



Kilmore Primary School

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253
P 03 5782 1268 E kilmore.ps@education.vic.gov.au W www.kilmoreps.vic.edu.au

NEWSLETTER

Friday, 19th September 2025

FOOTY
COLOURS
DAY!



FOOTY
COLOURS
DAY!



We hereby express our respect for the Taungurung people, who are the Traditional Owners of the land on which we are based.



GOLD COIN DONATION

All proceeds go towards new skipping ropes for our school!



Well done to all students who had so much fun skipping today to raise a total of \$215.75





BREAKFAST CLUB — Mon, Tuesday, Wednesday & Thursday

October

Monday 6th—First day of Term 4

Wednesday 15th

Grade 1 Melbourne Aquarium Excursion
Northern Metro Region Athletics

Friday 31st

Monty's Colour Fun Run

November

Monday 3rd

Curriculum Day—pupil free day

Tuesday 4th

Melbourne Cup Public Holiday

Friday 28th

Grade 2 Sleepover

December

Friday 19th

Last day of Term 4 — 1.30pm finish

HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthday over the coming weeks:



Charlotte P, Immy C, Xavier W, Oakin N, Brooklyn H,
Emelie S Hazel P, Charlie B, Rylee C, Indi S, Lennox D,
Lana W, Ethan B, Beau R, Harvey P, Nate G, Shayaan A,
Adama M, Jimmy M, Ashu I, Tom R, Logan O, Chloe B,
Ruby E and McKenna P

REMINDER TO WEAR YOUR HAT

All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. Baseball or peak caps are not considered a suitable alternative.

Please note the school does not sell hats. You can purchase your hat from All Things Uniform, Broadford.



Facebook

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via

kilmore.ps@education.vic.gov.au

or by calling the office on 5782 1268.



2025 School Term Dates

Term 4: 6th October to 19th December

Late Arrivals

If your child arrives after 8.50am please ensure they go to the office to **be signed in**.

If they are not signed in you will receive an SMS stating that your child is away.



Drink Bottles

Reminder all students need to bring a drink bottle to school.



SICK BAY LINEN ROSTER

October

24th Jackie Knight

31st Elissah Dwyer-Stone

November

7th Lucy Wheeler

14th Vicki Buggy

21st Ashleigh Desmond



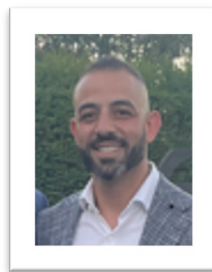
2026 Foundation Enrolments NOW OPEN

Please visit the school website for further information and to complete an Enrolment Enquiry

<https://www.kilmoreps.vic.edu.au>

Children must be turning five before 30th April 2026. If you have any questions regarding enrolment, please do not hesitate to contact the school on 57821 268.

**Enrol
Now!**



Principal's Message – End of Term Assembly

Good afternoon everyone,

I want to take a moment to reflect on what has been an incredibly busy and successful few months at Kilmore Primary School.

This term has been filled with so many wonderful opportunities for our students to learn, grow, and shine.

- Our **Year 3/4 and Year 5/6 Camps** gave students the chance to challenge themselves, build resilience, and create lasting memories with friends. Camps are always a highlight, and this year was no exception.
- Just last night, our **Foundation and Year 1 students** danced the evening away at their disco – such a fun event that brought so much joy and excitement.
- Earlier in the term, our **Athletics Day** showcased the talent and sportsmanship of our students, and we were so proud to see some of our athletes go on to represent Kilmore at the **Divisional Region Athletics**.

Our younger students had amazing experiences too, with the **Foundation Farm Excursion** giving them the chance to connect with the world around them in a hands-on and meaningful way.

We also paused throughout the term to focus on kindness, respect, and wellbeing. **Bully No Way Day** and **R U OK Day** gave us the chance to come together as a community and reflect on the importance of looking out for one another. This connected beautifully with our **Community Kindness Challenge**, which encouraged every one of us to show care, empathy, and compassion in our everyday actions.

