



# Kilmore Primary School

Principal: Mr Neil O'Sullivan

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NEWSLETTER

Friday, 24th November 2023

## Congratulations to the following students



Luke Oates G2 — Winner of the Scooter

Isla Leithhead 3M — Winner of the Monty Bag

Collins Walley GF—Top Fundraiser

Top Students			
Rank	Student	Class	Total
1st	Collins Walley	Foundation G	\$1,424
2nd	Isla Leithhead	3M	\$1,100
3rd	Jade Russell-Oakley	2B	\$700



Luke, Isla and Collins



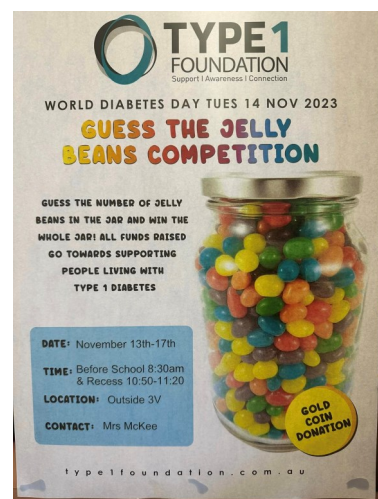
Ava and Audrey

Our Guess the Jelly Bean Competition winner was **Audrey Pankhurst 3M**.  
Audrey's guess was 933 jelly beans.

The jar had 923 jelly beans.

Amazing guess Audrey!

Together KPS raised \$125 for the Type 1 Diabetes Foundation



We hereby express our respect for the Taungurung people, who are the Traditional Owners of the land on which we are based.



# Grade 5 Speeches

Over the last 5 weeks, the Grade 5s have worked hard in writing and practising their speeches for a potential leadership position in 2024. Throughout the process, they provided respectful feedback to each other to help encourage their peers and to further develop their speeches. This week they presented them to all of the Grade 4 and Grade 5 students and teachers. The Grade 5s were feeling quite nervous so they made some motivational posters to help encourage themselves while delivering their speech. They all did a fantastic job, it was great to see their personality come through into their speeches and to see so many students work up the courage to present! Well done Grade 5s, you did an amazing job and should be proud!





### **Thanks and Gratitude**

This week, we held our final Bee Hive of the year and students had the opportunity to “purchase” items based on the number of Bee Tickets they have accumulated for positive behaviour. Putting together the Bee Hive is quite a logistical task and I would like to thank Rachel Ferris, Samantha Tillotson and Caitlin Pappin for the work they put into organizing this great part of our KPS culture. I would like to thank the staff who have been organizing our swimming program – they have been very busy behind the scenes planning our swimming program. Life in schools is very busy at this time of year and I would like to thank our staff for their support for our events program.

### **KPS Multicultural Playgroup**

On Thursday at Kilmore Library, we held the first session of our KPS Multicultural Playgroup. The aim of this playgroup is to provide families with non-English backgrounds with the opportunity to connect with our school before their child enrolls at KPS. Shanthi Anthony, who is one of our staff members, has been instrumental in establishing the group and she has worked with Mitchell Shire and the Kilmore Library to develop this great initiative. We are looking forward to growing and expanding this initiative in 2024 and beyond.

### **Learning Highlight: Stop Motion**

Across our school, students have been highly engaged in creating Stop Motion animations as part of our writing program. Stop Motion is an animation app which allows students to create animated short movies using characters made from clay or playdough, similar to the animation style of Wallace and Gromit. Students have loved this learning opportunity and our teachers have remarked on the engagement and enjoyment that our students have demonstrated in developing their animated stories.

### **Swimming Program**

Next week our KPS whole school swimming program will be commencing at Kilmore Leisure Centre. Our Foundation, Grade 1 and Grade 5 and 6 students will be the first year levels to commence the program. The program is being fully funded by KPS so there is no cost to families. While schools are provided with funding, our School Council is dedicating a significant amount of funds towards the program to ensure that no child misses out. To conclude our swimming program, Mrs. Nelson is organizing a House Colours swimming carnival which is sure to generate lots of excitement.

