



Kilmore Primary School

Principal: Mr Neil O'Sullivan

35 Lancefield Road, Kilmore 3764 • PO Box 105, Kilmore 3764 • ABN 85 985 746 253
P 03 5782 1268 F 03 5782 1553 E kilmore.ps@education.vic.gov.au W www.kilmoreps.vic.edu.au

NEWSLETTER

Friday, 1st December 2023

2024 Foundation Transition Students Enjoying Their Class Time at KPS Today



We hereby express our respect for the Taungurung people, who are the Traditional Owners of the land on which we are based.

LIBRARY NEWS!

IT'S TIME
TO RETURN



ALL LIBRARY
BOOKS
Please

It's that time of year when we request that all school resources are returned to the school. If your child/ren have books at home that belong to the library can you please ensure they are returned as soon as possible, please. Books can be placed in the returns chute any time before, during or after the school day. Overdue notices will be issued the week after so to avoid receiving a notice, please have books returned by 7th December. Thank you!

If you have any questions that you think I may be of help,
please email me at: elizabeth.simner@education.vic.gov.au

Happy reading! Liz 😊

I ❤️ my library.



Swimming Program – Off To A Great Start

Our swimming program has gotten off to a great start this week with our Grade 6, Foundation, Grade 1 and Grade 5 students heading off to the pool each day. We have received a lot of great feedback from the staff from the Kilmore Leisure Centre and from parents who recognize how valuable this whole school program is. As we head into the summer season, it is fabulous that all of our students will have the opportunity to develop their swimming and water safety skills. Next week, our Grade 2, 3 and 4 students will begin their swimming program. We are committed to the swimming program becoming an important part of our annual calendar so that we can build on our program year after year. I would like to acknowledge the work of our Assistant Principal, David Kiddle, in coordinating the swimming program. The timetabling and logistical challenge of running a swimming program at a busy time of year is enormous, however Dave has done an outstanding job in pulling it all together.

Statewide Transition Day and 2024 Classes

Statewide Transition Day will be held on Tuesday December 12th. On this day our Grade 6 students will head off to spend a full day at their future high school, while all of our other students will work with a teacher from their future year level for the day. One of the important steps in creating our classes is implementing feedback provided by our teachers after Transition Day. Final grades for 2024 will not be confirmed until after Transition Day. Parents will be informed of their child's 2024 teacher and classroom on Friday December 15th. This information will be sent home with your child as part of their Semester 2 report. A lot of effort goes into achieving the best academic and social blend within a grade so we hope that every child feels positive and enthusiastic about their 2024 classroom when this information is made known to them.

2024 Student Leaders

Next week, Ms Melling, Mrs. Smith and I will be interviewing six of our Grade 5 students as the final part of our School Captain selection process for 2024. The six students have been provided with their questions a week before the interview before they have the daunting task of participating in a panel interview. The announcement of our 2024 student leaders will take place at a special Grade 5 assembly which will be held on Tuesday, December 19th. During this assembly, our new student leaders will receive their leadership badges and our 2024 Grade 6 students will also receive their Grade 6 jumpers.

Disability Inclusion at KPS

In 2024, KPS will transition to the Disability Inclusion program which has been undergoing a staged roll out across Victoria over the last 3 years. This program will replace the Program for Students with Disabilities and next year is the first year that schools within the Goulburn region will have access to the extra resources that this program will bring into schools. Our Wellbeing Team, led by our Assistant Principal Julie Smith, have been planning the rollout of the program at our school so that we can best support our students throughout their time at KPS.