Celebrations of learning and culture were also front and centre. **Book Week** filled our school with creativity and a love of reading, while **Footy Colours Day** brought out the best of our sporting spirit.

Academically, we are extremely proud of our **NAPLAN Writing Data**, which showed the growth and hard work of our students and teachers. This is a wonderful achievement that reflects the effort and dedication happening in classrooms every single day.

We also launched some exciting new initiatives:

- The **Clean Up Club** and **Games Club** have given students new opportunities to take action, connect with friends, and care for our school environment.
- The **DASH Program** was launched for our Year 5 students, providing another avenue to support leadership, wellbeing, and engagement.

Our student leaders also had the chance to take part in **Young Leaders Day**, where they represented Kilmore with pride and built the skills that will shape their future leadership.

Teachers, too, have been working hard on their own growth and collaboration. Our **Common Curriculum Day** gave staff the chance to refine practice, align approaches, and ensure consistency for every student across Kilmore.



Finally who could forget the **Year 5 excursion to see “The Wedding Singer”** – a memorable day filled with inspiration, fun, and learning beyond the classroom walls.

As you can see, it has been a term rich with opportunities, challenges, and celebrations. I want to thank our amazing teachers and staff for their dedication, our families for their ongoing support, and most importantly, our students for showing up each day ready to learn, participate, and contribute to our school community.

I wish you all a safe and restful break, and I look forward to another exciting term ahead at Kilmore Primary School.

Thank you and Warm Regards

Michael Nicolaides
Principal
Kilmore Primary School



Kilmore Primary School

Be **KIND** Be **PROUD** Be **SAFE**

Student Awards

At Kilmore Primary School, we are always working on modelling our school values of Kind, Proud and Safe. As a whole school, we explicitly teach and then give our students opportunities to display these values within and beyond the classroom doors.

The students listed below will be recognised for showing our school values at our assembly today.

We congratulate:

Foundation F — Raven T Hamish M	Grade 2/4 B — Jasmine H	Grade 6B — Charlotte S Willow P
Foundation J — Alaya R Skyla H	Grade 3H — Levi	Grade 6H — Jasleen K
Foundation M — Gemma M Orlando V	Grade 3K — Tate H Lucy Axl F	Grade 6M — Payton S
Foundation P — Brooke F Michelle H	Grade 3V — Max A Elaina B Lilah T	Grade 6O — Aashir I
Grade 1A — Oliver D Carter M	Grade 4M — Cash G Matias P	PE — Year 10 Girls Relay Team
Grade 1B — Savannah L Payton M	Grade 4S — Evelyn B Thomas R	ART —
Grade 1S — Cooper C	Grade 4W — Dayne C Stevie H	Performing Arts — Bella G, FP Alexander D, 5J
Grade 2F — Logan O Taleah I	Grade 5F — Ameena M	Science — Payton S, 6M
Grade 2H — Beau A Oliviana T	Grade 5J — Bridie J	PMP — Deni O, 2M Savannah L, 1B
Grade 2M — Jada W	Grade 5M — Xavier M Parker B Ashlea L	

DIVISION ATHLETICS

Congratulations to all of our athletes who competed in Division Athletics on Tuesday. Your efforts were super!

Well done to the following students who progressed to the Region Competition:

Oliver G — Triple Jump

Ava W — Discus

Indie P — Long Jump

We wish them the best of luck for the 15th of October! Mrs Nelson



Congratulations to
Mrs Walsh and husband
Michael on the safe
arrival of their
handsome son,
Raphael Michael
Born 15/9/2025 brother
to his 3 big sisters

LIBRARY NEWS!



CONGRATULATIONS CHALLENGERS!



THANK YOU to everyone who participated in the 2025 Victorian Premier's Reading Challenge...we have amazing readers amongst our students!

We had a total of 30 students reading a whopping 2736 books with 27 students meeting their Challenge!

A big thank you to families who supported their children to participate.