### **Well done Grade 5 Students**

Finally, I would like to congratulate our Grade 5 students on their speeches this week. Delivering a speech to a large student audience is a nerve-racking experience but they certainly did a fabulous job. As I mentioned at our assembly today, whatever the outcomes of the leadership selection process, all of our students have taken a huge step forward in their personal development by taking part in the process.

Neil O'Sullivan  
Principal



### December

Friday 1st

Payment due for Grade 6 Celebratory Dinner

Tuesday 5th

Grade 6—Broadford Sec College Parent Information Evening

Tuesday 12th

Grade 6 Graduation Bear order and payment due

### **STATEWIDE TRANSITION DAY**

Wednesday 13th

Grade 6 Graduation and Celebratory Dinner

Friday 15th

Grade 6 End of Year Funfields Excursion

Tuesday 19th

Christmas Concert

Wednesday 20th

Last day of School Year—**1.30 PM finish**

### January 2024

Wednesday 31st

**First day of Term 1**

### February

Thursday 15th - 2nd Round Orders Due for 2024 Grade 6 Jacket & Polo orders (refer page 8)

## HAPPY BIRTHDAY



Birthday wishes to the following students who celebrate next week:

Saarj Kumar, Nixxon Daniels,  
Liam Warner, Veronica Milne, Yitali Munokoa,  
Huma Noor, Ben Mecklem, Noah Guzman,  
Madeline Willis, Aria Vang, Brayden Dunlop, Zac Laffan,  
Savannah Okey and Neeve Hoey.



*Just a friendly  
reminder...*

If any of your personal details change such as address, email, phone numbers, emergency contacts etc. it is important to contact the office as soon as possible to update our records.

## SICK BAY LINEN ROSTER

December

1st	Jemima Allen
8th	Jackie Knight
15th	Nicole Peter
20th	Susan Moore



### Late Arrivals

If your child arrives after 8.50am please ensure they go to the office to **be signed in**.

If they are not signed in you will receive an SMS stating that your child is away.



## Facebook

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via [kilmore.ps@education.vic.gov.au](mailto:kilmore.ps@education.vic.gov.au) or by calling the office on 5782 1268.



Book Lists  
for  
Next Year



### **2024 Book List/Stationery Packs—Please check your emails**

Families have been emailed a link via Compass for ordering 2024 Book Lists. Please remember to order for your child's 2024 class. The email includes our future Foundation students for 2024.

You can also view the booklist/stationery packs on our Kilmore Primary School website: <https://www.kilmoreps.vic.gov.au>

Go to Parents tab—2024 Stationery Packs and select the year level for 2024.

# Kilmore Primary School

Be **KIND** Be **PROUD** Be **SAFE**

## Student Awards

At Kilmore Primary School, we are always working on modelling our school values of Kind, Proud and Safe. As a whole school, we explicitly teach and then give our students opportunities to display these values within and beyond the classroom doors.