Neil O'Sullivan
Principal

December

Tuesday 5th

Grade 6—Broadford Sec College Parent Information Evening

Tuesday 12th

Grade 6 Graduation Bear order and payment due

STATEWIDE TRANSITION DAY

Wednesday 13th

Grade 6 Graduation and Celebratory Dinner

Thursday 14th

Swimming Carnival—Bindjulong V Balam Balam

Friday 15th

Grade 6 End of Year Funfields Excursion

Monday 18th

Swimming Carnival—Guwiyap V Ngarrart

KPS Christmas Raffle, last day for donations —refer page 6

Tuesday 19th

Christmas Concert

Wednesday 20th

Last day of School Year—**1.30 PM finish**

January 2024

Wednesday 31st

First day of Term 1

February

Thursday 15th - 2nd Round Orders Due for 2024 Grade 6

Jacket & Polo orders (refer page 7)

HAPPY BIRTHDAY



Birthday wishes to the following students who celebrate next week:

Destiney Formosa, Charlotte Hepper, Kaleb Agnew, Heni Peel, Odin Lewis, Odern Rachelle, James Tanner, Lukah Pardo, Kaitlyn Eccles, Linkin Taitoko and Taj Seddon Anderson.



Just a friendly reminder...

If any of your personal details change such as address, email, phone numbers, emergency contacts etc. it is important to contact the office as soon as possible to update our records.

SICK BAY LINEN ROSTER

December

8th	Jackie Knight
15th	Nicole Peter
20th	Susan Moore



Late Arrivals

If your child arrives after 8.50am please ensure they go to the office to **be signed in.**

If they are not signed in you will receive an SMS stating that your child is away.



Facebook

As Facebook is not always monitored by staff, please direct any questions/queries/concerns to the school directly via kilmore.ps@education.vic.gov.au or by calling the office on 5782 1268.



Book Lists
for
Next Year



2024 Book List/Stationery Packs—Please check your emails

Families have been emailed a link via Compass for ordering 2024 Book Lists. Please remember to order for your child's 2024 class. The email includes our future Foundation students for 2024.

You can also view the booklist/stationery packs on our Kilmore Primary School website: <https://www.kilmoreps.vic.gov.au>

Go to Parents tab—2024 Stationery Packs and select the year level for 2024.



SAVE THE DATE

Swimming CARNIVAL # 1

Bindjulung **V** Balam Balam

Thursday 14th December

8:50am - 12:30pm

At: Kilmore Leisure Centre

Parents welcome to attend

SAVE THE DATE

Swimming CARNIVAL # 2

Guwiyap **V** Ngarrart

Monday 18th December

8:50am - 12:30pm

At: Kilmore Leisure Centre

Parents welcome to attend



KPS CHRISTMAS RAFFLE



*Any **DONATIONS** people would like to give to go into the Raffle prizes can be given to the office before the Concert day on Tuesday 19th December
(this is when the Raffles Prizes will be drawn)*

Tickets can be purchased on the night of the Concert

(We will have a table set up near stadium)

*For purchases before the concert you can buy from Liz
before or afterschool in the library on the following dates:*

Wednesday 29th Nov

Monday 4th December

Wednesday 6th December

Friday 8th December

Friday 15th December

KPS has been donated 2 large portable basketball rings!

*These will be 1st and 2nd Prize in the Raffle
along with some smaller prizes also*

***Tickets will be \$2 each
or 3 for \$5***



Grade 6 Jacket and Polo Ordering



Families of Grade 5 students will have been emailed via Compass an order form for 2024 Grade 6 Jacket and Polo's.

First round orders have closed. Second round orders are now due 15 February 2024 for delivery to KPS before end of term 1 in 2024.

(All orders and payments must be placed directly with All Things Uniform).

Please contact the office on 5782 1268 if you require any assistance in locating your order form in Compass.

REMINDER TO WEAR YOUR HAT

All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. Basketball or peak caps are not considered a suitable alternative.

Please note the school does not sell hats. You can purchase your hat from All Things Uniform, Broadford.



Drink Bottles

Reminder all students need to bring a drink bottle to school.



OUR CANTEEN IS ONLINE WITH

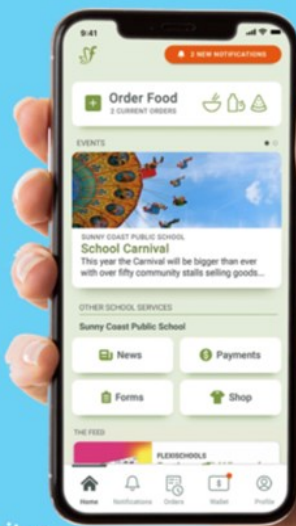
flexischools



With Flexischools, you can quickly place school orders online through the Flexischools app, which has a 4.8-star App Store rating!

