

Kilmore Primary School

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253

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NEWSLETTER

Friday, 20th June 2025

Young Leaders



Our Grade 6 students recently attended the first Young Leaders session, led by the Student Support Services (SSS) team alongside other local schools. Students discussed leadership qualities, identified role models, rated their own strengths, and practised public speaking.

KPS students showed great leadership and proudly upheld our Kind, Proud and Safe values. Well done to all our Grade 6 leaders for excellent participation and representation.





June

Monday 23rd—School Tour at 9.30 am

Friday 27th

Onsite Assembly

July

Friday 4th

CSEF—Applications close
End of Term 2 students—2.30 pm finish

Monday 21st

First day of Term 3

August

Wednesday 6 to Friday 8th

Grade 3/4 Camp to Campaspe Downs

Friday 8th

Foundation Excursion Bundoora Park Farm

September

Monday 1st to Wednesday 3rd

Grade 5/6 Camp Manyung

Friday 19th

2025 Foundation CSEF Autum/Winter Uniform Applications close—refer to flyer at the end of the newsletter

2025 School Term Dates

Term 2: 22nd April to 4th July

Term 3: 21st July to 19th September

Term 4: 6th October to 19th December

Drink Bottles

Reminder all students need to bring a

drink bottle to school.



HAPPY BIRTHDAY

Birthday wishes to the following students who are celebrating their birthday over the coming week:



Savannah L, Oliver F, Tess M, Finley J, Jett T, Ethan S, Bridie W, Lucas R, Quinn T, Bonnie C, Raven T, Jaxx P, Lewis B and Evie L.

Facebook

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via

<u>kilmore.ps@education.vic.gov.au</u> or by calling the office on 5782 1268.



Late Arrivals

If your child arrives after 8.50am please ensure they go to the office to **be signed in.**

If they are not signed in you will receive an SMS stating that your child is away.



CHANGE OF CLOTHES



As term 2 is here and in anticipation for the upcoming wet weather and winter, could you please make sure **all** students have a change of clothes in their bags.



SICK BAY LINEN ROSTER

June

27th Ashleigh Desmond

July

4th Jackie Knight

25th Elissah Dwyer-Stone

August

13th Lucy Wheeler



2026 Foundation Enrolments NOW OPEN

Please visit the school website for further information and to complete an Enrolment Enquiry

https://www.kilmoreps.vic.edu.au

Children must be turning five before 30th April 2026. If you have any questions regarding enrolment, please do not hesitate to contact the school on 57821 268.







Principal's Report – Week 9, Term 2

Dear Kilmore Primary School Community,

With only two weeks until Term break, I want to thank each of you for your continued support, partnership, and engagement in your child's learning journey. With the mid-year break fast approaching, this is a wonderful time to pause, reflect, and also prepare for the rich learning ahead in Term 3.

This week's news letter includes:

- What's happening across Melbourne these holidays
- What our teachers are working on next week
- ullet A collection of fun, community-inspired learning tasks for your child $oldsymbol{arphi}$
- A respectful reminder around the safety and dignity of our staff 🛇

Next Week: Planning for a Strong Term 3

Our teachers will be engaging in dedicated **Planning Days next week**, with each year level taking time to:

- Audit curriculum delivery across core subjects
- Refine and collaborate on upcoming English and Maths units
- Embed inclusive strategies and high-impact teaching practices through the VTLM 2.0 lens

On these days, students will enjoy a full day of **Specialist classes** (Art, PE, Performing Arts, STEM), while teachers engage in rich collaborative discussions behind the scenes to ensure the term ahead is targeted, engaging and inclusive.

Holiday Highlights - What's On Around Melbourne

Looking for ideas to keep your children active and curious during the break? Here are some top family-friendly picks across Melbourne:

- Scienceworks Lights, Sound, Action! Interactive STEM exhibitions for budding scientists
- <u>Phillip Island Penguin Parade</u> An unforgettable natural experience
- Royal Botanic Gardens Junior Ranger Programs Guided nature walks and discovery challenges
- ArtPlay Creative Workshops for Kids Book ahead for storytelling and theatre programs
- Winter Night Market at Queen Vic Market Tasty treats and live music for the whole family



Local Inquiry Projects: Exploring Kilmore's Past and Present 🔾

Kilmore is one of Victoria's oldest inland towns, rich in stories, culture, and community spirit. Below are fun, age appropriate tasks that students can enjoy at home to stay engaged and learn more about the place they call home.

Prep — "Our Special Places" (Family Adventure Walk!)

Head out with your family for a local walk. Find three places that feel special—your park, a favourite café, or even your school. Draw them and tell someone why they matter to you.

Year 1 —"Postcards from Kilmore"

Design a colourful postcard to show off Kilmore to a visitor. Include a drawing of a place they must see and write a message describing what makes our town welcoming.