A special shout out to Mrs Ford from FF who again has supported her entire class to achieve the experience of over 100 books during the Challenge period!

Even if you didn't take part in the Challenge this year, we know there are lots of great readers at KPS so we hope to see you involved in 2026!

Keep an eye out for certificates which will be handed out in term 4!



Evan M	6M	Gurbaani K	FF	River Jane M	FF
Zachary R	5F	Scarlett I	FF	Cody F	FJ
Becca M	4S	Oliver	FP	Knox R	FF
Harvey C	FF	Tyson V	FF	James D	FJ
Bridie W	FF	Isabella F	FF	Elijah G	FF
Blake C	FF	Lincoln S	FF	Raven T	FF
Sophie S	FJ	Gemma M	FM	Tom O	FM
Chelsea M	FF	Penelope M	FF	Rylee C	FF
Hamish M	FF	Zavier H	FF	Blair S	FF



*Thank you to Smile Squad for their generous delivery of drink bottles.
Every student will receive a drink bottle which includes toothpaste and a toothbrush.
We look forward to having the Dental Van visit our school in 2026.*

Mobile Phones & Smart Watches

It is a Department of Education requirement that students hand mobile phones and smart watches in to the office each morning and collect them at the end of each day.

The office has a locked mobile phone cabinet for this purpose.





Wellbeing



Breakfast Club Term 3

Details:

Days: Monday, Tuesday, Wednesday, and Thursday

- **Time:** 8:20am - 8:45am
- **Location:** Stadium (Kilmore-Lancefield will open at 8:20am).

Managed by KPS staff, Breakfast Club offers a selection of cereals and toast for students to enjoy. This program not only provides a nutritious start to the day but also encourages autonomy and enhances social skills.

Breakfast Club is a student-only space designed to foster the development of these important skills.

We kindly remind all families that students should not enter the school grounds before the Breakfast Club gate opens at 8:20am. We are not in a position to supervise or support students before this time, and your support is greatly appreciated.

Students attending Breakfast Club must enter via the Lancefield Road gate at 8:150am. Once inside, they are expected to remain in Breakfast Club until 8:30am, when yard supervision begins. This is to ensure the safety and wellbeing of all students.

If your child is not attending Breakfast Club, they must wait outside the gate until a school staff member welcomes them in at 8:30am.

During Breakfast Club, we are unable to provide one-on-one support. It is the responsibility of Parents and Carers to ensure their child enters and settles into Breakfast Club safely.

Thank you for your understanding and ongoing support in helping us maintain a safe and supportive environment for all students.

If any parents or carers are interested in helping at Breakfast Club, please send an expression of interest to Richie.Boyer@education.vic.gov.au

Managing Your Mental Health Online

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.



Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

Connecting Schools with Indian Communities: Diwali Celebration & Mental Health Awareness Event



Enjoy a variety of Indian classical, semi-classical and Bollywood-style dances, as well as classical Indian music presentations.

- Indian food tasting - FREE!
- Clothing & accessories stalls
- Diwali sweets & items for sale
- Henna hand painting
- Photobooth for families

Seymour Community Arts Centre (Seymour College)
Anglesey Street, Seymour
VIC 3660

Saturday 18 October 2025
11am-4pm

Join us for a vibrant community event celebrating Diwali and promoting mental health and wellbeing, hosted by a cluster of local state schools in Mitchel Shire. Collaborated with Federation of Indian Associations of Victoria and Mental Health Foundation Australia



Every day counts

Missing **one day per fortnight** adds up to missing **four weeks** of school a year.



vic.gov.au/education



Safety around schools

Everyone has a responsibility

Make school time safe for everyone

Please take extra precautions when dropping children off and picking them up from school. Children are still learning the road rules and can be unpredictable and difficult to see.

Important things to remember:

- Travel at a maximum of 40 km/h
- Never use a mobile phone while driving
- Always follow the crossing supervisor's instructions
- Allow extra time so you don't need to rush
- Consider parking a few streets away and enjoy a walk

Together, let's reduce speeds and improve safety for all children.