- ☒ Order and pay in seconds
- ☒ Quickly re-order your favourites
- ☒ See up-to-date menus and items

Download the app, create your account and place your next order online via Flexischools.



Download the app & register for Flexischools



Flexischools is provided by Inloop Pty Ltd (ABN 27 04 508 770) (trading as Flexischools) AFSL 479558. Any information provided is general only and does not take into account your objectives, financial situation or needs. Please read and consider the Combined FSA/FDS and TMD at www.flexischools.com.au/legal before acquiring or using the service.

KPS Canteen News



Please see next page on how to set up and register with Flexischools and place your canteen orders.

HOW TO REGISTER



WITH *flexischools*

- 1 Download the Flexischools app and select "Register".
- 2 Type in your email and submit to create an account.
- 3 Go to your inbox and click the link to verify your email (remember to check your junk).
- 4 Follow the registration process, creating a password and adding your personal details.
- 5 Add your student under "Profile" and start ordering online!



Download Flexischools app

He is back !!!!!!!

Keep a look out for Elf.....

Where will he turn up next?



HOW TO PLACE A CANTEEN ORDER



WITH *flexischools*

- 1 Click "Order food" at the top of the home page on your app.
- 2 Select the child you want to order for, then the date you wish to receive your order on.
- 3 Choose the food items you wish to purchase, then select "Confirm Order".
- 4 Choose your desired payment option.
- 5 Press "Place Order" to confirm your purchase.

ENJOY!



Download Flexischools app

Connecting With Kimberly



Christmas Hamper's

With support from Lions International, we are starting to collect donations for our Christmas hampers which will support school families. If you may be able to help, we are seeking donations for our Christmas hampers such as: Christmas puddings, toy's, candy canes and any other Christmas based items. These hampers will be delivered to families in the last week of term. Last year we were able to make 19 twenty-kilogram hampers for our community. If you would like to donate any items, please drop them off at the office for collection. Please call me on 5782 1268 to discuss this further.



*Proudly sponsored by
Lions club of Wandong-Wallan
Serving our community*

The following services are available outside of school hours. *In the event of an emergency please call 000*

SCHOOL
BREAKFAST
CLUBS PROGRAM
BREAKFAST CLUB

Mon, Tues and Thurs
8.15AM — 8.45AM

Best,
Kimberly Batsas-Hill
Social Worker -Primary Welfare Officer

Kids Helpline



Ph: 1800 551 800

[https://
kidshelpline.com.au/](https://kidshelpline.com.au/)

Parentline



Ph: 13 22 89

[https://
parentline.com.au/](https://parentline.com.au/)

Safe Steps



Sexual assault, domestic
and family violence

Ph: 1800 015 188

[https://
www.safesteps.org.au/](https://www.safesteps.org.au/)

Lifeline



Ph: 13 11 14

[https://
www.lifeline.org.au/](https://www.lifeline.org.au/)



School Student
Broadband Initiative

An Australian Government initiative
powered by nbn

To support students that do not have access to internet at home, the Australian Government has committed to providing up to 30,000 families with free nbn-powered broadband internet at home for one year.


You may be eligible for the School Student Broadband initiative (SSBI) if you:

- Have a school-aged child
- Have no active nbn connection or have not disconnected in the last 14 days
- Live in a premise that is serviced by the nbn network.




Scan the QR for more information.

To check your eligibility:

 Contact the National Referral Centre on 1800 954 610 (Mon-Fri, 10am-6pm AEDT)

 www.anglicarevic.org.au/student-internet

Callback and webchat functions are also available via the website.

 Translating and Interpreting Services are available.