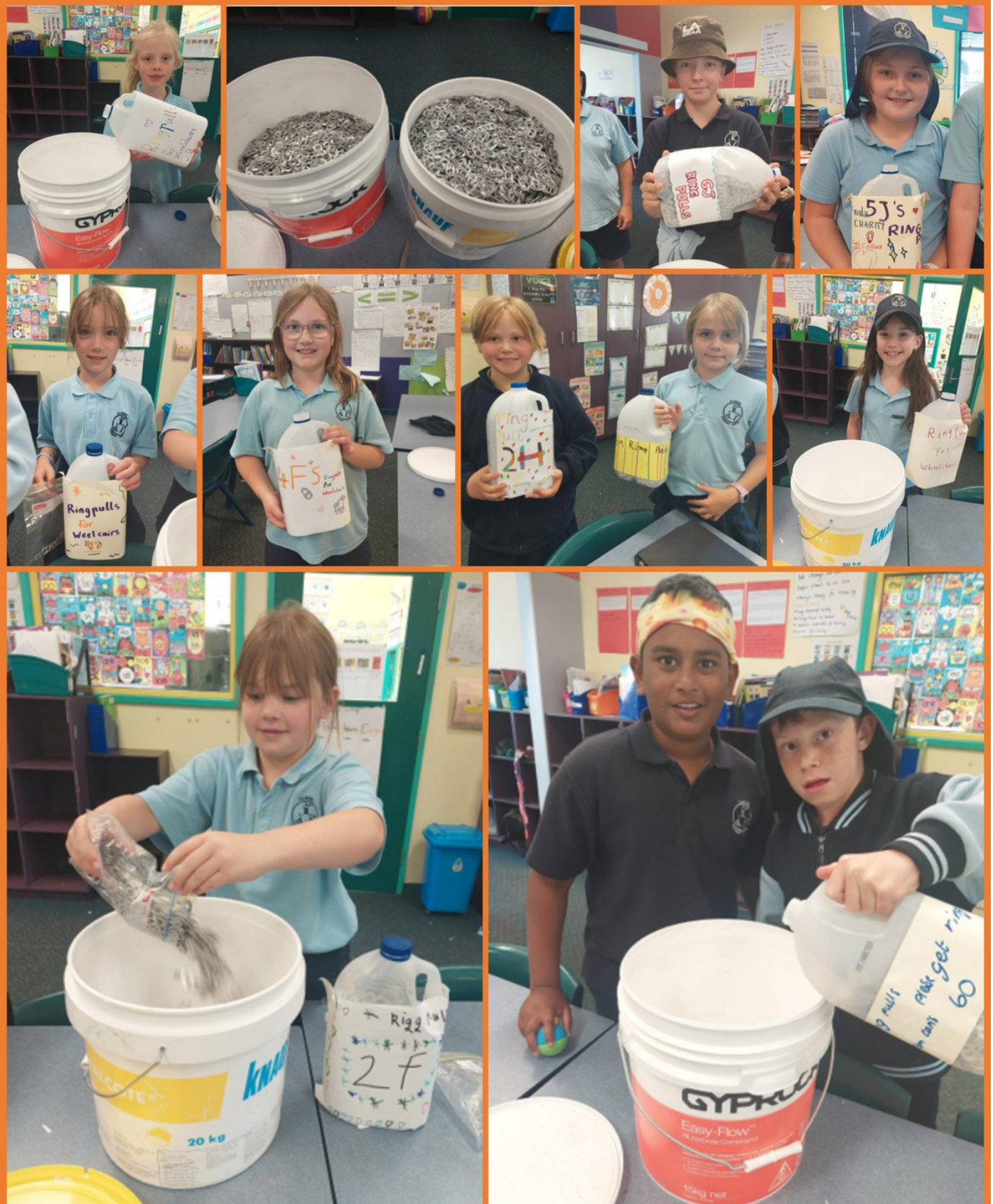
The students listed below will be recognised for showing our school values at our assembly today.

Foundation G — Xavier Wills Ayla Rhodes	Grade 2H — Nixxon Daniel Cody Kneebone	Grade 4S — 4S Class
Foundation H — TJ Wotton Reilly Lewis	Grade 2P — Lana Wright Hunter Johnson	Grade 5B — Ethan Watts Juliet Rutledge
Foundation M — Kaisa Munoko Logan O'Meara	Grade 3K — Lemmy Grace Destinev Formosa	Grade 5J — Jerzee Bacon
Grade 1A — Porsha Goodwin	Grade 3M — Rojon Kumar Kobe Minnitt	Grade 5M — Spencer Peel
Grade 1H — Harven Diata Cruz Austin McManus	Grade 3V — Asher Everitt	Grade 6J — Afizah Jameel
Grade 1M — Lucas Watts Phoebe Rutledge	Grade 3/4S — Remy Donnelly	Grade 6O — Josh Carmichael
Grade 1T — Leon Kumar	Grade 4F — Nate Wouda	Grade 6V — Hannah Berryman
Grade 2B — Reid Sumner	Grade 4M — Kaleb Brebner Zachary Knight	STEM — Jay Brown 5B
Grade 2F — Lily Brebner	Grade 4R — 4R Class	Performing Arts — 3/4S
	Art —	PE — Lily Blackburn