Contact us
t. (03) 5734 6200 e. mitchell@mitchellshire.vic.gov.au
www.mitchellshire.vic.gov.au



HEALTHY START BREAD PROGRAM

FREE BREAD FOR HEALTHY KIDS!

HOW IT WORKS:

Every few weeks, one lucky class is chosen to receive a free loaf of fresh bread for each student.



Each child also takes home a voucher for **two FREE loaves per week for 4 Weeks** to redeem at Bakers Delight Wallan.



EXCLUSIVELY AT

Bakers Delight
WALLAN



Goulburn Valley Water presents

FREE
EVENT



Let's Grow

Waterwise Gardens

Wednesday 22 October
7pm - 9pm
Eastbank Shepparton

Discover how to design gardens that thrive in the Goulburn Valley with gardening experts.



Cathy Olive Native Plant Enthusiast



Louise Costa Landscape Architect



Don't miss out!

Scan the QR code to book your tickets or find more information. Or visit riverlinksvenues.com.au



WATER NIGHT



waternight.com.au

SCAN ME
TO REGISTER

Join this year's challenge to turn off your taps for 5 hours on 23 October 5pm - 10pm.

Be a part of Australia's biggest water awareness event, and go in the draw to win some epic prizes!

Join Aussies in changing the way we value water.

Register today to turn off and tune in!



REGISTER FOR YOUR CHANCE TO WIN!



Supported by



ORIENTATION

WHEN & WHERE
NOVEMBER
42 BENTINCK STREET
WALLAN VIC 3756

REGISTER HERE



WWW.HVCT2023.COM.AU

HVCT
HVCT
EST 2023

Hidden Valley Calisthenic Team aims to inspire and provide access and opportunities for those living in the Mitchell Shire to engage in this enriching sport.

If you would like to see what calisthenics is all about, don't miss your chance to attend our orientation classes in November. Simply scan the QR code and let's get connected!



ROAD JUNIOR DEVELOPMENT DAYS 2025

EXPERIENCED COACHES, ENDORSEMENTS & SUPPORT

OPEN TO:

- Junior Riders (16 years and under)
- Senior Riders (under 20 years who are requiring coaching at beginner level.)
- All juniors who wish to learn and practice road racing.
- All Juniors who wish to learn and practice Super Moto.

VENUE

State Motorcycle Sports Complex Broadford
260 Strath Creek Road, Broadford. Motorcycling VIC
1300 454 406
www.motorcyclingvic.com.au



ENTRIES FOR OUR NEXT JDD
WILL BE OPEN SOON.

PLEASE WATCH THIS SPACE FOR
ENTRY OPEN DATE

ENTRIES VIA RIDERNET



NEXT JUNIOR
DEVELOPMENT DAY

September 22nd 2025

2026 Dates to be
Confirmed



SPRING Holidays



BOOKINGS OPEN NOW! >>

TeamKids have another amazing

SPRING Holiday Program
planned!

- ◆ Learn new skills and make new friends
- ◆ Qualified and REMARKABLE Educators
- ◆ Digital detox with our no screens policy
- ◆ Delicious and nutritious morning and afternoon snacks.
- ◆ CCS— approved care