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School orders - DUE NOW



ONLINE ORDERING AVAILABLE



afterpay 

Place orders prior to Christmas to avoid any supply disappointment in January

<http://kps.allthingsuniform.getworkgear.com/>

Be KIND Be PROUD Be SAFE



**Be proud of our school
Always put your rubbish
in the bin**





Get up to \$500 extra in the bank to lighten the load of education expenses



Count me in.

Commit to saving up to \$50 a month for 10 months and **we'll double it.**

saverplus.org.au
1300 610 355



Save \$500 and ANZ will top up your bank account with another \$500.

Yes, it's true. No catch, no scam.

Just real knowledge and information for real people that's easy to understand... It's just, down-to-earth money talk - and a \$500 incentive to build your savings!

Join Saver Plus and get



Free financial education



Your savings doubled (up to \$500)

What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



Lessons and activities



Books and supplies



Camps and excursions

Can I join Saver Plus?

To be eligible, you need to meet these requirements:



Be 18 years or older



Have a current Health Care or Pensioner Concession Card



Have a child in school, starting school next year, or be studying yourself



Have regular income (you or your partner*)



Agree to join in free online financial education workshops

Ready to start saving? Let's talk.

saverplus.org.au | saverplus@bsl.org.au | 1300 610 355

* Most types of income are valid. Speak to your local Saver Plus Savings Coach if you're not sure.



Food Relief

Food relief helps our community members who need some support to access food. Below is a list of organisations to contact if you are needing food relief. Please contact your local provider to find out what types of food are available and if delivery is an option.

For community members who would like to support these organisations, they can do this by donating extra food.

Mitchell Shire

Food Relief Organisation	Facebook or Website	Contact Details
Broadford Living and Learning Centre	Broadford Living and Learning Centre Facebook	156-158 High St, Broadford Ph: 5784 4006
Freedom Care	Freedom Care Website	127C Northern Hwy, Kilmore Ph: 0422 599 735
Love in Action Broadford and Wallan	Love in Action Broadford Facebook Love in Action Wallan Facebook	0473 845 808 - Broadford 0436 457 154 - Wallan
Rotary Seymour	Rotary Seymour Facebook	44 Emily St, Seymour
Salvocare / The Salvation Army Corporation Seymour	Salvocare Website	8-10 Victoria St, Seymour
St Vincent De Paul Conference Kilmore and Seymour		0428 546 328 - Kilmore 5792 4167 - Seymour
Wallan Gateway	Wallan Gateway Website	7 Commercial Drive, Wallan Ph: 5783 2777 - Gateway Ph: 0491 075 404 - Foodbank

Managing Your Mental Health Online

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to free or low-cost online and phone mental health services.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling, and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling, and moderated forums.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people seeking help for domestic violence situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with families and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTI) people.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for eating disorders.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



SANE Australia 1800 18 7263

Phone counselling and moderated forums providing peer-to-peer support.



FriendLine 1800 424 287

A national support line "ready for a cuppa and a conversation" with trained volunteers.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling for youth (5-25yrs).



Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

Programs



MindSpot

Free clinician supported online programs for stress, worry, anxiety and depression in adults aged 18+.



THIS WAY UP

A range of self-paced online CBT courses for stress, insomnia, anxiety and depression. Courses can be done as self-help or guided by your own clinician. Courses are either free or low cost.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Healthy Mind

An Easy Read program to help people with intellectual disability to recognise and regulate thoughts and feelings.



ParentWorks

Online program for parents and caregivers providing evidence-based parenting strategies.



Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

Apps



MoodMission

A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

A free app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.

Aboriginal and Torres Strait Islanders



WellMob

Social, emotional and cultural wellbeing online resources for Aboriginal and Torres Strait Islanders.



iBobbly

A social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and older.

