcar. Make sure to check the appropriate age category for your pupils.
- For free teaching resources including lesson plans and tips on how to enter your class into the Toyota Dream Car Art Contest, visit coolaustralia.org.
- Entries must be hand drawn or painted on a sheet of paper no larger than A3. Digitally created entries are not eligible. You can download a personalised drawing template for your class from toyota.com.au/dreamcar.
- 4. This year the Dream Car Competition is accepting entries online, so there is no need to package and post your class entries. Head to dreamcarentry.com.au and follow the bulk upload process.
- 5. Make sure that each entry to the competition has been approved by a parent or guardian.

Plus, your school could win a \$2,500 VISA Gift Card!

The child who wins first prize in the competition will win a \$2,500 VISA Gift Card for their school and another \$2,500 VISA Gift Card for themselves. There are also eight \$275 VISA Gift Cards to be won spread across three age groups - Under 8, 8-11 and 12 -15.

Entries submitted before 12th December 2022 will automatically be entered into the early bird prizing competition with a chance to win one of $5\,\mathrm{x}$ \$100 VISA Gift Cards.



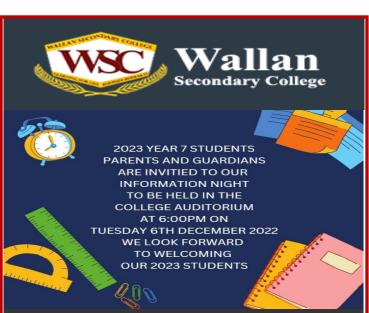
OH WHAT A FEELING

Entry Terms and Conditions can be found at toyota.com.au/dnamcar-terms-conditions. Privacy collection statement is available in the Entry Terms and Condition



Broadford Secondary College

Broadford Secondary College Parent Infomation Night with be held on: Tuesday 29th November commencing at 6.30 PM









WALLAN SECONDARY COLLEGE

OFFERING: FREE WALLAN CAP WITH ORDER VALUE OVER \$450



PSW CAMPBELLFIELD



2/283 REX RD, CAMPBELLFIELD VIC 3061 (03) 9768 0337

SCHEDULED DATES

Thursday 8th December (5pm – 7pm)

FITTING BOOKING APPOINTMENTS ESSENTIAL

(please head to our PSW website and click on YOUR FITTING APPOINTMENTS under the School name)

ORDER TODAY AT PSW.COM.AU



DO NOT PARK IN OR BLOCK DRIVEWAY AT ANYTIME

PLEASE
DO NOT BLOCK
DRIVEWAY
THANK YOU

LIBRARY NEWS!



This was not the work of wizards, fairies, goblins or Oompa Loompas. This is the magic of a group of generous volunteers and staff who worked tirelessly to empty the library space, ready for the next phase of the library rejuvenation project. Over the next few weeks we will have visits from various trades, followed by the delivery and install of the new furniture and finally the returning of all resources to the new shelves! We can't wait to show you the new space!





LIBRARY NEWS!



Hi everyone!

With the library rejuvenation just around the corner we are getting prepared for the temporary closure of the library space and request that all <u>overdue</u> library books are returned to the library now so they can be stored away. Books borrowed this or next week are not required to be returned yet, only books which have been borrowed for longer than two weeks are considered overdue.

Notices will be issued next week to any students who have not returned their overdue books so please have a look around your home and in your child's belongings to avoid receiving a notice, they are in there somewhere!

We are so excited to show you our rejuvenated library space at the end of the year!

Thank you!

Liz – Library Technician





Drink Bottles

Reminder all students need to bring a drink bottle to school.





We have 2 Disability reserved spaces at the front of the office on Sutherland Street and two reserved spaces on Lancefield Road.

If you do not hold a valid permit please DO NOT PARK in these spaces.

COLLECTING YOUR CHILD FROM SCHOOL EARLY

We would like to make families aware of our pick up procedures for collecting students early.

Staff can only arrange for children to come to the office once a parent/guardian arrives at the office.

Children cannot be waiting for parent/guardians in the office prior to your arrival.

Please allow an extra 5 to 10 minutes prior to needing to depart the school.

Please also be mindful that it is difficult for children to hear announcements whilst out in the playground enjoying themselves, should you need to collect them during break times it may take us quite a bit longer.



Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

Managing Your Mental Health Online





Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services. headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467 National 24/7 professional telephone & online counselling for anyone affected by suicide.

Beyond Blue Support Service 1300 22 4636 Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



Practical tools, support and moderated forums to

help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



Free online activities, psychoeducation and positive psychology aiming to promote

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults

THIS WAY UP



A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Free online programs for a range of issues, with self-guided or therapist support options.



MvCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



A free app and online tool that helps users create a safety plan for when experiencing suicidal

Aboriginal and Torres Strait Islanders



Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



A social and emotional wellbeing self-help app for young Aboriginal and Torres Striat Islander Australians aged 15 years and older.





wellbeing and resilience in young people.

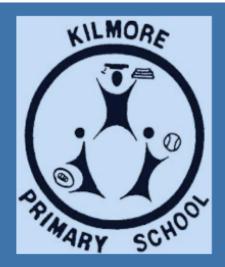












Kilmore Primary School

Helping Hands Hub

Kilmore Primary School is inviting parents and carers to get actively involved in supporting our school community. Helping Hands Hub (HHH) is an opportunity for you to connect with the school and meet others, in a casual and relaxed environment.

HHH jobs include a wide range of simple tasks from around the school, mostly taking place in the comfort of the library. You could be doing anything from tidying up the library and stamping books to cutting out and laminating letters for classroom display. You won't be asked to do anything you're not comfortable with and you will be given instructions on how to do it!



When: Every Wednesday afternoon from 2.15pm

We're meeting every Wednesday afternoon in Term 4, and would love to see you in the school library, feel free to bring along a hot/cold drink, we'll supply the biscuits.

Younger children are welcome!

Getting involved is simple.

- sign in at the school office
- make your way to the library (if unsure where, ask at the office)

For further information, contact Liz at: elizabeth.simner@education.vic.gov.au or Christina at: cmvarcoe@bigpond.com











25TH
NOVEMBER

26TH
NOVEMBER
10AM TO 10PM

27TH
NOVEMBER
10AM TO 2PM



MEET MINNIE MOUSE FROM DISNEY, BOB FROM THE MINIONS, PEPPA PIG OR SONIC THE WORLD'S FASTEST HEDGEHOG



CARNIVAL RIDES, FOOD TRUCKS, LIVE MUSIC, ENTERTAINMENT, MARKET STALLS, FIREWORKS AND MUCH MORE!



® RURBAN_KILMORE

SEE YOU THERE!

HELD AT ASSUMPTION COLLEGE KILMORE, 1 HOUR NORTH OF MELBOURNE TICKETS NOW OPEN – RURBAN.COM.AU









1.5 November 2022



Dear Neil,

ASSUMPTION COLLEGE

After the very tumultuous past few months, we'd like to invite you and your school community to come and have some FUNI Assumption College is once again hosting its annual *Pop-Up Theme Park* 'RURBAN' (RURal meets urBAN, for those who were wondering!).

RURBAN successfully launched in 2019 with all of the big rides and a number of side attractions, but it was in 2021 when we hosted 10,000 patrons to celebrate the end of COVID-19 restrictions that the event really made a name for itself. In 2022 we'd like to invite you and your school community to join us in a celebration of the very best of our region with people from all across our region!

Carnival rides!

Carnival ride ticketing is available in a variety of packages. More information about ticket package options and purchase can be found here.

Looking for a 'home base' for the day? Families can hire a marquee!

Make it easy to gather together to enjoy good food, company and entertainment with a 'home base' as you sample the delights of RURBAN. Families will love the opportunity to provide their kids with somewhere to come and go from, while older members of the group will appreciate a respite! Sessions will be available across the entire weekend. Visit the RURBAN website for more information about marquee booking options.

Fine Dining and Fireworks

Looking for something a little more special? For those who'd like to gather with some colleagues, friends or family for Fine Dining on Saturday evening (rather than the 'food of the fair'), this may be the option for you! Gather in the newly opened beautiful Neale Daniher Community and Sports Pavilion for a fully catered fine dining experience. Following a 3 course menu curated by two Assumption College graduates now working in first class restaurants across Australia, this package offers the best seats in the house to watch the fireworks display from the Pavilion balcony. Tables of 8, 10 and individual tickets are available. Tickets are \$150 and include alcoholic and nonalcoholic drinks. Bookings are essential here.

Colouring Competition

This year, we are introducing a RURBAN colouring competition – a great opportunity to showcase the budding Picassos of our community! The design has been attached to this email and is available for download from the RURBAN website. Simply colour in the design and upload the entry via the RURBAN website. The competition is open now to children aged between 5 and 12 and will close at 5pm on November 23. Entries are limited to one per child.

We have attached some flyers and materials to assist with communication to your school community and would be delighted to supply hard copy materials should you need support with this. A program of events for RURBAN will become available in the week leading into the event via the RURBAN website.

We look forward to celebrating with you, your staff, your family and friends very soon. Don't miss out on the opportunity to show your people that you value them and you value 'local'.

Kind regards,

Kate Fogarty Principal

Hatefogart