7:00 AM **START**
6:00 PM **END**

PLEASE
ARRIVE BY 9AM
ON EXCURSION DAYS



IN-HOUSE



INCURSION



EXCURSION

MON · 22nd SEP	TUE · 23rd SEP	WED · 24th SEP	THU · 25th SEP	FRI · 26th SEP
TeamKids kickers	Mini Golf	Magic Bubbles	The Bad Guys 2	
Calling all young soccer enthusiasts! Get ready for the ultimate day of honing your soccer skills. Join us and learn new techniques to play like a pro, leaving your friends in awe of your impressive soccer prowess.	We're putting our skills to the test in a TeamKids Mini Golf Tournament! We'll experience a labyrinth of challenges that are sure to amaze all our senses. Will you score a hole-in-one? *Closed-toe shoes required.	It's time for the most incredIBUBBLE show you have ever seen with the King of bubbles, Tim Credible! This interactive magic show will POP your mind plus every child will get to go inside a giant bubble!	Today, you are off to the movies to witness The Bad Guys struggling to find trust and acceptance in their newly minted lives as Good Guys, when they are pulled out of retirement and forced to do "one last job". * Rated PG, Allergy Alert	
Daily Fee \$112	Daily Fee \$136	Daily Fee \$117	Daily Fee \$135	
After Max CCS* \$11.20	After Max CCS* \$13.60	After Max CCS* \$11.70	After Max CCS* \$13.50	

MON · 29th SEP	TUE · 30th SEP	WED · 1st OCT	THU · 2nd OCT	FRI · 3rd OCT
TK Spy Academy	Kangaroo	Dreamtime Journey	Inflatable World	Animal Antics
Today we are turning into spies to crack codes, uncover mysteries, and complete top-secret missions! Get ready to test your sneaking skills and solve hidden puzzles. Your mission begins now, Agent – do you accept the challenge? *Allergy Alert	Today, you are off to the movies to watch Chris and a young Indigenous girl named Charlie team up to rescue and care for a group of orphaned joeys in a remote community in the Outback. *Rated PG, Allergy Alert	Get ready for an exciting day full of stories, games and fun as we learn about Aboriginal and Torres Strait Islander cultures – the oldest cultures in the world!	We're jumping for joy because TeamKids is going to Inflatable World, the home of some of the biggest indoor inflatables in Aus! We'll climb, leap & crawl through all the thrilling obstacles. *Socks required.	Build it like Brickham! Are you ready to get your Master Build on during this EPIC animal-inspired brick fest? Build 2D mosaic models of your favourite mammal, reptile, or marsupial – the animal choice is yours!
Daily Fee \$97	Daily Fee \$135	Daily Fee \$120	Daily Fee \$143	Daily Fee \$116
After Max CCS* \$9.70	After Max CCS* \$13.50	After Max CCS* \$12.00	After Max CCS* \$16.18	After Max CCS* \$11.60

*Child Care Subsidies may apply. \$5 Admin Fee per family. \$10 Late Fees apply within 7 days per child. Payment plans available.

**Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy

FIND A VENUE
TEAMKIDS.COM.AU/VENUES

CHOOSE YOUR ADVENTURE
BOOK TODAY!



Dear Parents and Carers,

Thank you so much for supporting our school to be the best it can be! Next term we are hosting a **Monty's Colour Fun Run** for our students and raising funds for revamping the front of the school, including security fencing.

How Do We Fundraise?

Fundraising for our school is easy! Simply go to www.myprofilepage.com.au and click the register button to create a cybersafe, online profile page. Once you've created a parent account and profile page, you can share that around to family and friends to receive online donations. Please note that this is an online fundraiser only and donations are accepted until the 31st October, 2025.

Receive a prize for your fundraising efforts by simply raising \$10 online! At the end of the fundraiser, students can mix and match up to a total of five prizes based on their donations received or they can give back to one of the six causes on offer - The Great Barrier Reef Foundation (coral planting or turtle protection), Carbon Neutral (tree planting), OzHarvest (providing meals to those in need), The Smith Family (reading support) or Dolly's Dream (end bullying in schools).

You can also receive some bonus Monty the Monstar incentive prizes! Check out your sponsorship page for more information!

Event Information

31st October, 2025

All day!

Kilmore PS

Wear a white shirt to make the colour pop!

Each student will also receive a pair of sunglasses and a headband!

Students are required to wear closed-in shoes!

Students will be covered in non-toxic, biodegradable colour powder!

We look forward to seeing the students all bright and colourful on the day of our Monty's Colour Fun Run!

For further information, please contact Jacqueline Nelson via Jacqueline.nelson@education.vic.gov.au

or 57821268

Jacqueline Nelson – Run4Fun Coordinator