Bendigo Bank

**FREE
EVENT**

Christmas carols

Community Bank



FOOD TRUCKS AND ACTIVITIES: 6PM
PRE SHOW ENTERTAINMENT: 7PM
CAROLS: 7:30PM



**NVC
PRECAST**



wallan CHAMBER OF
COMMERCE INCORPORATED

SATURDAY 16 DEC
HUDSON PARK KILMORE

Save The Dates Hudson Park



Kilmore Scout Market
Hudson Park
Saturday November 25

**Kilmore
Scout
Market**
Every 4th
Saturday

Charity Twilight Market
Hudson Park

Friday December 8
4 pm - 9 pm

Gold Coin Entry - All Scouts profits
from this event will go to Broadford
Love in Action and Berry Street Charities

60+ Stalls

Entertainment, Seasonal
Gifts, Fresh Food, Coffee
produce and more.

**Buskers and
Carolers Wanted**
SMS: 0487 894 511

Scout Christmas Trees!

November 25 - December 16
Pickup or Delivery

**Scan
Here**

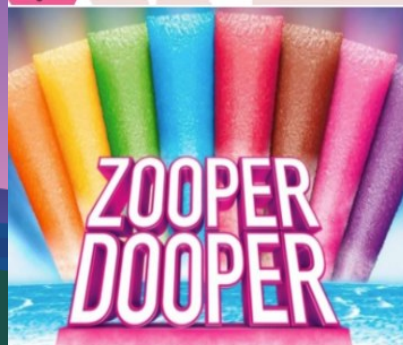


<https://www.trybooking.com/CLXHN>



ICY POLE DAYS

**EVERY MONDAY &
THURSDAY
LUNCHTIME**



Special price
\$1
Special price



Kilmore Golf Club

Anderson Road,
Kilmore, Victoria

Phone: (03) 5782 1123



Golf Scholarships for Junior Girls - Now Recruiting

Kilmore Golf Club (KGC) has obtained funding from The Australian Golf Foundation (AGF) to support **six girls** to pursue their golf. **Scholarships are open to girls aged 9 to 16** and the program aims to retain their participation in golf by giving them a shared golf experience. Girls new to golf can also apply for the program if they demonstrate a commitment to learning the sport.

This is a terrific opportunity, the girls receive 24 coaching sessions in total, 8 sessions per term during 2024. Coaching sessions will be run by our nominated coach on Saturdays at Kilmore Golf Club in Anderson Street Kilmore.

Participants also receive a one-year junior club membership that carries playing rights, to encourage the girls to participate in club competitions and obtain a handicap. They will also be given a cap and golf shirt to wear, showing that they are part of this program.

The Scholarship program is part of a national campaign to get more girls playing golf. Along with over 160 other golf facilities across Australia, Kilmore Golf Club will be working closely with golf's national body Golf Australia throughout 2024. A total of six scholarships will be available at Kilmore Golf Club for the 2024 year.

All we ask is that applicants display a desire and willingness to improve their golf skills, obtain a handicap, play in club competitions (or at least social play) and engage in any extra-curricular activity that fosters friendships between scholarship holders.

For further information and to register your interest, please contact Bea Lay 0437 712 973 or Helen Dennett 0407 542 949. Alternatively please apply by leaving your name, email and phone number on email info@kilmoregolfclub.com.au or call (03) 57821123.





108-110 POWLETT STREET, KILMORE
16TH DECEMBER 10 AM - 1:30 PM

- Santa & Elf
- Letter to Santa
- Showbags
- Colouring in competition
- Snake & reptile handler
- & Much more!!

KILMORE
• SOUTHSIDE •
STOCKFEEDS



COLOURING COMPETITION

1 Entry per child.

Entries close on December 16th at our Christmas Fun Day.

Winner will be drawn and contacted on December 19th.

Please leave a name and contact number on the back.