# SAT News

The SAT are collecting ring pulls to raise funds for Aussie Kids Charity. So far we have almost filled four 20ltr buckets of ring pulls. These will be delivered to an organiser who will trade them in. The money raised will then be donated to Aussie Kidz Charity who will then use them to purchase wheelchairs. We will continue to collect the ring pulls until the end of week 10. Please bring your ring pulls to school and place them in your class milk bottle to add to our collection. Special thanks to Miss McGrath who brought in two of the buckets!







## Buzz from the Bee Hive!!!!



This week marked the final beehive for 2023 and it was our best turnout yet! Our students have really shown their **Kind, Proud, Safe** values over the term to earn their bee tickets.

It was great to find a permanent home in the library! Thank you to our amazing "Library Liz" for her ongoing support and assistance with the beehive.

We would like to thank every single student, parent, and carer who volunteered their time, donated, and supported the beehive this year. We have been incredibly lucky to have all of you be a part of this amazing initiative at KPS!

We had quite a few raffle winners for this final beehive.

Congratulations to the following students.

Parker 3K

Tavita 5M

Alyssa 4R

George 3V

Cienna 1M

Imogen 3M

Jack 6J

Arabella 6V



We hope you have all enjoyed this year's beehive as much as we have!

The Wellbeing Team.



## Grade 6 Jacket and Polo Ordering



Families of Grade 5 students will have been emailed via Compass an order form for 2024 Grade 6 Jacket and Polo's.

First round orders have closed. Second round orders are now due 15 February 2024 for delivery to KPS before end of term 1 in 2024.

**(All orders and payments must be placed directly with All Things Uniform).**

Please contact the office on 5782 1268 if you require any assistance in locating your order form in Compass.

## REMINDER TO WEAR YOUR HAT

All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. Basketball or peak caps are not considered a suitable alternative.

Please note the school does not sell hats. You can purchase your hat from All Things Uniform, Broadford.



## Drink Bottles

Reminder all students need to bring a drink bottle to school.



## Friendship Stop



Alexandra O'Brien and Seth Dodds from 4R working together to finish a jigsaw puzzle. This took them 2 days to complete.



# Whats happening in Social Skills

On Monday, we made our very own kites. We used streamers, ribbon, feathers and Oil Pastel crayons to decorate our kites. After we finished making them, we took them for a test run on the oval. It was so much fun!



On Wednesday, we made our very own "Tree of Kindness". We painted our hands and used our hand prints for the leaves. We talked about what being kind means.

"Being a good sport" - Jasmine

"Helping each other" - Tia

"Giving your friends hugs" - Tate

"Sharing my toys" - Zenith

"Not being mean" - Quill





# Connecting With Kimberly



## Christmas Hamper's

With support from Lions International, we are starting to collect donations for our Christmas hampers which will support school families. If you may be able to help, we are seeking donations for our Christmas hampers such as: Christmas puddings, toy's, candy canes and any other Christmas based items. These hampers will be delivered to families in the last week of term. Last year we were able to make 19 twenty-kilogram hampers for our community. If you would like to donate any items, please drop them off at the office for collection. Please call me on 5782 1268 to discuss this further.