Year 2 — "Kilmore Now and Then"

Interview a parent, grandparent, or neighbour. What did Kilmore look like when they were young? Make a side-by-side timeline, showing what's changed and what's stayed the same.

Year 3 —"Heritage Hunt"

Explore Kilmore's oldest buildings like the Courthouse, Assumption College, or the Old Kilmore Gaol. Draw a map showing where they are and include one fun fact about each!

Year 4 —"Life in the 1800s"

Imagine you're living in Kilmore in the 1850s. Write a journal entry for one day. What would school be like? What would school be like? What would you ear? What chores would you do?

Year 5 —"First Nations Connections"

Learn about the Taungurung people—our land's Traditional Custodians. Explore language, culture, or artwork. Can you make your own piece of art to reflect what you learned?

Year 6—"Design a Kilmore Museum Exhibit"

What would go into a local museum about Kilmore? Create a museum plan that includes artefacts, photos, or stories from the past and present. Include a description of each display.

These tasks are completely optional but are designed to spark curiosity, creativity, and pride in our community. Feel free to share finished pieces with your classroom teacher—we'd love to showcase them in Term 3!

Respecting Our Staff—A shared Responsibility

At Kilmore Primary School, we deeply value the respectful and positive relationships that underpin our community. Our staff work tirelessly every day to ensure the best outcomes for every student.

We kindly remind our parent and carer community that **verbal or physical abuse of any kind will not be tolerated**. All staff members have the right to a **safe and respectful workplace**, free from aggression or intimidation.

If you have any concerns or questions, we welcome respectful conversations and will always strive to work in partnership to support your child.

Let's continue modelling kindness, calm communication, and mutual respect—for our children, our staff, and each other.

Thank you again for your continued partnership.

Warm regards

Michael Nicolaides Acting Principal

Wellbeing Term 2



This term, students have taken part in a variety of programs aimed at building resilience, leadership, emotional regulation, and community connection. Here's a quick look at what's been happening:

STAND TALL - Grade 3

Grade 3 students have participated in STAND TALL, a four-week program in partnership with Melbourne United. Through both classroom and basketball-based activities, students explored values like excellence, selflessness, and inclusion. The sessions encouraged reflection, teamwork, and strategies for facing life's challenges, both on and off the court.



Young Leaders - Grade 6

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Our students showed great leadership and proudly upheld our Kind, Proud and Safe values. Well done to all our Grade 6 leaders for excellent participation and representation.

Wellbeing Term 2



LIFE Program - 1/4B

1/4B have begun the LIFE (Leadership, Independence, Friendship, Expression) program, developed by our Wellbeing Team. Using the theme of a scarecrow, students explored how our values, Kind, Proud and Safe, help us stay strong. They also learned breathing techniques to manage emotions and created glitter bottles to practise calming and mindfulness.



Other Wellbeing Programs

Students have also participated in other programs this term, including:

The Social Starship

We Thinkers

STRENGTH

NATURE

DRUMBEAT

The Year 5 Experience

All the best

Richie Boyer | Wellbeing Program Worker



Breakfast Club Term 2

Details:

• Days: Monday, Tuesday, Wednesday, and Thursday

• Time: 8:20am - 8:40am

• Location: Stadium (Kilmore-Lancefield will open at 8:20am).

Managed by KPS staff, Breakfast Club offers a selection of cereals and toast for students to enjoy. This program not only provides a nutritious start to the day but also encourages autonomy and enhances social skills. Breakfast Club is a student-only space designed to foster the development of these important skills.

We kindly remind all families that students should not enter the school grounds before the Breakfast Club gate opens at 8:20am. We are not in a position to supervise or support students before this time, and your support is greatly appreciated.

Students attending Breakfast Club must enter via the Lancefield Road gate at 8:20am. Once inside, they are expected to remain in Breakfast Club until 8:30am, when yard supervision begins. This is to ensure the safety and wellbeing of all students.

If your child is not attending Breakfast Club, they must wait outside the gate until a school staff member welcomes them in at 8:30am.

During Breakfast Club, we are unable to provide one-on-one support. It is the responsibility of Parents and Carers to ensure their child enters and settles into Breakfast Club safely.

Thank you for your understanding and ongoing support in helping us maintain a safe and supportive environment for all students.

If any parents or carers are interested in helping at Breakfast Club, please send an expression of interest to Richie.Boyer@education.vic.gov.au



Students should not arrive at school until the school gates open at 8.30am unless they are attending Breakfast Club on Monday, Tuesday, Wednesday or Thursday morning. If you are joining Breakfast Club, please enter through the stadium gate on Lancefield Road.