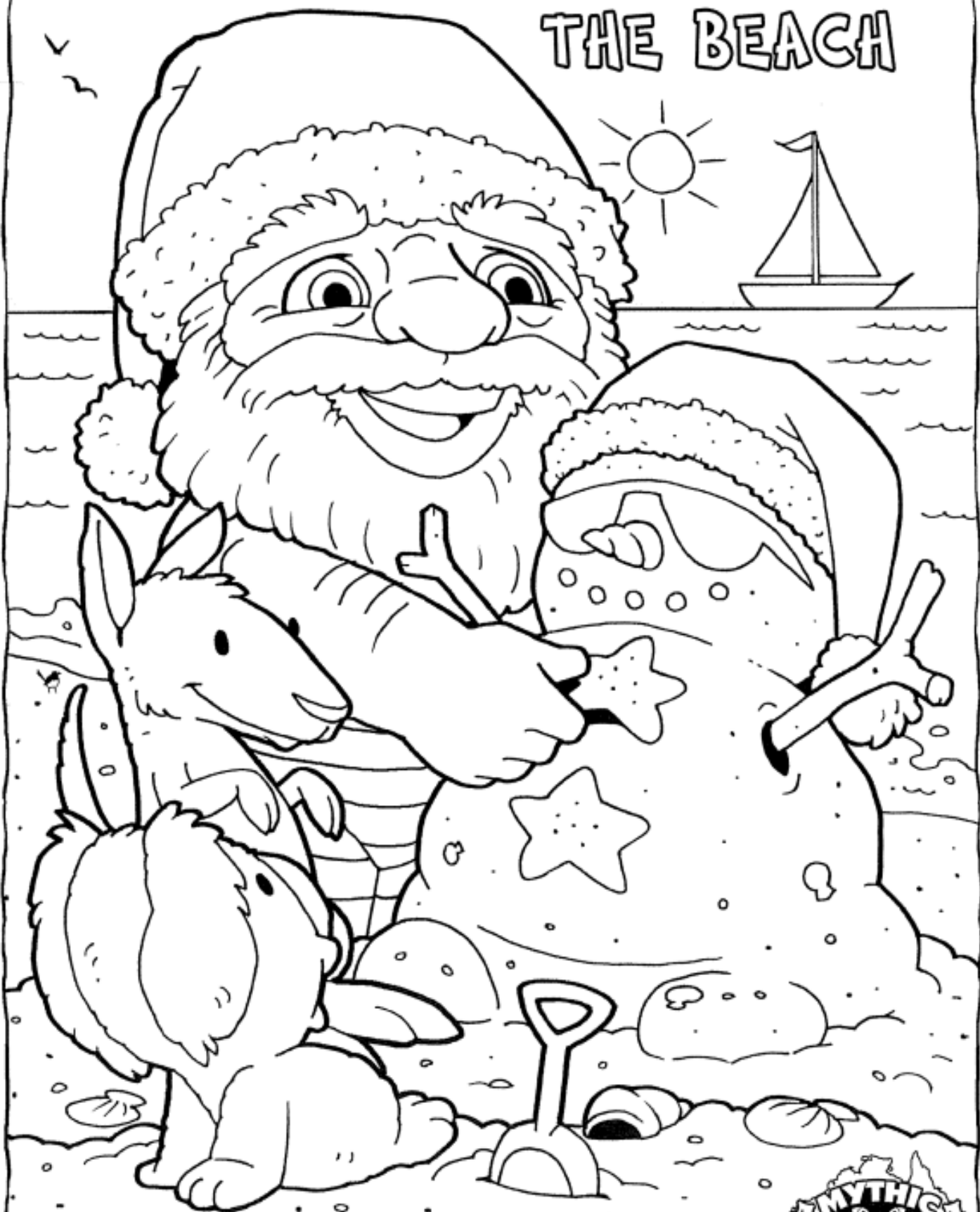
Head in to Fat Rat Trading or Southside Stockfeeds to
choose your colouring!



KILMORE
• SOUTHSIDE •
STOCKFEEDS



AN AUSSIE CHRISTMAS AT THE BEACH



HAVE A MERRY CHRISTMAS AUSTRALIA



SANTA IN AUSTRALIA



HAVE A
MERRY
CHRISTMAS
FROM



HAVE A MERRY CHRISTMAS, AUSTRALIA



SANTA RESTS HIS FEET AS A JILLAROO
POURS HIM A CUP OF BILLY-TEA.