*Proudly sponsored by  
Lions club of Wandong-Wallan  
Serving our community*

The following services are available outside of school hours. \*In the event of an emergency please call 000\*

SCHOOL  
BREAKFAST  
CLUBS PROGRAM  
BREAKFAST CLUB

Mon, Tues and Thurs  
8.15AM — 8.45AM

Best,  
Kimberly Batsas-Hill  
Social Worker -Primary Welfare Officer

### Kids Helpline



Ph: 1800 551 800

[https://  
kidshelpline.com.au/](https://kidshelpline.com.au/)

### Parentline



Ph: 13 22 89

[https://  
parentline.com.au/](https://parentline.com.au/)

### Safe Steps



Sexual assault, domestic  
and family violence

Ph: 1800 015 188

[https://  
www.safesteps.org.au/](https://www.safesteps.org.au/)

### Lifeline



Ph: 13 11 14

[https://  
www.lifeline.org.au/](https://www.lifeline.org.au/)





School Student  
Broadband Initiative

An Australian Government initiative  
powered by nbn

To support students that do not have access to internet at home, the Australian Government has committed to providing up to 30,000 families with free nbn-powered broadband internet at home for one year.


**You may be eligible for the School Student Broadband initiative (SSBI) if you:**

- Have a school-aged child
- Have no active **nbn** connection or have not disconnected in the last 14 days
- Live in a premise that is serviced by the **nbn** network.




Scan the QR for more information.

**To check your eligibility:**

 Contact the National Referral Centre on 1800 954 610 (Mon-Fri, 10am-6pm AEDT)

 [www.anglicarevic.org.au/student-internet](http://www.anglicarevic.org.au/student-internet)

Callback and webchat functions are also available via the website.

 Translating and Interpreting Services are available.



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# School orders - DUE NOW



## ONLINE ORDERING AVAILABLE



**afterpay** 

*Place orders prior to Christmas to avoid any supply disappointment in January*

<http://kps.allthingsuniform.getworkgear.com/>

**Be KIND Be PROUD Be SAFE**



**Be proud of our school  
Always put your rubbish  
in the bin**







Get up to \$500 extra in the bank to lighten the load of education expenses



Count me in.

Commit to saving up to \$50 a month for 10 months and **we'll double it.**

saverplus.org.au  
1300 610 355



Save \$500 and ANZ will top up your bank account with another \$500.

Yes, it's true. No catch, no scam.

Just real knowledge and information for real people that's easy to understand... It's just, down-to-earth money talk - and a \$500 incentive to build your savings!

**Join Saver Plus and get**

Free financial education

Your savings doubled (up to \$500)

### What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



Lessons and activities



Books and supplies



Camps and excursions

### Can I join Saver Plus?

To be eligible, you need to meet these requirements:



Be 18 years or older



Have a current Health Care or Pensioner Concession Card



Have a child in school, starting school next year, or be studying yourself



Have regular income (you or your partner\*)



Agree to join in free online financial education workshops

**Ready to start saving? Let's talk.**

saverplus.org.au | saverplus@bsl.org.au | 1300 610 355

\* Most types of income are valid. Speak to your local Saver Plus Savings Coach if you're not sure.



## Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

## Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	<a href="#">Broadford Living and Learning Centre Facebook</a>	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	<a href="#">Freedom Care Website</a>	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	<a href="#">Love in Action Broadford Facebook</a>  <a href="#">Love in Action Wallan Facebook</a>	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	<a href="#">Rotary Seymour Facebook</a>	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	<a href="#">Salvocare Website</a>	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	<a href="#">Wallan Gateway Website</a>	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank



# Managing Your Mental Health Online

## Digital Mental Health Gateway

### Head to Health

#### Head to Health

A website that links Australians to free or low-cost online and phone mental health services.  
[headtohealth.gov.au](http://headtohealth.gov.au)

## Phone and Online Counselling



#### Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



#### Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



#### Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



#### 1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



#### MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



#### QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



#### Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



#### Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



#### SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



#### FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

## Young People



#### Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



#### Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



#### eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



#### ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



#### The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



#### BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

## Programs



#### MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



#### THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



#### Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



#### MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



#### MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



#### e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



#### Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



#### ParentWorks

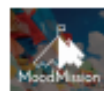
Online program for parents and caregivers providing evidence-based parenting strategies.



#### Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

## Apps



#### MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



#### Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



#### Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



#### BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

## Aboriginal and Torres Strait Islanders



#### WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



#### iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.

**Bendigo Bank**

**FREE  
EVENT**

# Christmas carols

**FOOD TRUCKS AND ACTIVITIES: 6PM**  
**PRE SHOW ENTERTAINMENT: 7PM**  
**CAROLS: 7:30PM**



**NVC  
PRECAST**



**wallan** CHAMBER OF  
COMMERCE INCORPORATED

**SATURDAY 16 DEC**  
**HUDSON PARK KILMORE**

## Save The Dates Hudson Park



**Kilmore Scout Market**  
**Hudson Park**  
**Saturday November 25**

**Kilmore  
Scout  
Market**  
Every 4th  
Saturday

**Charity Twilight Market**  
**Hudson Park**

**Friday December 8**  
**4 pm - 9 pm**

*Gold Coin Entry - All Scouts profits  
from this event will go to Broadford  
Love in Action and Berry Street Charities*

### **60+ Stalls**

Entertainment, Seasonal  
Gifts, Fresh Food, Coffee  
produce and more.

**Buskers and  
Carolers Wanted**  
SMS: 0487 894 511

## **Scout Christmas Trees!**

**November 25 - December 16**  
**Pickup or Delivery**

Scan  
Here



<https://www.trybooking.com/CLXHN>



# TWILIGHT MUSIC FEST

**PERFORMANCES BY LOCAL YOUNG  
ARTISTS:**

**ZAK GULLY**  
**MADOJA**  
**BRAD AND NEAVE**  
**OLIVER MORDAUNT**

**ACTIVITIES, GIVEAWAYS AND MORE - ALL  
FOR FREE!**

**WALLAN TWILIGHT MARKET**  
**HADFIELD PARK WALLAN**  
**5-7PM - NOVEMBER 24, 2023**



**freeza**  
[www.freeza.vic.gov.au](http://www.freeza.vic.gov.au)

**MITCHELL  
YOUTH  
SERVICES**



Mitchell Youth Services



@mitchellyouthservices



# LAST ISSUE FOR 2023 SCHOLASTIC ISSUE 8

FIRST ORDER: 22<sup>ND</sup> NOV

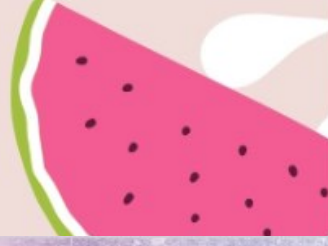
SECOND & FINAL ORDER 29<sup>TH</sup> NOV

Make sure get your orders into LOOP before those dates

ISSUES 8: <https://www.scholastic.com.au/book-club/book-club-parents/book-club/>

# ICY POLE DAYS

EVERY MONDAY &  
THURSDAY  
LUNCHTIME







108-110 POWLETT STREET, KILMORE  
16TH DECEMBER 10 AM - 1:30 PM

- Santa & Elf
- Letter to Santa
- Showbags
- Colouring in competition
- Snake & reptile handler
- & Much more!!

KILMORE  
• SOUTHSIDE •  
STOCKFEEDS



## COLOURING COMPETITION

1 Entry per child.

Entries close on December 16th at our Christmas Fun Day.

Winner will be drawn and contacted on December 19th.

Please leave a name and contact number on the back.

Head in to Fat Rat Trading or Southside Stockfeeds to  
choose your colouring!