Staff are not on yard duty until 8.30am













Session 1:	8:50am — 9:50a	m
Session 2:	9:50am — 10:50	am
Recess	10:50am — 11:2	0am
Session 3:	11:20am — 12:20pm	
Session 4:	12:20pm — 1:20	pm
Lunch Eating	1:20pm — 1:30p	m
Lunch Play:	1:30pm — 2:10pm	
Session 5:	2:10pm — 3:05p	m
First Dismissal (Surnames A — L)		3:05pm
Second Dismissal (Surnames M $-$ Z) 3:10 μ		3:10pm

STUDENT BEFORE SCHOOL DROP OFF AND AFTER SCHOOL PICK UP

Reminder for parents and guardians to enter and leave through their designated gate when dropping off or collecting your child/children before or after school.

Please do not use the office as a throughfare, only enter for business purposes only.



DO NOT PARK IN OR BLOCK DRIVEWAY AT ANYTIME

PLEASE DO NOT BLOCK DRIVEWAY THANK YOU

Parents and Carers, please label all of your child's clothing.

This will greatly assist to return items when and if they are misplaced.







Handy Tips from



Attendance

Entering an Attendance Note

- From the Compass home screen (or from your (1) student's profile), click the Add Attendance Note item.
- From the pop-up window

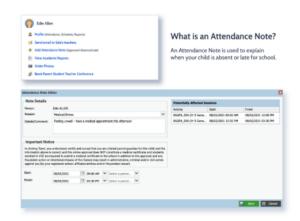
Select the reason

Enter a brief description of the absence

Select the start and finish time

Click the 'Save' button

Where possible, attendance notes should be entered prior to the absence/lateness



Parent-Teacher Conferences

Using Compass you can book your parent-teacher conferences online.

On the home screen, beside the student 1 you wish to make bookings for, click 'Book Parent Student Teacher Conference.



4

A list of parent-teacher conference cycles (2) will be displayed along with their booking status. Click on the relevant cycle.

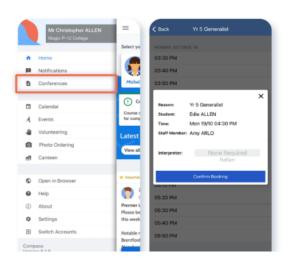


Your booking sheet will be displayed and 3 will show your available booking times. Click on a time in the grid to display teachers available for booking at that time.



Parent-Teacher Conferences - app

- From the Compass home screen on your app, select (1)the menu (top left) and click Conferences.
- From the list of parent-teacher conference cycles
 - Select the relevant cycle you wish to book for
 - 4 Select the student you wish to place a booking for
 - 4 Select the class or interview group
 - 4 Click on a time slot to make a booking and confirm





FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

MORE INFORMATION

For more information about CSEF visit: https://www.education.vic.gov.au/about/programs/Pages/csef.aspx

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools this year.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



Mobile Phones & Smart Watches

It is a Department of Education requirement that students hand mobile phones and smart watches in to the office each morning and collect them at the end of each day.

The office has a locked mobile phone cabinet for this purpose.







Managing Your Mental Health Online





Digital Mental Health Gateway



Head to Health

A website that links Australians to free or low-cost online and phone mental health services. headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467 National 24/7 professional telephone & online counselling for anyone affected by suicide.





1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



OLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.

mentalhealthonline

Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.

myCompass

MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



A social and emotional wellbeing self-help app for young Aboriginal and Torres Striat Islander Australians aged 15 years and older.















Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank



Safety around schools

Everyone has a responsibility

Make school time safe for everyone

Please take extra precautions when dropping children off and picking them up from school. Children are still learning the road rules and can be unpredictable and difficult to see.

Important things to remember:

- Travel at a maximum of 40 km/h
- Never use a mobile phone while driving
- Always follow the crossing supervisor's instructions
- Allow extra time so you don't need to rush
- Consider parking a few streets away and enjoy a walk

Together, let's reduce speeds and improve safety for all children.

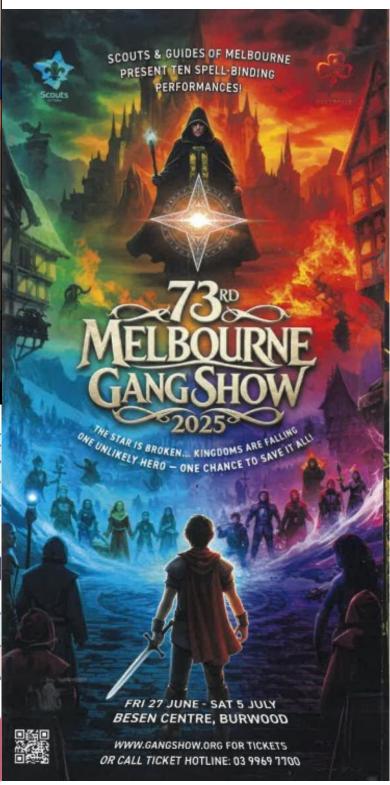


t. (03) 5734 6200 e. mitchell@mitchellshire.vic.gov.au www.mitchellshire.vic.gov.au









Missing one day per fortnight adds up to missing four weeks of school a year.





