



## CANTEEN MENU- Prepared for Kilmore Primary School

### SNACKS

Fruit salad cup GF	\$3.00
Yoghurt with diced peaches GF	\$2.00
Raspberry Jelly cup GF	\$2.00
Custard and Banana GF	\$3.00
Seasonal Fruit (apple, banana, orange)	\$1.00
Banana Bread	\$3.00
Shortcake Biscuit	\$1.50
YoYo Biscuit GF	\$1.50
Air popped popcorn GF	\$2.00
Carrot & cucumber sticks GF	\$1.50
Chocolate muffin	\$3.00
Blueberry muffin	\$3.00
Mamee noodle snacks	\$2.00
Lemon Tart	\$2.00
Raspberry Jam Tart	\$2.00 -

### DRINKS & FROZEN TREATS

Mixed Berry Smoothie GF	\$5.00
- frozen mixed berries, frozen yoghurt, milk	
Banana Smoothie GF	\$5.00
- banana, honey, milk, frozen yoghurt	
Water	\$2.00
Fruit Boxes	\$2.00
- Apple & Blackcurrant, Orange or Tropical	
Flavoured Milk GF	\$2.00
- Strawberry or Chocolate	
Hot Chocolate GF	\$2.00
Frozen Orange (cut in ¼ s)	\$1.00
Frozen Pineapple (4pcs)	\$1.00
Icy pole (variety flavours)	\$1.00
Zooper Dooper (variety)	\$1.00



**Tomato sauce, BBQ sauce, mayonnaise, garlic aioli** will be added FREE of charge on request

**GF- Gluten Free, V- Vegetarian, H- Halal**

**Any other dietary requirements or intolerances can be accommodated just speak directly to the canteen**

**Green** - everyday food, **Orange** - select carefully, **Red** - Occasionally



**LUNCH**



Hot Dog H	\$3.50	Hot Dog with Cheese H	\$4.00
Steamed Dim sims H	\$1.00	Ham & Cheese Croissant	\$3.50
Dino Nuggets (3 pieces) H	\$3.00	Party Pie H or GF	\$1.30
Homemade beef lasagne H	\$4.00	Beef 2 min noodle	\$2.50
Homemade mac & cheese H	\$4.00	Chicken 2 min noodle	\$2.50
- Penne Pasta, Napoli Sauce, Cheese		Large Sausage Roll H	\$3.50
Homemade Hawaiian Pizza	\$3.50		
- Tomato puree, ham, pineapple & mozzarella cheese			
Homemade Margarita Pizza H V	\$3.50	Chicken Schnitzel Roll GF available	\$4.50
- Tomato puree, cheese and fresh herbs		- Crumbed chicken, lettuce & Mayo	
Nachos GF V	\$3.50	Beef Cheeseburger GF available	\$4.50
- Plain corn chips, cheese, salsa and sour cream		- Beef Patty, Cheese, Lettuce	
Homemade fried rice GF	\$4.00		
- Rice, bacon, egg, corn, peas, soy sauce			
Lamb Souvlaki GF available	\$5.00		
- Grilled marinated lamb, lettuce, tomato and garlic sauce			
Soup of the Day	\$2.50		

**SALADS & WRAPS & SANDWICHES**

**We use wholemeal bread and wraps unless specified. Bread and Wraps available are White, multi-grain, gluten free (Salad consists of lettuce, cheese & tomato)**

Chicken Caesar wrap	\$5.00		
- Lettuce, bacon, egg, parmesan cheese, Caesar dressing, grilled chicken breast			
Sweet chilli chicken wrap	\$5.00		
- Chicken tender, lettuce, sweet chill sauce			
Thai beef salad wrap	\$5.00		
- Marinated beef stripes, lettuce, tomato, aioli			
Ham & Salad Sandwich	\$4.50	Tuna & salad Sandwich	\$4.50
Chicken & salad sandwich	\$4.50	Ham, cheese & Tomato Sandwich	\$3.50
Vegemite/ Honey or Jam	\$2.00	Salad Sandwich	\$4.00
Add - Cheese, avocado, beetroot, pineapple, tomato, cucumber or toasted - extra 50c each			