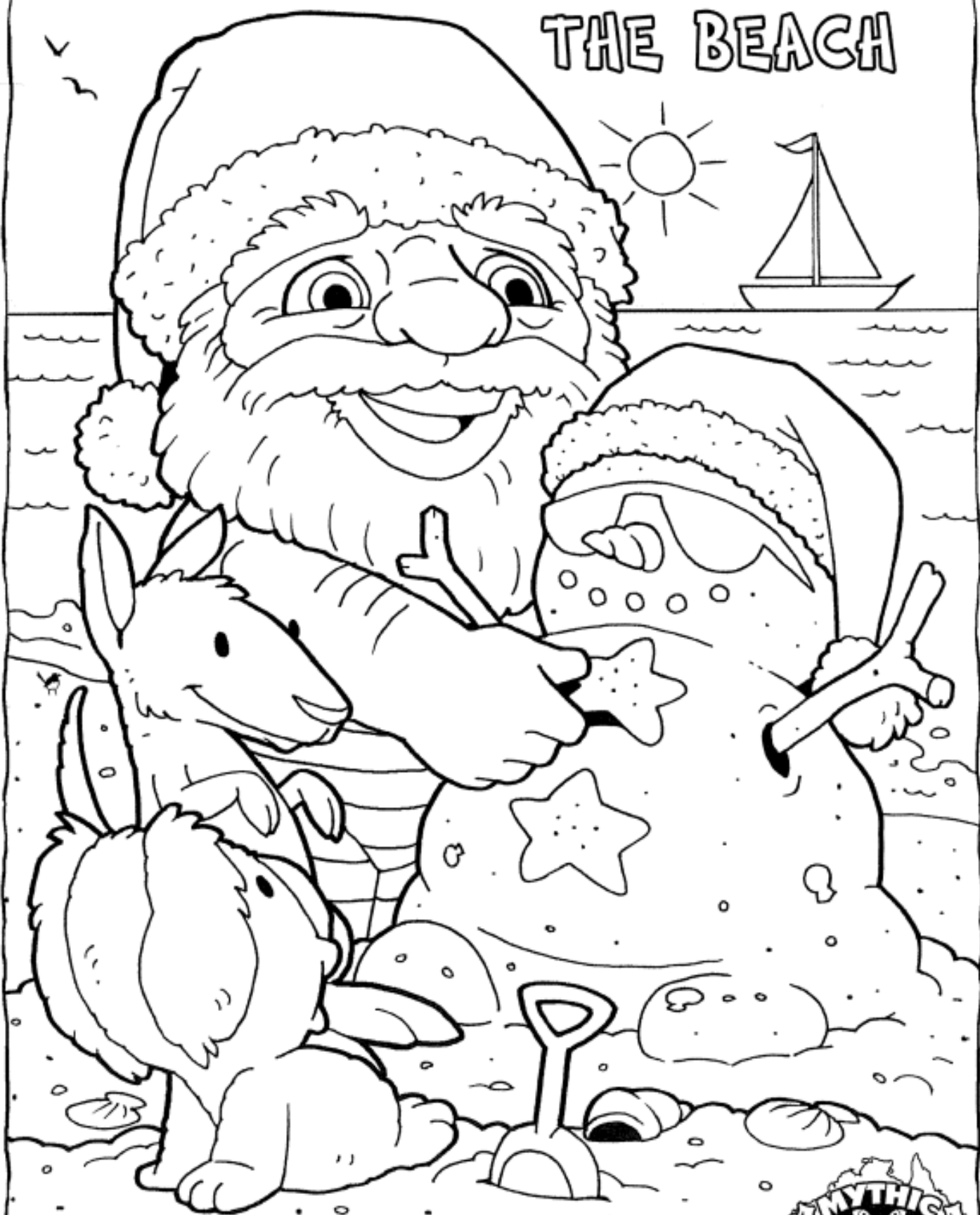


KILMORE  
• SOUTHSIDE •  
STOCKFEEDS





# AN AUSSIE CHRISTMAS AT THE BEACH



HAVE A MERRY CHRISTMAS AUSTRALIA



# SANTA IN AUSTRALIA



HAVE A  
MERRY  
CHRISTMAS  
FROM





# HAVE A MERRY CHRISTMAS, AUSTRALIA



SANTA RESTS HIS FEET AS A JILLAROO  
POURS HIM A CUP OF BILLY-TEA.