SPEECH GROWTH STARTS HERE

Well Versed
Speech
Pathology

- Speech and language therapy
- Social skill development
- Pre-literacy and literacy skill development
- From 12 months to 18 years
- School, home and in-clinic options
- Located in Kilmore

Inquire now

Phone: 0493 989 316

Email: admin@well-versed.com.au

HEALTHY START BREAD PROGRAM

FREE BREAD FOR HEALTHY KIDS!

HOW IT WORKS:

Every few weeks, one lucky class is chosen to receive a free loaf of fresh bread for each student.

Each child also takes home a voucher for two FREE loaves per week for 4 Weeks to redeem at Bakers Delight Wallan.







EXCLUSIVELY AT





STATE SCHOOLS' RELIEF

Prep CSEF Autumn/Winter Uniform Package 2025

UPDATE FOR PARENTS & GUARDIANS

Applications for the Prep CSEF Autumn/Winter Uniform Package are now open



What you need to know.

Who is State Schools' Relief?

State Schools' Relief (SSR) is a not-for-profit organisation that works closely with all government schools across Victoria. Each year SSR provides assistance to thousands of families experiencing financial disadvantage by supplying new school uniform items and footwear.

Introduction to the Camps, Sports and Excursions Fund

The Camps, Sports and Excursions Fund (CSEF) was established to provide payments for eligible students to attend camps, sports days and excursions. To find out more, or to apply for assistance, please refer to the <u>Department of Education</u>.

SSR offers two* uniform packages each year to ALL Prep families/guardians that are eligible for CSEF funding.

Prep Autumn/Winter Uniform Package for CSEF recipients

Prep students for 2025 that are recipients of the Camps, Sports and Excursion Fund (CSEF) automatically qualify for the uniform package and/or voucher.

*If students received the Prep Summer Uniform Package, they are still eligible to receive the Autumn/Winter Package.

What's in the package?

The Autumn/Winter package contains the following items:

Outerwear x 1 pce (i.e., jacket / parka / puffer)
Tops x 2 pcs (i.e., windcheater / polo shirt / rugby top)
Pants x 2 pcs (i.e., trackpants / leggings)
Socks x 2 packs
Pair of Shoes x 1

Important:

- a) PE items are not included as part of this package
- b) Shoes must be requested in UK sizes (please refer to our shoe size conversion chart)

Cost to parents & guardians

Where State Schools' Relief is unable to provide a uniform item directly that contains a logo (due to contractual agreements with uniform retailers) a **voucher for \$85** will be provided that subsidises the cost of the uniform item/s. The voucher can be redeemed at your child's school uniform shop or independent uniform retailer.

Please note: vouchers do have an expiry date and must be redeemed before they exprire.

How do I apply for the Prep CSEF Autumn/Winter Uniform Package?

Applications are made through your child's school. Please refrain from contacting State Schools' Relief directly as we are unable to accept applications directly from parents/families. Should you have any questions, or wish to apply for assistance, please speak directly with your child's school.

How do I receive the uniform package?

All items and/or vouchers provided by SSR will be delivered directly to your child's school. The school will contact you to arrange handover of these items and/or vouchers.

Important:

Vouchers are not transferable and cannot be exchanged for cash. State Schools' Relief does not make cash payments to schools parents or guardians.

What you need to do.

Your child's school will be in contact with you regarding the 2025 Autumn/Winter Uniform Package. Please fill out the 'Prep CSEF Autumn/Winter Uniform Package Order Form' and return it to the school for submission.





Empowering parents to achieve their goals

We're here to support you and celebrate your unique journey as a parent or carer.

Parent Pathways is a new **personalised** and **flexible** service to help parents and carers of young children work towards their employment and education goals.

Become part of our community

Whether you're striving for personal growth, education assistance, or career direction, CVGT Employment Parent Pathways offers a supportive community.



Working together

You take the lead while we support you to find activities, services and training including:

Language and literacy programs

Childcare support

Financial assistance

Family and domestic violence services

Clothing, pantry and hygiene services

Education and training

When you're ready, we'll be here

We look forward to supporting you every step of the way. Contact 132 848 to connect with a Parent Pathways Mentor, or find a location near you.



CPP0325-10



Thursday 8th May 9.30am

Tuesday 27th May 4:30pm

Thursday 19th June 12:00pm

Monday 23rd June 9:30am

To RSVP, please click on your preferred date or alternatively scan the QR code



IMPORTANT DATES

- Foundation 2026 Enrolment applications accepted from Tuesday 22nd April 2025
- Foundation 2026 applications due no later than Friday 25th July 2025
- Foundation 2026 enrolment acceptance confirmation by Friday 8th August 2025



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